

365 STRONG WORLD POWERLIFTING FEDERATION
FEMALE TESTED WORLD RECORD BEST OF THE BEST

June 13, 2022

Female Raw All

<u>44kg/97 lb</u>	Nation	SQT	BP	DL	TOTAL
Kambree Williamson	USA			110	
<u>48kg/105.75lb</u>					
Carmen Trivette	USA	121		143	347
Stephanie Washington	USA		110		
<u>52kg/114.5lb</u>					
Missy Taylor	USA	259	182		694
Amber Malchow	USA			303	
<u>56kg/123.5lb</u>					
Becca Dison	USA			320	755
Isabella Sarkis	USA	281		320	
Missy Taylor	USA		176		
<u>60kg/132.25lb</u>					
Kristin Kitlica	USA	319			832
Bela Ghosh	INDIA		180		
Leslie Kutner	USA			347	
<u>67.5kg/148.75lb</u>					
Leslie Kutner	USA			380	865
Hanna Young	USA	331			
Courtney Norris	USA		200		
<u>75kg/165.25lb</u>					
Candace Locklear	USA	336			
Kari DeShazo	USA		231		
Kendra Danzer	USA			424	887
<u>82.5kg/181.75lb</u>					
Lay Kaahu	USA			435	
Elizabeth Pinnix	USA	353			920
Gabrielle Robbins	USA		204		
<u>90kg/198.25lb</u>					
Emely Barahona	USA	331			849
Mona Espinosa	USA		204		
Kathryn French	USA			358	
<u>100kg/220.25lb</u>					
Carla Akers	USA	331	204		865
Rachel Massey	USA	331			
Crystal Prather	USA			353	
<u>110kg/242.5lb</u>					
Maddy Webster	USA	380		408	992
Ylander Ross	USA		215		

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110.1+kg/242.6+lb

Shauntre Lilley	USA	331			1174
Alex Wilson-McKenzie	USA		237		
Lashonda Zander	USA			325	

Female Raw - Juniors (20-23) Division

<u>52kg/114.5lb</u>	Nation	SQT	BP (Raw)	DL	TOTAL
Elena Lopez	USA	250		240	575
Racquel Wilson	USA		94		

56kg/123.5lb

Isabella Sarkis	USA	281	132	320	705
Emily Gaiser	USA		132		

60kg/132.25lb

Kristen McPherson	USA			237	
Alexis Rutledge	USA	275	138		639

67.5kg/148.75lb

Hanna Young	USA	331		364	865
Anya Kalnins	USA		178		

75kg/165.25lb

Candace Locklear	USA	336		402	876
Alisha Martin	USA		171		

82.5kg/181.75lb

Katie Roseman	USA	259			
Kailee Heller	USA	259	154	303	716

90kg/198.25lb

Emely Barahona	USA	331	187	331	849
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100kg/220.4lb

None

110kg/242.5lb

Maddy Webster	USA	380	204	408	992
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110+kg/242.6+lb

Shauntre Lilley	USA	331			843
Alex Wilson-McKenzie	USA		237		
Lashonda Zander	USA			325	

Female Raw Classic All

<u>48kg/105.75lb</u>	Nation	SQT	BP (Raw)	DL	TOTAL
Stephanie Washington	USA	193	110	226	529

52kg/114.5lb

Missy Taylor	USA	264	182	292	738
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56kg/123.5lb

Amber Gabriel	USA	282		309	711
Missy Taylor	USA		176		

60kg/132.25lb

Melissa Hunt	USA	364		352	837
Bela Ghosh	INDIA		180		

67.5kg/148.75lb

Taylor Jackson	USA	369		353	887
Courtney Norris	USA		200		

75kg/165.25lb

Bridget McDermott	USA	347			832
Kari DeShazo	USA		231		
Jennifer Broome	USA			347	

