Spring Festival of Strength

Fitness Factory, Brevard, NC

'2024-04-13

Results - Kilos

Pl	Name	Sex	Age	Nation	State	Equip	Division	BodyWgt_kilo	WgtClass_kilo	Squat1_Kg	Squat2_Kg	Squat3_Kg	Best3Squat_Kg	Bench1_Kg	Bench2_Kg	Bench3_Kg	Bench4_Kg	Best3Bench_Kg	Deadlift1_Kg	Deadlift2_Kg	Deadlift3_Kg	Deadlift4_Kg	Best3Deadlift_Kg	Total_Kg	Event
1	**Abby Rice**	F	21	USA	NC	Bare	J-T	71.6	75	112.5	117.5	125	125	67.5	72.5	77.5	80	77.5	127.5	132.5	137.5		137.5	**340**	SBD
1	**Sara Carriker**	F	31	USA	VA	Bare	N-X	66.9	67.5	87.5	95	100	100	50	52.5	-57.5		52.5	130	137.5	142.5		142.5	**295**	SBD
1	**Sara Carriker**	F	31	USA	VA	Bare	O-T	66.9	67.5	87.5	95	100	100	50	52.5	-57.5		52.5	130	137.5	142.5		142.5	**295**	SBD
1	**Cody Lynn Powell**	F	26	USA	NC	Bare	O-T	74.2	75	120	127.5	132.5	132.5	72.5	75	-77.5		75	142.5	150	-157.5	0	150	**357.5**	SBD
2	**Abby Rice**	F	21	USA	NC	Bare	O-T	71.6	75	112.5	117.5	125	125	67.5	72.5	77.5	80	77.5	127.5	132.5	137.5		137.5	**340**	SBD
1	**Anika Harper**	F	44	USA	NC	Wraps	M1-T	95	100	155	170	192.5	192.5	55	60	65		65	137.5	155	-182.5		155	**412.5**	SBD
1	**Anika Harper**	F	44	USA	NC	Wraps	O-T	95	100	155	170	192.5	192.5	55	60	65		65	137.5	155	-182.5		155	**412.5**	SBD
1	**Katy Silvers**	F	42	USA	NC	Bare	M1-T	241.2	110+					80	-87.5	87.5		87.5						**87.5**	B
1	**Cherie Goldsmith**	F	58	USA	NC	Bare	M4-U	80.2	82.5					80	-82.5	82.5		82.5						**82.5**	B
1	**Katy Silvers**	F	42	USA	NC	Bare	O-T	241.2	110+					80	-87.5	87.5		87.5						**87.5**	B
1	**Melissa Smith #1**	F	49	USA	NC	Multi-ply	M2-U	64.4	67.5					-142.5	-150	150		150						**150**	B
DQ	**Shelley Yates**	F	48	USA	NC	Multi-ply	M2-U	89.72	90					-195	-200	-200								**DQ**	B
DQ	**Shelley Yates**	F	48	USA	NC	Multi-ply	O-U	89.72	90					-195	-200	-200								**DQ**	B
1	**Caleb Brooks**	M	22	USA	NC	Bare	J-T	73.8	75	170	180	185	185	152.5	160	165	-167.5	165	182.5	197.5	210		210	**560**	SBD
2	**Logan Scott**	M	21	USA	NC	Bare	J-T	72.7	75	165	177.5	185	185	107.5	-117.5	-117.5		107.5	190	210	-217.5		210	**502.5**	SBD
1	**Conner Brittain**	M	20	USA	NC	Bare	J-T	137.7	140	210	225	-235	225	120	130	142.5		142.5	222.5	245	-255		245	**612.5**	SBD
1	**Dusty Robinson**	M	43	USA		Bare	M1-T	121.1	125	212.5	220	227.5	227.5	160	167.5	175		175	220	235	242.5		242.5	**645**	SBD
1	**Gary Spencer**	M	47	USA	NC	Bare	M2-T	91	100	130	145	150	150	115	120	-122.5		120	170	175	180		180	**450**	SBD
1	**Ryan Gosnell**	M	48	USA	SC	Bare	M2-U	88.6	90	187.5	197.5	210	210	145	157.5	-162.5		157.5	215	230	-240		230	**597.5**	SBD
1	**Glenn Baggett**	M	50	USA	GA	Bare	M3-U	109.3	110	255	272.5	282.5	282.5	200	-207.5	207.5		207.5	260	282.5			282.5	**772.5**	SBD
1	**Jeffrey Spencer**	M	28	USA	NC	Bare	N-X	82.2	82.5	185	190	-192.5	190	120	130	-140		130	200	-220	-220		200	**520**	SBD
NS	**Bryson Carson**	M	26	USA	SC	Bare	O-T																		SBD
1	**Logan Scott**	M	21	USA	NC	Bare	O-T	72.7	75	165	177.5	185	185	107.5	-117.5	-117.5		107.5	190	210	-217.5		210	**502.5**	SBD
