

USA NATIONALS

MORNING SESSION

Start time is approximately 8:45 am

Follows Flight A Deadlifts

SQ & DL-Flight A	Bench-Flight A	Strict Curl-Flight
RENEE FERGUSON (D)	JANET MARTIN	LINSEY EUDY
JANET MARTIN (D)	MIA KIMBALL	JANET MARTIN
MIA KIMBALL	YANILEY VALDES	JOHN KRAWCHISON
YANILEY VALDES	KAT KALININA	BRIAN BOND
KAT KALININA	LINSEY EUDY	JASON BARNES
LINSEY EUDY	JESSICA GUILBEAU	GEORGE WELLS
JESSICA GUILBEAU	KATHLEEN MUNSEY	ELIJAH MOORE
KHOIBEAST LE	CYNDI DAVIS	OTHERS TBA
ROSS ROBERTS		
TED de MENT	Bench-Flight B	
STEPHEN LOUNSBERRY	DAVID RUBNITZ	
NICHOLAS BENNETT	KHOIBEAST LE	
COREY MCMANUS	ROSS ROBERTS	
CYNDI DAVIS (D)	PATRICK MACKIN	
KATHLEEN MUNSEY (D)	TED de MENT	
	STEPHEN LOUNSBERRY	
	NICHOLAS BENNETT	
	COREY MCMANUS	
	BRIAN BOND	
	RICK TOMBERLIN	
	CHRISTOPHER LONG	

AFTERNOON SESSION

Start time is approximately 2:00 pm

Full Power-Flight C	Bench-Flight E
FRANK MATTEI	ROBERT WASHINGTON
HARRY WOTRING	DAVID BUNDY
JOHN HARRISON	GEORGE WELLS
JAMES PERRY II	JOHN VON ROHR
JAMES JUSTICE	COLIN DRYDEN
WILLIS LEWIS	MARK OUTLAW
JOHN MATTEI	JASON BARNES
CHRIS HOLT	SEAN HILDRETH
RYAN MCMILLAN	CASEY WHITEHEAD
GEORGE WELLS (B)	MICHAEL DANSBY
DAVID GREENE (B/D)	(First Bench Flight)

Full Power-Flight D
MICHAEL EDWARDS
MORTON GAUSE III
HAMPTON PELTON
DALE YAWN
ELIJAH MOORE
JONATHAN BROGDEN
BURT CONLEY
JAMES JUSTICE
ZACHARY JOHNSON
RAMSEY JOHNSON
DEMETRIUS CHAPLIN (B/D)