

**365 STRONG WORLD POWERLIFTING FEDERATION**  
**FEMALE TESTED WORLD RECORD BEST OF THE BEST**

April 26, 2022

**Female Raw All**

<b><u>44kg/97 lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Kambree Williamson	USA			110	
<b><u>48kg/105.75lb</u></b>					
Carmen Trivette	USA	121		143	347
Stephanie Washington	USA		110		
<b><u>52kg/114.5lb</u></b>					
Missy Taylor	USA	259	182		694
Amber Malchow	USA			303	
<b><u>56kg/123.5lb</u></b>					
Becca Dison	USA			320	755
Isabella Sarkis	USA	281		320	
Missy Taylor	USA		176		
<b><u>60kg/132.25lb</u></b>					
Kristin Kitlica	USA	319			832
Bela Ghosh	INDIA		180		
Leslie Kutner	USA			347	
<b><u>67.5kg/148.75lb</u></b>					
Leslie Kutner	USA			380	865
Hanna Young	USA	331			
Courtney Norris	USA		200		
<b><u>75kg/165.25lb</u></b>					
Candace Locklear	USA	336			
Kari DeShazo	USA		231		
Kendra Danzer	USA			424	887
<b><u>82.5kg/181.75lb</u></b>					
Lay Kaahu	USA			435	
Elizabeth Pinnix	USA	353			920
Gabrielle Robbins	USA		204		
<b><u>90kg/198.25lb</u></b>					
Emely Barahona	USA	331			849
Mona Espinosa	USA		204		
Kathryn French	USA			358	
<b><u>100kg/220.25lb</u></b>					
Carla Akers	USA	331	204	331	865
<b><u>110kg/242.5lb</u></b>					
Jessie Hunt	USA	314			849
Ylander Ross	USA		215		
Melissa Shade	USA			400	

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**110.1+kg/242.6+lb**

Shauntre Lilley	USA	331	193		1174
Lashonda Zander	USA			325	

**Female Raw - Juniors (20-23) Division**

**52kg/114.5lb**

	<b>Nation</b>	<b>SQT</b>	<b>BP (Raw)</b>	<b>DL</b>	<b>TOTAL</b>
Elena Lopez	USA	250		240	575
Racquel Wilson	USA		94		

**56kg/123.5lb**

Isabella Sarkis	USA	281	132	320	705
Emily Gaiser	USA		132		

**60kg/132.25lb**

Kristen McPherson	USA			237	
Alexis Rutledge	USA	275	138		639

**67.5kg/148.75lb**

Hanna Young	USA	331		364	865
Anya Kalnins	USA		178		

**75kg/165.25lb**

Candace Locklear	USA	336		402	876
Alisha Martin	USA		171		

**82.5kg/181.75lb**

Katie Roseman	USA	259			
Kailee Heller	USA	259	154	303	716

**90kg/198.25lb**

Emely Barahona	USA	331	187	331	849
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**90.01+kg/198.26+lb**

Shauntre Lilley	USA	331	193		843
Lashonda Zander	USA			325	

**Female Raw Classic All**

**48kg/105.75lb**

	<b>Nation</b>	<b>SQT</b>	<b>BP (Raw)</b>	<b>DL</b>	<b>TOTAL</b>
Stephanie Washington	USA	193	110	226	529

**52kg/114.5lb**

Missy Taylor	USA	264	182	292	738
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**56kg/123.5lb**

Amber Gabriel	USA	282		309	711
Missy Taylor	USA		176		

**60kg/132.25lb**

Melissa Hunt	USA	364		352	837
Bela Ghosh	INDIA		180		

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**67.5kg/148.75lb**

Taylor Jackson	USA	369		353	887
Courtney Norris	USA		200		

**75kg/165.25lb**

Bridget McDermott	USA	347			832
Kari DeShazo	USA		231		
Jennifer Broome	USA			347	

