

## Female Power Evolution

Army National Guard Armory, Statesville, NC

'2024-07-27

Results: Kilos

PL	Name	Sex	Age	Country	State	Equip	Division	BodyWgt _Kg	WgtClass _Kg	Squat1 Kg	Squat2 Kg	Squat3 Kg	Best3Sq uatKg	Bench1 Kg	Bench2 Kg	Bench3 Kg	Best3Be nchKg	Deadlift 1Kg	Deadlift 2Kg	Deadlift 3Kg	Best3De adliftKg	TotalKg	Event
1	Gwyneth Reiman	F	21	USA	NC	Bare	J-T	55.97	56	52.5	57.5	65	65	35	-40	-40	35	65	67.5	75	75	175	SBD
1	Brianna Ormezzano	F	20	USA	NC	Bare	J-T	76.48	82.5	120	125	-130	125	75	-77.5	77.5	77.5	115	122.5	132.5	132.5	335	SBD
1	Cindy Thompson	F	41	USA	NC	Bare	M1-T	69.94	75	80	85	90	90	45	50	55	55	70	75	77.5	77.5	222.5	SBD
1	Megan Dyson	F	32	USA	NC	Bare	N-X	66.77	67.5	105	110	115	115	52.5	57.5	-62.5	57.5	117.5	125	130	130	302.5	SBD
1	Jaime Cain	F	26	USA	NC	Bare	N-X	140.25	110+	120	130	137.5	137.5	60	67.5	-70	67.5	137.5	152.5	165	165	370	SBD
1	Jennifer Jones	F	34	USA	NC	Bare	O-T	65.3	67.5	85	90	-92.5	90	40	45	50	50	112.5	115	117.5	117.5	257.5	SBD
2	Sharon Earnhardt	F	64	USA	NC	Bare	O-T	66	67.5	25	27.5	30	30	20	27.5	30	30	60	70	-90	70	130	SBD
1	Courtney Fox	F	24	USA	NC	Bare	O-T	68.95	75	-147.5	147.5	150	150	55	60	-62.5	60	152.5	160	162.5	162.5	372.5	SBD
1	Charlee Marshall	F	35	USA	NC	Bare	O-T	81.83	82.5	117.5	125	130	130	65	72.5	-75	72.5	122.5	130	137.5	137.5	340	SBD
2	Demi Gonzalez	F	27	USA	NC	Bare	O-T	81.2	82.5	115	120	122.5	122.5	80	82.5	-85	82.5	110	115	122.5	122.5	327.5	SBD
3	Laken Inscore	F	34	USA	NC	Bare	O-T	77.3	82.5	102.5	107.5	112.5	112.5	57.5	60	-62.5	60	110	115	120	120	292.5	SBD
1	Shelby James	F	31	USA	NC	Bare	O-T	91.45	100	90	110	-137.5	110	57.5	-62.5	65	65	100	115	137.5	137.5	312.5	SBD
1	Amy Portillo	F	27	USA	NC	Bare	O-T	107.77	110	180	185	195	195	57.5	65	67.5	67.5	167.5	172.5	-177.5	172.5	435	SBD
1	Charlee Marshall	F	35	USA	NC	Bare	S-T	81.83	82.5	117.5	125	130	130	65	72.5	-75	72.5	122.5	130	137.5	137.5	340	SBD
1	Allison Sanders	F	16	USA	NC	Bare	T2-X	88.1	90	102.5	107.5	112.5	112.5	82.5	90	-95	90	127.5	135	142.5	142.5	345	SBD
1	Tiffany Stone	F	44	USA	SC	Wraps	M1-U	54.16	56	112.5	117.5	125	125	55	65	-70	65	140	145	150	150	340	SBD
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	O-T	110.9	110+	-152.5	152.5	170	170	102.5	107.5	-115	107.5	125	132.5	-140	132.5	410	SBD
1	Tiffany Stone	F	44	USA	SC	Wraps	O-U	54.16	56	112.5	117.5	125	125	55	65	-70	65	140	145	150	150	340	SBD
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	T1-X	110.9	110+	-152.5	152.5	170	170	102.5	107.5	-115	107.5	125	132.5	-140	132.5	410	SBD
1	Janet Martin #1	F	55	USA	NC	Bare	M4-T	98.25	100					57.5	-60	60	60	137.5	142.5	-152.5	142.5	202.5	BD
1	Missy Taylor	F	49	USA	NC	Bare	M2-U	58.7	60					100	102.5	105	105					105	B
1	Janet Martin #1	F	55	USA	NC	Bare	M4-T	98.25	100					57.5	-60	60	60					60	B
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	O-T	110.9	110+					102.5	107.5	-115	107.5					107.5	B
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	T1-X	110.9	110+					102.5	107.5	-115	107.5					107.5	B
1	Janet Martin #1	F	55	USA	NC	Bare	M4-T	98.25	100									137.5	142.5	-152.5	142.5	142.5	D

