

**365 STRONG WORLD POWERLIFTING FEDERATION**  
**FEMALE OVERALL WORLD RECORD BEST OF THE BEST**

April 29, 2026

**Female Raw All**

| <b><u>44kg/97 lb</u></b>      | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|-------------------------------|---------------|------------|-----------|-----------|--------------|
| Kambree Williamson            | USA           |            |           | 132       |              |
| Bella-Grace Meadows           | USA           |            | 83        |           |              |
| <b><u>48kg/105.75</u></b>     |               |            |           |           |              |
| Pam Fisher                    | USA           | 143        |           | 242       | 468          |
| Nina Kiuru                    | Finland       |            | 132       |           |              |
| <b><u>52kg/114.5lb</u></b>    |               |            |           |           |              |
| Amber Malchow                 | USA           |            |           | 303       |              |
| Missy Taylor                  | USA           | 259        | 182       |           | 694          |
| <b><u>56kg/123.5lb</u></b>    |               |            |           |           |              |
| Missy Taylor                  | USA           | 314        | 209       | 331       | 854          |
| <b><u>60kg/132.25lb</u></b>   |               |            |           |           |              |
| Morgan Long                   | USA           | 320        |           | 408       | 959          |
| Courtney Norris               | USA           |            | 242       |           |              |
| <b><u>67.5kg/148.75lb</u></b> |               |            |           |           |              |
| Morgan Long                   | USA           | 386        | 242       |           | 1064         |
| Maya Medina                   | USA           |            |           | 468       |              |
| <b><u>75kg/165.25lb</u></b>   |               |            |           |           |              |
| Emily Lilly                   | USA           | 380        |           |           | 1003         |
| Morgan Long                   | USA           |            | 253       |           |              |
| Kendra Danzer                 | USA           |            |           | 424       |              |
| <b><u>82.5kg/181.75lb</u></b> |               |            |           |           |              |
| Lay Kaahu                     | USA           |            |           | 435       |              |
| Emily Lilly                   | USA           | 402        |           |           | 1025         |
| Shannon Nash                  | USA           |            | 380       |           |              |
| <b><u>90kg/198.25lb</u></b>   |               |            |           |           |              |
| Traci Baggett                 | USA           | 391        |           | 475       | 1075         |
| Allison White                 | USA           | 391        |           |           |              |
| Shannon Nash                  | USA           |            | 380       |           |              |
| <b><u>100kg/220.25lb</u></b>  |               |            |           |           |              |
| Alexandria Jefferson          | USA           |            |           |           | 887          |
| Gina Woolard                  | USA           | 347        |           |           |              |
| Amy Portillo                  | USA           | 347        |           | 369       |              |
| Jessica Hoxie                 | USA           |            | 237       |           |              |
| <b><u>110kg/242.5lb</u></b>   |               |            |           |           |              |
| Amy Portillo                  | USA           | 430        |           |           |              |

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|                 |     |  |     |     |      |
|-----------------|-----|--|-----|-----|------|
| Nevaeh McIntosh | USA |  | 248 |     |      |
| Maddy Webster   | USA |  |     | 457 | 1102 |

**110.1+kg/242.6+lb**

|              |     |     |     |     |      |
|--------------|-----|-----|-----|-----|------|
| Hollie Sands | USA | 386 | 270 | 518 | 1174 |
|--------------|-----|-----|-----|-----|------|

**Female Raw - Juniors (20-23) Division**

**52kg/114.5lb**

|                | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|----------------|---------------|------------|-----------|-----------|--------------|
| Elena Lopez    | USA           | 250        |           | 240       | 575          |
| Racquel Wilson | USA           |            | 94        |           |              |

**56kg/123.5lb**

|                |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|
| Isabella Sarks | USA | 281 | 132 | 320 | 705 |
| Emily Gaiser   | USA |     | 132 |     |     |

**60kg/132.25lb**

|                 |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|
| Emily Gaiser    | USA |     | 143 | 325 | 727 |
| Alexis Rutledge | USA | 275 |     |     |     |

**67.5kg/148.75lb**

|                    |     |     |     |     |      |
|--------------------|-----|-----|-----|-----|------|
| Maya Medina        | USA | 375 | 215 | 468 | 1058 |
| Sarah Oesch Davies | USA |     | 215 |     |      |

**75kg/165.25lb**

|                  |     |     |     |     |     |
|------------------|-----|-----|-----|-----|-----|
| Candace Locklear | USA | 336 |     | 402 | 876 |
| Abby Rice        | USA |     | 204 |     |     |

**82.5kg/181.75lb**

|                   |     |     |     |     |     |
|-------------------|-----|-----|-----|-----|-----|
| Brianna Ormezzano | USA | 275 |     | 314 | 755 |
| Sarah Oesch       | USA |     | 193 |     |     |

**90kg/198.25lb**

|                  |     |     |     |     |     |
|------------------|-----|-----|-----|-----|-----|
| Isabella Heffner | USA | 358 |     | 391 | 920 |
| Sarah Oesch      | USA |     | 190 |     |     |

**100kg/220.4lb**

None

**110kg/242.5lb**

|               |     |     |     |     |      |
|---------------|-----|-----|-----|-----|------|
| Maddy Webster | USA | 402 | 220 | 441 | 1064 |
|---------------|-----|-----|-----|-----|------|