**82.5kg/181.75lb**

Kelley Lee	USA			419	
Emily Merritt	USA	386			937
Gabrielle Robbins	USA		204		

**90kg/198.25lb**

Promandeeep Kaur	USA			342	771
Emily Merritt	USA	441			
Mona Espinosa	USA		204		

**100kg/220.25lb**

Trisha Crisman	USA	303			771
Brett Sexton	USA			342	
Carla Akers	USA		204		

**110kg/242.5lb**

Katy Silvers	USA	385			
Ylander Ross	USA		215	400	955

**110.1+kg/242.6+lb**

Katy Silvers	USA	380		380	920
Shauntre Lilley	USA		193		

**Female Raw Classic - Juniors (20-23) Division**

**52kg/114.5lb**      **Nation**      **SQT**      **BP (Raw)**      **DL**      **TOTAL**

Racquel Wilson	USA		94		
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**56kg/123.5lb**

Emily Gaiser	USA		132		
Isabella Sarkis	USA		132		

**60kg/132.25lb**

Alexis Rutledge	USA		138		
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**67.5kg/148.75lb**

Anya Kalnins	USA	298	178	320	772
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**75kg/165.25lb**

Emily Tighe	USA			342	727
Dani Moore	USA	242			
Alisha Martin	USA		171		

**82.5kg/181.75lb**

Hannah Ramsey	USA	226		204	568
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Kailee Heller USA 154  
**90kg/198.25lb**

Emely Barahona USA 187

**90.01+kg/198.26+lb**

Shauntre Lilley USA 193

**Female Single-Ply (SP) & Multi-Ply (MP)**

**52kg/114.5lb**

Lindsay Seamans (SP) USA 319 138 319 777

**56kg/123.5lb**

Josefina Bueno (MP) USA 248 127 297 672

Dawn Bogart (SP) USA 265 175 295 735

**60kg/132.25lb**

Priscilla Pardue (SP) USA 331

Dawn Bogart (SP) USA 226 402 959

**67.5kg/148.75lb**

Melissa Smith (MP) USA 518 275 1146

Madeleine Giess (MP) USA 425

Priscilla Pardue (SP) USA 308 176 281 755

**75kg/165.25lb**

Candice Maness (SP) USA 358 270 281 909

**82.5kg/181.75lb**

Christina Lauffer (SP) USA 253 309

**90kg/198.25lb**

Anika Harper (SP) USA 237 336

**100kg/220.25lb**

Anika Harper (SP) USA 248 402

**Female Single-Ply & Multi-Ply - Juniors (20-23) Division**

**56kg/123.5lb**

Josefina Bueno (MP) USA 248 127 297 672

**67.5kg/148.75lb**

Madeleine Giess (MP) USA 405 245 425 1075

**Female Sub-Masters (35-39) - Raw**

**56kg/123.5lb**

Sally Lloyd USA 176 99 248 524

**67.5kg/148.75lb**

Amy Daugherty USA 264 705

Andrea Fox USA 319

Kelian Hagerty USA 154

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**75kg/165.25lb**

Reyhan Roybal	USA	275	237		821
LaDetra Cole	USA			380	

**82.5kg/181.75lb**

Crystal McCullough	USA	308			
Lay Kaahu	USA		182	419	904

**90.01+kg/198.26+lb**

Naimah Abdullah	USA	226		253	634
Katy Silvers	USA		160		

**Female Sub-Masters (35-39) – Raw Classic**

<b><u>52kg/114.5lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Tiffany Bellamy	USA	204	99	248	551

**56kg/123.5lb**

Sally Lloyd	USA		99		
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**67.5kg/148.75lb**

Krista Causey	USA	231		264	645
Kelian Hagerty	USA		154		

**75kg/165.25lb**

Reyhan Roybal	USA	358	237	408	1003
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**82.5kg/181.75lb**

Kelley Spohrer	USA	369		419	942
Lay Kaahu	USA		182		

**90.01+kg/198.26+lb**

Katy Silvers	USA	309	160	347	816
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**Female Masters**