**Results: Pounds**

PL	Name	Sex	Age	Country	State	Equip	Division	BodyWgt	WgtClass	Squat1	Squat2	Squat3	Best3Sq	Bench1	Bench2	Bench3	Best3Be	Deadlift	Deadlift	Deadlift	Best3De	TotalLb	Event
								_Lb	_Lb	Lb	Lb	Lb	uatLb	Lb	Lb	Lb	nchLb	1Lb	2Lb	3Lb	adliftLb		
1	Gwyneth Reiman	F	21	USA	NC	Bare	J-T	123.39	123.5	115.74	126.76	143.30	143.30	77.16	-88.18	-88.18	77.16	143.30	148.81	165.35	165.35	<b>385.81</b>	SBD
1	Brianna Ormezzano	F	20	USA	NC	Bare	J-T	168.61	181.9	264.55	275.58	-286.60	275.58	165.35	-170.86	170.86	170.86	253.53	270.06	292.11	292.11	<b>738.54</b>	SBD
1	Cindy Thompson	F	41	USA	NC	Bare	M1-T	154.19	165.3	176.37	187.39	198.41	198.41	99.21	110.23	121.25	121.25	154.32	165.35	170.86	170.86	<b>490.52</b>	SBD
1	Megan Dyson	F	32	USA	NC	Bare	N-X	147.20	148.8	231.48	242.51	253.53	253.53	115.74	126.76	-137.79	126.76	259.04	275.58	286.60	286.60	<b>666.89</b>	SBD
1	Jaime Cain	F	26	USA	NC	Bare	N-X	309.20	SHW	264.55	286.60	303.13	303.13	132.28	148.81	-154.32	148.81	303.13	336.20	363.76	363.76	<b>815.70</b>	SBD
1	Jennifer Jones	F	34	USA	NC	Bare	O-T	143.96	148.8	187.39	198.41	-203.93	198.41	88.18	99.21	110.23	110.23	248.02	253.53	259.04	259.04	<b>567.68</b>	SBD
2	Sharon Earnhardt	F	64	USA	NC	Bare	O-T	145.50	148.8	55.12	60.63	66.14	66.14	44.09	60.63	66.14	66.14	132.28	154.32	-198.41	154.32	<b>286.60</b>	SBD
1	Courtney Fox	F	24	USA	NC	Bare	O-T	152.01	165.3	-325.18	325.18	330.69	330.69	121.25	132.28	-137.79	132.28	336.20	352.74	358.25	358.25	<b>821.21</b>	SBD
1	Charlee Marshall	F	35	USA	NC	Bare	O-T	180.40	181.9	259.04	275.58	286.60	286.60	143.30	159.83	-165.35	159.83	270.06	286.60	303.13	303.13	<b>749.56</b>	SBD
2	Demi Gonzalez	F	27	USA	NC	Bare	O-T	179.01	181.9	253.53	264.55	270.06	270.06	176.37	181.88	-187.39	181.88	242.51	253.53	270.06	270.06	<b>722.01</b>	SBD
3	Laken Inscore	F	34	USA	NC	Bare	O-T	170.42	181.9	225.97	236.99	248.02	248.02	126.76	132.28	-137.79	132.28	242.51	253.53	264.55	264.55	<b>644.85</b>	SBD
1	Shelby James	F	31	USA	NC	Bare	O-T	201.61	220.5	198.41	242.51	-303.13	242.51	126.76	-137.79	143.30	143.30	220.46	253.53	303.13	303.13	<b>688.94</b>	SBD