**Female Raw Classic All**

**44kg/97 lb**

|                     | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|---------------------|---------------|------------|-----------|-----------|--------------|
| Bella-Grace Meadows | USA           |            | 77        |           |              |

**48kg/105.75**

|                      |     |     |     |     |     |
|----------------------|-----|-----|-----|-----|-----|
| Stephanie Washington | USA | 193 | 110 | 226 | 529 |
|----------------------|-----|-----|-----|-----|-----|

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| <b><u>52kg/114.5lb</u></b>      | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|---------------------------------|---------------|------------|-----------|-----------|--------------|
| Tiffany Stone                   | USA           | 276        |           | 314       |              |
| Missy Taylor                    | USA           |            | 182       |           | 738          |
| <b><u>56kg/123.5lb</u></b>      |               |            |           |           |              |
| Adrien Coder                    | USA           | 303        |           | 353       | 821          |
| Missy Taylor                    | USA           |            | 209       |           |              |
| <b><u>60kg/132.25lb</u></b>     |               |            |           |           |              |
| Courtney Norris                 | USA           | 441        | 242       | 408       | 1069         |
| <b><u>67.5kg/148.75lb</u></b>   |               |            |           |           |              |
| Brittany Shackelford            | USA           | 402        |           |           | 1003         |
| Sarah Oesch Davies              |               |            |           | 380       |              |
| Morgan Long                     | USA           |            | 242       |           |              |
| <b><u>75kg/165.25lb</u></b>     |               |            |           |           |              |
| Reyhan Roybal                   | USA           | 402        |           | 430       | 1056         |
| Morgan Long                     | USA           |            | 253       |           |              |
| <b><u>82.5kg/181.75lb</u></b>   |               |            |           |           |              |
| Brittany Gagne                  | USA           | 524        |           |           | 1262         |
| Julia Blackman                  | USA           |            |           | 512       |              |
| Shannon Nash                    | USA           |            | 380       |           |              |
| <b><u>90kg/198.25lb</u></b>     |               |            |           |           |              |
| Alexis Eliopoulos               | USA/Greece    | 463        |           | 468       | 1229         |
| Shannon Nash                    | USA           |            | 380       |           |              |
| <b><u>100kg/220.25lb</u></b>    |               |            |           |           |              |
| Jessica Hoxie                   | USA           | 463        | 237       | 424       | 1102         |
| <b><u>110kg/242.5lb</u></b>     |               |            |           |           |              |
| Katy Silvers                    | USA           | 408        |           |           |              |
| Ylander Ross                    | USA           |            |           | 400       |              |
| Nevaeh McIntosh                 | USA           |            | 248       |           | 1003         |
| <b><u>110.1+kg/242.6+lb</u></b> |               |            |           |           |              |
| Alex Wilson-McKenzie            | USA           | 485        |           | 452       | 1185         |
| Hollie Sands                    |               |            | 270       |           |              |

**Female Raw Classic – Juniors (20-23) Division**

| <b><u>56kg/123.5lb</u></b>  | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|-----------------------------|---------------|------------|-----------|-----------|--------------|
| Emily Gaiser                | USA           |            | 132       |           |              |
| Isabella Sarks              | USA           |            | 132       |           |              |
| <b><u>60kg/132.25lb</u></b> |               |            |           |           |              |
| Emily Gaiser                | USA           |            | 143       |           |              |

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**67.5kg/148.75lb**

|                    |     |     |     |     |     |
|--------------------|-----|-----|-----|-----|-----|
| Sarah Oesch Davies | USA | 298 | 215 | 380 | 887 |
| Maya Medina        | USA |     | 215 |     |     |

**75kg/165.25lb**

|             |     |     |     |     |     |
|-------------|-----|-----|-----|-----|-----|
| Emily Tighe | USA |     |     | 342 | 727 |
| Dani Moore  | USA | 242 |     |     |     |
| Abby Rice   | USA |     | 204 |     |     |

**82.5kg/181.75lb**

|             |     |     |     |     |     |
|-------------|-----|-----|-----|-----|-----|
| Sarah Oesch | USA | 303 | 193 | 347 | 843 |
|-------------|-----|-----|-----|-----|-----|

**90kg/198.25lb**

|             |     |     |     |     |     |
|-------------|-----|-----|-----|-----|-----|
| Sarah Oesch | USA | 300 | 190 | 390 | 880 |
|-------------|-----|-----|-----|-----|-----|

**100kg/220.4lb**

None

**110kg/242.5lb**

|               |     |  |     |  |  |
|---------------|-----|--|-----|--|--|
| Maddy Webster | USA |  | 220 |  |  |
|---------------|-----|--|-----|--|--|

**Female Single-Ply & Multi-Ply All**

| <b><u>52kg/114.5lb</u></b> | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|----------------------------|---------------|------------|-----------|-----------|--------------|
| Lindsay Seamans            | USA           | 319        | 138       | 319       | 777          |

**56kg/123.5lb**

|                     |     |     |     |     |     |
|---------------------|-----|-----|-----|-----|-----|
| Dawn Bogart (SP)    | USA | 265 | 175 | 295 | 735 |
| Josefina Bueno (MP) | USA | 248 |     | 297 | 672 |
| Jojo Brasseaux (MP) | USA |     | 160 |     |     |