**M1-40-44, M2-45-49, M3-50-54, M4-55-59, M5-60-64, M6-65-69, M7-70-74, M8-75-79**

<b><u>52kg/114.5lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
M2 Missy Taylor (R)	USA	259	182	275	694
M2 Missy Taylor (RC)	USA	264	182	292	738
M4 Sue Ann Hurlbert (R)	USA	105	83	176	364
M5 Sue Ann Hurlbert (R)	USA	121	89	212	422
M7 Linda Costello (R)	USA	154	83	220	457

**Div. 56kg/123.5lb**

M1 Dawn Bogart (SP)	USA	265	175	295	735
M2 Kathy Wilson (RC)	USA	160	88	187	435
M2 Missy Taylor (R)	USA	265	176	292	722
M3 Lisa Baker (R)	USA	182	94	237	512
M4 Dawn Williams (R)	USA	176	116	226	518

**60kg/132.25lb**

<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>	
M3 Priscilla Pardue (RC)	USA	308	143	259	711

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M3	Priscilla Pardue (SP)	USA	331	165	265	761
M2	Bela Ghosh (R)	INDIA		180	315	495
M2	Angie Terry (RC)	USA	105			

**67.5kg/148.75lb**

M1	Misty Bruce (R)	USA		138	209	496
M1	Jennifer Rush (R)	USA	176			
M2	Aiysha Hayes (R)	USA		165	292	
M2	Melissa Smith (MP)	USA	518	275	358	1146
M3	Priscilla Pardue (RC)	USA	265	132		645
M3	Priscilla Pardue (SP)	USA	308	154	264	727
M3	Yvette Bushard (R)	USA	270	160	281	711
M4	Priscilla Pardue (SP)	USA	303	176	281	755

**75kg/165.25lb**

M1	Tara Peele (R)	USA	270	160	347	777
M3	Candice Maness (SP)	USA	243	182	254	678
M4	Candice Maness (SP)	USA	358	270	281	909
M2	Bonnie Mosley (R)	USA	314	171	331	816
M3	Tammy Crowley-DeLoatch(R)	USA		187		
M4	Dawn O'Donnell (R)	USA	226	132	314	672
M5	Cindy Meeker (SP)	USA		209		
M5	Cindy Meeker (R)	USA			284	

**82.5kg/181.75lb**

M1	Christina Lauffer (SP)	USA		253	309	
M2	Crystal McCullough (R)	USA	308	176	353	834
M3	Sujata Bhakat (R)	INDIA	265	143	292	700
M4	Cindy Meeker (RC)	USA	281		319	727
M4	Carolyn Beck (R)	USA	209	149	248	606
M4	Cathy Cranford (R)	USA			248	

**90kg/198.25lb**

M1	Anika Harper (SP)	USA		237	336	
M1	Carla Akers (R)	USA	320		336	838
M1	Mona Espinosa (R)	USA		204		
M1	Tricia Emrich (RC)	USA	260		285	695
M4	Cathy Cranford (R)	USA	190		248	500
M4	Shelly Moore (R)			99		

**90.01+kg/198.26+lb**

M1	Hollie Sands (R)	USA		242	441	
M1	Katy Silvers (RC)	USA	380		380	920
M1	Anika Harper (SP)	USA		248	402	
M3	Ylander Ross (RC)	USA	340	215	400	955

**100kg/220.25lb**

M1	Anika Harper (SP)	USA		248	402	
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**110kg/242.5lb**

M1	Katy Silvers	USA	385			
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M3	Ylander Ross	USA		215	400	955
<b><u>110.1+kg/242.6+lb</u></b>						
M1	Katy Silvers	USA	380			920
M1	Hollie Sands (R)	USA		242	441	
M2	Janet Martin (R)	USA		132	265	
M3	Janet Martin (R)	USA			364	

