



# WORLD POWERLIFTING GAMES 2025

## October 9-12, 2025

Event Venue: Statesville Civic Center, Statesville NC, USA

Event Agenda / Schedule (Military Time)

Day & Date

ElteFTS Presents

**Thursday 9 October (Starts at 9:30 am)**

**Upper Body Training Seminar by Laura Philps & Naomi Sheppard**

**Friday 10 October (Starts at 1:00 pm)**

**Lower Body Training Seminar by Laura Phelps, Naomi Sheppard & Josh Miller**

### Event World Powerlifting Games Competition Schedule

**Friday 10 October (Early Weigh-In)**

Topic	Times	Event Agenda	Start
Early Weigh-In	09:00 – 12:00	Day #1 Weigh-In: Saturday Competitors only	09:00
	and 16:00-18:00	All Female Divisions & Weight Classes 44 kg thru 110.1+ kg and All Males in Divisions & Weight Classes 52 kg - 90 kg	16:00
		All Female Divisions & Weight Classes 44 kg – 110.1+ kg and All Male Divisions & Weight Classes 52 kg - 90 kg	
		<b>Saturday 11 October</b>	
Weigh-In/Sat. & Sun.	06:45-08:00	Day #1 & #2 Weigh-In (by request) – Sat Lifters	06:45
All Competitors	06:45-08:00	Day #1 & #2 Weigh-In (by request) – Sun Lifters	06:45
Day #2 Weigh-In	10:30-12:00 & 15:30-17:00	Only Day #2 Weigh-In	10:30 & 15:30
Rules Meeting/Sat Comp Only	08:00-08:20	Mandatory Rules Meeting	08:00
Day #1 Competition Begins	09:00	Competition Begins for the Following Athletes: All Female Divisions & Weight Classes 44 kg – 110.1+ kg and All Male Divisions for Weight Classes 52 kg – 90 kg	09:00
Award Ceremony	15:30 (Approx.)	Saturday Award Ceremony	15:30
HOF Induction Ceremony	16:15 (Approx.)	HOF Induction – Class of 2025!	16:15
		<b>Sunday 12 October</b>	
Late Weigh-In	06:45 – 08:00	Day #2 Weigh-In: Sunday Competitors only	06:45
		All Male Divisions for Weight Classes 100kg – 140.1+kg	
Rules Meeting	08:00-08:20	Mandatory Rules Meeting	08:00
Day #2 Competition Begins	09:00	Competition Begins for the Following Athletes: All Male Divisions for Weight Classes 100kg – 140.1+kg	09:00
Award Ceremony	15:30 (Approx.)	Sunday Award Ceremony	15:30



Note of Interest		<i>In order to expedite the flow of the competition and minimize delays between attempts and flights the use of 2 or 3 platforms simultaneously may be necessary to, 1) maximize performance potential and 2) keep everyone engaged in the action.</i>	
		<b>Event Hotels</b>	
Event Hotel		<b>Hampton Inn</b>	
		<b>1508 Cinema Dr., Statesville, NC</b>	
		<b>704-883-8380</b>	
Event Hotel		<b>Fairfield Inn &amp; Suites</b>	
		<b>1243 Tonewood St., Statesville, NC</b>	
		<b>704-818-2850</b>	
Event Hotel		<b>Comfort Inn &amp; Suites</b>	
		<b>1214 Greenland Dr., Statesville, NC</b>	
		<b>704-873-2044</b>	
		<b>Nearby Airports</b>	
		<ol style="list-style-type: none"> <li>1. Concord-Padgett Regional Airport (29.1 miles / 46.8 kilometers)</li> <li>2. Charlotte Douglas International Airport (39.5 miles / 63.5 kilometers)</li> <li>3. Greensboro Piedmont Triad International Airport (57.5 miles / 92.5 kilometers)</li> <li>4. Asheville Regional Airport (96.1 miles / 154.6 kilometers)</li> </ol>	