1	**Blaise McCall**	M	30	USA	nc	Bare	O-T	118.3	125	222.5	242.5	257.5	257.5	200	217.5	-227.5		217.5	217.5	232.5	252.5		252.5	**727.5**	SBD
1	**Jamie Salley**	M	39	USA	NC	Bare	S-T	73.7	75	117.5	132.5	142.5	142.5	95	102.5	105		105	172.5	182.5	187.5		187.5	**435**	SBD
1	**Colton Arilotta**	M	15	USA	NC	Bare	T1-X	57.6	60	122.5	-130	-130	122.5	57.5	65	67.5	72.5	67.5	122.5	140	152.5	-155	152.5	**342.5**	SBD
1	**Hayden Salley**	M	14	USA	NC	Bare	T1-X	71.48	75	85	92.5	-105	92.5	52.5	57.5	65		65	105	115	130		130	**287.5**	SBD
1	**Dustin Spencer**	M	16	USA	NC	Bare	T2-X	89.95	90	160	170	182.5	182.5	95	102.5	110		110	200	220	-227.5		220	**512.5**	SBD
1	**Brody Hayes**	M	17	USA	NC	Bare	T2-X	102.87	110	192.5	205	225	225	102.5	110	-120		110	230	247.5	255		255	**590**	SBD
1	**Jason Blanco**	M	18	USA	NC	Bare	T3-X	79.15	82.5	165	175	177.5	177.5	107.5	115	122.5		122.5	197.5	212.5	227.5		227.5	**527.5**	SBD
1	**Jeshua Whited**	M	19	USA	NC	Bare	T3-X	89	90	165	185	200	200	117.5	125	-130		125	212.5	225	230		230	**555**	SBD
NS	**Gage Bohmuller**	M	20	USA	NC	Wraps	J-T																		SBD
NS	**Jason Scott**	M	41	USA	SC	Wraps	M1-U																		SBD
1	**Jason Hamilton**	M	42	USA	SC	Wraps	M1-U	82	82.5	142.5	165	192.5	192.5	105	112.5	120		120	182.5	192.5	205		205	**517.5**	SBD
NS	**Michael Dewitt**	M	30	USA	NC	Wraps	O-T																		SBD
NS	**Bob Kent**	M	56	USA	NC	Wraps	O-U																		SBD
1	**Dillon Knighton**	M	25	USA	NC	Wraps	O-U	81.4	82.5	-215	215	-242.5	215	162.5	172.5	-182.5		172.5	197.5	220	227.5		227.5	**615**	SBD
1	**Nick Parks**	M	34	USA	NC	Wraps	O-U	97.5	100	240	245	250	250	150	160	-167.5		160	265	275	280		280	**690**	SBD
2	**Colton Freeman**	M	31	USA	NC	Wraps	O-U	94.5	100	220	237.5	250	250	135	147.5	157.5		157.5	237.5	262.5	-272.5		262.5	**670**	SBD
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	O-U	108.18	110	272.5	300	-305	300	217.5	227.5	-232.5		227.5	265	-272.5			265	**792.5**	SBD
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	S-U	108.18	110	272.5	300	-305	300	217.5	227.5	-232.5		227.5	265	-272.5			265	**792.5**	SBD
1	**Nicolas Agundiz**	M	15	USA	NC	Wraps	T1-X	73.48	75	145	162.5	170	170	72.5	80	85		85	165	185	200		200	**455**	SBD
NS	**Mike Sartain**	M	52	USA	NC	Bare	M3-T																		BD
1	**Mason Galloway**	M	16	USA	NC	Bare	T2-X	80.65	82.5					95	110	-125		110	172.5	175	182.5	187.5	182.5	**292.5**	BD
1	**Nick Parks**	M	34	USA	NC	Wraps	O-U	97.5	100					150	160	-167.5		160	265	275	280		280	**440**	BD
1	**Patrick Mackin**	M	55	USA	SC	Bare	M4-T	67	67.5					122.5	140	142.5		142.5						**142.5**	B
1	**Colin Dryden**	M	28	USA	SC	Bare	N-X	99.6	100					170	180	-182.5		180						**180**	B
1	**Patrick Mackin**	M	55	USA	SC	Bare	O-T	67	67.5					122.5	140	142.5		142.5						**142.5**	B
1	**Colin Dryden**	M	28	USA	SC	Bare	O-U	99.6	100					170	180	-182.5		180						**180**	B
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	O-U	108.18	110					217.5	227.5	-232.5		227.5						**227.5**	B