**60kg/132.25lb**

|                       |     |     |     |     |     |
|-----------------------|-----|-----|-----|-----|-----|
| Dawn Bogart (SP)      | USA |     |     | 402 | 959 |
| Missy Taylor (SP)     | USA |     | 314 |     |     |
| Priscilla Pardue (SP) | USA | 331 |     |     |     |
| JoJo Brasseaux (MP)   | USA |     | 193 |     |     |

**67.5kg/148.75lb**

|                       |     |     |     |     |      |
|-----------------------|-----|-----|-----|-----|------|
| Madeleine Giess (MP)  | USA |     |     | 425 |      |
| Melissa Smith (MP)    | USA | 551 | 331 |     | 1245 |
| Priscilla Pardue (SP) | USA | 303 | 176 | 281 | 755  |

**75kg/165.25lb**

|                         |     |     |     |     |     |
|-------------------------|-----|-----|-----|-----|-----|
| Candice Maness (SP)     | USA | 364 |     | 281 | 909 |
| Christina McDowell (SP) | USA |     | 276 |     |     |

**82.5kg/181.75lb**

|                      |     |     |  |     |      |
|----------------------|-----|-----|--|-----|------|
| Jasmine Jenkins (MP) | USA | 505 |  | 465 | 1325 |
|----------------------|-----|-----|--|-----|------|

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|                   |     |     |     |     |      |
|-------------------|-----|-----|-----|-----|------|
| Gi Gi Eller (MP)  | USA |     | 441 |     |      |
| Helen Romero (SP) | USA | 415 | 265 | 470 | 1120 |

**90kg/198.25lb**

|                    |     |     |     |     |      |
|--------------------|-----|-----|-----|-----|------|
| Shelley Yates (MP) | USA | 672 | 452 | 457 | 1538 |
| Anika Harper (SP)  | USA |     | 253 | 336 |      |

**100kg/220.25lb**

|                    |     |     |     |     |      |
|--------------------|-----|-----|-----|-----|------|
| Shelley Yates (MP) | USA | 650 | 419 | 452 | 1449 |
| Haley Shields (SP) | USA | 254 |     |     | 783  |
| Anika Harper (SP)  | USA |     | 270 | 402 |      |

**110kg/242.5lb**

|                      |     |  |     |  |  |
|----------------------|-----|--|-----|--|--|
| Nevaeh McIntosh (SP) | USA |  | 270 |  |  |
|----------------------|-----|--|-----|--|--|

**110.1+kg/242.6+lb**

|                   |     |  |     |  |  |
|-------------------|-----|--|-----|--|--|
| Ann McManus (SP)  | USA |  | 402 |  |  |
| Katy Silvers (MP) | USA |  | 358 |  |  |

**Female Single-Ply & Multi-Ply - Juniors (20-23) Division**

| <b><u>56kg/123.5lb</u></b> | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|----------------------------|---------------|------------|-----------|-----------|--------------|
| Josefina Bueno (MP)        | USA           | 248        | 127       | 297       | 672          |

**60kg/132.25lb**

|                    |     |     |     |     |     |
|--------------------|-----|-----|-----|-----|-----|
| Sydney Farris (SP) | USA | 297 | 187 | 314 | 799 |
|--------------------|-----|-----|-----|-----|-----|

**67.5kg/148.75lb**

|                      |     |     |     |     |      |
|----------------------|-----|-----|-----|-----|------|
| Madeleine Giess (MP) | USA | 405 | 245 | 425 | 1075 |
|----------------------|-----|-----|-----|-----|------|

**Female Submasters (35-39) - Raw**

**56kg/123.5lb**

|             |     |     |    |     |     |
|-------------|-----|-----|----|-----|-----|
| Sally Lloyd | USA | 176 | 99 | 248 | 524 |
|-------------|-----|-----|----|-----|-----|

**60kg/132.25lb**

|                 |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|
| Jennifer Watson | USA | 220 | 121 | 270 | 606 |
|-----------------|-----|-----|-----|-----|-----|

**67.5kg/148.75lb**

|                |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|
| Tosha Baughman | USA | 325 | 193 | 358 |     |
| Kat Kalanina   | USA |     |     | 402 | 893 |

**75kg/165.25lb**

|                 |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|
| Reyhan Roybal   | USA |     | 237 |     |     |
| Emily Drew Mash | USA | 308 |     |     | 816 |
| LaDetra Cole    | USA |     |     | 380 |     |

**82.5kg/181.75lb**

|                  |     |     |     |  |  |
|------------------|-----|-----|-----|--|--|
| Jessica Mitchell | USA | 325 | 220 |  |  |
| Linsey Eudy      | USA |     | 248 |  |  |

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|           |     |  |  |     |     |
|-----------|-----|--|--|-----|-----|
| Lay Kaahu | USA |  |  | 419 | 904 |
|-----------|-----|--|--|-----|-----|

**90kg/198.25lb**

|                |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|
| Linsey Eudy    | USA |     | 286 |     |     |
| Brittany Abner | USA | 369 |     | 402 | 981 |

**100kg/220.25lb**

|                 |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|
| Crystal Prather | USA | 303 |     | 364 | 805 |
| Brett Sexton    | USA |     | 154 |     |     |