1	Amy Portillo	F	27	USA	NC	Bare	O-T	237.59	242.5	396.83	407.85	429.90	429.90	126.76	143.30	148.81	148.81	369.27	380.29	-391.32	380.29	<b>959.00</b>	SBD
1	Charlee Marshall	F	35	USA	NC	Bare	S-T	180.40	181.9	259.04	275.58	286.60	286.60	143.30	159.83	-165.35	159.83	270.06	286.60	303.13	303.13	<b>749.56</b>	SBD
1	Allison Sanders	F	16	USA	NC	Bare	T2-X	194.23	198.4	225.97	236.99	248.02	248.02	181.88	198.41	-209.44	198.41	281.09	297.62	314.16	314.16	<b>760.59</b>	SBD
1	Tiffany Stone	F	44	USA	SC	Wraps	M1-U	119.40	123.5	248.02	259.04	275.58	275.58	121.25	143.30	-154.32	143.30	308.64	319.67	330.69	330.69	<b>749.56</b>	SBD
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	O-T	244.49	SHW	-336.20	336.20	374.78	374.78	225.97	236.99	-253.53	236.99	275.58	292.11	-308.64	292.11	<b>903.89</b>	SBD
1	Tiffany Stone	F	44	USA	SC	Wraps	O-U	119.40	123.5	248.02	259.04	275.58	275.58	121.25	143.30	-154.32	143.30	308.64	319.67	330.69	330.69	<b>749.56</b>	SBD
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	T1-X	244.49	SHW	-336.20	336.20	374.78	374.78	225.97	236.99	-253.53	236.99	275.58	292.11	-308.64	292.11	<b>903.89</b>	SBD
1	Janet Martin	F	55	USA	NC	Bare	M4-T	216.60	220.5					126.76	-132.28	132.28	132.28	303.13	314.16	-336.20	314.16	<b>446.43</b>	BD
1	Missy Taylor	F	49	USA	NC	Bare	M2-U	129.41	132.3					220.46	225.97	231.48	231.48					<b>231.48</b>	B
1	Janet Martin	F	55	USA	NC	Bare	M4-T	216.60	220.5					126.76	-132.28	132.28	132.28					<b>132.28</b>	B
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	O-T	244.49	SHW					225.97	236.99	-253.53	236.99					<b>236.99</b>	B
1	Nevaeh Mcintosh	F	14	USA	KY	Wraps	T1-X	244.49	SHW					225.97	236.99	-253.53	236.99					<b>236.99</b>	B
1	Janet Martin	F	55	USA	NC	Bare	M4-T	216.60	220.5									303.13	314.16	-336.20	314.16	<b>314.16</b>	D

**Curl Results: Pounds**

PL	Name	Sex	Age	Country	State	Equip	Division	BodyWgt	WgtClass	Curl1L	Curl2L	Best3Cu		Event
								_Lb	_Lb	b	b	Curl3Lb	rLb	
1	Janet Martin	F	55	USA	NC	Bare	M4-T	216.60	220.5	55	65	75	<b>75</b>	C
1	Maureen Clary	F		USA	SC	Bare	O-T	159.2	165	55	65	-75	<b>65</b>	C

**Team Champion: 1776 Fitness Group**