1	**Jonathan Brogden**	M	38	USA	NC	Wraps	S-U	108.18	110					217.5	227.5	-232.5		227.5						**227.5**	B
NS	**Bernard Werts**	M	19	USA	NC	Multi-ply	O-T																		B
NS	**Bernard Werts**	M	19	USA	NC	Multi-ply	T3-X																		B
1	**Alan Schnepel**	M	74	USA	NC	Bare	M7-T	138.2	140										125	140	142.5		142.5	**142.5**	D
1	**Nick Parks**	M	34	USA	NC	Wraps	O-U	97.5	100										265	275	280		280	**280**	D
NS	**Oliver C George**	M	57	USA	VA	Single-p	M4-T																		D
NS	**Oliver C George**	M	57	USA	VA	Single-p	MPF-T																		D

Results - Pounds

Pl	Name	Sex	Age	Nation	State	Equip	Division	BodyWgt_lb	WgtClass_lb	Squat1_lb	Squat2_lb	Squat3_lb	Best3Squat_lb	Bench1_lb	Bench2_lb	Bench3_lb	Bench4_lb	Best3Bench_lb	Deadlift1_lb	Deadlift2_lb	Deadlift3_lb	Deadlift4_lb	Best3Deadlift_lb	Total_Lb	Event
1	**Abby Rice**	F	21	USA	NC	Bare	J-T	157.85	165	248	259	275.6	275.6	148.8	159.8	170.9	176.4	170.9	281.1	292.1	303.1		303.1	**749.6**	SBD
1	**Sara Carriker**	F	31	USA	VA	Bare	N-X	147.49	149	192.9	209.4	220.5	220.5	110.2	115.7	-126.8		115.7	286.6	303.1	314.2		314.2	**650.4**	SBD
1	**Sara Carriker**	F	31	USA	VA	Bare	O-T	147.49	149	192.9	209.4	220.5	220.5	110.2	115.7	-126.8		115.7	286.6	303.1	314.2		314.2	**650.4**	SBD
1	**Cody Lynn Powell**	F	26	USA	NC	Bare	O-T	163.58	165	264.6	281.1	292.1	292.1	159.8	165.3	-170.9		165.3	314.2	330.7	-347.2		330.7	**788.1**	SBD
2	**Abby Rice**	F	21	USA	NC	Bare	O-T	157.85	165	248	259	275.6	275.6	148.8	159.8	170.9	176.4	170.9	281.1	292.1	303.1		303.1	**749.6**	SBD
1	**Anika Harper**	F	44	USA	NC	Wraps	M1-T	209.44	220	341.7	374.8	424.4	424.4	121.3	132.3	143.3		143.3	303.1	341.7	-402.3		341.7	**909.4**	SBD
1	**Anika Harper**	F	44	USA	NC	Wraps	O-T	209.44	220	341.7	374.8	424.4	424.4	121.3	132.3	143.3		143.3	303.1	341.7	-402.3		341.7	**909.4**	SBD
1	**Katy Silvers**	F	42	USA	NC	Bare	M1-T	241.18	243					176.4	-192.9	192.9		192.9						**192.9**	B
1	**Cherie Goldsmith**	F	58	USA	NC	Bare	M4-U	176.81	182					176.4	-181.9	181.9		181.9						**181.9**	B
1	**Katy Silvers**	F	42	USA	NC	Bare	O-T	241.18	243					176.4	-192.9	192.9		192.9						**192.9**	B
1	**Melissa Smith #1**	F	49	USA	NC	Multi-ply	M2-U	141.98	149					-314.2	-330.7	330.7		330.7						**330.7**	B
DQ	**Shelley Yates**	F	48	USA	NC	Multi-ply	M2-U	197.8	198					-429.9	-440.9	-440.9									B
DQ	**Shelley Yates**	F	48	USA	NC	Multi-ply	O-U	197.8	198					-429.9	-440.9	-440.9									B
1	**Caleb Brooks**	M	22	USA	NC	Bare	J-T	162.7	165	374.8	396.8	407.9	407.9	336.2	352.7	363.8	-369.3	363.8	402.3	435.4	463		463	**1234.6**	SBD
2	**Logan Scott**	M	21	USA	NC	Bare	J-T	160.27	165	363.8	391.3	407.9	407.9	237	-259	-259		237	418.9	463	-479.5		463	**1107.8**	SBD
1	**Conner Brittain**	M	20	USA	NC	Bare	J-T	303.57	309	463	496	-518.1	496	264.6	286.6	314.2		314.2	490.5	540.1	-562.2		540.1	**1350.3**	SBD
1	**Dusty Robinson**	M	43	USA		Bare	M1-T	266.98	276	468.5	485	501.5	501.5	352.7	369.3	385.8		385.8	485	518.1	534.6		534.6	**1422**	SBD
1	**Gary Spencer**	M	47	USA	NC	Bare	M2-T	200.62	220	286.6	319.7	330.7	330.7	253.5	264.6	-270.1		264.6	374.8	385.8	396.8		396.8	**992.1**	SBD