**110kg/242.5lb**

None

**110.1+kg/242.6+lb**

|               |     |     |     |     |     |
|---------------|-----|-----|-----|-----|-----|
| Allison Busby | USA | 314 | 215 | 375 | 893 |
|---------------|-----|-----|-----|-----|-----|

**Female Submasters (35-39) – Raw Classic**

| <b><u>52kg/114.5lb</u></b> | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|----------------------------|---------------|------------|-----------|-----------|--------------|
| Tiffany Stone              | USA           | 204        | 99        | 248       | 551          |

**56kg/123.5lb**

|             |     |  |    |  |  |
|-------------|-----|--|----|--|--|
| Sally Lloyd | USA |  | 99 |  |  |
|-------------|-----|--|----|--|--|

**60kg/132.25lb**

|         |     |  |    |  |  |
|---------|-----|--|----|--|--|
| Cara Jo | USA |  | 99 |  |  |
|---------|-----|--|----|--|--|

**67.5kg/148.75lb**

|                |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|
| Krista Causey  | USA | 231 |     | 264 | 645 |
| Tosha Baughman | USA |     | 193 |     |     |

**75kg/165.25lb**

|               |     |     |     |     |      |
|---------------|-----|-----|-----|-----|------|
| Reyhan Roybal | USA | 358 | 237 | 408 | 1003 |
|---------------|-----|-----|-----|-----|------|

**82.5kg/181.75lb**

|                  |     |     |     |     |     |
|------------------|-----|-----|-----|-----|-----|
| Kelley Spohrer   | USA | 369 |     | 419 | 942 |
| Jessica Mitchell | USA |     | 220 |     |     |

**90kg/198.25lb**

|             |     |     |     |     |      |
|-------------|-----|-----|-----|-----|------|
| Linsey Eudy | USA | 353 | 286 | 424 | 1036 |
|-------------|-----|-----|-----|-----|------|

**100kg/220.25lb**

|                 |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|
| Crystal Prather | USA | 320 | 160 | 375 | 850 |
|-----------------|-----|-----|-----|-----|-----|

**110kg/242.5lb**

None

**110.1+kg/242.6+lb**

|                  |     |     |  |     |     |
|------------------|-----|-----|--|-----|-----|
| Kimberly Soracco | USA | 386 |  | 320 | 843 |
|------------------|-----|-----|--|-----|-----|

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Allison Busby                      USA                      215

**Female Masters**

**M1-40-44, M2-45-49, M3-50-54, M4-55-59, M5-60-64, M6-65-69, M7-70-74, M8-75-79**

| <b><u>48kg/105.8lb</u></b> |                | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|----------------------------|----------------|---------------|------------|-----------|-----------|--------------|
| M4                         | Nina Kiuru (R) | Finland       |            | 132       | 237       | 369          |
| M6                         | Pam Fisher (R) | USA           | 143        | 83        | 242       | 468          |

| <b><u>52kg/114.5lb</u></b> |                      |     |     |     |     |     |
|----------------------------|----------------------|-----|-----|-----|-----|-----|
| M1                         | Andria Allmond (R)   | USA | 154 | 94  | 220 | 468 |
| M2                         | Missy Taylor (R)     | USA | 259 |     | 275 | 694 |
| M2                         | Missy Taylor (RC)    | USA |     | 182 |     | 738 |
| M2                         | Tiffany Stone (RC)   | USA | 276 |     | 314 |     |
| M4                         | Sue Ann Hurlbert (R) | USA | 133 | 102 | 220 | 446 |
| M5                         | Sue Ann Hurlbert (R) | USA | 149 | 110 | 227 | 472 |
| M6                         | Pam Fisher (R)       | USA |     |     | 242 |     |
| M6                         | Sue Ann Hurlbert (R) | USA | 144 | 115 |     | 479 |
| M7                         | Linda Costello (R)   | USA | 154 | 83  | 220 | 457 |

| <b><u>Div.</u></b> | <b><u>56kg/123.5lb</u></b> | <b>Nation</b> | <b>SQT</b> | <b>BP (Raw)</b> | <b>DL</b> | <b>TOTAL</b> |
|--------------------|----------------------------|---------------|------------|-----------------|-----------|--------------|
| M1                 | Dawn Bogart (SP)           | USA           | 265        | 175             | 295       | 735          |
| M1                 | Tiffany Stone (RC)         | USA           | 275        | 143             | 331       | 749          |
| M1                 | Meredith McPherson (R)     | USA           | 154        |                 | 204       | 457          |
| M2                 | Kathy Wilson (RC)          | USA           | 180        |                 | 187       | 435          |
| M2                 | Missy Taylor (R)           | USA           | 314        | 209             | 331       | 854          |
| M3                 | Lisa Baker (R)             | USA           | 182        |                 | 237       | 512          |
| M3                 | Bridget Edwards (R)        | USA           |            | 110             |           |              |
| M4                 | Dawn Williams (R)          | USA           | 176        | 116             | 226       | 518          |
| M5                 | Jojo Brasseaux (MP)        | USA           |            | 160             |           |              |
| M5                 | Nina Snipes (R)            | USA           |            | 66              |           |              |

