

10-Nov-19

2019 USA Nationals

Untested

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Gio ssb ren per	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Total with 4th Attempt
FULL POWER - KG																							
Matt Gabbey	20	MP-U	158.2	165	0.7	155	-170	170		170	92.5	95	100		100	270	152.5	165			165	435	
Ryan Farnham-O	38	SP-U	221.3	242	0.6	260	275	282.5		282.5	175	183	-195		182.5	465	207.5	222.5	232.5		232.5	697.5	
Curtis Rabon-O	56	RC-U	272.5	275	0.5	260	292.5	320		320	170	185	190		190	510	260	290	-295		290	800	
Logan Ibele	23	RC-U	305.8	308	0.5	350	375	390		390	210	233	240		240	630	282.5	305	322.5	337.5	322.5	952.5	967.5
Caleb Reynolds	28	R-X	221	242	0.6	165	-172.5	-172.5		165	113	120	-125		120	285	-205	-205	-205			DQ	
Ryan Farnham-MPF	38	MPFF-	221.3	242	0.6	260	275	282.5		282.5	175	183	-195		182.5	465	207.5	222.5	232.5		232.5	697.5	
Justin Cable	37	MPFF-	317.4	SHW	0.5	225	232.5	237.5		237.5	145	150	155		155	392.5	275	282.5	285		285	677.5	
Joe Plyler	53	MPFF-	180.4	181	0.6	160	170	180	-187.8	180	108	115	-120		115	295	187.5	200	-210		200	495	
Curtis Rabon-M4	56	M4F-	272.5	275	0.5	260	292.5	320		320	170	185	190		190	510	260	290	-295		290	800	
FULL POWER - LB																							
Logan Ibele	23	RC-U	305.8	308	0.5	771.61	826.73	859.79		859.794	463	513	529		529.1	1388.898	622.8	672.4	711	744.1	710.984	2100	2133.96
Curtis Rabon-O	56	RC-U	272.5	275	0.5	573.2	644.85	705.47		705.472	375	408	419		418.87	1124.346	573.2	639.3	-650.4		639.334	1763.68	
Curtis Rabon-M4	56	M4F-	272.5	275	0.5	573.2	644.85	705.47		705.472	375	408	419		418.87	1124.346	573.2	639.3	-650.4		639.334	1763.68	
Ryan Farnham-O	38	SP-U	221.3	242	0.6	573.2	606.27	622.8		622.8	386	402	-430		402.34	1025.139	457.5	490.5	512.6		512.57	1537.709	
Justin Cable	37	MPFF-	317.4	SHW	0.5	496.04	512.57	523.59		523.593	320	331	342		341.71	865.3055	606.3	622.8	628.3		628.311	1493.617	
Joe Plyler	53	MPFF-	180.4	181	0.6	352.74	374.78	396.83	-414	396.828	237	254	-265		253.53	650.357	413.4	440.9	-463		440.92	1091.277	
Matt Gabbey	20	MP-U	158.2	165	0.7	341.71	-374.8	374.78		374.782	204	209	220		220.46	595.242	336.2	363.8	pass		363.759	959.001	
Caleb Reynolds	28	R-X	221	242	0.6	363.76	-380.3	-380.3		363.759	248	265	-276		264.55	628.311	-451.9	-451.9	-451.9			DQ	
Ryan Farnham-MPF	38	MPFF-	221.3	242	0.6	573.2	606.27	622.8		622.8	386	402	-430		402.34	1025.139	457.5	490.5	512.6		512.57	1537.709	

Chief Referee

Side Referee

Side Referee

10-Nov-19

2019 USA Nationals

Untested

Name	Age	Div	BWt (Lb)	WtCls (Lb)	GIO ssb ren nar	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Total with 4th Attempt
BENCH PRESS - KG						Bench 1	Bench 2	Bench 3	Bench 4	Best Bench													
Greyson Williams	19	T3B-	252.6	275	1	227.5	237.5	247.5		247.5													
David Crater-O	46	R-U	242.4	242	1	192.5	195	-197.5		195													
Danny Plyler	62	M5B-	220.2	220	1	177.5	185	188.75		188.75													
Chuck Ayers	53	M3B-	236.8	242	1	195	-205	205		205													
Jamie Dorton	45	M2B-	203.5	220	1	185	187.5	-190		187.5													
David Crater-M2	46	M2B-	242.4	242	1	192.5	195	-197.5		195													
Jeff Guller	78	M8B-	188.5	198	1	80	85	-92.5		85													
BENCH PRESS - LB						Bench 1	Bench 2	Bench 3	Bench 4	Best Bench													
Greyson Williams	19	T3B-	252.6	275	1	501.55	523.59	545.64		545.639													
Chuck Ayers	53	M3B-	236.8	242	1	429.9	-451.9	451.94		451.943													
Jamie Dorton	45	M2B-	203.5	220	1	407.85	413.36	-418.9		413.363													
Danny Plyler	62	M5B-	220.2	220	1	391.32	407.85	416.12		416.118													
David Crater-M2	46	M2B-	242.4	242	1	424.39	429.9	-435.4		429.897													
David Crater-O	46	R-U	242.4	242	1	424.39	429.9	-435.4		429.897													
Jeff Guller	78	M8B-	188.5	198	1	176.25	187.25	-203.8		187.25													

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SQUAT - KG						Squat 1	Squat 2	Squat 3	Squat 4	Best Squat														
Brian Cram-S	46	M2S-	263.7	275	1	245	-272.5	272.5		272.5														
Caleb Reynolds	28	R-X	221	242	0.6	165	-172.5	-172.5		165														
SQUAT - LB						Squat 1	Squat 2	Squat 3	Squat 4	Best Squat														
Brian Cram-S	46	M2S-	263.7	275	1	540.13	-600.8	600.75		600.754														
Caleb Reynolds	28	R-X	221	242	0.6	363.76	-380.3	-380.3		363.759														
DEADLIFT - KG						Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift														
James Corey McManus	39	OD-	170.1	181	1	165	170	177.5		177.5														
Brian Cram-D	46	M2D-	263.7	275	1	265	-295	pass		265														
DEADLIFT - LB						Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift														
James Corey McManus	39	OD-	170.1	181	1	363.76	374.78	391.32		391.317														
Brian Cram-D	46	M2D-	263.7	275	1	584.22	-650.4	pass		584.219														

Chief Referee

Side Referee

Side Referee