1	**Ryan Gosnell**	M	48	USA	SC	Bare	M2-U	195.33	198	413.4	435.4	463	463	319.7	347.2	-358.2		347.2	474	507.1	-529.1		507.1	**1317.2**	SBD
1	**Glenn Baggett**	M	50	USA	GA	Bare	M3-U	240.96	243	562.2	600.8	622.8	622.8	440.9	-457.5	457.5		457.5	573.2	622.8			622.8	**1703.1**	SBD
1	**Jeffrey Spencer**	M	28	USA	NC	Bare	N-X	181.22	182	407.9	418.9	-424.4	418.9	264.6	286.6	-308.6		286.6	440.9	-485	-485		440.9	**1146.4**	SBD
NS	**Bryson Carson**	M	26	USA	SC	Bare	O-T																		SBD
1	**Logan Scott**	M	21	USA	NC	Bare	O-T	160.27	165	363.8	391.3	407.9	407.9	237	-259	-259		237	418.9	463	-479.5		463	**1107.8**	SBD
1	**Blaise McCall**	M	30	USA	nc	Bare	O-T	260.8	276	490.5	534.6	567.7	567.7	440.9	479.5	-501.5		479.5	479.5	512.6	556.7		556.7	**1603.8**	SBD
1	**Jamie Salley**	M	39	USA	NC	Bare	S-T	162.48	165	259	292.1	314.2	314.2	209.4	226	231.5		231.5	380.3	402.3	413.4		413.4	**959**	SBD
1	**Colton Arilotta**	M	15	USA	NC	Bare	T1-X	126.98	132	270.1	-286.6	-286.6	270.1	126.8	143.3	148.8	159.8	148.8	270.1	308.6	336.2	-341.7	336.2	**755.1**	SBD
1	**Hayden Salley**	M	14	USA	NC	Bare	T1-X	157.58	165	187.4	203.9	-231.5	203.9	115.7	126.8	143.3		143.3	231.5	253.5	286.6		286.6	**633.8**	SBD
1	**Dustin Spencer**	M	16	USA	NC	Bare	T2-X	198.3	198	352.7	374.8	402.3	402.3	209.4	226	242.5		242.5	440.9	485	-501.5		485	**1129.9**	SBD
1	**Brody Hayes**	M	17	USA	NC	Bare	T2-X	226.79	243	424.4	451.9	496	496	226	242.5	-264.6		242.5	507.1	545.6	562.2		562.2	**1300.7**	SBD
1	**Jason Blanco**	M	18	USA	NC	Bare	T3-X	174.49	182	363.8	385.8	391.3	391.3	237	253.5	270.1		270.1	435.4	468.5	501.5		501.5	**1162.9**	SBD
1	**Jeshua Whited**	M	19	USA	NC	Bare	T3-X	196.21	198	363.8	407.9	440.9	440.9	259	275.6	-286.6		275.6	468.5	496	507.1		507.1	**1223.6**	SBD
NS	**Gage Bohmuller**	M	20	USA	NC	Wraps	J-T																		SBD
NS	**Jason Scott**	M	41	USA	SC	Wraps	M1-U																		SBD
1	**Jason Hamilton**	M	42	USA	SC	Wraps	M1-U	180.78	182	314.2	363.8	424.4	424.4	231.5	248	264.6		264.6	402.3	424.4	451.9		451.9	**1140.9**	SBD
NS	**Michael Dewitt**	M	30	USA	NC	Wraps	O-T																		SBD
NS	**Bob Kent**	M	56	USA	NC	Wraps	O-U																		SBD
1	**Dillon Knighton**	M	25	USA	NC	Wraps	O-U	179.45	182	-474	474	-534.6	474	358.2	380.3	-402.3		380.3	435.4	485	501.5		501.5	**1355.8**	SBD
1	**Nick Parks**	M	34	USA	NC	Wraps	O-U	214.95	220	529.1	540.1	551.2	551.2	330.7	352.7	-369.3		352.7	584.2	606.3	617.3		617.3	**1521.2**	SBD
2	**Colton Freeman**	M	31	USA	NC	Wraps	O-U	208.33	220	485	523.6	551.2	551.2	297.6	325.2	347.2		347.2	523.6	578.7	-600.8		578.7	**1477.1**	SBD
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	O-U	238.49	243	600.8	661.4	-672.4	661.4	474	501.5	-512.6		501.5	584.2	-600.8			584.2	**1747.1**	SBD
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	S-U	238.49	243	600.8	661.4	-672.4	661.4	474	501.5	-512.6		501.5	584.2	-600.8			584.2	**1747.1**	SBD
1	**Nicolas Agundiz**	M	15	USA	NC	Wraps	T1-X	161.99	165	319.7	358.2	374.8	374.8	159.8	176.4	187.4		187.4	363.8	407.9	440.9		440.9	**1003.1**	SBD
NS	**Mike Sartain**	M	52	USA	NC	Bare	M3-T																		BD
1	**Mason Galloway**	M	16	USA	NC	Bare	T2-X	177.8	182					209.4	242.5	-275.6		242.5	380.3	385.8	402.3	413.4	402.3	**644.8**	BD

