

| Somero Show of Strength | | | | Somero, Finland | | | | | | | | | | | |
|-------------------------|-----|-----------|--------------|--|-------------------|------------|------------|-----------|-----------|-----------|-----------|---------------|--------------|--|--|
| 30-Jul-22 | | | | Federation: 365 Strong World Powerlifting Federation | | | | | | | | | | | |
| Results - Kilos | | | | | | | | | | | | | | | |
| Lifters name | Age | Body Wgt. | Weight Class | Division | Bench/Deadlift | Gear | Drug Test | Lift 1 | Lift 2 | Lift 3 | Lift 4 | Best Lift-Kg | Wilks points | | |
| Konsta Mehtälä | 16 | 77kg | 82.5kg | Teen-2 | Bench | Raw | tested | 67,5kg | 70kg | 75kg | 85kg | 75 | 59.81 | | |
| Jake Aalto | 25 | 96.2kg | 100kg | novice | Deadlift | Raw | tested | 202,5kg | 215kg | 232.5kg | 245kg | 232.5 | 143.81 | | |
| Kalle Kananen | 27 | 75kg | 75kg | novice | Bench | Raw | tested | 80kg | 90kg | 105kg | | 105 | 74.81 | | |
| Emma Sirén-Kananen | 28 | 95kg | 100kg | Open | Bench | Raw | tested | 30kg | 35kg | 40kg | | 40 | 33.85 | | |
| Jali Aalto | 29 | 105.1kg | 110kg | novice | Bench Unlimited | Unlimited | tested | 170kg | 190kg | 190kg | | 190 | 113.49 | | |
| Jussi Kananen | 37 | 155.5kg | SHW | Open/SM/MPF | Bench unlimited | Unlimited | tested | 220kg | 247,5kg | 282,5kg | | 247.5 | 136.24 | | |
| Jussi Kananen | 37 | 155.5kg | SHW | Open/SM/MPF | Deadlift | Raw | tested | 152.5kg | 180kg | 205kg | | 205 | 112.84 | | |
| Jussi Kananen | 37 | 155.5kg | SHW | Open/SM/MPF | Push Pull Total | Unlimited | tested | 455kg | | | | 455 | 250.46 | | |
| Marko Keränen | 45 | 57.8kg | 60kg | M2/MPF/Open | Bench | Raw | tested | 75kg | 80kg | 82,5kg | | 82.5 | 77.23 | | |
| Mikko Järvinen | 44 | 100kg | 100kg | M1 | Deadlift | Raw | tested | 110kg | 130kg | 147.5kg | | 147.5 | 93.62 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Bench | Raw | non tested | 150kg | - | - | | 150 | 109.77 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Bench unlimited | Unlimited | non tested | 160kg | 172,5kg | 180kg | | 172.5 | 126.24 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Deadlift | Raw | non tested | 192,5kg | - | - | | 192.5 | 140.88 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Singleply Deadlit | Single-ply | non tested | 202,5kg | 212,5kg | 222,5kg | | 222.5 | 162.83 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Push Pull Total | Unlimited | non tested | 395kg | | | | 395 | 289.08 | | |
| Nina Kiuru | 55 | 44.4kg | 48kg | M4 | Bench | Raw | non tested | 55kg | 57,5kg | 60kg | 62,5kg | 60 | 102.86 | | |
| Nina Kiuru | 55 | 44.4kg | 48kg | M4 | Deadlift | Raw | non tested | 90kg | 100kg | 107,5kg | 112,5kg | 107.5 | 184.3 | | |
| nina Kiuru | 55 | 44.4kg | 48kg | M4 | Push Pull Total | Raw | non tested | 167.5kg | | | | 167.5 | 287.16 | | |
| Toomas Ivar | 57 | 113kg | 125kg | Open/M4 | Bench | Raw | non tested | 150kg | 160kg | 160kg | | 160 | 118.45 | | |
| Toomas Ivar | 57 | 113kg | 125kg | Open/M4 | Bench unlimited | Unlimited | non tested | 180kg | 180kg | 180kg | | 180 | 133.25 | | |
| Toomas Ivar | 57 | 113kg | 125kg | Open/M4 | Deadlift | Raw | non tested | 180kg | 190kg | 207,5kg | | 207.5 | 153.61 | | |
| Pertti Rautiainen | 59 | 112.5kg | 125kg | M4/MPF | Bench unlimited | Unlimited | tested | 180kg | 190kg | 202,5kg | | 202.5 | 155.66 | | |
| Pertti Rautiainen | 59 | 112.5kg | 125kg | M4/MPF | Deadlift | Raw | tested | 170kg | 190kg | 212,5kg | | 212.5 | 163.35 | | |