82.5kg/181.75lb

Kelley Lee	USA			419	
Emily Merritt	USA	386			937
Gabrielle Robbins	USA		204		

90kg/198.25lb

Promandeeep Kaur	USA			342	771
Emily Merritt	USA	441			
Mona Espinosa	USA		204		

100kg/220.25lb

Trisha Crisman	USA	303			771
Brett Sexton	USA			342	
Carla Akers	USA		204		

110kg/242.5lb

Katy Silvers	USA	385			
Ylander Ross	USA		215	400	955

110.1+kg/242.6+lb

Alex Wilson-McKenzie	USA	402	237	413	1053
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Female Raw Classic – Juniors (20-23) Division

52kg/114.5lb

Racquel Wilson	USA			94		TOTAL
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56kg/123.5lb

Emily Gaiser	USA			132		
Isabella Sarks	USA			132		

60kg/132.25lb

Alexis Rutledge	USA			138		
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67.5kg/148.75lb

Anya Kalnins	USA	298	178	320	772	
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June 13, 2022

75kg/165.25lb

Emily Tighe	USA			342	727
Dani Moore	USA	242			
Alisha Martin	USA		171		

82.5kg/181.75lb

Hannah Ramsey	USA	226		204	568
Kailee Heller	USA		154		

90kg/198.25lb

Emely Barahona	USA		187		
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100kg/220.4lb

None

110kg/242.5lb

None

110+kg/242.6+lb

Alex Wilson-McKenzie	USA	402	237	413	1053
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Female Single-Ply (SP) & Multi-Ply (MP)

<u>52kg/114.5lb</u>	Nation	SQT	BP (Raw)	DL	TOTAL
Lindsay Seamans (SP)	USA	319	138	319	777

56kg/123.5lb

Josefina Bueno (MP)	USA	248	127	297	672
Dawn Bogart (SP)	USA	265	175	295	735

60kg/132.25lb

Priscilla Pardue (SP)	USA	331			
Dawn Bogart (SP)	USA		226	402	959

67.5kg/148.75lb

Melissa Smith (MP)	USA	518	275		1146
Madeleine Giess (MP)	USA			425	
Priscilla Pardue (SP)	USA	308	176	281	755

75kg/165.25lb

Candice Maness (SP)	USA	358	270	281	909
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82.5kg/181.75lb

Christina Lauffer (SP)	USA		253	309	
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90kg/198.25lb

Anika Harper (SP)	USA		237	336	
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100kg/220.25lb

Anika Harper (SP)	USA		248	402	
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Female Single-Ply & Multi-Ply – Juniors (20-23) Division

56kg/123.5lb

Josefina Bueno (MP)	USA	248	127	297	672
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67.5kg/148.75lb

Madeleine Giess (MP)	USA	405	245	425	1075
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Female Sub-Masters (35-39) - Raw

56kg/123.5lb

	Nation	SQT	BP (Raw)	DL	TOTAL
Sally Lloyd	USA	176	99	248	524

67.5kg/148.75lb

Amy Daugherty	USA	264			705
Andrea Fox	USA			319	
Kelian Hagerty	USA		154		

75kg/165.25lb

Reyhan Roybal	USA	275	237		821
LaDetra Cole	USA			380	

82.5kg/181.75lb

Crystal McCullough	USA	308			
Lay Kaahu	USA		182	419	904

90.01+kg/198.26+lb

Naimah Abdullah	USA	226		253	634
Katy Silvers	USA		160		

Female Sub-Masters (35-39) – Raw Classic

52kg/114.5lb

Tiffany Bellamy	USA	204	99	248	551
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56kg/123.5lb

Sally Lloyd	USA		99		
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67.5kg/148.75lb

Krista Causey	USA	231		264	645
Kelian Hagerty	USA		154		

75kg/165.25lb

Reyhan Roybal	USA	358	237	408	1003
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82.5kg/181.75lb

Kelley Spohrer	USA	369		419	942
Lay Kaahu	USA		182		

90.01+kg/198.26+lb

Katy Silvers	USA	309	160	347	816
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Female Masters

