

**365 Strong World Powerlifting Federation**  
**CURRENT OVERALL FEMALE DIVISIONAL TOP TEN WORLD RANKINGS**

World Leaders in Yellow

RAW: Declared RAW (R) if lifter only wears knee sleeves or nothing  
 RAW CLASSIC: Declared RAW CLASSIC (RC) once lifter wears knee wraps

EQUIPPEE: Competitors are Equipped (SP) once they use Single-Ply lifting attire  
 GEARED: Competitors are Unlimited Gearing (MP) once they use Multi-Ply lifting attire

DATE: 9/26/2024

**FEMALE RAW OVERALL LEADERS**

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS					
RAW (Knee Sleeves) SQUAT						RAW BENCH PRESS						RAW (Knee Sleeves) SQUAT						RAW (Knee Sleeves) DEADLIFT					
FEMALE - OVERALL						FEMALE - OVERALL						FEMALE - OVERALL						FEMALE - OVERALL					
Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs	13	86	132	<b>Alessandra Reis</b>	1/21/2023	44kg/97lbs	15	97	83	<b>Bella-Grace Meadows</b>	4/1/2023	44kg/97lbs	13	86	204	<b>Alessandra Reis</b>	1/21/2023	44kg/97lbs	13	86	386	<b>Alessandra Reis</b>	1/21/2023
							13	86	71	Alessandra Reis	1/21/2023												
48kg/105.7lbs	12	105.2	121	<b>Carmen Trivette</b>	10/16/2021	48kg/105.7lbs	55	98	132	<b>Nina Kiuru</b>	7/30/2022	48kg/105.7lbs	55	98	237	<b>Nina Kiuru</b>	7/30/2022	48kg/105.7lbs	55	98	369	<b>Nina Kiuru</b>	7/30/2022
							33	104.3	110	Stephanie Washington	7/10/2021		12	105.2	143	Carmen Trivette	10/16/2021		12	105.2	347	Carmen Trivette	10/16/2021
							12	105.2	83	Carmen Trivette	10/16/2021												
52kg/114.5lbs	46	112.3	259	<b>Missy Taylor</b>	4/24/2021	52kg/114.5lbs	46	111.8	182	<b>Missy Taylor</b>	4/23/2022	52kg/114.5lbs	24	114.2	303	<b>Amber Malchow</b>	10/28/2017	52kg/114.5lbs	46	112.3	694	<b>Missy Taylor</b>	4/24/2021
	22	111.6	250	Elena Lopez	6/2/2018		24	114.2	132	Amber Malchow	10/28/2017		46	112.3	275	Missy Taylor	4/24/2021		24	114.2	650	Amber Malchow	10/28/2017
	24	114.2	215	Amber Malchow	10/28/2017		30	111.2	127	Aubrey Cornwell	8/12/2017		65	107.4	242	Pam Fisher	6/2/2016		22	111.6	575	Elena Lopez	6/2/2018
	20	108	165	Maggie Parsons	11/19/2016		34	114	121	Lindsey Seamons	6/29/2019		22	111.6	240	Elena Lopez	6/2/2016		19	112.4	485	McKenna Wright	6/17/2023
	19	112.4	165	McKenna Wright	6/17/2023		27	111.5	116	Nykhisa Garland	10/17/2020		19	112.4	237	McKenna Wright	6/17/2023		13	111.3	474	Carmen Trivette	10/22/2022
	72	106.3	154	Linda Costello	4/23/2022		63	111.1	108	Sue Ann Hurbert	2/10/2024		14	114	226	Carmen Trivette	5/6/2023		63	111.1	472	Sue Ann Hurbert	2/10/2024
	13	111.3	154	Carmen Trivette	10/22/2022		13	111.3	99	Carmen Trivette	10/22/2022		62	110.7	224	Sue Ann Hurbert	7/22/2023		20	108	469	Maggie Parsons	11/19/2016
	62	108.2	149	Sue Ann Hurbert	10/21/2023		37	111.3	99	Tiffany Bellamy	4/22/2021		72	106.3	420	Linda Costello	4/23/2022		65	107.4	463	Pam Fisher	5/18/2024
	65	107.4	143	Pam Fisher	5/18/2024		13	112.8	99	McKayla Van Meter	2/20/2021		20	108	220	Maggie Parsons	4/22/2017		72	106.3	457	Linda Costello	4/23/2022
	13	112.8	116	Makayla Van Meter	2/20/2021		21	108.3	94	Racquel Wilson	10/16/2021		13	112.8	220	Makayla Van Meter	2/20/2021		13	112.8	435	Makayla Van Meter	2/20/2021
56kg/123.5lbs	48	122.4	314	<b>Missy Taylor</b>	5/6/2023	56kg/123.5lbs	48	122.4	209	<b>Missy Taylor</b>	5/6/2023	56kg/123.5lbs	48	122.4	331	<b>Missy Taylor</b>	5/6/2023	56kg/123.5lbs	48	122.4	854	<b>Missy Taylor</b>	5/6/2023
	23	123	281	Isabella Sarks	12/4/2021		42	121.8	175	Dawn Bogart	4/9/2016		23	122.8	320	Isabella Sarks	4/23/2022		19	123.4	755	Becca Dison	3/10/2018
	19	123.4	275	Becca Dison	3/10/2018		19	123.4	160	Becca Dison	1/21/2017		19	123.4	320	Becca Dison	3/10/2018		23	122.8	705	Isabella Sarks	4/23/2022
	29	123.5	248	Krystal Scott	8/12/2017		32	122.8	155	Tiffany Faulkner	1/21/2017		31	123	314	Meredith Ward	3/9/2019		29	123.5	683	Krystal Scott	8/12/2017
	19	118.4	242	Olivia Pasin	11/19/2022		29	123	154	Krystal Scott	10/29/2017		32	122.8	305	Tiffany Faulkner	1/21/2017		19	118.4	672	Olivia Pasin	11/19/2022
	20	120.6	220	Emily Gaiser	7/10/2021		19	118.4	149	Olivia Pasin	11/19/2022		20	120.6	286	Emily Gaiser	7/10/2021		31	123	661	Meredith Ward	3/9/2019
	31	123	209	Meredith Ward	3/9/2019		44	119.4	143	Tiffany Stone	7/27/2024		19	118.4	281	Olivia Pasin	11/19/2022		20	120.6	639	Emily Gaiser	7/10/2021
	28	122.8	204	Shantell Hawkins	9/7/2019		31	120.4	138	Meredith Ward	4/20/2018		29	123.5	281	Krystal Scott	8/12/2017		23	120.2	573	Asia Hannans	9/7/2024
	31	122.8	187	Heidi Schuck	6/19/2021		20	120.6	132	Emily Gaiser	7/10/2021		23	120.2	264	Asia Hannans	9/7/2024		31	122.8	573	Heidi Schuck	6/19/2021
	54	119.6	182	Lisa Baker	12/19/2020		29	122	132	Amanda Isley	8/12/2017		28	122.8	259	Shantell Hawkins	9/7/2019		28	122.8	567	Shantell Hawkins	9/7/2019
	23	120.2	182	Asia Hannans	9/7/2024		23	120.2	127	Asia Hannans	9/7/2024		31	122.8	253	Heidi Schuck	6/19/2021		36	123	523	Sally Lloyd	6/10/2017
60kg/132.2lbs	25	132	319	<b>Kristin Kitalica</b>	7/10/2021	60kg/132.2lbs	28	132.2	242	<b>Courtney Norris</b>	8/12/2017	60kg/132.2lbs	26	126	369	<b>Barbara Morales</b>	12/9/2023	60kg/132.2lbs	42	130	855	<b>Dawn Bogart</b>	7/9/2016
	42	130	300	Dawn Bogart	7/9/2016		49	129.4	231	Missy Taylor	7/27/2024		42	130	350	Dawn Bogart	7/9/2016		25	132	832	Kristin Kitalica	7/10/2021
	25	125	285	Caitlin Cardone	4/9/2016		29	130.6	231	Brittany Bowles	10/27/2018		28	129.4	347	Leslie Kutner	4/20/2018		28	129.4	794	Leslie Kutner	4/20/2018
	28	129.4	281	Leslie Kutner	4/20/2018		42	129	210	Dawn Bogart	10/29/2016		25	132	342	Kristin Kitalica	7/10/2021		26	126	755	Barbara Morales	12/9/2023
	27	131.6	280	Samantha Sawyer	1/21/2017		57	131.3	185	Jami Bozzuto	10/2/2022		26	128.4	340	Whitney Myers	6/2/2018		25	125	745	Caitlin Cardone	4/9/2016
	21	127.9	275	Alexis Rutledge	4/23/2022		47	127.2	180	Bela Ghosh	6/11/2016		22	127.4	325	Emily Gaiser	9/17/2022		22	127.4	727	Emily Gaiser	9/17/2022
	33	132.2	264	Amy Pierce	8/12/2017		25	132	171	Kristin Kitalica	7/10/2021		27	128	325	Nadia Zebouni	7/9/2016		33	132.2	727	Amy Pierce	8/12/2017
	22	127.4	259	Emily Gaiser	9/17/2022		25	125.6	165	Caitlin Cardone	7/9/2016		57	131.3	325	Jami Bozzuto	10/2/2022		28	128.8	722	April Rainey	2/26/2023
	26	126	248	Barbara Morales	12/9/2023		27	129	165	Leslie Kutner	10/28/2017		21	127.9	320	Alexis Rutledge	4/23/2022		27	131.6	700	Samantha Sawyer	1/21/2017
	28	128.8	248	April Rainey	2/26/2023		28	128.8	154	April Rainey	2/26/2023		28	128.8	320	April Rainey	2/26/2023		19	132	683	Claire Rosser	8/12/2017
67.5kg/148.7lbs	29	141.8	386	<b>Morgan Long</b>	5/6/2023	67.5kg/148.7lbs	29	140.4	242	<b>Morgan Long</b>	10/21/2023	67.5kg/148.7lbs	28	141.8	435	<b>Morgan Long</b>	5/6/2023	67.5kg/148.7lbs	29	141.8	1064	<b>Morgan Long</b>	5/6/2023
	43	147.5	359	Emily Lilly	5/6/2023		43	147.1	231	Emily Lilly	3/4/2023		29	146.8	402	Alexandrea McClain	8/24/2024		43	147.5	955	Emily Lilly	5/6/2023
	20	138	331	Hanna Young	4/20/2018		28	145.2	226	Brittany Shackelford	10/28/2017		29	144.4	380	Leslie Kutner	1/19/2019		29	146.8	898	Alexandrea McClain	8/24/2024
	39	145.3	325	Tosha Baughman	3/19/2023		61	148.6	226	Maureen Clary	4/22/2017		43	147.5	369	Emily Lilly	5/6/2023		39	145.3	876	Tosha Baughman	3/19/2023
	29	146.8	314	Alexandrea McClain	8/24/2024		27	144.2	200	Courtney Norris	7/9/2016		20	138	364	Hanna Young	4/20/2018		61	148.6	876	Maureen Clary	4/22/2017
	40	144.4	303	Nicole Qualis	3/5/2022		39	145.3	193	Tosha Baughman	3/19/2023		60	148.4	360	Maureen Clary	10/29/2016		20	138	865	Hanna Young	4/20/2018
	29	144.4	303	Leslie Kutner	11/9/2019		29	144.4	182	Leslie Kutner	11/9/2019		39	145.3	358	Tosha Baughman	3/19/2023		29	144.4	865	Leslie Kutner	11/9/2019
	34	145	298	Carmen Florian	5/11/2019		29	146.8	182	Alexandrea McClain	8/24/2024		30	143.5	347	Maria Ackley	11/11/2023		30	143.5	782	Maria Ackley	11/11/2023
	61	148.6	298	Maureen Clary	4/22/2017		21	138.3	178	Anya Kalnins	9/18/2021		36	139.4	336	LaDelta Cole	10/29/2022		40	144.4	766	Nicole Qualis	3/5/2022
	41	143.3	292	Mona Hope	1/20/2024		30	143.5	176	Maria Ackley	11/11/2023		26	142.6	336	Chelsea Mullins	3/5/2022		31	147.3	766	MacKenzie Rideout	5/4/2024
75kg/165.2lbs	44	159	380	<b>Emily Lilly</b>	10/21/2023	75kg/165.2lbs	30	153	253	<b>Morgan Long</b>	6/29/2024	75kg/165.2lbs	34	163.4	424	<b>Kendra Danzer</b>	4/20/2018	75kg/165.2lbs	44	159	1003	<b>Emily Lilly</b>	10/21/2023
	30	153	347	Morgan Long	6/29/2024		44	159	242	Emily Lilly	10/21/2023		30	153	402	Morgan Long	6/29/2024		30	153	997	Morgan Long	6/29/2024
	23	164.6	336	Candace Locklear	3/10/2018		42	165	2														



