

Eastern USA Challenge

365 STRONG Powerlifting Federation

10-Apr-16

Rock Hill, SC

WtCls (Lb)	Name	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
<u>WOMEN NOVICE</u>															
<u>FULL POWER</u>															
RAW CLASSIC															
<i>Tested</i>															
114	Lindsay Seamans	195	210	215	215	75	85	90	90	305	200	215	225	225	530
EQUIPPED															
<i>Untested</i>															
123	Dawn Bogart	225	255	265	265	175	195	195	175	440	225	255	295	255	695
<u>WOMEN OPEN FULL POWER</u>															
RAW															
<i>Tested</i>															
132	Caitlin Cardone*	250	280	285	285	135	145	150	145	430	260	290	315	315	745
<i>Tested</i>															
165	Tina Bush	185	195	200	195	95	105	110	110	305	245	260	280	280	585
RAW CLASSIC															
<i>Tested</i>															
165	Jessica Wissman	240	275	300	275	135	140	150	140	415	215	235	260	260	675
<i>Untested</i>															
165	Shayna Dence	245	265	275	275	125	135	150	135	410	265	285	305	285	695
EQUIPPED															
<i>Untested</i>															
123	Dawn Bogart	225	255	265	265	175	195	195	175	440	225	255	295	255	695
<u>WOMEN MASTERS FULL POWER</u>															
M2 - RAW															
165	Tina Bush	185	195	200	195	95	105	110	110	305	245	260	280	280	585
M1 - RAW CLASSIC															
198	Tricia Emrich	185	215	235	235	125	135	145	135	370	225	255	275	275	645
M1 - EQUIPPED															
123	Dawn Bogart	225	255	265	265	175	195	195	175	440	225	255	295	255	695
<u>MEN TEENAGE</u>															
T1 - RAW FULL POWER															
165	Austin Smith	275	315	335	335	225	250	260	260	595	225	275	320	320	915

WtCls (Lb)	Name	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
T2 - RAW PUSH-PULL															
148	Eric Sassi					185	205	210	210	0	205	265	280	280	490
T2 - CURL															
					Best Curl										
148	Eric Sassi	50	95	105	105										105
T2 - RAW CLASSIC FULL POWER															
198	John Rand	400	445	480	445	215	240	265	240	685	410	450	480	480	1165
T3 - RAW CLASSIC FULL POWER															
242	Andrew Hause*	635	675	700	700	350	370	385	385	1085	600	635	650	650	1735
<u>MEN NOVICE - FULL POWER</u>															
RAW															
181	James White	290	305	340	340	250	285	315	285	625	350	370	410	410	1035
RAW CLASSIC															
220	Jeff Beckham	475	500	525	500	365	365	385	365	865	475	525	550	550	1415
308	Kenya Cherry	415	440	440	440	305	330	355	330	770	405	455	500	500	1270
<u>MEN - M/P/F FULL POWER</u>															
RAW															
181	James White	290	305	340	340	250	285	315	285	625	350	370	410	410	1035
RAW CLASSIC															
165	Scott Faircloth	385	400	425	425	185	205	230	230	655	405	425	450	450	1105
<u>MEN - OPEN FULL POWER</u>															
RAW CLASSIC															
<i>Untested</i>															
165	Brandon Plyler	365	385	385	365	265	285	285	265	630	405	415	450	450	1080
<i>Untested</i>															
181	Michael Mahaffey	485	500	510	510	315	325	335	325	835	485	500	525	525	1360
<i>Tested</i>															
242	Gage Mason	585	620	650	620	325	340	360	340	960	555	620	640	640	1600
<i>Untested</i>															
275	Logan Ibele	605	635	655	655	380	400	410	410	1065	630	675	700	675	1740
<i>Untested</i>															
SHW	Derrell Boulware	540	570	570	570	380	405	405	380	950	540	565	600	600	1550
GEARED															
<i>Tested</i>															
242	Mark Brewer-Open	405	455	480	455	275	315	335	335	790	475	505	535	505	1295

WtCls (Lb)	Name	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
<u>MEN MASTERS FULL POWER</u>															
M4 - RAW															
220	Danny Plyler	365	390	410	410	345	365	385	385	795	465	490	520	490	1285
M1 - RAW CLASSIC															
181	Michael Mahaffey	485	500	510	510	315	325	335	325	835	485	500	525	525	1360
M2 - RAW CLASSIC															
220	Jeff Beckham	475	500	525	500	365	365	385	365	0	475	525	550	550	1415
M1 - EQUIPPED															
242	Willis Lewis Jr.	425	475	Pass	475	365	405	Pass	365	840	550	630	670	670	1510
M1 - GEARED															
242	Mark Brewer	405	455	480	455	275	315	335	335	790	475	505	535	505	1295
M5 - GEARED															
275	John Mattei*	550	550	600	550	325	350	365	350	900	500	525	Pass	525	1425
<u>MEN RAW BENCH ONLY</u>															
NOVICE															
198	Max Bolin					385	415	420	415						415
242	Tim Workman					405	415	430	415						415
OPEN															
198	James Adams*					435	455	475	455						455
220	Brendan VanNostrand					440	460	475	460						460
220	Jamie Dorton					415	440	460	440						440
242	Tim Workman					405	415	430	415						415
MASTERS															
M1 - RAW															
165	Lamont Keenon					310	315	320	320						320
220	Jamie Dorton					415	440	460	440						440
M2 - RAW															
275	Kenny Blackmon					440	470	480	470						470
309	Wayne VanNostrand	GL				565	620	620	565						565

WtCls (Lb)	Name	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
M6 - RAW															
220	Raymond Hubbe					290	315	320	320						320
M3 - GEARED															
242	Harry Wotring					405	440	505	440						440
<u>MEN OPEN PUSH-PULL</u>															
RAW															
165	Lamont Keenon					310	315	320	320	n/a	350	360	370	360	680
242	Andrew Mooe					345	370	380	370	n/a	525	560	585	585	955
GEARED															
242	Harry Wotring					405	440	505	440	n/a	465	505	560	505	945
<u>MEN MASTERS DEADLIFT</u>															
M1 - RAW															
275	Roger Bowles										585	610	610	585	585

Names in bold with a * symbol were awarded "Best Lifters or Bencher".
Team 1st Place Award goes to "Carolina Fitness Center" of Monroe, NC.