| <b><u>60kg/132.25lb</u></b> |                       |       |     |     |     |     |
|-----------------------------|-----------------------|-------|-----|-----|-----|-----|
| M1                          | Dawn Bogart (SP)      | USA   | 331 | 226 | 402 | 959 |
| M1                          | Dawn Bogart (R)       | USA   | 300 | 205 | 350 | 855 |
| M2                          | Bela Ghosh (R)        | India |     |     | 315 | 495 |
| M2                          | Missy Taylor (R)      | USA   |     | 231 |     |     |
| M2                          | Missy Taylor (SP)     | USA   |     | 314 |     |     |
| M2                          | Angie Terry (RC)      | USA   | 105 |     |     |     |
| M3                          | Priscilla Pardue (SP) | USA   | 331 | 165 | 265 | 761 |
| M3                          | Priscilla Pardue (RC) | USA   | 308 | 143 | 259 | 711 |
| M4                          | Jami Bozzuto (R)      | USA   |     | 185 | 325 | 510 |
| M4                          | JoJo Brasseaux (MP)   | USA   |     | 132 |     |     |
| M5                          | JoJo Brasseaux (MP)   | USA   |     | 193 |     |     |
| M5                          | Nina Snipes (R)       | USA   |     | 72  |     |     |
| M8                          | Cindy Davis (R)       | USA   |     | 72  | 160 |     |

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**67.5kg/148.75lb**

|    |                       |     |     |     |     |      |
|----|-----------------------|-----|-----|-----|-----|------|
| M6 | Maureen Clary (R)     | USA | 270 | 211 | 345 | 801  |
| M6 | Deborah Cohen (RC)    | USA | 209 |     | 286 | 628  |
| M5 | Maureen Clary (R)     | USA | 298 | 226 | 360 | 876  |
| M5 | Kathleen Munsey (RC)  | USA |     |     | 231 |      |
| M4 | Priscilla Pardue (SP) | USA | 303 | 176 | 281 | 755  |
| M4 | Yvette Bushard (R)    | USA | 253 | 143 | 292 | 689  |
| M3 | Priscilla Pardue (RC) | USA | 265 |     |     | 645  |
| M3 | Yvette Bushard (R)    | USA | 270 | 160 | 281 | 711  |
| M2 | Melissa Smith (MP)    | USA | 551 | 331 | 364 | 1245 |
| M2 | Aiysha Hayes (R)      | USA |     | 165 |     |      |
| M2 | Sharon Crook (R)      | USA | 248 |     |     |      |
| M2 | Gina Casper (R)       | USA |     |     | 303 | 689  |
| M1 | Alexandra Gray (RC)   | USA | 287 |     | 309 | 755  |
| M1 | Emily Lilly (R)       | USA | 359 | 231 | 369 | 955  |

**75kg/165.25lb**

|    |                            |             |     |     |     |      |
|----|----------------------------|-------------|-----|-----|-----|------|
| M1 | Emily Lilly (R)            | USA         | 380 | 242 |     | 1003 |
| M1 | Hilary Clark (R)           | USA         |     |     | 402 |      |
| M1 | Reyhan Roybal (RC)         | USA         | 402 |     | 430 | 1056 |
| M2 | Christina McDowell (SP)    | USA         |     | 276 |     |      |
| M2 | Emily Lilly (R)            | USA         | 347 | 209 | 347 | 904  |
| M3 | Candice Maness (RC)        | USA         | 243 |     | 254 | 678  |
| M3 | Tammy Crowley-Deloatch (R) | USA         |     | 187 |     |      |
| M3 | Kelly Padget (R)           | USA         | 259 |     | 325 | 716  |
| M3 | Hadewij Slootweg (R)       | Netherlands |     |     | 308 |      |
| M4 | Candice Maness (SP)        | USA         | 364 | 270 | 281 | 909  |
| M4 | Candice Maness (RC)        | USA         | 308 | 193 | 298 | 799  |
| M4 | Paige Hitt (R)             | USA         | 259 |     |     | 689  |
| M4 | Dawn O'Donnell (R)         | USA         |     |     | 314 |      |
| M5 | Cindy Meeker (SP)          | USA         |     | 209 | 284 |      |
| M5 | Crystal Rhoades (R)        | USA         | 132 | 94  |     | 391  |
| M5 | Pam Haverland (R)          | USA         |     | 94  |     |      |
| M5 | Cindy Meeker (R)           | USA         |     |     | 284 |      |
| M5 | Crystal Rhoades (SP)       | USA         | 127 |     |     | 369  |
| M6 | Barbara Haiden (RC)        | USA         |     |     | 298 | 782  |
| M6 | Maureen Clary (R)          | USA         |     | 231 | 345 |      |
| M6 | Maureen Clary (RC)         | USA         | 325 |     |     |      |

**82.5kg/181.75lb**

|    |                        |     |     |     |     |      |
|----|------------------------|-----|-----|-----|-----|------|
| M1 | Brandy Gullledge (R)   | USA | 303 | 187 | 336 | 827  |
| M1 | Christina Lauffer (SP) | USA |     | 253 | 309 |      |
| M2 | Shannon Nash (RC)      | USA | 380 | 380 | 435 | 1152 |
| M2 | Shannon Nash (R)       | USA |     | 380 |     | 832  |
| M2 | Emily Lilly (R)        | USA | 402 |     | 386 | 1025 |