	22	163.1	253	Shennell Smith	9/21/2024		20	158	127	Carley Bradshaw	11/19/2016		20	158	292	Carley Bradshaw	11/19/2016		20	159.5	683	Ivanna Guzman	4/22/2017
	20	159.5	248	Ivanna Guzman	4/22/2017		23	153.2	121	Courtney Fox	10/21/2023		22	163.1	270	Shennell Smith	9/21/2024		22	163.1	634	Shennell Smith	9/21/2024
							20	159.5	110	Ivanna Guzman	4/22/2017												
<b>82.5kg/181.7lbs</b>						<b>82.5kg/181.7lbs</b>						<b>82.5kg/181.7lbs</b>						<b>82.5kg/181.7lbs</b>					
	21	180.3	303	Sarah Oesch	4/28/2024		21	180.3	193	Sarah Oesch	4/28/2024		21	180.3	347	Sarah Oesch	4/28/2024		21	180.3	843	Sarah Oesch	4/28/2024
	20	168.6	276	Brianna Ormezzano	7/27/2024		20	168.6	171	Brianna Ormezzano	7/27/2024		23	177	303	Kaltee Heller	7/10/2021		20	168.6	738	Brianna Ormezzano	7/27/2024
	21	180.8	276	Christina Walton	7/22/2023		23	177	154	Kaltee Heller	7/10/2021		20	168.6	292	Brianna Ormezzano	7/27/2024		23	177	716	Kaltee Heller	7/10/2021
	21	173.1	259	Katie Roseman	12/19/2020		20	179.4	138	Rebekah Kemper	11/21/2020		21	173.1	292	Katie Roseman	12/19/2020		21	180.8	683	Christina Walton	7/22/2023
	23	177	259	Kaltee Heller	7/10/2021		22	174.8	132	Michelle Wood	10/28/2017		21	180.8	292	Christina Walton	7/22/2023		21	173.1	672	Katie Roseman	12/19/2020
	23	170	242	Savannah Moon	1/22/2022		21	173.1	121	Katie Roseman	12/19/2020		23	170	264	Savannah Moon	1/22/2022		23	170	617	Savannah Moon	1/22/2022
	22	174.8	193	Michelle Wood	10/28/2017		23	170	116	Karina Salmeron	11/21/2020		22	174.8	226	Michelle Wood	10/28/2017		22	174.8	551	Michelle Wood	10/28/2017
							21	180.8	116	Christina Walton	7/22/2023												
							23	170	110	Savannah Moon	1/22/2022												
<b>90kg/198.2lbs</b>						<b>90kg/198.2lbs</b>						<b>90kg/198.2lbs</b>						<b>90kg/198.2lbs</b>					
	23	195.1	358	Isabella Hefner	7/22/2023		21	182.2	190	Sarah Oesch	3/1/2024		23	195.1	391	Isabella Hefner	7/22/2023		23	195.1	920	Isabella Hefner	7/22/2023
	22	184.1	331	Emely Barahona	6/5/2021		22	184.1	187	Emely Barahona	6/5/2021		22	184.1	331	Emely Barahona	6/5/2021		22	184.1	849	Emely Barahona	6/5/2021
	22	195.6	225	Kelly Benson	10/29/2016		23	195.1	171	Isabella Hefner	7/22/2023		21	194.2	320	Mariah Flint	4/22/2017		22	195.6	660	Kelly Benson	10/29/2016
	21	194.2	198	Mariah Flint	4/22/2017		22	195.6	170	Kelly Benson	10/29/2016		22	195.6	265	Kelly Benson	10/29/2016		21	194.2	628	Mariah Flint	4/22/2017
							21	194.2	110	Mariah Flint	4/22/2017												
<b>100kg/220.25lbs</b>						<b>100kg/220.25lbs</b>						<b>100kg/220.25lbs</b>						<b>100kg/220.25lbs</b>					
<b>110kg/242.5lbs</b>						<b>110kg/242.5lbs</b>						<b>110kg/242.5lbs</b>						<b>110kg/242.5lbs</b>					
	23	224	402	Maddy Webster	10/22/2022		23	224	220	Maddy Webster	10/22/2022		23	224	441	Maddy Webster	10/22/2022		23	224	1064	Maddy Webster	10/22/2022
<b>110+kg/242.6+lbs</b>						<b>110+kg/242.6+lbs</b>						<b>110+kg/242.6+lbs</b>						<b>110+kg/242.6+lbs</b>					
	23	263	331	Shauntre Lilley	12/4/2021		23	263	193	Shauntre Lilley	12/4/2021		22	330.2	325	Lashonda Zander	6/2/2018		23	263	843	Shauntre Lilley	12/4/2021
	22	330.2	280	Lashonda Zander	6/2/2018		22	330.2	175	Lashonda Zander	6/2/2018		21	194.2	320	Mariah Flint	4/22/2017		22	330.2	780	Lashonda Zander	6/2/2018
	23	254.9	275	Nathalie Vargas	12/18/2021		22	282.2	160	Capri Cameron	8/12/2017		23	254.9	292	Nathalie Vargas	12/18/2021		23	254.9	716	Nathalie Vargas	12/18/2021
	22	282.2	209	Capri Cameron	8/12/2017		23	254.9	149	Nathalie Vargas	12/18/2021		22	282.2	259	Capri Cameron	8/12/2017		22	282.2	628	Capri Cameron	8/12/2017

