

2021 Holiday Powerlifting Classic - Torque Performance, Advance, NC

'2021-12-18

Results - Kilos

Name	Sex	Birth			Equip.	Division	BW	W/C	Squat	Squat	Squat	Best 3SQ	Bench	Bench	Bench	Best3	Deadlift	Deadlift	Deadlift	Best3 DL	Total Kg	Event
		1Kg	2Kg	3Kg					Kg	1Kg	2Kg	3Kg	BenchKg	1Kg	2Kg	3Kg	Kg					
CHRISTY OWENS	F	'1979	42	NC	Bare	M1-T	91.44	90+	95	97.5	100	100	55	57.5	60	60	97.5	102.5	107.5	107.5	267.5	SBD
MIKHAYLA DUNN	F	'1994	27	NC	Bare	MPF-T	73.12	75	110	115	125	125	65	70	-75	70	130	137.5	145	145	340	SBD
MIKHAYLA DUNN	F	'1994	27	NC	Bare	O-T	73.12	75	110	115	125	125	65	70	-75	70	130	137.5	145	145	340	SBD
NATHALIE VARGAS	F	'1998	23	NC	Bare	O-T	115.6	90+	100	110	125	125	57.5	62.5	67.5	67.5	100	117.5	132.5	132.5	325	SBD
DIANA BRANTON	F	'1990	31	NC	Bare	O-U	70	75	105	117.5	127.5	127.5	67.5	72.5	-77.5	72.5	135	142.5	-150	142.5	342.5	SBD
SHELBY SPRINKLE	F	'2002	19	NC	Bare	T3-X	79.55	82.5	105	117.5	127.5	127.5	57.5	65	-70	65	152.5	170	182.5	182.5	375	SBD
MELISSA SMITH	F	'1974	47	NC	Multi-ply	M2-T	65.2	67.5	225	235	-245	235	92.5	115	122.5	122.5	137.5	142.5	162.5	162.5	520	SBD
MELISSA SMITH	F	'1974	47	NC	Multi-ply	O-T	65.2	67.5	225	235	-245	235	92.5	115	122.5	122.5	137.5	142.5	162.5	162.5	520	SBD
PROMANDEEP KAUR	F	1985-	36	NC	Bare	O-T	89	90													INJ	SBD
BRYSON CONRAD	M	'1999	22	NC	Bare	J-T	79	82.5	187.5	200	210	210	95	105	107.5	107.5	200	212.5	220	220	537.5	SBD
KODA GIBSON	M	'2001	20	NC	Bare	J-T	92.26	100	237.5	255	267.5	267.5	160	170	-182.5	170	240	255	-272.5	255	692.5	SBD
BURT CONLEY	M	'1983	38	NC	Bare	MPF-T	96.5	100	242.5	252.5	260	260	167.5	-175	-175	167.5	252.5	-260	260	260	687.5	SBD
PRAB KUPPUSAMY	M	'1983	38	NC	Bare	O-T	57.5	60	92.5	100	105	105	-65	67.5	77.5	77.5	137.5	147.5	-155	147.5	330	SBD
IAN HUDSON	M	'1997	24	NC	Bare	O-T	64.5	67.5	152.5	165	172.5	172.5	102.5	107.5	-110	107.5	185	200	212.5	212.5	492.5	SBD
SANDHOSH MURUGESAN	M	'1986	35	NC	Bare	O-T	64.41	67.5	97.5	105	117.5	117.5	77.5	85	92.5	92.5	140	155	175	175	385	SBD
BURT CONLEY	M	'1983	38	NC	Bare	O-T	96.5	100	242.5	252.5	260	260	167.5	-175	-175	167.5	252.5	-260	260	260	687.5	SBD
PRAB KUPPUSAMY	M	'1983	38	NC	Bare	S-T	57.5	60	92.5	100	105	105	-65	67.5	77.5	77.5	137.5	147.5	-155	147.5	330	SBD
SANDHOSH MURUGESAN	M	'1986	35	NC	Bare	S-T	64.41	67.5	97.5	105	117.5	117.5	77.5	85	92.5	92.5	140	155	175	175	385	SBD
BURT CONLEY	M	'1983	38	NC	Bare	S-T	96.5	100	242.5	252.5	260	260	167.5	-175	-175	167.5	252.5	-260	260	260	687.5	SBD
AARON EASLEY	M	'1994	27	SC	Wraps	N-X	90	90	190	200	210	210	140	145	-147.5	145	237.5	245	-252.5	245	600	SBD
TYLER GOINS	M	'1992	29	NC	Wraps	O-U	87.9	90	320	332.5	337.5	337.5	167.5	175	180	180	262.5	280		280	797.5	SBD
DANIEL MERCK	M	'1995	26	SC	Wraps	O-U	106.14	110	267.5	282.5	295	295	180	185	-187.5	185	262.5	282.5	-292.5	282.5	762.5	SBD
GAGE BOHMULLER	M	'2004	17	NC	Wraps	T2-X	133.63	140	182.5	187.5	200	200	125	130	142.5	142.5	220	227.5	232.5	232.5	575	SBD
KAL BOHMULLER	M	'1999	22	NC	Multi-ply	J-T	108.5	110	210	220	227.5	227.5	130	145	150	150	205	-207.5	-207.5	205	582.5	SBD
TRAVIS RINNERT	M	'1972	48	NC	Multi-ply	M2-U	121.65	125	285	292.5	300	300	190	-242.5	242.5	242.5	210	232.5	252.5	252.5	795	SBD
MIGUEL FUENTES	M	'1990	31	NC	Multi-ply	O-T	70.76	75	-208	-208	207.5	207.5	-130	-130	130	130	152.5	177.5	-190	177.5	515	SBD
BOBBY TYLER	M	1985-	31	SC	Bare	N-X	74.6	75	DQ												DQ	SBD
TRAVIS RINNERT	M	'1972	48	NC	Multi-ply	O-U	121.65	125	285	292.5	300	300	190	-242.5	242.5	242.5	210	232.5	252.5	252.5	795	SBD
BILL GILLESPIE	M	'1959	62	VA	Bare	M5-T	143.8	140+					237.5	-250	-250	237.5					237.5	B
BILL GILLESPIE	M	'1959	62	VA	Bare	O-T	143.8	140+					237.5	-250	-250	237.5					237.5	B
DOUG SMITHEY	M	'1974	47	NC	Multi-ply	M2-U	121.38	125					-455	-455	-455						DQ	B
DOUG SMITHEY	M	1998-	23	NC	Multi-ply	O-U	121.38	125					-455	-455	-455						DQ	B
ABDULLAH FARAS	M	'1974	23	NC	Bare	J-U	123.2	125	DQ												DQ	SBD
ALLEN PEARCE	M	1983-	38	NC	Wraps	O-T	81.5	82.5	DQ												DQ	SBD