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|    |                          |       |     |     |     |      |
|----|--------------------------|-------|-----|-----|-----|------|
| M2 | Jennifer Wagner (MP)     | USA   |     | 165 | 303 |      |
| M3 | Sujata Bhakat (R)        | India |     | 143 | 292 | 700  |
| M3 | Zanthia Hastings (R)     | USA   | 275 |     |     |      |
| M3 | Gi Gi Eller (MP)         | USA   |     | 441 |     |      |
| M4 | Cherie Goldsmith (R)     | USA   |     | 182 |     |      |
| M4 | Cindy Meeker (RC)        | USA   | 303 |     | 336 | 766  |
| M4 | Dawn O'Donnell (R)       | USA   | 231 |     | 331 | 694  |
| M5 | Gloria Knight-McNeil (R) | USA   |     | 198 |     |      |
| M5 | Cindy Meeker (SP)        | USA   |     | 215 |     |      |
| M5 | Jodie Reynolds (MP)      | USA   | 397 | 154 | 314 | 865  |
| M6 | Gloria Knight-McNeil (R) | USA   |     | 187 | 270 | 457  |
| M7 | Barbara Haiden (RC)      | USA   | 386 | 287 | 386 | 1058 |

**90kg/198.25lb**

|    |                        |     |     |     |     |      |
|----|------------------------|-----|-----|-----|-----|------|
| M1 | Anika Harper (SP)      | USA |     | 253 | 336 |      |
| M1 | Kendra Archer (MP)     | USA | 430 | 282 | 419 | 1130 |
| M1 | Shannon Nash (R)       | USA |     | 365 |     |      |
| M1 | Allison White (R)      | USA | 391 |     | 468 |      |
| M1 | Heather Streible (RC)  | USA | 292 |     | 292 | 738  |
| M1 | Rebecca Caudill (R)    | USA |     |     |     | 953  |
| M2 | Shelley Yates (MP)     | USA | 672 | 452 | 457 | 1538 |
| M2 | Joheliah Wilson (R)    | USA | 259 |     | 314 | 750  |
| M2 | Mandy Self-Sparrow (R) | USA | 259 |     |     |      |
| M2 | Shannon Nash (RC)      | USA |     | 380 | 364 | 992  |
| M2 | Heather Streible (RC)  | USA | 292 |     |     |      |
| M3 | Traci Baggett (R)      | USA | 391 | 215 | 475 | 1075 |
| M4 | Cathy Cranford (R)     | USA | 190 | 99  | 248 | 500  |
| M5 | Jodie Reynolds (MP)    | USA | 441 | 226 | 353 | 1019 |

**100kg/220.25lb**

|    |                       | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
|----|-----------------------|---------------|------------|-----------|-----------|--------------|
| M1 | Anika Harper (SP)     | USA           |            | 270       | 402       |              |
| M1 | Anika Harper (RC)     | USA           | 424        |           | 342       | 909          |
| M1 | Christy Owens (R)     | USA           | 220        | 149       | 237       | 590          |
| M2 | Carla Akers (R)       | USA           | 330        | 204       | 330       | 865          |
| M2 | Heather Streible (RC) | USA           | 275        |           | 355       | 815          |
| M2 | Shelley Yates (MP)    | USA           | 650        | 419       | 452       | 1449         |
| M3 | Janet Martin (R)      | USA           |            | 143       | 314       |              |
| M4 | Janet Martin (R)      | USA           |            | 135       | 335       |              |

**110kg/242.5lb**

|    |                     |     |     |     |     |     |
|----|---------------------|-----|-----|-----|-----|-----|
| M1 | Katy Silvers (RC)   | USA | 408 | 193 | 397 | 987 |
| M1 | Kimberly Dorton (R) | USA | 325 |     | 402 | 882 |
| M1 | Shannon Magee (R)   | USA |     | 204 |     |     |
| M3 | Ylander Ross (RC)   | USA | 340 | 215 | 400 | 955 |
| M3 | Janet Martin (R)    | USA |     | 154 | 353 |     |



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|    |                        |     |     |     |     |     |
|----|------------------------|-----|-----|-----|-----|-----|
| T1 | Haleigh Batchelor (RC) | USA |     | 143 |     | 651 |
| T1 | Beverly Lemay (RC)     | USA | 265 |     | 265 |     |
| T1 | Macy Lantz (R)         | USA | 231 |     | 243 | 573 |
| T! | Mazie Eudy (R)         | USA |     |     | 243 |     |

**75kg/165.25lb**

|    |                        |     |     |     |     |     |
|----|------------------------|-----|-----|-----|-----|-----|
| T3 | Katarina Giancroce (R) | USA | 270 |     | 292 | 689 |
| T3 | Sarah Oesch (RC)       | USA | 275 | 176 | 334 | 772 |
| T2 | Adalyn Schroeder (SP)  | USA | 154 | 77  | 193 | 424 |
| T2 | Sarah Oesch (RC)       | USA | 253 | 151 | 333 | 737 |
| T2 | Alesia Sylverain (R)   | USA |     |     | 331 |     |
| T2 | Cadence Caudill (R)    | USA | 275 |     |     | 667 |
| T1 | Tyler Glover (R)       | USA | 237 | 132 |     | 683 |
| T1 | Olivia Dubrow (R)      | USA |     |     | 320 |     |
| Y  | Ryleigh Kennedy (R)    | USA |     | 110 | 176 |     |