### FEMALE RAW SUB-MASTERS (35-39)

365 STRONG WORLD RANKINGS					
SQUAT - RAW					
FEMALE - SUB-MASTERS (35-39)					
<b>56kg/123.5lbs</b>					
	36	123	176	Sally Lloyd	6/10/2017
	35	123	143	Alisha Zornes	3/21/2020
<b>60kg/132.2lbs</b>					
	36	129.4	204	Cara Jo	10/21/2023
<b>67.5kg/148.7lbs</b>					
	39	145.3	325	Tosha Baughman	3/19/2023
	36	147.9	265	Jessica Loden	9/7/2024
	39	144.8	264	Amy Daugherty	5/22/2021
	35	148.2	226	Andrea Fox	3/10/2018
	35	148	225	Desiree Savarese	1/21/2017
	36	139.4	215	LaDetra Cole	10/29/2022
	38	141.4	215	Keliana Hagerty	4/22/2017
	37	148.2	215	Vanessa Westbrook	12/17/2022
	37	146.8	215	Kelly Brant	9/7/2019
	38	146	193	Angie Peck	6/10/2017
<b>75kg/165.2lbs</b>					
	35	157	270	Jessica Loden	2/10/2024
	37	162.3	264	Lauren White	11/19/2022
	35	154.6	253	LaDetra Cole	3/5/2022
	39	165	143	Amber Jenkins	6/9/2018
<b>82.5kg/181.7lbs</b>					
	38	175	303	Lay Kaahu	8/12/2017
	35	180.4	286	Charlee Marshall	7/27/2024
	39	170	264	Ivana Smith	7/10/2021
	37	173.1	231	Vanessa Westbrook	6/25/2022
	39	178	220	Pamela Buskirk	3/5/2022
	38	168	204	Katie McMinn	1/22/2022
	36	174.6	149	Lydia Braspenning	6/9/2024
<b>90kg/198.2lbs</b>					
	35	197.5	209	Valerie Ryan	12/17/2022
	36	194.7	204	Krystal Pietrolonte	9/21/2024
<b>100kg/220.25lbs</b>					
	36	216.2	320	Crystal Prather	3/1/2024
<b>110kg/242.5lbs</b>					
	37	236.5	226	Naimah Abdullah	6/5/2021

365 STRONG WORLD RANKINGS					
BENCH - RAW					
FEMALE - SUB-MASTERS (35-39)					
	37	111.2	99	Tiffany Bellamy	4/22/2017
<b>56kg/123.5lbs</b>					
	36	123	99	Sally Lloyd	6/10/2017
<b>60kg/132.2lbs</b>					
	36	129.4	99	Cara Jo	10/21/2023
<b>67.5kg/148.7lbs</b>					
	39	145.3	193	Tosha Baughman	3/19/2023
	37	146.2	160	Vanessa Westbrook	12/17/2022
	36	147.9	160	Jessica Loden	9/7/2024
	38	141.4	154	Keliana Hagerty	4/22/2017
	36	146.5	149	Krista Causey	2/20/2021
	37	146.8	149	Kelly Brant	9/7/2019
	35	148.2	149	Andrea Fox	3/10/2018
	35	148	140	Desiree Savarese	1/21/2017
	39	144.8	138	Amy Daugherty	5/22/2021
	38	146	132	Angie Peck	6/10/2017
<b>75kg/165.2lbs</b>					
	39	164.4	237	Reyhan Roybal	4/20/2018
	35	157	171	Jessica Loden	2/10/2024
	36	165.1	165	Jennifer Broome	10/27/2018
	37	162.3	154	Lauren White	11/19/2022
	35	163.8	149	Vanessa Westbrook	7/10/2021
	35	154.6	138	LaDetra Cole	3/5/2022
	39	165	88	Amber Jenkins	6/9/2018
<b>82.5kg/181.7lbs</b>					
	38	175	182	Lay Kaahu	8/12/2017
	38	181	165	Natalie Mayfield	11/19/2016
	39	170	160	Ivana Smith	7/10/2021
	35	180.4	160	Charlee Marshall	7/27/2024
	36	181	154	Kelley Spohrer	8/12/2017
	37	173.1	149	Vanessa Westbrook	6/25/2022
	38	168	143	Katie McMinn	1/22/2022
	35	178.6	143	Jessica Snay	9/21/2024
	39	174.4	132	Pamela Buskirk	7/24/2021
	36	174.6	94	Lydia Braspenning	6/9/2024
<b>90kg/198.2lbs</b>					
	38	195.1	275	Liney Eudy	6/29/2024
	35	197.5	127	Valerie Ryan	12/17/2022
	36	194.7	116	Krystal Pietrolonte	9/21/2024
<b>100kg/220.25lbs</b>					
	36	216.2	160	Crystal Prather	3/1/2024
	37	211.4	154	Trisha Crisman	8/25/2018
	37	213.8	154	Brett Sexton	10/12/2019
<b>110kg/242.5lbs</b>					
	37	236.5	154	Naimah Abdullah	6/5/2021

365 STRONG WORLD RANKINGS					
DEADLIFT - RAW					
FEMALE - SUB-MASTERS (35-39)					
	36	123	248	Sally Lloyd	6/10/2017
<b>56kg/123.5lbs</b>					
	36	129.4	253	Cara Jo	10/21/2023
<b>60kg/132.2lbs</b>					
	39	145.3	358	Tosha Baughman	3/19/2023
	36	139.4	336	LaDetra Cole	10/29/2022
	35	148.2	319	Andrea Fox	3/10/2018
	38	141.4	309	Keliana Hagerty	4/22/2017
	39	144.8	303	Amy Daugherty	5/22/2021
	37	146.8	303	Kelly Brant	9/7/2019
	35	148.4	303	Jessica Loden	5/18/2024
	35	148	290	Desiree Savarese	1/21/2017
	37	146.2	275	Vanessa Westbrook	12/17/2022
	38	146	265	Angie Peck	6/10/2017
<b>75kg/165.2lbs</b>					
	35	154.6	380	LaDetra Cole	3/5/2022
	37	162.3	369	Lauren White	11/19/2022
	39	163.6	342	Reyhan Roybal	7/15/2017
	35	157	297	Jessica Loden	2/10/2024
	39	165	232	Amber Jenkins	6/9/2018
<b>82.5kg/181.7lbs</b>					
	38	175	419	Lay Kaahu	8/12/2017
	37	173.1	314	Vanessa Westbrook	6/25/2022
	35	180.4	303	Charlee Marshall	7/27/2024
	39	178	286	Pamela Buskirk	3/5/2022
	38	168	281	Katie McMinn	1/22/2022
	39	170	253	Ivana Smith	7/10/2021
	36	174.6	237	Lydia Braspenning	6/9/2024
<b>90kg/198.2lbs</b>					
	35	197.5	282	Valerie Ryan	12/17/2022
	36	194.7	237	Krystal Pietrolonte	9/21/2024
<b>100kg/220.25lbs</b>					
	36	216.2	370	Crystal Prather	3/1/2024
<b>110kg/242.5lbs</b>					
	37	236.5	253	Naimah Abdullah	6/5/2021

365 STRONG WORLD RANKINGS					
TOTAL - RAW					
FEMALE - SUB-MASTERS (35-39)					
	36	123	524	Sally Lloyd	6/10/2017
<b>56kg/123.5lbs</b>					
	36	129.4	551	Cara Jo	10/21/2023
<b>60kg/132.2lbs</b>					
	39	145.3	876	Tosha Baughman	3/19/2023
	35	148.4	727	Jessica Loden	5/18/2024
	39	144.8	705	Amy Daugherty	5/22/2021
	35	148.2	694	Andrea Fox	

