

# North American Cup, The Pit Barbell Club, Evansville, IN

19-Jun-21

## Full Power - Kilo Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
Aleya Woodall	21	F-JF-R-1	162.6	165	87.5	110	117.5	117.5	57.5	67.5	-75	67.5	185	105	125	140	140	325
Alyssa Beadles	16	-T2F-R-	192.4	198	82.5	87.5	92.5	92.5	52.5	55	-57.5	55	147.5	115	122.5	130	130	277.5
Heidi Schuck	31	-OF-R-	122.8	123	75	85	-105	85	50	60	-65	60	145	100	115	-127.5	115	260
Emily Merritt	29	-OF-R-	197.2	198	187.5	200	-205	200	-92.5	-105	-105	0	0	0	0	0	0	DQ
Dawn O'Donnell	58	-M4F-R	157	165	85	90	95	95	52.5	55	57.5	57.5	152.5	125	130	-140	130	282.5
Carolyn Beck	59	-M4F-R	174.4	181	87.5	-92.5	95	95	65	67.5	-70	67.5	162.5	102.5	107.5	112.5	112.5	275
Amy Kivett	48	-M2F-R	172.6	181	82.5	105	-115	105	55	65	-72.5	65	170	102.5	120	132.5	132.5	302.5
Christina Lauffer	42	M1F-RC	209.2	SHW	85	-92.5	-92.5	85	60	-67.5	-67.5	60	145	-110	122.5	137.5	137.5	282.5
Isaac Freeman	20	-JF-R-	269.8	275	170	185	-195	185	120	130	137.5	137.5	322.5	230	240	245	245	567.5
Jacob Jarboe	23	-JF-R-	226.2	242	160	-182.5	160	142.5	-155	155	155	155	315	62.5	0	0	62.5	377.5
Maddox Catlin	16	T2F-R	159	165	147.5	155	162.5	162.5	100	105	-110	105	267.5	152.5	165	175	175	442.5
Trent Lieske	16	T2F-R	158	165	130	142.5	147.5	147.5	92.5	97.5	-102.5	97.5	245	172.5	-185	-185	172.5	417.5
Peyton Lauffer	13	T1F-RC	138.4	148	45	-47.5	47.5	47.5	25	27.5	-30	27.5	75	55	65	70	70	145
Matt Hughen	28	-OF-RC	239.6	242	240	257.5	-272.5	257.5	152.5	165	170	170	427.5	215	232.5	245	245	672.5
Collin Wargel	26	-OF-R-	192	198	150	160	-170	160	115	120	-125	120	280	205	220	227.5	227.5	507.5
Brent Hettenback - O	41	-OF-R-	269.8	275	182.5	197.5	-215	197.5	147.5	160	-167.5	160	357.5	182.5	210	-230	210	567.5
Ben Sarabia	26	-NF-R-	216	220	167.5	182.5	187.5	187.5	115	122.5	-127.5	122.5	310	200	210	215	215	525
Rick Reed - MPF	55	MPFP-I	214.2	220	160	175	185	185	-145	-145	145	145	330	220	227.5	-240	227.5	557.5
Rick Reed - M4	55	-M4F-R	214.2	220	160	175	185	185	-145	-145	145	145	330	220	227.5	-240	227.5	557.5
Jason St. Clair	28	-OF-R-	217.6	220	278.5	318	-325	318	172.5	182.5	pass	182.5	500.5	227.5	265	-280	265	765.5
Toby Elmer	43	-M1F-R	292.8	308	207.5	225	235	235	145	155	-172.5	155	390	220	235	245	245	635
Brent Hettenback - N	41	-M1F-R	269.8	275	182.5	197.5	-215	197.5	147.5	160	-167.5	160	357.5	182.5	210	-230	210	567.5
Derek Sutton	40	-OF-R-	180.2	181	0	0	0	0	0	0	0	0	0	0	0	0	0	DQ

