

Feder Date MeetNation MeetName MeetState MeetTown Formula  
 365 S'2022-06-25 USA American Cup NC Charlotte Wilks

Meet Results - Kilos

Place	Name	Sex	Age	State	Equip.	Division	BW/Kilos	WgtClass	Best3-SQ-					Best3-BP-					Deadlift1K	Deadlift2K	Deadlift3	Best3-DL-	TotalKg
									Squat1Kg	Squat2Kg	Squat3Kg	Kg	Bench1Kg	Bench2Kg	Bench3Kg	Bench4Kg	Kg	g					
1	SHARON CROOK	F	45	NC	Raw	M2-U	65.7	67.5	95	105	112.5	112.5	57.5	62.5	67.5	67.5	67.5	110	122.5	-132.5	122.5	302.5	
1	JOHELIAH WILSON	F	48	NC	Raw	M2-U	88.7	90	100	110	117.5	117.5	72.5	80	-85	80	122.5	132.5	142.5	142.5	340		
1	VANESSA WESTBROOK	F	37	NC	Raw	S-T	78.5	82.5	87.5	97.5	105	105	62.5	67.5	-70	67.5	127.5	145	147.5	147.5	320		
1	MORGAN LEDDY	F	33	NC	Single-ply	O-T	98.7	100	102.5	110	-117.5	110	52.5	60	-70	60	125	142.5	-152.5	142.5	312.5		
1	GREYSON GODWIN	M	20	NC	Raw	J-U	79.9	82.5	150	165	-180	165	95	100	105	105	170	190	-205	190	460		
1	EDMUNDO THIERY	M	40	NC	Raw	M1-T	119.6	125	170	-185	185	185	110	120	130	130	210	227.5	240	240	555		
1	SCOTT JELLEYMAN	M	41	NC	Raw	M1-U	98.8	100	162.5	185	202.5	202.5	-115	135	142.5	142.5	182.5	197.5	205	205	550		
2	THOMAS FINLEY	M	46	NC	Raw	M1-U	98.9	100	110	130	150	150	95	105	115	115	142.5	167.5	187.5	187.5	452.5		
1	MFON AKPAN	M	49	NC	Raw	M2-T	80.1	82.5	147.5	160	162.5	162.5	120	130	-132.5	130	190	202.5	-205	202.5	495		
1	ADDISON WILLIAMS	M	30	NC	Raw	MPF-U	94.5	100	160	170	182.5	182.5	155	160	167.5	167.5	250	260	272.5	272.5	622.5		
1	CASEY KLEIN	M	29	NC	Raw	N-X	89.07	90	172.5	185	192.5	192.5	125	132.5	-137.5	132.5	202.5	215	227.5	227.5	552.5		
1	RYAN SIZEMORE	M	30	SC	Raw	O-T	82.4	82.5	172.5	182.5	185	185	125	130	135	135	202.5	215	-222.5	215	535		
2	PRODUS PERKINS	M	31	NC	Raw	O-T	79.2	82.5	85	95	107.5	107.5	60	67.5	75	75	92.5	115	137.5	137.5	320		
1	DAMORRIS JACKSON	M	26	NC	Raw	O-T	93.7	100	200	212.5	220	220	147.5	155	160	160	247.5	265	275	275	655		
1	GREG CROOK	M	46	NC	Raw	O-U	81.6	82.5	180	-190	190	190	127.5	137.5	140	140	210	222.5	232.5	232.5	562.5		
2	GREYSON GODWIN	M	20	NC	Raw	O-U	79.9	82.5	150	165	-180	165	95	100	105	105	170	190	-205	190	460		
1	ADDISON WILLIAMS	M	30	NC	Raw	O-U	94.5	100	160	170	182.5	182.5	155	160	167.5	167.5	250	260	272.5	272.5	622.5		
2	THOMAS FINLEY	M	46	NC	Raw	O-U	98.9	100	110	130	150	150	95	105	115	115	142.5	167.5	187.5	187.5	452.5		
1	THOMAS CLINE	M	17	NC	Raw	T2-X	88.4	90	172.5	185	195	195	90	100	105	105	180	195	210	210	510		
1	ROCCO LAROCCO	M	44	VA	Wraps	M1-U	81.4	82.5	220	232.5	240	240	145	152.5	155	155	220	227.5		227.5	622.5		
1	JEREMY BOST	M	46	NC	Wraps	M2-T	116	125	247.5	265	282.5	282.5	167.5	177.5	187.5	187.5	240	257.5	267.5	267.5	737.5		
1	ROCCO LAROCCO	M	44	VA	Wraps	MPF-U	81.4	82.5	220	232.5	240	240	145	152.5	155	155	220	227.5		227.5	622.5		
1	JOSEPH KIM	M	34	NC	Wraps	N-X	79.01	82.5	105	122.5	-165	122.5	62.5	72.5	82.5	82.5	147.5	167.5	190	190	395		
1	BRANDON ARTHUR	M	28	NC	Wraps	O-T	89.5	90	282.5	305	320	320	185	-195	195	195	240	262.5	-272.5	262.5	777.5		
1	JASON WESTBROOK	M	37	NC	Wraps	S-U	121.1	125	227.5	237.5	250	250	155	162.5	170	170	227.5	240	250	250	670		
1	JOHN MATTEI	M	68	SC	Multi-ply	M6-U	119.3	125	250	-297.5		250	147.5	-155	155	155	185	205		205	610		
1	MIGUEL FUENTES	M	31	NC	Multi-ply	O-U	73.21	75	207.5	-220		207.5	-135	135	140	140	165	190	195	195	542.5		
1	KOFI SACKEY	M	28	NC	Raw	O-T	104.3	110					-142.5	160	172.5	172.5	227.5	240	-242.5	240	412.5		
1	ROCCO LAROCCO	M	44	VA	Wraps	M1-U	81.4	82.5	220	232.5	240	240									240		
1	ROCCO LAROCCO	M	44	VA	Wraps	MPF-U	81.4	82.5	220	232.5	240	240									240		
1	DAVID LANGE	M	20	NC	Raw	J-U	169	140+					200	-215	-215	200					200		
1	LARRY KEETER	M	33	NC	Raw	O-U	73.8	75					147.5	155	160	162.5	160				160		
1	LARRY KEETER	M	33	NC	Raw	P-X	73.8	75					147.5	155	160	162.5	160				160		
1	ROCCO LAROCCO	M	44	VA	Wraps	M1-U	81.4	82.5					145	152.5	155	155					155		
1	ROCCO LAROCCO	M	44	VA	Wraps	MPF-U	81.4	82.5					145	152.5	155	155					155		
1	BRANDON ARTHUR	M	28	NC	Wraps	O-T	89.5	90					185	-195	195	195					195		
1	MATT DEIBERT	M	48	PA	Multi-ply	M2-T	81.6	82.5					200	217.5	227.5	-232.5	227.5				227.5		
DQ	DAVID CRATER	M	49	NC	Multi-ply	M2-U	125.2	140					-454	-454	-454						DQ		
1	MATT DEIBERT	M	48	PA	Multi-ply	O-T	81.6	82.5					200	217.5	227.5	-232.5	227.5				227.5		
DQ	DAVID CRATER	M	49	NC	Multi-ply	O-U	125.2	140					-454	-454	-454						DQ		
INJ	LB BULLINS	M	38	NC	Raw	O-U	96.4	100					INJ			INJ					INJ		
1	LANDON EFIRD	M	29	NC	Raw	O-U	163.3	140+									345	365	372.5	372.5	372.5		