110kg/242.6lbs					
	38	253.5	314	Allison Busby	10/21/2023

110kg/242.6lbs					
	38	253.5	215	Allison Busby	10/21/2023

110kg/242.6lbs					
	38	253.5	375	Allison Busby	10/21/2023

110kg/242.6lbs					
	38	253.5	893	Allison Busby	10/21/2023

**FEMALE RAW/RAW CLASSIC TEENAGE**

**365 STRONG WORLD RANKINGS**

**SQUAT (Gear Listed)**

**FEMALE TEEN/YOUTH/KIDS CLUB**

Weight Class	Age	Wgt	Lbs	Name	Date		
44kg/97lbs	T1	13-15	13	86	132	Alessandra Reis	1/21/2023
48kg/105.7lbs	Y	10-12	12	105.2	121	Carmen Trivette	10/16/2021
52kg/114.5lbs	T3	18-19	19	112.4	165	McKenna Wright	6/17/2023
56kg/123.5lbs	T3	18-19	19	123.4	275	Becca Dison	3/10/2018
60kg/132.2lbs	T3	18-19	19	132	242	Claire Rosser	8/12/2017
67.5kg/148.7lbs	T3	18-19	19	142.6	314	Hanna Young	8/12/2017
75kg/165.2lbs	T3	18-19	19	150.4	275	Sarah Oesch	6/11/2022
82.5kg/181.7lbs	T3	18-19	19	175.1	286	Sarah Oesch	10/22/2022
90kg/198.2lbs	Y	10-12	11	192.7	292	Nevaeh McIntosh	10/16/2021
100kg/220.4lbs	Y-RC	10-12	12	218.1	325	Nevaeh McIntosh	5/6/2023
110kg/242.5lbs	T1-RC	13-15	13	239.8	335	Nevaeh McIntosh	3/1/2024

**365 STRONG WORLD RANKINGS**

**RAW BENCH PRESS**

**FEMALE TEEN/YOUTH/KIDS CLUB**

Weight Class	Age	Wgt	Lbs	Name	Date		
44kg/97lbs	T1	13-15	15	97	83	Bella-Grace Meadows	4/1/2023
48kg/105.7lbs	Y	10-12	12	105.2	83	Carmen Trivette	10/16/2021
52kg/114.5lbs	T1	13-15	13	111.4	99	Carmen Trivette	10/22/2022
56kg/123.5lbs	T3	18-19	19	123.4	159.8	Becca Dison	3/10/2018
60kg/132.2lbs	T3	18-19	19	132	138	Claire Rosser	8/12/2017
67.5kg/148.7lbs	T3	18-19	19	142.6	165	Hanna Young	8/12/2017
75kg/165.2lbs	T3	18-19	19	150.4	176	Sarah Oesch	6/11/2022
82.5kg/181.7lbs	T3	18-19	19	175.1	182	Sarah Oesch	10/22/2022
90kg/198.2lbs	T2	16-17	16	194.2	198	Allison Sanders	7/27/2024
100kg/220.4lbs	Y	10-12	12	218.1	204	Nevaeh McIntosh	5/6/2023
110kg/242.5lbs	T1	13-15	13	239.8	190	Nevaeh McIntosh	3/1/2024

**365 STRONG WORLD RANKINGS**

**DEADLIFT (Gear Listed)**

**FEMALE TEEN/YOUTH/KIDS CLUB**

Weight Class	Age	Wgt	Lbs	Name	Date		
44kg/97lbs	T1	13-15	13	86	204	Alessandra Reis	1/21/2023
48kg/105.7lbs	Y	10-12	12	105.2	143	Carmen Trivette	10/16/2021
52kg/114.5lbs	T3	18-19	19	112.4	237	McKenna Wright	6/17/2023
56kg/123.5lbs	T3	18-19	19	123.4	320	Becca Dison	3/10/2018
60kg/132.2lbs	T3	18-19	19	132	303	Claire Rosser	8/12/2017
67.5kg/148.7lbs	T3	18-19	19	142.6	303	Hanna Young	8/12/2017
75kg/165.2lbs	T3	18-19	19	150.4	334	Sarah Oesch	6/11/2022
82.5kg/181.7lbs	T3	18-19	19	175.4	402	Shelby Sprinkle	12/18/2021
90kg/198.2lbs	T2	16-17	16	194.2	314	Allison Sanders	7/27/2024
100kg/220.4lbs	T1	13-15	13	200.7	303	Alex Jefferson	10/17/2020
110kg/242.5lbs	T1	13-15	13	239.8	309	Abrie Meadows	6/17/2023

**365 STRONG WORLD RANKINGS**

**TOTAL (Gear Listed)**

**FEMALE TEEN/YOUTH/KIDS CLUB**

Weight Class	Age	Wgt	Lbs	Name	Date		
44kg/97lbs	T1	13-15	13	86	386	Alessandra Reis	1/21/2023
48kg/105.7lbs	Y	10-12	12	105.2	342	Carmen Trivette	10/16/2021
52kg/114.5lbs	T3	18-19	19	112.4	485	McKenna Wright	6/17/2023
56kg/123.5lbs	T3	18-19	19	123.4	755	Becca Dison	3/10/2018
60kg/132.2lbs	T3	18-19	19	132	683	Claire Rosser	8/12/2017
67.5kg/148.7lbs	T3	18-19	19	142.6	816	Hanna Young	8/12/2017
75kg/165.2lbs	T3	18-19	19	150.4	772	Sarah Oesch	6/11/2022
82.5kg/181.7lbs	T3	18-19	19	175.4	827	Shelby Sprinkle	12/18/2021
90kg/198.2lbs	T2	16-17	16	194.2	761	Allison Sanders	7/27/2024
100kg/220.4lbs	Y-RC	10-12	12	218.1	915	Nevaeh McIntosh	5/6/2023
110kg/242.5lbs	T1-RC	13-15	13	239.8	830	Nevaeh McIntosh	3/1/2024

T1	13-15	15	232.4	286	Kennedy Green	10/12/2019	T1	13-15	15	232.4	138	Kennedy Green	10/12/2019	T1	13-15	15	232.4	275	Kennedy Green	10/12/2019	T1	13-15	15	232.4	689	Kennedy Green	10/12/2019				
110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs											110+kg/242.6+lbs						
T1-RC	13-15	14	244.5	375	Nevaeh McIntosh	7/27/2024	T1	13-15	14	244.5	237	Nevaeh McIntosh	7/27/2024	T3	18-19	19	278.2	309	Meredith Arnold	4/24/2021	T1-RC	13-15	14	244.5	904	Nevaeh McIntosh	7/27/2024				
T3	18-19	19	278.2	242	Meredith Arnold	4/24/2021	T3	18-19	19	278.2	149	Meredith Arnold	4/24/2021	T1-RC	13-15	14	244.5	292	Nevaeh McIntosh	7/27/2024	T3	18-19	19	278.2	700	Meredith Arnold	4/24/2021				

**FEMALE RAW CLASSIC OVERALL LEADERS**

369 STRONG WORLD RANKINGS						
RAW CLASSIC (Knee Wraps) SQUAT						
FEMALE - OVERALL						
Weight Class	Age	Wgt	Lbs	Name	Date	
44kg/97lbs						
48kg/105.7lbs	33	104.3	193	Stephanie Washington	7/10/2021	
52kg/114.5lbs	46	111.8	264	Missy Taylor	4/23/2022	
	27	111.5	254	Kiki Garland	10/17/2020	
	34	114	237	Lindsay Seamans	6/29/2019	
	30	111.2	231	Aubrey Cornwell	8/12/2017	
	37	111.3	204	Tiffany Stone	4/22/2017	
56kg/123.5lbs	27	120.2	303	Adrien Coder	4/24/2021	
	44	120.2	282	Amber Duenkel	6/9/2018	
	44	119.4	275	Tiffany Stone	7/27/2024	
	29	122	242	Amanda Isley	10/28/2017	
	31	122.8	187	Heidi Schuck	6/19/2021	
	28	120.4	182	Bethany Brooks	7/22/2023	
	46	118.9	160	Kathy Wilson	12/8/2018	
60kg/132.2lbs	28	132.2	441	Courtney Norris	8/12/2017	
	29	130.6	419	Brittany Bowles	10/27/2018	
	25	131.3	364	Melissa Hunt	5/11/2019	
	53	132.2	308	Priscilla Pardue	10/28/2017	
	26	131.8	303	Taylor Jackson	10/28/2017	
	25	125.6	300	Caitlin Cardone	7/9/2016	
	24	132.2	276	Kayce Hoover	4/22/2017	
	27	132	275	Sara Carmy	6/2/2018	
	47	131.4	105	Angie Terry	10/29/2016	
67.5kg/148.7lbs	28	145.2	402	Brittany Shackelford	10/28/2017	
	28	137.6	375	Courtney Norris	10/29/2016	
	27	143.8	369	Taylor Jackson	5/11/2019	
	27	143	360	Samantha Corujo	6/2/2018	
	27	139.3	336	Melissa Hunt	7/10/2021	
	27	143.4	325	Amber Rabon	9/19/2020	
	24	144.4	305	Kayce Hoover	10/29/2016	
	20	145.8	298	Anya Kalnins	2/20/2021	
	40	137.8	281	Alexandra Gray	4/15/2023	
	15	135.6	265	Beverly Lemay	3/1/2024	
75kg/165.2lbs	42	165	402	Reyhan Roybal	10/17/2020	
	26	159.6	386	Jessica Wissmann	10/28/2017	
	31	163	347	Bridget McDermott	4/22/2017	
	28	165.3	319	Ife Egbeyemi	7/10/2021	
	55	156.8	308	Candice Maness	10/28/2017	
	19	150.4	275	Sarah Oesch	8/11/2022	
	56	160.4	275	Barbara Haiden	12/9/2017	
	33	163.2	275	Shayna Dence	4/9/2016	
	36	165.1	275	Jennifer Broome	10/27/2018	
	54	157	265	Cindy Meeker	10/29/2016	
82.5kg/181.7lbs	30	178	523	Brittany Gagne	12/9/2023	
	27	177.5	518	Julia Blackman	10/21/2023	
	34	175	402	Kristie Johnston	10/21/2023	
	71	177	386	Barbara Haiden	12/4/2021	
	26	177.5	386	Emily Merritt	5/11/2019	
	27	179.8	380	Helen Romero	4/20/2018	
	46	181	380	Shannon Nash	4/20/2018	
	35	179	380	Kelley Lee	8/12/2017	
	25	177.7	353	Kristen Smith	5/6/2023	
	25	171.8	350	Jessica Wissmann	10/29/2016	
90kg/198.2lbs						