M1-40-44, M2-45-49, M3-50-54, M4-55-59, M5-60-64, M6-65-69, M7-70-74, M8-75-79

52kg/114.5lb

	Nation	SQT	BP	DL	TOTAL
M2 Missy Taylor (R)	USA	259	182	275	694
M2 Missy Taylor (RC)	USA	264	182	292	738
M4 Sue Ann Hurlbert (R)	USA	105	83	176	364

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M5	Sue Ann Hurlbert (R)	USA	121	89	212	422
M7	Linda Costello (R)	USA	154	83	220	457

Div. 56kg/123.5lb

M1	Dawn Bogart (SP)	USA	265	175	295	735
M2	Kathy Wilson (RC)	USA	160	88	187	435
M2	Missy Taylor (R)	USA	265	176	292	722
M3	Lisa Baker (R)	USA	182	94	237	512
M4	Dawn Williams (R)	USA	176	116	226	518

60kg/132.25lb

		Nation	SQT	BP	DL	TOTAL
M3	Priscilla Pardue (RC)	USA	308	143	259	711
M3	Priscilla Pardue (SP)	USA	331	165	265	761
M2	Bela Ghosh (R)	INDIA		180	315	495
M2	Angie Terry (RC)	USA	105			

67.5kg/148.75lb

M1	Misty Bruce (R)	USA		138	209	496
M1	Jennifer Rush (R)	USA	176			
M2	Aiysha Hayes (R)	USA		165	292	
M2	Melissa Smith (MP)	USA	518	275	358	1146
M3	Priscilla Pardue (RC)	USA	265	132		645
M3	Priscilla Pardue (SP)	USA	308	154	264	727
M3	Yvette Bushard (R)	USA	270	160	281	711
M4	Priscilla Pardue (SP)	USA	303	176	281	755

75kg/165.25lb

M1	Tara Peele (R)	USA	270	160	347	777
M3	Candice Maness (SP)	USA	243	182	254	678
M4	Candice Maness (SP)	USA	358	270	281	909
M2	Bonnie Mosley (R)	USA	314	171	331	816
M3	Tammy Crowley-DeLoatch(R)	USA		187		
M4	Dawn O'Donnell (R)	USA	226	132	314	672
M5	Cindy Meeker (SP)	USA		209		
M5	Cindy Meeker (R)	USA			284	

82.5kg/181.75lb

M1	Christina Lauffer (SP)	USA		253	309	
M2	Crystal McCullough (R)	USA	308	176	353	834
M2	Heather Streible (RC)	USA	176		298	634
M3	Sujata Bhakat (R)	INDIA	265	143	292	700
M4	Cindy Meeker (RC)	USA	281		319	727
M4	Carolyn Beck (R)	USA	209	149	248	606
M4	Cathy Cranford (R)	USA			248	

90kg/198.25lb

M1	Anika Harper (SP)	USA		237	336	
M1	Carla Akers (R)	USA	320		336	838
M1	Mona Espinosa (R)	USA		204		
M1	Tricia Emrich (RC)	USA	260		285	695

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M4	Cathy Cranford (R)	USA	190		248	500
M4	Shelly Moore (R)			99		

90.01+kg/198.26+lb

M1	Hollie Sands (R)	USA		242	441	
M1	Katy Silvers (RC)	USA	380		380	920
M1	Anika Harper (SP)	USA		248	402	
M3	Ylander Ross (RC)	USA	340	215	400	955

100kg/220.25lb

M1	Anika Harper (SP)	USA		248	402	
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110kg/242.5lb

M1	Katy Silvers	USA	385			
M3	Ylander Ross	USA		215	400	955

110.1+kg/242.6+lb

M1	Katy Silvers	USA	380			920
M1	Hollie Sands (R)	USA		242	441	
M2	Janet Martin (R)	USA		132	265	
M3	Janet Martin (R)	USA			364	