Results - Pounds

Name	Sex	Birth				Equip.	Division	BW	W/C	Squat				Best 3SQ			Best3		Deadlift		Deadlift		Best3 DL		Total LB	Event
		Date	Age	State						1lb	2lb	3lb	lb	Bench 1lb	Bench 2lb	Bench 3lb	Benchlb	1lb	2lb	3lb	lb	lb	lb			
CHRISTY OWENS	F	'1979	42	NC	Bare	M1-T	201.6	90+	209.4	215	220.5	220.5	121.3	126.8	132.3	132.3	215	215	226	237	237	237	237	589.7	SBD	
MIKHAYLA DUNN	F	'1994	27	NC	Bare	MPF-T	161.2	75	242.5	253.5	275.6	275.6	143.3	154.3	-165.3	154.3	286.6	303.1	319.7	319.7	319.7	319.7	749.6	SBD		
MIKHAYLA DUNN	F	'1994	27	NC	Bare	O-T	161.2	75	242.5	253.5	275.6	275.6	143.3	154.3	-165.3	154.3	286.6	303.1	319.7	319.7	319.7	319.7	749.6	SBD		
NATHALIE VARGAS	F	'1998	23	NC	Bare	O-T	254.9	90+	220.5	242.5	275.6	275.6	126.8	137.8	148.8	148.8	220.5	259	292.1	292.1	292.1	292.1	716.5	SBD		
DIANA BRANTON	F	'1990	31	NC	Bare	O-U	154.3	75	231.5	259	281.1	281.1	148.8	159.8	-170.9	159.8	297.6	314.2	-330.7	314.2	314.2	314.2	755.1	SBD		
SHELBY SPRINKLE	F	'2002	19	NC	Bare	T3-X	175.4	90+	231.5	259	281.1	281.1	126.8	143.3	-154.3	143.3	336.2	374.8	402.3	402.3	402.3	402.3	826.7	SBD		
MELISSA SMITH	F	'1974	47	NC	Multi-ply	M2-T	143.7	67.5	496	518.1	-540	518.1	203.9	253.5	270.1	270.1	303.1	314.2	358.3	358.3	358.3	358.3	1146.4	SBD		
MELISSA SMITH	F	'1974	47	NC	Multi-ply	O-T	143.7	67.5	496	518.1	-540	518.1	203.9	253.5	270.1	270.1	303.1	314.2	358.3	358.3	358.3	358.3	1146.4	SBD		
PROMANDEEP KAUR	F	1985-	36	NC	Bare	O-T	196.2	90	INJ														INJ	SBD		
BRYSON CONRAD	M	'1999	22	NC	Bare	J-T	174.2	82.5	413.4	440.9	463	463	209.4	231.5	237	237	440.9	468.5	485	485	485	485	1185	SBD		
KODA GIBSON	M	'2001	20	NC	Bare	J-T	203.4	100	523.6	562.2	589.7	589.7	352.7	374.8	-402.3	374.8	529.1	562.2	-600.8	562.2	562.2	562.2	1526.7	SBD		
BURT CONLEY	M	'1983	38	NC	Bare	MPF-T	212.7	100	534.6	556.7	573.2	573.2	369.3	-385.8	-385.8	369.3	556.7	-573.2	573.2	573.2	573.2	573.2	1515.7	SBD		
PRAB KUPPUSAMY	M	'1983	38	NC	Bare	O-T	126.8	60	203.9	220.5	231.5	231.5	-143.3	148.8	170.9	170.9	303.1	325.2	-341.7	325.2	325.2	325.2	727.5	SBD		
IAN HUDSON	M	'1997	24	NC	Bare	O-T	142.2	67.5	336.2	363.8	380.3	380.3	226	237	-242.5	237	407.9	440.9	468.5	468.5	468.5	468.5	1085.8	SBD		
SANDHOSH MURUGESAN	M	'1986	35	NC	Bare	O-T	142	67.5	215	231.5	259	259	170.9	187.4	203.9	203.9	308.6	341.7	385.8	385.8	385.8	385.8	848.8	SBD		