369 STRONG WORLD RANKINGS						
RAW CLASSIC BENCH						
FEMALE - OVERALL						
Weight Class	Age	Wgt	Lbs	Name	Date	
44kg/97lbs	15	97	83	Bella-Grace Meadows	4/1/2023	
	13	86	71	Alessandra Reis	1/21/2023	
48kg/105.7lbs	55	98	132	Nina Kiuru	7/30/2022	
	33	104.3	110	Stephanie Washington	7/10/2021	
	12	105.2	83	Carmen Trivette	10/16/2021	
52kg/114.5lbs	46	111.8	182	Missy Taylor	4/23/2022	
	24	114.2	132	Amber Malchow	10/29/2017	
	30	111.2	127	Aubrey Cornwell	8/12/2017	
	34	114	121	Lindsay Seamans	6/29/2019	
	27	111.5	116	Nykhia Garland	10/17/2020	
	62	110.7	105	Sue Ann Hurlbert	7/22/2023	
	13	111.3	99	Carmen Trivette	10/22/2022	
	37	111.3	99	Tiffany Stone	4/22/2017	
	13	112.8	99	McKayla Van Meter	2/20/2021	
	21	108.3	94	Racquel Wilson	10/16/2021	
56kg/123.5lbs	48	122.4	209	Missy Taylor	5/6/2023	
	42	121.8	175	Dawn Bogart	4/9/2016	
	19	123.4	160	Becca Dison	1/21/2017	
	32	122.8	155	Tiffany Faulkner	1/21/2017	
	29	123	154	Krystal Scott	10/28/2017	
	19	118.4	149	Olivia Pasin	11/19/2022	
	44	119.4	143	Tiffany Stone	7/27/2024	
	31	120.4	138	Meredith Ward	4/20/2018	
	20	120.6	132	Emily Gaiser	7/10/2021	
	29	122	132	Amanda Isley	8/12/2017	
	23	120.2	127	Asia Hannans	9/7/2024	
60kg/132.2lbs	28	132.2	242	Courtney Norris	8/12/2017	
	29	130.6	231	Brittany Bowles	10/27/2018	
	42	129	210	Dawn Bogart	10/29/2016	
	57	131.3	185	Jami Bozato	10/2/2022	
	47	127.2	180	Bela Ghosh	6/11/2016	
	25	132	171	Kristin Kotlica	7/10/2021	
	25	125.6	165	Caitlin Cardone	7/9/2016	
	27	129	165	Leslie Kulner	10/28/2017	
	28	128.8	154	April Rainey	2/28/2023	
	33	132.2	154	Amy Pierce	8/12/2017	
67.5kg/148.7lbs	29	140.4	242	Morgan Long	10/21/2023	
	43	147.1	231	Emily Lily	3/4/2023	
	28	145.2	226	Brittany Shackelford	10/28/2017	
	61	148.6	226	Maureen Clary	4/22/2017	
	27	144.2	200	Courtney Norris	7/9/2016	
	39	145.3	193	Tosha Baughman	3/19/2023	
	29	144.4	182	Leslie Kulner	11/9/2019	
	29	146.8	182	Alexandra McClain	8/24/2024	
	21	138.3	178	Anya Kalnins	9/18/2021	
	30	143.5	176	Maria Ackley	11/11/2023	
75kg/165.2lbs	30	163	253	Morgan Long	6/29/2024	
	44	159	242	Emily Lily	10/21/2023	
	42	165	240	Reyhan Roybal	10/17/2020	
	65	162.7	231	Maureen Clary	6/5/2021	
	26	164.5	231	Kari DeShazo	11/21/2020	
	67	160.4	209	Barbara Haiden	12/9/2017	
	55	156.8	193	Candice Maness	10/28/2017	
	44	158.3	193	Jennifer Zwaan	7/22/2023	
	33	160	187	Heather Ingalls	8/12/2017	
	52	162.3	187	Tammy Deloatch	11/6/2019	
82.5kg/181.7lbs	45	180.3	380	Shannon Nash	4/22/2017	
	71	177	287	Barbara Haiden	12/4/2021	
	45	166.9	237	Emily Lily	6/29/2024	
	30	178	231	Brittany Gagne	12/9/2023	
	32	179	231	Ciearra Jackson-Griffin	7/22/2023	
	34	175	226	Kristie Johnston	10/21/2023	
	27	179.8	226	Helen Romero	4/20/2018	
	28	181	209	Miranda Williams	5/6/2023	
	29	177.6	204	Gabrielle Robbins	11/9/2019	
	63	179.5	198	Gloria Knight-McNeil	10/22/2022	
90kg/198.2lbs						

365 STRONG WORLD RANKINGS						
RAW CLASSIC (Knee Wraps) DEADLIFT						
FEMALE - OVERALL						
Weight Class	Age	Wgt	Lbs	Name	Date	
44kg/97lbs						
48kg/105.7lbs	33	104.3	226	Stephanie Washington	7/10/2021	
52kg/114.5lbs	46	111.8	292	Missy Taylor	4/23/2022	
	32	112	281	Lindsay Seamans	10/28/2017	
	27	111.5	253	Kiki Garland	10/17/2020	
	37	111.3	248	Tiffany Stone	4/22/2017	
	30	111.2	242	Aubrey Cornwell	8/12/2017	
56kg/123.5lbs	27	120.2	353	Adrien Coder	4/24/2021	
	44	119.4	331	Tiffany Stone	7/27/2024	
	24	120.2	309	Amber Duenkel	6/9/2018	
	29	122	303	Amanda Isley	10/28/2017	
	31	122.8	253	Heidi Schuck	6/19/2021	
	28	120.4	215	Bethany Brooks	7/22/2023	
60kg/132.2lbs	28	132.2	408	Courtney Norris	8/12/2017	
	24	129.7	353	Melissa Hunt	12/9/2018	
	29	130.6	342	Brittany Bowles	10/27/2018	
	25	125.6	325	Caitlin Cardone	7/9/2016	
	26	131.8	320	Taylor Jackson	10/28/2017	
	24	132.2	276	Kayce Hoover	4/22/2017	
	53	132.2	259	Priscilla Pardue	10/28/2017	
	27	132	220	Sara Carmy	6/2/2018	
	47	131.4	155	Angie Terry	10/29/2016	
67.5kg/148.7lbs	28	145.2	375	Brittany Shackelford	10/28/2017	
	27	143.8	353	Taylor Jackson	5/11/2019	
	27	144.2	350	Courtney Norris	7/9/2016	
	27	143.4	347	Amber Rabon	9/19/2020	
	27	143	340	Samantha Corujo	6/2/2018	
	27	139.3	314	Melissa Hunt	7/10/2021	
	40	137.8	309	Alexandra Gray	4/15/2023	
	20	145.8	309	Anya Kalnins	2/20/2021	
	24	144.4	300	Kayce Hoover	10/29/2016	
	35	148	290	Desiree Savarese	1/21/2017	
75kg/165.2lbs	42	165	430	Reyhan Roybal	10/17/2020	
	27	163.6	380	Kari Rankin	10/21/2023	
	26	163	350	Jessica Wissmann	4/20/2018	
	38	165.1	347	Jennifer Broome	6/9/2018	
	23	159.4	342	Emily Tighe	6/9/2018	
	28	160.8	325	Hannah Cochran	7/9/2016	
	19	150.4	324	Sarah Oesch	8/11/2022	
	31	163	320	Bridget McDermott	4/22/2017	
	28	165.3	319	Ife Egbeyemi	7/10/2021	
	35	163.8	315	Vanessa Westbrook	7/10/2021	
82.5kg/181.7lbs	27	177.5	512	Julia Blackman	10/21/2023	
	30	178	507	Brittany Gagne	12/9/2023	
	27	179.8	435	Helen Romero	4/20/2018	
	46	181	435	Shannon Nash	4/20/2018	
	34	175	419	Kristie Johnston	10/21/2023	