## Full Power - Pound Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
Matt Hughen	28	-OF-RC	239.6	242	529.104	567.685	-600.75	567.685	336.202	363.759	374.782	374.782	942.467	473.99	512.57	540.127	540.127	1482.59
Jason St. Clair	28	-OF-R-	217.6	220	613.981	701.063	-716.5	701.062	380.25	402.25	pass	402.25	1103.87	501.55	584.219	-617.254	584.219	1688.08
Toby Elmer	43	-M1F-R	292.8	308	457.455	496.035	518.081	518.081	319.667	341.713	-380.29	341.713	859.794	485.01	518.081	540.127	540.127	1399.92
Rick Reed - MPF	55	MPFP-I	214.2	220	352.736	385.805	407.851	407.851	-319.67	-319.67	319.667	319.667	727.518	485.01	501.547	-529.104	501.547	1229.06
Rick Reed - M4	55	-M4F-R	214.2	220	352.736	385.805	407.851	407.851	-319.67	-319.67	319.667	319.667	727.518	485.01	501.547	-529.104	501.547	1229.06
Collin Wargel	26	-OF-R-	192	198	330.69	352.736	-374.78	352.736	253.529	264.552	-275.58	264.552	617.288	451.94	485.012	501.547	501.547	1118.83
Isaac Freeman	20	-JF-R-	269.8	275	374.782	407.851	-429.9	407.851	264.552	286.598	303.133	303.133	710.984	507.06	529.104	540.127	540.127	1251.11
Brent Hettenback - O	41	-OF-R-	269.8	275	402.34	435.409	-473.99	435.409	325.179	352.736	-369.27	352.736	788.145	402.34	462.966	-507.058	462.966	1251.11
Brent Hettenback - N	41	-M1F-R	269.8	275	402.34	435.409	-473.99	435.409	325.179	352.736	-369.27	352.736	788.145	402.34	462.966	-507.058	462.966	1251.11
Maddox Catlin	16	T2F-R	159	165	325.179	341.713	358.248	358.248	220.46	231.483	-242.51	231.483	589.731	336.2	363.759	385.805	385.805	975.535
Ben Sarabia	26	-NF-R-	216	220	369.271	402.34	413.363	413.363	253.529	270.064	-281.09	270.064	683.426	440.92	462.966	473.989	473.989	1157.41
Aleya Woodall	21	F-JF-R-1	162.6	165	192.903	242.506	259.041	259.041	126.765	148.811	-165.35	148.811	407.851	231.48	275.575	308.644	308.644	716.495
Trent Lieske	16	T2F-R	158	165	286.598	314.156	325.179	325.179	203.926	214.949	-225.97	214.949	540.127	380.29	-407.851	-407.851	380.294	920.420
Heidi Schuck	31	-OF-R-	122.8	123	165.345	187.391	-231.48	187.391	110.23	132.276	-143.3	132.276	319.667	220.46	253.529	-281.087	253.529	573.196
Amy Kivett	48	-M2F-R	172.6	181	181.88	231.483	-253.53	231.483	121.253	143.299	-159.83	143.299	374.782	225.97	264.552	292.11	292.11	666.891
Dawn O'Donnell	58	-M4F-R	157	165	187.391	198.414	209.437	209.437	115.742	121.253	126.765	126.765	336.202	275.58	286.598	-308.644	286.598	622.799
Carolyn Beck	59	-M4F-R	174.4	181	192.903	-203.93	209.437	209.437	143.299	148.811	-154.32	148.811	358.248	225.97	236.995	248.018	248.018	606.265
Alyssa Beadles	16	-T2F-R	192.4	198	181.88	192.903	203.926	203.926	115.742	121.253	-126.76	121.253	325.179	253.53	270.064	286.598	286.598	611.776
Christina Lauffer	42	M1F-RC	209.2	SHW	187.391	-203.93	-203.93	187.391	132.276	-148.81	-148.81	132.276	319.667	-242.51	270.064	303.133	303.133	622.799
Jacob Jarboe	23	-JF-R-	226.2	242	352.736	-402.34	0	352.736	314.156	-341.71	341.713	341.713	694.449	137.79	0	0	137.788	832.236
Peyton Lauffer	13	T1F-RC	138.4	148	99.207	-104.72	104.719	104.719	55.115	60.6265	-66.138	60.6265	165.345	121.25	143.299	154.322	154.322	319.667
Emily Merritt	29	-OF-R-	197.2	198	413.363	440.92	-451.94	440.92	-203.93	-231.48	-231.48	0	0	0	0	0	0	DQ
Derek Sutton	40	-OF-R-	180.2	181	0	0	0	0	0	0	0	0	0	0	0	0	0	DQ