| Pertti Rautiainen | 59 | 112.5kg | 125kg | M4/MPF | Push Pull Total | Unlimited | tested | 415kg | | | | 415 | 319.02 | | |
| Results - Pounds | | | | | | | | | | | | | | | |
| Lifters name | Age | BW-Kg | WC-Kg | Division | Bench/Deadlift | Gear | Drug Test | Lift 1-Lb | Lift 2-Lb | Lift 3-Lb | Lift 4-Lb | Best Lift-Lb. | Wilks points | | |
| Konsta Mehtälä | 16 | 77kg | 82.5kg | Teen-2 | Bench | Raw | tested | 148.8 | 154.3 | 165.3 | 187.3 | 165.3 | 59.81 | | |
| Jake Aalto | 25 | 96.2kg | 100kg | novice | Deadlift | Raw | tested | 446.3 | 473.8 | 512.5 | 540 | 512.5 | 143.81 | | |
| Kalle Kananen | 27 | 75kg | 75kg | novice | Bench | Raw | tested | 176.3 | 198.3 | 231.3 | | 231.3 | 74.81 | | |
| Emma Sirén-Kananen | 28 | 95kg | 100kg | Open | Bench | Raw | tested | 66 | 77 | 88 | | 88 | 33.85 | | |
| Jali Aalto | 29 | 105.1kg | 110kg | novice | Bench Unlimited | Unlimited | tested | 374.8 | 418.8 | 418.8 | | 418.8 | 113.49 | | |
| Jussi Kananen | 37 | 155.5kg | SHW | Open/SM/MPF | Bench unlimited | Unlimited | tested | 485 | 545.5 | 622.8 | | 545.5 | 136.24 | | |
| Jussi Kananen | 37 | 155.5kg | SHW | Open/SM/MPF | Deadlift | Raw | tested | 336 | 396.8 | 451.8 | | 451.8 | 112.84 | | |
| Jussi Kananen | 37 | 155.5kg | SHW | Open/SM/MPF | Push Pull Total | Unlimited | tested | 1003 | | | | 1003 | 250.46 | | |
| Marko Keränen | 45 | 57.8kg | 60kg | M2/MPF/Open | Bench | Raw | tested | 165.3 | 176.3 | 181.8 | | 181.8 | 77.23 | | |
| Mikko Järvinen | 44 | 100kg | 100kg | M1 | Deadlift | Raw | tested | 242.5 | 286.5 | 325 | | 325 | 93.62 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Bench | Raw | non tested | 330.5 | - | - | | 330.5 | 109.77 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Bench unlimited | Unlimited | non tested | 352.5 | 380.3 | 396.8 | | 380.3 | 126.24 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Deadlift | Raw | non tested | 424.3 | - | - | | 424.3 | 140.88 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Singleply Deadlit | Single-ply | non tested | 446.3 | 468.3 | 490.5 | | 490.5 | 162.83 | | |
| Jorma Mononen | 47 | 81.2kg | 82.5kg | Open/M2/MPF | Push Pull Total | Unlimited | non tested | 870.8 | | | | 870.8 | 289.08 | | |
| Nina Kiuru | 55 | 44.4kg | 48kg | M4 | Bench | Raw | non tested | 121.3 | 126.8 | 132.3 | 137.8 | 132.3 | 102.86 | | |
| Nina Kiuru | 55 | 44.4kg | 48kg | M4 | Deadlift | Raw | non tested | 198.3 | 220.3 | 236.8 | 248 | 236.8 | 184.3 | | |
| Nina Kiuru | 55 | 44.4kg | 48kg | M4 | Push Pull Total | Raw | non tested | 369.3 | | | | 369.3 | 287.16 | | |
| Toomas Ivar | 57 | 113kg | 125kg | Open/M4 | Bench | Raw | non tested | 330.5 | 352.5 | 352.5 | | 352.5 | 118.45 | | |

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|--------------------------|----|---------|-------|---------|-----------------|-----------|------------|--|-------|-------|-------|--|--------------|--------|
| Toomas Ivar | 57 | 113kg | 125kg | Open/M4 | Bench unlimited | Unlimited | non tested | | 396.8 | 396.8 | 396.8 | | 396.8 | 133.25 |
| Toomas Ivar | 57 | 113kg | 125kg | Open/M4 | Deadlift | Raw | non tested | | 396.8 | 418.8 | 457.3 | | 457.3 | 153.61 |
| Pertti Rautiainen | 59 | 112.5kg | 125kg | M4/MPF | Bench unlimited | Unlimited | tested | | 396.8 | 418.8 | 446.3 | | 446.3 | 155.66 |
| Pertti Rautiainen | 59 | 112.5kg | 125kg | M4/MPF | Deadlift | Raw | tested | | 374.8 | 418.8 | 468.3 | | 468.3 | 163.35 |
| Pertti Rautiainen | 59 | 112.5kg | 125kg | M4/MPF | Push Pull Total | Unlimited | tested | | 914.8 | | | | 914.8 | 319.02 |