1	**Nick Parks**	M	34	USA	NC	Wraps	O-U	214.95	220			330.7	352.7	-369.3	352.7	584.2	606.3	617.3	617.3	**970**	BD
1	**Patrick Mackin**	M	55	USA	SC	Bare	M4-T	147.71	149			270.1	308.6	314.2	314.2					**314.2**	B
1	**Colin Dryden**	M	28	USA	SC	Bare	N-X	219.58	220			374.8	396.8	-402.3	396.8					**396.8**	B
1	**Patrick Mackin**	M	55	USA	SC	Bare	O-T	147.71	149			270.1	308.6	314.2	314.2					**314.2**	B
1	**Colin Dryden**	M	28	USA	SC	Bare	O-U	219.58	220			374.8	396.8	-402.3	396.8					**396.8**	B
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	O-U	238.49	243			474	501.5	-512.6	501.5					**501.5**	B
1	**Jonathan Brogden**	M	38	USA	NC	Wraps	S-U	238.49	243			474	501.5	-512.6	501.5					**501.5**	B
NS	**Bernard Werts**	M	19	USA	NC	Multi-ply	O-T														B
NS	**Bernard Werts**	M	19	USA	NC	Multi-ply	T3-X														B
1	**Alan Schnepel**	M	74	USA	NC	Bare	M7-T	304.68	309							275.6	308.6	314.2	314.2	**314.2**	D
1	**Nick Parks**	M	34	USA	NC	Wraps	O-U	214.95	220							584.2	606.3	617.3	617.3	**617.3**	D
NS	**Oliver C George**	M	57	USA	VA	Single-p	M4-T														D
NS	**Oliver C George**	M	57	USA	VA	Single-p	MPF-T														D

Results Curl: Pounds

Pl	Name	Sex	Age	Country	State	Equip.	Division	BW_lb	WC_lb	Curl1_Lbs	Curl2_Lbs	Curl3_Lbs	Curl4_Lbs	Best3Curl_Lbs	Total_Lbs	Event
1	**Caleb Brooks**	M	22	USA	NC	Bare	J-T	162.6	165	-90	100	135		135	**135**	C
NS	**Jason Scott**	M	41	USA	SC	Bare	M1-T									C
1	**Gary Spencer**	M	47	USA	NC	Bare	M2-T	200.6	220	100	110	-120	0	110	**110**	C
NS	**Oliver C George**	M	57	USA	VA	Bare	M4-T									C
NS	**John Owen**	M	65	USA	NC	Bare	M6-T									C
1	**Alan Schnepel**	M	74	USA	NC	Bare	M7-T	304.2	308	80	90	-100		90	**90**	C
NS	**Oliver C George**	M	57	USA	VA	Bare	MPF-T									C
1	**Jeffrey Spencer**	M	28	USA	NC	Bare	N-X	181.4	181	120	135	140	-145	140	**140**	C
1	**Jamie Salley**	M	39	USA	NC	Bare	S-T	162.5	165	90	100	110	-120	110	**110**	C
1	**Hayden Salley**	M	14	USA	NC	Bare	T1-X	157.5	165	60	70	-80		70	**70**	C

Team Scoring

Fitness Factory	**56**
Team Monkey	**47**
Spencer Powerlifting	**35**
Nebobarbell	**28**