**82.5kg/181.75lb**

|    |                       |     |     |     |     |     |
|----|-----------------------|-----|-----|-----|-----|-----|
| T3 | Victoria Renfroe (R)  | USA |     | 150 |     |     |
| T3 | Shelby Sprinkle (R)   | USA | 281 |     | 402 | 827 |
| T3 | Sarah Oesch (RC)      | USA | 286 | 182 | 353 | 821 |
| T2 | Adelyn Schroeder (SP) | USA | 220 | 105 | 226 | 551 |
| T2 | Sarah Oesch (RC)      | USA | 237 |     | 326 | 712 |
| T2 | Cadence Caudill (R)   | USA | 286 |     | 297 | 694 |
| T2 | Cecilia Luzarrage (R) | USA |     | 171 |     |     |
| T1 | Cecilia Luzarraga (R) | USA | 309 | 154 | 336 | 799 |
| Y  | Neveah McIntosh (R)   | USA | 138 | 94  | 200 | 432 |

**90kg/198.25lb**

|    |                     |     |     |     |     |     |
|----|---------------------|-----|-----|-----|-----|-----|
| T3 | Allison Sanders (R) | USA | 253 | 209 | 375 | 838 |
| T2 | Allison Sanders (R) | USA | 248 | 198 | 314 | 761 |
| T1 | Karson Tolle (R)    | USA | 242 |     | 308 | 671 |
| T1 | Janiah Hines (R)    | USA |     | 132 |     |     |
| Y  | Neveah McIntosh (R) | USA | 292 | 116 | 231 | 639 |

**100kg/220.4lb**

|    |                          |     |     |     |     |     |
|----|--------------------------|-----|-----|-----|-----|-----|
| T2 | Alexandria Jefferson (R) | USA | 331 | 215 | 353 | 887 |
| T1 | Karson Tolle (R)         | USA | 237 | 105 | 275 | 617 |
| Y  | Neveah McIntosh (RC)     | USA | 325 | 204 | 275 | 805 |

**110kg/242.5lb**

|    |                      |     |     |     |     |      |
|----|----------------------|-----|-----|-----|-----|------|
| T1 | Abrie Meadows (R)    | USA | 325 | 154 | 309 | 771  |
| T3 | Meredith Arnold (RC) | USA | 242 | 149 | 309 | 700  |
| T3 | Mekenzie Grover (R)  | USA | 270 |     |     |      |
| T1 | Nevaeh McIntosh (RC) | USA | 391 | 248 | 364 | 1003 |
| T1 | Nevaeh McIntosh (SP) | USA |     | 270 |     |      |

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**110.1+kg/242.6+lb**

|    |                      |     |     |     |     |     |
|----|----------------------|-----|-----|-----|-----|-----|
| T1 | Nevaeh McIntosh (RC) | USA | 375 | 237 | 292 | 904 |
|----|----------------------|-----|-----|-----|-----|-----|

**Female M/P/F**

**48kg/105.75**

|                      |               |            |           |           |              |
|----------------------|---------------|------------|-----------|-----------|--------------|
|                      | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
| Stephanie Washington | USA           | 193        | 110       | 226       | 529          |

**56kg/123.5lb**

|    |                  |     |     |     |     |     |
|----|------------------|-----|-----|-----|-----|-----|
| RC | Amanda Isley     | USA | 242 | 132 | 303 | 675 |
| R  | Tiffany Faulkner | USA |     | 155 | 305 |     |

**60kg/132.25lb**

|    |                |       |  |     |     |  |
|----|----------------|-------|--|-----|-----|--|
| R  | Bela Ghosh     | India |  | 180 | 315 |  |
| MP | JoJo Brasseaux | USA   |  | 193 |     |  |

**67.5kg/148.75lb**

|   |             |     |     |     |     |     |
|---|-------------|-----|-----|-----|-----|-----|
| R | Emily Lilly | USA | 336 | 220 | 353 | 909 |
|---|-------------|-----|-----|-----|-----|-----|

**75kg/165.25lb**

|   |               |     |     |     |     |     |
|---|---------------|-----|-----|-----|-----|-----|
| R | LaDetra Cole  | USA |     |     | 380 |     |
| R | Emily Lilly   | USA | 347 | 209 |     | 904 |
| R | Mikhayla Dunn | USA | 275 |     |     |     |

**82.5kg/181.75lb**

|    |                   |     |     |     |     |      |
|----|-------------------|-----|-----|-----|-----|------|
| R  | Emily Lilly       | USA | 402 | 237 |     | 1025 |
| R  | Gabrielle Robbins | USA |     |     | 397 |      |
| RC | Emily Merritt     | USA | 386 |     | 391 | 937  |

**90kg/198.25lb**

|   |               |     |     |  |     |  |
|---|---------------|-----|-----|--|-----|--|
| R | Allison White | USA | 391 |  | 468 |  |
|---|---------------|-----|-----|--|-----|--|

**90.01+kg/198.26+lb**

|    |               |     |     |     |     |     |
|----|---------------|-----|-----|-----|-----|-----|
| RC | Tarra Farnham | USA | 308 | 138 | 336 | 782 |
| SP | Anika Harper  | USA |     | 264 | 402 |     |

**Paralifter**

|                     |               |            |           |           |              |
|---------------------|---------------|------------|-----------|-----------|--------------|
|                     | <b>Nation</b> | <b>SQT</b> | <b>BP</b> | <b>DL</b> | <b>TOTAL</b> |
| Bella-Grace Meadows | USA           |            | 83        |           |              |