31	190.4	463	Alexis Eliopoulos	10/28/2017	45	185.6	380	Shannon Nash	10/28/2017	31	193.6	468	Alexis Eliopoulos	4/20/2018	31	190.4	1229	Alexis Eliopoulos	10/28/2017
29	197.2	441	Emily Merritt	6/19/2021	31	190.4	303	Alexis Eliopoulos	10/28/2017	45	185.6	390	Sarah Oesch	3/1/2024	45	185.6	992	Shannon Nash	10/28/2017
25	186.9	347	Kristen Smith	2/25/2023	38	195.1	275	Linsy Eudy	6/29/2024	45	186.6	364	Shannon Nash	10/28/2017	21	182.2	880	Sarah Oesch	3/1/2024
34	193.6	303	Promandee Kaur	3/21/2020	28	192	220	Jess Lemachko	8/19/2023	25	186.9	353	Kristen Smith	2/25/2023	25	186.9	860	Kristen Smith	2/25/2023
21	182.2	300	Sarah Oesch	3/1/2024	33	189	200	Priyanka Santiago	10/22/2022	45	194	353	Heather Streible	3/18/2023	45	194	777	Heather Streible	3/18/2023
46	190.9	292	Heather Streible	6/17/2023	40	187.2	193	Mona Espinosa	1/22/2022	34	193.6	342	Promandee Kaur	3/21/2020	34	193.6	771	Promandee Kaur	3/21/2020
11	192.6	292	Nevaeh McIntosh	10/16/2021	21	182.2	190	Sarah Oesch	3/1/2024	44	184.7	285	Tricia Emrich	7/9/2016	44	184.7	695	Tricia Emrich	7/9/2016
44	184.7	260	Tricia Emrich	7/9/2016	22	184.1	187	Emaly Barahona	6/5/2021	32	186.3	242	Jordan Berryhill	7/22/2023	11	192.6	639	Nevaeh McIntosh	10/12/2021
45	185.6	248	Shannon Nash	10/28/2017	45	194	187	Heather Streible	3/19/2023	45	194.9	237	Kelly Jeffries	2/25/2023	45	194.9	595	Kelly Jeffries	2/25/2023
32	186.3	226	Jordan Berryhill	7/22/2023	44	197.8	187	Carla Akers	4/20/2018	11	192.6	231	Nevaeh McIntosh	10/16/2021	32	186.3	579	Jordan Berryhill	7/22/2023
<b>100kg/220.25lbs</b>					<b>100kg/220.25lbs</b>					<b>100kg/220.25lbs</b>					<b>100kg/220.25lbs</b>				
28	206.1	463	Jessica Hoxie	5/23/2021	29	213.6	237	Jessica Hoxie	3/5/2022	29	213.6	424	Jessica Hoxie	3/5/2022	29	206.1	1102	Jessica Hoxie	5/23/2021
44	209.4	424	Anika Harper	4/13/2024	31	215.2	215	Megan Geiger	5/4/2024	31	215.2	408	Megan Geiger	5/4/2024	31	215.2	981	Anika Harper	5/4/2024
31	215.2	358	Megan Geiger	5/4/2024	12	218.1	204	Nevaeh McIntosh	5/6/2023	34	207.7	380	Crystal Prather	10/22/2022	44	209.4	909	Anika Harper	4/13/2024
12	218.1	325	Nevaeh McIntosh	5/6/2023	45	219.1	204	Carla Akers	10/27/2018	46	212.8	355	Heather Streible	3/1/2024	36	216.2	850	Crystal Prather	3/1/2024
36	216.2	320	Crystal Prather	3/1/2024	30	210.5	187	Haley Shields	10/21/2023	44	209.4	342	Anika Harper	4/13/2024	46	212.8	815	Heather Streible	3/1/2024
37	211.4	303	Trisha Crisman	8/25/2018	46	212.8	185	Heather Streible	3/1/2024	37	213.8	342	Brett Sexton	10/12/2019	12	218.1	805	Nevaeh McIntosh	5/6/2023
46	212.8	275	Heather Streible	3/1/2024	32	216.5	171	Rachel Massey	6/11/2022	55	217.6	335	Janet Martin	3/1/2024	37	211.4	771	Trisha Crisman	8/25/2018
46	211	259	Renee Turner	6/17/2023	31	206.4	165	Delena Maynard	4/28/2024	37	211.4	314	Trisha Crisman	8/25/2018	37	213.8	749	Brett Sexton	10/12/2019
37	213.8	253	Brett Sexton	10/12/2019	46	211	165	Renee Turner	6/17/2023	42	209.2	303	Christina Lauffer	6/19/2021	46	211	689	Renee Turner	6/17/2023
25	217.1	242	Grace Jones	12/19/2020	41	213	165	Gina Woolard	3/5/2022	46	211	287	Renee Turner	6/17/2023	42	209.2	623	Christina Lauffer	6/19/2021
<b>110kg/242.5lbs</b>					<b>110kg/242.5lbs</b>					<b>110kg/242.5lbs</b>					<b>110kg/242.5lbs</b>				
42	240.3	408	Katy Silvers	7/22/2023	24	230.6	231	Maddy Webster	3/18/2023	50	240	400	Ylander Ross	1/21/2017	42	240.3	987	Katy Silvers	7/22/2023
29	228.8	380	Brittany Berryhill	12/19/2020	50	240	215	Ylander Ross	1/21/2017	42	240.3	397	Katy Silvers	7/22/2023	50	240	955	Ylander Ross	1/21/2017
50	240	340	Ylander Ross	1/21/2017	29	228.8	204	Brittany Berryhill	12/19/2020	34	234.3	375	Jessie Hunt	4/24/2021	29	228.8	942	Brittany Berryhill	12/19/2020
13	239.8	335	Nevaeh McIntosh	3/1/2024	42	241.2	193	Katy Silvers	4/13/2024	29	228.8	358	Brittany Berryhill	12/19/2020	34	234.3	882	Jessie Hunt	4/24/2021
34	234.3	325	Jessie Hunt	4/24/2021	33	223.8	190	Melissa Shade	6/2/2018	13	239.8	305	Nevaeh McIntosh	3/1/2024	13	239.8	830	Nevaeh McIntosh	3/1/2024
<b>110kg/242.5lbs</b>					<b>110kg/242.5lbs</b>					<b>110kg/242.5lbs</b>					<b>110kg/242.5lbs</b>				
29	294.9	485	Alex Wilson-McKenzie	10/22/2022	42	261.5	270	Hollie Sands	10/12/2019	29	294.9	452	Alex Wilson-McKenzie	10/22/2022	29	294.9	1185	Alex Wilson-McKenzie	10/22/2022
24	255	408	Lindsay Finch	5/6/2023	29	294.9	248	Alex Wilson-McKenzie	10/23/2022	40	276	375	Katy Silvers	9/18/2021	24	255	948	Lindsay Finch	5/6/2023
37	285.2	386	Kimberly Soracco	5/11/2024	14	244.5	237	Nevaeh McIntosh	7/27/2024	24	255	364	Lindsay Finch	5/6/2023	40	276	920	Katy Silvers	9/18/2021
14	244.5	375	Nevaeh McIntosh	7/27/2024	40	272.2	226	Andrea Willis	6/19/2021	34	250	336	Tarra Farnham	5/22/2021	14	244.5	904	Nevaeh McIntosh	7/27/2024
40	276	375	Katy Silvers	9/18/2021	43	251.3	204	Katy Silvers	9/7/2021	37	285.2	320	Kimberly Soracco	5/11/2024	37	285.2	843	Kimberly Soracco	5/11/2024
34	250	308	Tarra Farnham	5/22/2021	23	262.8	193	Shauntey Lilley	12/4/2021	19	278.2	308	Meredith Arnold	4/24/2021	34	250	782	Tarra Farnham	5/22/2021
36	282.2	270	Beth Mockbee	1/21/2023	29	273.8	182	Mary-Ann Rocks	3/5/2022	36	282.2	303	Beth Mockbee	1/21/2023	36	282.2	727	Beth Mockbee	1/21/2023
19	278.2	242	Meredith Arnold	4/24/2021	33	308.6	182	Angela Dunn	7/22/2023	14	244.5	292	Nevaeh McIntosh	7/27/2024	19	278.2	700	Meredith Arnold	4/24/2021
40	271	198	Ann McManus	12/9/2023	54	243.2	176	Shari Wofford	6/9/2018	40	271	281	Ann McManus	12/9/2023	40	271	612	Ann McManus	12/9/2023
					22	330.2	175	Lashonda Zander	6/2/2018										