Female Youth, Teenage & Kids Club

T1-13-15, T2-16-17, T3-18-19

<u>44kg/97.0lb</u>		Nation	SQT	BP	DL	TOTAL
KC	Kambree Williamson	USA			110	

48kg/105.75lb

Y	Carmen Trivette	USA	121	83	143	347
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52kg/114.5lb

T2	Leighann Allen	USA		88	215	
T2	McKenna Wright	USA	121			391
T1	Makayla Van Meter	USA		105	220	435
T1	Carmen Trivette	USA	149			

Div. 56kg/123.5lb

T3	Becca Dison	USA	276	160	320	755
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60kg/132.25lb

T3	Claire Rosser	USA	242	138	303	683
T2	Mara Hall	USA	198	110	259	568
T1	Macy Lantz	USA	143	88	193	391

67.5kg/148.75lb

T3	Hanna Young (R)	USA	314	165	303	816
T1	Haleigh Batchelor (RC)	USA	193	138	226	551
T1	Macy Lantz (R)	USA	231		243	573

75kg/165.25lb

T3	Katarina Giancroce (R)	USA	270	126	292	689
T3	Sarah Oesch (RC)	USA	275	176	334	772
T2	Sarah Oesch (RC)	USA	253	151	333	737

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T1	Tyler Glover (R)	USA	237	132		683
T1	Olivia Dubrow (R)	USA			320	
82.5kg/181.75lb						
T3	Shelby Sprinkle (R)	USA	281		402	827
T3	Victoria Renfroe (R)	USA		150		
T2	Sarah Oesch (RC)	USA	237	149	326	712
T2	Kayla McCubbins (R)	USA	105		149	325
T1	Kayla McCubbins (R)	USA	94	61	160	314
Y	Neveah McIntosh (R)	USA	138	94	200	432

Cat. 90kg/198.25lb

T2	Alyssa Beadles (R)	USA	204	121	286	612
T1	Karson Tolle (R)	USA	226	116	292	634
Y	Neveah McIntosh	USA	292	116	231	639

100kg/220.4lb

Y	Neveah McIntosh (RC)	USA	281	132	242	656
T1	Karson Tolle (R)	USA	237	105	275	617

110kg/242.5lb

None

110+kg/242.6+lb

T1	Kennedy Green	USA	286		275	689
T1	Alex Jefferson (RC)	USA		143	303	
T3	Meredith Arnold (RC)	USA	242	149	309	700

Female M/P/F

48kg/105.75lb

RC	Stephanie Washington	USA	193	110	226	529
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Cat. 56kg/123.5lb

RC	Amanda Isley	USA	242			675
R	Tiffany Faulkner	USA		155	305	

Cat. 60kg/132.25lb

R	Bela Ghosh	INDIA		180	315	495
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Cat. 67.5kg/148.75lb

None

Cat. 75kg/165.25lb

R	Mikhayla Dunn	USA	275		320	749
R	Heather Ingalls	USA		187		

Cat. 82.5kg/181.75lb

R	Gabrielle Robbins	USA	314	204	397	914
R	Sujata Bhakat	INDIA	265	155	292	700
RC	Emily Merritt	USA	386		391	937

Cat. 90kg/198.25lb

None

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Cat. 90.01+kg/198.26+lb

RC Tarra Farnham USA 308 138 336 782

Female Standing Curl

<u>Lifter</u>	<u>Age</u>	<u>BW</u>	<u>Wgt Cl</u>	<u>Best Curl</u>
Janet Martin	51	255	SHW	80
Maureen Clary	62	156.9	165	88
Julie Johnson	n/a	142	148	80
Aiysha Hayes	46	137	148	50
Haleigh Batchelor	13	143.7	148	65
Miranda	29	122	123	60
Heather Streible	45	173.8	181	91.5
Pamela Buskirk	39	178.1	181	66
Nelda Newton	59	170.2	181	60
Shelly Moore	58	191.8	198	65
Mona Espinosa	40	187.2	198	85