**Female Standing Curl**

World Records Curls in Yellow

| <b><u>Lifter</u></b> | <b><u>Division</u></b> | <b><u>Age</u></b> | <b><u>BW</u></b> | <b><u>Wgt Cl</u></b> | <b><u>Best Curl</u></b> |
|----------------------|------------------------|-------------------|------------------|----------------------|-------------------------|
| Elena Sannicandro    | Teen-1                 | 14                | 118.6            | 123                  | 37.5                    |
| Miranda              | Open                   | 29                | 122              | 123                  | 60                      |
| Nina Snipes          | Masters-5              | 62                | 122.6            | 123                  | 37.5                    |
| Nina Snipes          | Open                   | 62                | 122.6            | 123                  | 37.5                    |
| Elena Sannicandro    | Teen-1                 | 15                | 124.4            | 132                  | 52.5                    |

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|                      |            |     |       |     |       |
|----------------------|------------|-----|-------|-----|-------|
| Antia Sannicandro    | Teen-2     | 17  | 126.2 | 132 | 37.5  |
| Nina Snipes          | Masters-5  | 61  | 125   | 132 | 32.5  |
| JoJo Brasseaux       | Masters-4  | 59  | 127.2 | 132 | 60    |
| JoJo Brasseaux       | M/P/F      | 59  | 129.6 | 132 | 60    |
| JoJo Brasseaux       | Open       | 59  | 129.6 | 132 | 60    |
| Shannon Mitchell     | Open       | 28  | 132   | 132 | 45    |
| Sophia Drury         | Teen-3     | 18  | 128   | 132 | 40    |
| Angelina Bennett     | Open       | 31  | 147.4 | 148 | 100   |
| Julie Johnson        | Open       | n/a | 142   | 148 | 80    |
| MacKenzie Rideout    | Open       | 31  | 147.3 | 148 | 65    |
| Shannon Mitchell     | Open       | 29  | 137.8 | 148 | 50    |
| Isabella Tully       | Open       | 25  | 136.1 | 148 | 40    |
| Aiysha Hayes         | Masters-2  | 46  | 137   | 148 | 50    |
| Lily Springfield     | Teen-3     | 19  | 141.3 | 148 | 25    |
| Haleigh Batchelor    | Teen-1     | 13  | 147.6 | 148 | 71.5  |
| Mazie Eudy           | Teen-1     | 15  | 143.4 | 148 | 60    |
| Katy Gaglione        | Masters-1  | 41  | 150.8 | 165 | 95    |
| Maureen Clary        | Masters-5  | 62  | 156.9 | 165 | 88    |
| Ashley Stacharowski  | Open       | 32  | 162.5 | 165 | 77    |
| Crystal Rhoades      | Masters-5  | 60  | 162.8 | 165 | 40    |
| Nilda Bushee         | Novice     | 29  | 160.3 | 165 | 60    |
| Maureen Clary        | Masters-6  | 68  | 158.5 | 165 | 65    |
| Gabriella Drury      | Teen-3     | 19  | 175   | 181 | 55    |
| Sarah Oesch          | Juniors    | 21  | 180.3 | 181 | 80    |
| Heather Streible     | Masters-2  | 45  | 173.8 | 181 | 91.5  |
| Ciearra Jackson      | Open       | 32  | 179.8 | 181 | 75    |
| Pamela Buskirk       | Submasters | 39  | 178.1 | 181 | 66    |
| Nelda Newton         | Masters-4  | 59  | 170.2 | 181 | 60    |
| Gloria Knight-McNeil | Masters-5  | 63  | 179.5 | 181 | 95    |
| Gloria Knight-McNeil | Masters-6  | 65  | 180.6 | 181 | 85    |
| Gloria Knight-McNeil | Open       | 65  | 180.6 | 181 | 85    |
| Linsey Eudy          | Submasters | 39  | 182.8 | 198 | 80    |
| Brittany Abner       | Submasters | 37  | 189.4 | 198 | 70    |
| Mandy Self-Sparrow   | Masters-2  | 48  | 194.7 | 198 | 60    |
| Shelly Moore         | Masters-4  | 58  | 191.8 | 198 | 65    |
| Mona Espinosa        | Masters-1  | 40  | 187.2 | 198 | 85    |
| Janet Martin         | Masters-3  | 54  | 215.8 | 220 | 85    |
| Janet Martin         | Masters-4  | 55  | 215.2 | 220 | 80    |
| Olina Ortega         | Open       | 28  | 225.8 | 242 | 70    |
| Katy Silvers         | Masters-1  | 44  | 246.5 | 275 | 45    |
| Janet Martin         | Masters-3  | 53  | 250.9 | 275 | 104.5 |
| Alex Wilson-McKenzie | Open       | 29  | 294.8 | 308 | 115.7 |

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**Power Lift Challenge (Rep Contest)**

**75kg/165.3lb**

M6 Maureen Clary

| <b>Lift</b> | <b>Nation</b> | <b>Wgt</b> | <b>Reps</b> |
|-------------|---------------|------------|-------------|
| Bench       | USA           | 80         | 28          |
| Deadlift    | USA           | 140        | 10          |
| Strict Curl | USA           | 35         | 30          |
| Cheat Curl  | USA           | 65         | 20          |