BURT CONLEY	M	'1983	38	NC	Bare	O-T	212.7	100	534.6	556.7	573.2	573.2	369.3	-385.8	-385.8	369.3	556.7	-573.2	573.2	573.2	573.2	573.2	1515.7	SBD		
PRAB KUPPUSAMY	M	'1983	38	NC	Bare	S-T	126.8	60	203.9	220.5	231.5	231.5	-143.3	148.8	170.9	170.9	303.1	325.2	-341.7	325.2	325.2	325.2	727.5	SBD		
SANDHOSH MURUGESAN	M	'1986	35	NC	Bare	S-T	142	67.5	215	231.5	259	259	170.9	187.4	203.9	203.9	308.6	341.7	385.8	385.8	385.8	385.8	848.8	SBD		
BURT CONLEY	M	'1983	38	NC	Bare	S-T	212.7	100	534.6	556.7	573.2	573.2	369.3	-385.8	-385.8	369.3	556.7	-573.2	573.2	573.2	573.2	573.2	1515.7	SBD		
AARON EASLEY	M	'1994	27	SC	Wraps	N-X	198.4	90	418.9	440.9	463	463	308.6	319.7	-325.2	319.7	523.6	540.1	-556.7	540.1	540.1	540.1	1322.8	SBD		
TYLER GOINS	M	'1992	29	NC	Wraps	O-U	193.8	90	705.5	733	744.1	744.1	369.3	385.8	396.8	396.8	578.7	617.3	0	617.3	617.3	617.3	1758.2	SBD		
DANIEL MERCK	M	'1995	26	SC	Wraps	O-U	234	110	589.7	622.8	650.4	650.4	396.8	407.9	-413.4	407.9	578.7	622.8	-644.9	622.8	622.8	622.8	1681	SBD		
GAGE BOHMULLER	M	'2004	17	NC	Wraps	T2-X	294.6	140	402.3	413.4	440.9	440.9	275.6	286.6	314.2	314.2	485	501.6	512.6	512.6	512.6	512.6	1267.7	SBD		
KAL BOHMULLER	M	'1999	22	NC	Multi-ply	J-T	239.2	110	463	485	501.6	501.6	286.6	319.7	330.7	330.7	451.9	-457.5	-457.5	451.9	451.9	451.9	1284.2	SBD		
TRAVIS RINNERT	M	'1972	48	NC	Multi-ply	M2-U	268.2	125	628.3	644.9	661.4	661.4	418.9	-534.6	534.6	534.6	463	512.6	556.7	556.7	556.7	556.7	1752.7	SBD		
MIGUEL FUENTES	M	'1990	31	NC	Multi-ply	O-T	156	75	-458	-458	457.5	457.5	-286.6	-286.6	286.6	286.6	336.2	391.3	-418.9	391.3	391.3	391.3	1135.4	SBD		
BOBBY TYLER	M	1985-	31	SC	Bare	N-X	74.6	75	DQ														DQ	SBD		
TRAVIS RINNERT	M	'1972	48	NC	Multi-ply	O-U	268.2	125	628.3	644.9	661.4	661.4	418.9	-534.6	534.6	534.6	463	512.6	556.7	556.7	556.7	556.7	1752.7	SBD		
BILL GILLESPIE	M	'1959	62	VA	Bare	M5-T	317	140+	0	0	0	0	523.6	-551.2	-551.2	523.6	0	0	0	0	0	0	523.6	B		
BILL GILLESPIE	M	'1959	62	VA	Bare	O-T	317	140+	0	0	0	0	523.6	-551.2	-551.2	523.6	0	0	0	0	0	0	523.6	B		
DOUG SMITHEY	M	'1974	47	NC	Multi-ply	M2-U	267.6	125	0	0	0	0	-1003.1	-1003.1	-1003.1	0	0	0	0	0	0	0	DQ	B		
DOUG SMITHEY	M	'1974	47	NC	Multi-ply	O-U	267.6	125	0	0	0	0	-1003.1	-1003.1	-1003.1	0	0	0	0	0	0	0	DQ	B		
ABDULLAH FARAS	M	'1974	23	NC	Bare	J-U	271.7	125	DQ														DQ	SBD		
ALLEN PEARCE	M	1983-	38	NC	Wraps	O-T	179.7	82.5	DQ														DQ	SBD		