365 STRONG WORLD RANKINGS					
RAW CLASSIC (Knee Wraps) SQUAT					
FEMALE - JUNIORS (20-23)					
Wgt Class	Age	Wgt	Lbs	Name	Date
<b>52kg/114.5lbs</b>					
		21	108.2	94	Racquet Wilson
		22	111.6	85	Elena Lopez
		20	108	83	Maggie Parsons
<b>56kg/123.5lbs</b>					
		20	120.6	132	Emily Gaiser
		23	122.8	132	Isabella Sarks
		23	120.2	127	Asia Hannans
		21	123.4	77	Gwyneth Reiman
<b>60kg/132.2lbs</b>					
		22	127.2	143	Emily Gaiser
		21	127.9	138	Alexis Rutledge
		20	127.3	99	Kristen McPherson
		21	126.3	77	Gabby Bennett
<b>67.5kg/148.7lbs</b>					
		20	145.8	298	Anyia Kalnins
		21	138.3	178	Anyia Kalnins
		20	138	171	Hanna Young
		22	147.5	171	Abby Fey
		20	143.5	138	Paige Harrod
		21	144.2	138	Emily Schnupp
		20	144.6	121	Everette Sherrill
		23	145	116	Delaney Fish
		23	148.6	110	Courtney Fox
<b>75kg/165.2lbs</b>					
		22	161.6	242	Dani Moore
		23	159.4	237	Emily Tighe
		20	161.6	187	Sarah Oesch

365 STRONG WORLD RANKINGS					
RAW BENCH PRESS					
FEMALE - JUNIORS (20-23)					
Wgt Class	Age	Wgt	Lbs	Name	Date
<b>52kg/114.5lbs</b>					
		21	108.2	94	Racquet Wilson
		22	111.6	85	Elena Lopez
		20	108	83	Maggie Parsons
<b>56kg/123.5lbs</b>					
		20	120.6	132	Emily Gaiser
		23	122.8	132	Isabella Sarks
		23	120.2	127	Asia Hannans
		21	123.4	77	Gwyneth Reiman
<b>60kg/132.2lbs</b>					
		22	127.2	143	Emily Gaiser
		21	127.9	138	Alexis Rutledge
		20	127.3	99	Kristen McPherson
		21	126.3	77	Gabby Bennett
<b>67.5kg/148.7lbs</b>					
		21	138.3	320	Anyia Kalnins
		20	138	171	Hanna Young
		22	147.5	171	Abby Fey
		20	143.5	138	Paige Harrod
		21	144.2	138	Emily Schnupp
		20	144.6	121	Everette Sherrill
		23	145	116	Delaney Fish
		23	148.6	110	Courtney Fox
<b>75kg/165.2lbs</b>					
		21	157.9	176	Abby Rice
		23	161.5	171	Alisha Martin
		23	164.6	160	Candace Lucklear
		23	159.4	149	Emily Tighe
		21	162.6	149	Aleya Woodall
		20	157.2	138	Lisha Lamb
		22	161.6	132	Dani Moore
		20	158	127	Carley Bradshaw
		23	153.2	121	Courtney Fox
		20	159.5	110	Ivanna Guzman
<b>82.5kg/181.7lbs</b>					

365 STRONG WORLD RANKINGS					
RAW CLASSIC					
FEMALE - JUNIORS (20-23)					
Wgt Class	Age	Wgt	Lbs	Name	Date
<b>67.5kg/148.7lbs</b>					
		21	138.2	320	Anyia Kalnins
<b>75kg/165.2lbs</b>					
		23	159.4	342	Emily Tighe
		20	161.6	303	Sarah Oesch
		22	161.6	253	Dani Moore
<b>82.5kg/181.7lbs</b>					

365 STRONG WORLD RANKINGS					
RAW CLASSIC (Knee Wraps) TOTAL					
FEMALE - JUNIORS (20-23)					
Wgt Class	Age	Wgt	Lbs	Name	Date
<b>67.5kg/148.7lbs</b>					
		20	145.8	772	Anyia Kalnins
<b>75kg/165.2lbs</b>					
		23	159.4	727	Emily Tighe
		22	161.6	628	Dani Moore
		20	161.6	623	Sarah Oesch
<b>82.5kg/181.7lbs</b>					









