



# WORLD POWERLIFTING GAMES 2022

Hosted by: Torque Performance, Rise Indoor Sports, Advance, NC, USA, October 22-23, 2022

## Projected Time Table / Schedule (Military Time)

Day & Date	Weigh in times	Event Agenda	Start
Friday 21 October		<b>Weigh-ins: for Saturday Competitors only</b>	
	09:30 – 12:00	<b>All Female</b> Divisions & Weight Classes 44 kg – 90.1+ kg and <b>Males</b> in Divisions & Weight Classes 52 kg - 90 kg	<b>9:30</b>
	16:00 – 18:00	<b>All Female</b> Divisions & Weight Classes 44 kg – 90.1+ kg and <b>Males</b> in Divisions & Weight Classes 52 kg - 90 kg	<b>16:00</b>
	18:15-Until	<b>Opening Ceremony - Meet &amp; Greet</b>	<b>18:15</b>
		<b>Introductions: Athletes, Host, Vendors, Inductees</b>	
		<b>2022 Hall of Fame Induction Ceremony</b>	
Saturday 22 October	06:45-07:45	<b>Late Weigh-in (by request) – Sat/Sun Lifters</b>	<b>06:45</b>
	08:00-08:20	<b>Mandatory Rules Meeting</b>	<b>08:00</b>
	09:00	<b>Competition Begins for the Following Athletes:</b> <b>All Female</b> Divisions & Weight Classes 44 kg – 110.1+ kg and <b>Males</b> in Divisions & Weight Classes 52 kg – 90 kg	<b>09:00</b>
	16:00 (Approx.)	<b>Saturday Award Ceremony</b>	<b>16:00</b>
Saturday 22 October		<b>Weigh-ins for only Sunday Competitors</b>	
	9:30 - 12:00	<b>Males all</b> Divisions & Weight Classes 100 kg – 140.1+ kg	<b>9:30</b>
	15:30 – 17:30	<b>Males all</b> Divisions & Weight Classes 100 kg – 140.1+ kg	<b>15:30</b>
Sunday 23 October	06:45-07:45	<b>Late Weigh-in (by request) – Sunday Lifters</b>	<b>06:45</b>
Sunday 23 October		<b>Sunday Competition Day Schedule</b>	
	08:00-08:20	<b>Mandatory Rules Meeting</b>	<b>08:00</b>
	09:00	<b>Competition Begins for the Following Athletes:</b> <b>Males all</b> Divisions & Weight Classes 100 kg – 140.1+ kg	<b>09:00</b>
	16:00 (Approx.)	<b>Sunday Award Ceremony</b>	<b>16:00</b>

### Contact Information:

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