**Female Youth, Teenage & Kids Club**

**T1-13-15, T2-16-17, T3-18-19**

		<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
<b><u>44kg/97.0lb</u></b>						
KC	Kambree Williamson	USA			110	
<b><u>48kg/105.75lb</u></b>						
Y	Carmen Trivette	USA	121	83	143	347
<b><u>52kg/114.5lb</u></b>						
T2	Leighann Allen	USA		88	215	
T2	McKenna Wright	USA	121			391
T1	Makayla Van Meter	USA		105	220	435
T1	Carmen Trivette	USA	149			
<b><u>Div. 56kg/123.5lb</u></b>						
T3	Becca Dison	USA	276	160	320	755
<b><u>60kg/132.25lb</u></b>						
T3	Claire Rosser	USA	242	138	303	683
T2	Mara Hall	USA	198	110	259	568
T1	Macy Lantz	USA	143	88	193	391
<b><u>67.5kg/148.75lb</u></b>						
T3	Hanna Young (R)	USA	314	165	303	816
T1	Haleigh Batchelor (RC)	USA	193	138	226	551
T1	Macy Lantz (R)	USA	231		243	573
<b><u>75kg/165.25lb</u></b>						
T3	Katarina Giancroce (R)	USA	270	126	292	689
T3	Sarah Oesch (RC)	USA	270	143	331	744
T2	Sarah Oesch (RC)	USA	253	151	333	737
T1	Tyler Glover (R)	USA	237	132		683
T1	Olivia Dubrow (R)	USA			320	
<b><u>82.5kg/181.75lb</u></b>						
T3	Shelby Sprinkle (R)	USA	281		402	827
T3	Victoria Renfroe (R)	USA		150		
T2	Sarah Oesch (RC)	USA	237	149	326	712
T2	Kayla McCubbins (R)	USA	105		149	325
T1	Kayla McCubbins (R)	USA	94	61	160	314
Y	Neveah McIntosh (R)	USA	138	94	200	432
<b><u>Cat. 90kg/198.25lb</u></b>						
T2	Alyssa Beadles (R)	USA	204	121	286	612

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T1	Karson Tolle (R)	USA	226	116	292	634
Y	Neveah McIntosh	USA	292	116	231	639

**90.01+kg/198.26+lb**

Y	Neveah McIntosh (RC)	USA	281	132	242	656
T1	Kennedy Green	USA	286		275	689
T1	Alex Jefferson (RC)	USA		143	303	
T3	Meredith Arnold (RC)	USA	242	149	309	700

**Female M/P/F**

**48kg/105.75lb**

RC	Stephanie Washington	USA	193	110	226	529
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**Cat. 56kg/123.5lb**

RC	Amanda Isley	USA	242			675
R	Tiffany Faulkner	USA		155	305	

**Cat. 60kg/132.25lb**

R	Bela Ghosh	INDIA		180	315	495
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**Cat. 67.5kg/148.75lb**

None

**Cat. 75kg/165.25lb**

R	Mikhayla Dunn	USA	275		320	749
R	Heather Ingalls	USA		187		

**Cat. 82.5kg/181.75lb**

R	Gabrielle Robbins	USA	314	204	397	914
R	Sujata Bhakat	INDIA	265	155	292	700
RC	Emily Merritt	USA	386		391	937

**Cat. 90kg/198.25lb**

None

**Cat. 90.01+kg/198.26+lb**

RC	Tarra Farnham	USA	308	138	336	782
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**Female Standing Curl**

<b><u>Lifter</u></b>	<b><u>Age</u></b>	<b><u>BW</u></b>	<b><u>Wgt Cl</u></b>	<b><u>Best Curl</u></b>
Janet Martin	51	255	SHW	80
Maureen Clary	62	156.9	165	88
Julie Johnson	n/a	142	148	80
Aiysha Hayes	46	137	148	50
Haleigh Batchelor	13	143.7	148	65
Miranda	29	122	123	60
Pamela Buskirk	39	178.1	181	66
Nelda Newton	59	170.2	181	60
Shelly Moore	58	191.8	198	65
Mona Espinosa	40	187.2	198	85