RC	45-49	46	111.8	264	Missy Taylor	4/23/2022	R	45-49	46	111.8	182	Missy Taylor	4/23/2022	RC	45-49	46	111.8	292	Missy Taylor	4/23/2022	RC	45-49	46	111.8	738	Missy Taylor	4/23/2022
R	45-49	46	112.2	259	Missy Taylor	7/24/2021	R	45-49	46	112.2	160	Missy Taylor	7/24/2021	R	45-49	46	112.2	275	Missy Taylor	7/24/2021	R	45-49	46	112.2	694	Missy Taylor	7/24/2021
R	70-74	73	106.3	154	Linda Costello	4/23/2022	R	60-64	62	108.2	105	Sue Ann Huribert	10/21/2023	R	60-64	62	107.4	242	Pam Fisher	5/18/2024	R	60-64	62	110.7	464	Sue Ann Huribert	7/22/2023
R	60-64	62	108.2	149	Sue Ann Huribert	10/21/2023	R	70-74	73	106.3	83	Linda Costello	4/23/2022	R	65-69	65	107.2	244	Sue Ann Huribert	7/22/2023	R	65-69	65	107.4	463	Pam Fisher	5/18/2024
R	65-69	65	107.4	143	Pam Fisher	5/18/2024	R	65-69	65	107.4	83	Pam Fisher	5/18/2024	R	70-74	73	106.3	220	Linda Costello	4/23/2022	R	70-74	73	106.3	457	Linda Costello	4/23/2022
R	55-59	59	108.9	105	Sue Ann Huribert	10/17/2020	R	55-59	59	108.9	83	Sue Ann Huribert	10/17/2020	R	55-59	59	108.9	176	Sue Ann Huribert	10/17/2020	R	55-59	59	108.9	364	Sue Ann Huribert	10/17/2020
56kg/123.5lbs							56kg/123.5lbs							56kg/123.5lbs							56kg/123.5lbs						
R	45-49	48	122.4	314	Missy Taylor	5/6/2023	R	45-49	48	122.4	209	Missy Taylor	5/6/2023	RC	40-44	44	119.4	331	Tiffany Stone	7/27/2024	SP	45-49	48	122.4	854	Missy Taylor	5/6/2023
RC	40-44	44	119.4	275	Tiffany Stone	7/27/2024	R	40-44	42	121.9	175	Dawn Bogart	4/9/2016	R	45-49	48	122.4	331	Missy Taylor	5/6/2023	RC	40-44	44	119.4	749	Tiffany Stone	7/27/2024
SP	40-44	42	121.8	265	Dawn Bogart	4/9/2016	MP	60-64	60	121.4	160	Jojo Brasseaux	3/1/2024	SP	40-44	42	121.8	285	Dawn Bogart	4/9/2016	SP	40-44	42	121.8	735	Dawn Bogart	4/9/2016
R	50-54	54	118.6	182	Lisa Baker	12/18/2018	R	40-44	44	119.4	143	Tiffany Stone	7/27/2024	R	50-54	54	119.6	237	Lisa Baker	12/18/2018	R	55-59	58	118.6	518	Dawn Williams	7/24/2021
R	55-59	56	118.6	176	Dawn Williams	7/24/2021	R	55-59	56	118.6	116	Dawn Williams	7/24/2021	R	55-59	56	118.6	226	Dawn Williams	7/24/2021	R	50-54	54	118.6	512	Lisa Baker	12/18/2018
RC	45-49	46	118.9	160	Kathy Wilson	12/8/2018	R	50-54	54	119.6	94	Lisa Baker	12/18/2018	RC	45-49	46	118.9	187	Kathy Wilson	12/8/2018	RC	45-49	46	118.9	435	Kathy Wilson	12/8/2018
							R	45-49	46	118.9	88	Kathy Wilson	12/8/2018														
							R	60-64	62	123	66	Nina Snipes	10/21/2023														
60kg/132.2lbs							60kg/132.2lbs							60kg/132.2lbs							60kg/132.2lbs						
SP	40-44	43	131.9	331	Dawn Bogart	4/22/2017	R	45-49	49	129.4	231	Missy Taylor	7/27/2024	SP	40-44	43	131.9	402	Dawn Bogart	4/22/2017	SP	40-44	43	131.9	959	Dawn Bogart	4/22/2017
RC	50-54	54	132	331	Priscilla Pardue	4/20/2018	SP	40-44	43	131.9	226	Dawn Bogart	4/22/2017	R	40-44	42	130	350	Dawn Bogart	7/9/2016	R	40-44	42	130	855	Dawn Bogart	7/9/2016
SP	50-54	53	132.2	308	Priscilla Pardue	10/28/2017	R	40-44	42	130	205	Dawn Bogart	7/9/2016	R	55-59	57	131.3	325	Jami Bozzuto	10/2/2022	R	50-54	54	132	761	Priscilla Pardue	4/20/2018
R	40-44	42	130	300	Dawn Bogart	7/9/2016	R	55-59	57	131.3	185	Jami Bozzuto	10/2/2022	R	45-49	47	127.2	315	Bela Ghosh	6/11/2016	RC	50-54	53	132.2	510	Priscilla Pardue	10/28/2017
RC	45-49	47	131.4	105	Angie Terry	10/29/2016	R	45-49	47	127.2	180	Bela Ghosh	6/11/2016	SP	50-54	54	132	265	Priscilla Pardue	4/20/2018	R	55-59	57	131.3	711	Jami Bozzuto	10/2/2022
							SP	50-54	54	132	165	Priscilla Pardue	4/20/2018	RC	50-54	53	132.2	259	Priscilla Pardue	10/28/2017	R	45-49	47	127.2	495	Bela Ghosh	6/11/2016
							R	50-54	53	132.2	143	Priscilla Pardue	10/28/2017	RC	45-49	47	131.4	155	Angie Terry	10/29/2016	RC	45-49	47	131.4	305	Angie Terry	10/29/2016
							MP	55-59	59	129.6	132	Jojo Brasseaux	10/21/2023														
							R	60-64	61	125	72	Nina Snipes	5/27/2023														
							R	45-49	47	131.4	45	Angie Terry	10/29/2016														
67.5kg/148.7lbs							67.5kg/148.7lbs							67.5kg/148.7lbs							67.5kg/148.7lbs						
MP	45-49	49	142.2	551	Melissa Smith	10/21/2023	MP	45-49	48	141.3	331	Melissa Smith	7/22/2023	MP	45-49	46	141.8	375	Melissa Smith	10/17/2020	MP	45-49	49	142.2	1245	Melissa Smith	10/21/2023
R	40-44	43	147.5	359	Emily Lilly	5/6/2023	R	40-44	43	147.5	231	Emily Lilly	3/4/2023	R	40-44	43	147.5	369	Emily Lilly	5/6/2023	R	40-44	43	147.5	955	Emily Lilly	5/6/2023
SP	55-59	55	142.5	303	Priscilla Pardue	5/11/2019	R	60-64	61	148.6	226	Maureen Clary	4/22/2017	R	60-64	60	148.4	360	Maureen Clary	10/29/2016	R	60-64	61	148.6	876	Maureen Clary	4/22/2017
R	40-44	40	144.4	303	Nicole Qualls	3/5/2022	R	55-59	55	148.7	211	Maureen Clary	1/22/2023	R	40-44	41	143.3	320	Mona Hope	1/20/2024	R	65-69	65	148.7	801	Maureen Clary	1/22/2023
R	60-64	61	148.6	298	Maureen Clary	4/22/2017	SP	55-59	55	142.5	176	Priscilla Pardue	5/11/2019	R	65-69	65	148.7	320	Maureen Clary	1/22/2023	R	40-44	40	144.4	766	Nicole Qualls	3/5/2022
R	40-44	41	143.3	292	Mona Hope	1/20/2024	R	45-49	48	145.3	165	Ayscha Hayes	1/22/2023	RC	40-44	40	137.8	308	Alexandra Gray	4/15/2023	SP	55-59	55	142.5	755	Priscilla Pardue	5/11/2019
RC	40-44	40	137.8	281	Alexandra Gray	4/15/2023	R	50-54	53	139.1	160	Yvette Bushard	10/16/2021	R	45-49	45	140	303	Gina Casper	5/27/2023	RC	40-44	40	137.8	744	Alexandra Gray	4/15/2023
R	50-54	53	139.1	270	Yvette Bushard	10/16/2021	R	40-44	40	144.4	160	Nicole Qualls	3/5/2022	R	40-44	40	144.4	303	Nicole Qualls	3/5/2022	R	40-44	41	143.3	733	Mona Hope	1/20/2024
R	65-69	65	148.7	270	Maureen Clary	1/22/2023	R	40-44	40	137.8	154	Alexandra Gray	4/15/2023	R	55-59	55	139.8	292	Yvette Bushard	5/6/2023	R	50-54	53	139.1	711	Yvette Bushard	10/16/2021
RC	50-54	52	145.4	265	Priscilla Pardue	10/29/2016	R	45-49	45	140	149	Gina Casper	5/27/2023	R	45-49	48	145.3	292	Ayscha Hayes	1/22/2023	R	55-59	55	139.8	689	Yvette Bushard	5/6/2023
R	55-59	55	139.8	253	Yvette Bushard	5/6/2023	R	45-49	45	144.8	149	Sharon Crook	6/25/2022	R	50-54	53	139.1	281	Yvette Bushard	10/16/2021	R	45-49	45	140	689	Gina Casper	5/27/2023
R	45-49	45	144.8	248	Sharon Crook	6/25/2022	R	55-59	55	139.8	143	Yvette Bushard	5/6/2023	SP	55-59	55	142.5	281	Priscilla Pardue	5/11/2019	R	45-49	45	144.8	667	Sharon Crook	6/25/2022
R	45-49	45	140	237	Gina Casper	5/27/2023	R	40-44	40	140.4	138	Misty Bruce	1/22/2023	R	45-49	45	144.8	270	Sharon Crook	6/25/2022	RC	50-54	53	144.2	645	Priscilla Pardue	4/22/2017
R	50-54	53	147.9	220	Sonja Drury	10/21/2023	R	50-54	53	144.2	132	Priscilla Pardue	4/22/2017	R	50-54	51	138.2	259	Sue Welker	6/10/2017	R	50-54	53	147.9	562	Sonja Drury	10/21/2023
R	40-44	41	139.9	182	Ilona Eichhorn	6/9/2024	R	40-44	41	143.3	121	Mona Hope	1/20/2024	R	50-54	53	144.2	253	Priscilla Pardue	4/22/2017	R	40-44	41	139.9	546	Ilona Eichhorn	6/9/2024
R	40-44	43	146.5	176	Jennifer Rush	12/19/2020	R	50-54	51	148.6	121	Kelly Padgett	10/16/2021	R	40-44	41	139.9	248	Ilona Eichhorn	6/9/2024	R	40-44	40	140.4	496	Misty Bruce	1/22/2023
R	40-44	40	140.4	149	Misty Bruce	1/22/2023	R	40-44	41	139.9	116	Ilona Eichhorn	6/9/2024	R	50-54	51	148.6	237	Kelly Padgett	10/16/2021	R	40-44	43	146.5	485	Jennifer Rush	12/19/2020
							R	50-54	53	147.9	116	Sonja Drury	7/22/2023	R	50-54	53	147.9	231	Sonja Drury	7/22/2023							
75kg/165.2lbs							75kg/165.2lbs							75kg/165.2lbs							75kg/165.2lbs						
RC	40-44	42	165	402	Reyhan Roybal	10/17/2020	SP	45-49	46	157	275.6	Christina McDowell	11/19/2016	RC	40-44	42	165	430	Reyhan Roybal	10/17/2020	RC	40-44	42	165	1056	Reyhan Roybal	10/17/2020
R	40-44	44	159	380	Emily Lilly	10/21/2023	SP	55-59	56	154.1	270	Candice Maness	10/27/2018	R	40-44	44	157.4	402	Hilary Clark	8/25/2018	R	40-44	44	159	1003	Emily Lilly	10/21/2023
SP	55-59	56	154.1	358	Candice Maness	10/27/2018	R	40-44	44	159	242	Emily Lilly	10/21/2023	R	40-44	44	158.3	386	Jennifer Zwaan	7/22/2023	SP	55-59	56	154.1	909	Candice Maness	10/27/2018
R	45-49	45	157	325	Jennifer Zwaan	10/21/2023	R	40-44	42	165	240	Reyhan Roybal	10/17/2020	R	40-44	44	159	380	Emily Lilly	10/21/2023	R	40-44	44	157.4	904	Hilary Clark	8/25/2018
R	40-44	44	157.4	325	Hilary Clark	8/25/2018	R	65-69	65	162.7	231	Maureen Clary	6/5/2021	R	45-49	45	157	358	Jennifer Zwaan	10/21/2023	R	40-44	44	158.3	898	Jennifer Zwaan	7/22/2023
R	40-44	44	158.3	320	Jennifer Zwaan	7/22/2023	R	65-69	67	160.4	209	Barbara Halden	6/9/2021	R	40-44	41	164.8	347	Tara Peele	10/27/2018	R	45-49	48	164.6	816	Bonnie Mosley	10/17/2020
R	45-49	48	164.6	314	Bonnie Mosley	10/17/2020	SP	60-64	61	164.5	209	Cindy Meeker	4/23/2022	R	45-49	4											