## Push Pull - Kilo Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total
Matt Smith	26	-OP-R-	239.4	242	-182.5	187.5	197.5	197.5	257.5	265	280	280	477.5
Adam Rice	33	-OP-R	226.8	242	142.5	152.5	-160	152.5	185	202.5	220	220	372.5
Matthew Ingles	40	-M1P-R	260.2	275	197.5	207.5	217.5	217.5	245	255	267.5	267.5	485
Andrea Willis - M1	40	-M1P-R	272.2	SHW	90	102.5	-105	102.5	147.5	162.5	-177.5	162.5	265

## Push Pull - Pound Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total
Matt Smith	26	-OP-R-	239.4	242	-402.34	413.363	435.409	435.409	567.685	584.219	617.288	617.288	1052.69
Adam Rice	33	-OP-R	226.8	242	314.156	336.202	-352.74	336.202	407.851	446.432	485.012	485.012	821.213
Matthew Ingles	40	-M1P-R	260.2	275	435.409	457.455	479.501	479.501	540.127	562.173	589.731	589.731	1069.23
Andrea Willis - M1	40	-M1P-R	272.2	SHW	198.414	225.972	-231.48	225.972	325.179	358.248	-391.32	358.248	584.219

### Bench Press - Kilo Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Best Bench
Terry Cox Jr.	22	M-JB-R	228.8	242	150	160	165	165
Terry Cox - O	55	M-OB-R	307	308	182.5	192.5	197.5	197.5
Terry Cox - M4	55	M4B-F	307	308	182.5	192.5	197.5	197.5
Larry Ulrich	59	M4B-F	197.8	198	155	165	-174	165
Larry Ulrich	59	M-OB-R	197.8	198	155	165	-174	165
Harvey Krantz	51	M3B-F	275.4	275	115	125	-135	125

### Bench Press - Pound Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Best Bench
Terry Cox Jr.	22	M-JB-R	228.8	242	330.69	352.736	363.759	363.759
Terry Cox - O	55	M-OB-R	307	308	402.34	424.386	435.409	435.408
Terry Cox - M4	55	M4B-F	307	308	402.34	424.386	435.409	435.408
Larry Ulrich	59	M4B-F	197.8	198	341.713	363.759	-383.6	363.759
Larry Ulrich	59	M-OB-R	197.8	198	341.713	363.759	-383.6	363.759
Harvey Krantz	51	M3B-F	275.4	275	253.529	275.575	-297.62	275.575

### Deadlift - Kilo Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift
Jeffrey Hughart	64	M5D-R	248.2	275	230	245	-252.5	245

### Deadlift - Pound Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift
Jeffrey Hughart	64	M5D-R	248.2	275	507.06	540.127	-556.66	540.127

### Standing Curl - Pound Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench
Larry Ulrich	59	M4C-F	197.8	198	110	120	130	140	140
Rick Reed - M4	55	M4C-F	214.2	220	110	120	130	140	140
Harvey Krantz	51	M3C-F	275.4	275	110	-120	120	0	120

Team Champion: The Pitt Barbell Club