## Meet Results - Pounds

Place	Name	Sex	Age	State	Equip.	Division	BW/LBs	WgtClass	Best3-SQ-					Best3-BP-				Deadlift1L	Deadlift2L	Deadlift3L	Best3-DL-	TotalLb
									Squat1Lb	Squat2Lb	Squat3Lb	Lb	Bench1Lb	Bench2Lb	Bench3Lb	Bench4Lb	Lb					
1	SHARON CROOK	F	45	NC	Raw	M2-U	144.84	148.8	209	231	248	248	127	138	149	0	149	243	270	-292	270	667
1	JOHELIAH WILSON	F	48	NC	Raw	M2-U	195.55	198.4	220	243	259	259	160	176	-187	0	176	270	292	314	314	750
1	VANESSA WESTBROOK	F	37	NC	Raw	S-T	173.06	181.9	193	215	231	231	138	149	-154	0	149	281	320	325	325	705
1	MORGAN LEDDY	F	33	NC	Single-ply	O-T	217.6	220.5	226	243	-259	243	116	132	-154	0	132	276	314	-336	314	689
1	GREYSON GODWIN	M	20	NC	Raw	J-U	176.15	181.9	331	364	-397	364	209	220	231	0	231	375	419	-452	419	1014
1	EDMUNDO THIERY	M	40	NC	Raw	M1-T	263.67	275.6	375	-408	408	408	243	265	287	0	287	463	502	529	529	1224
1	SCOTT JELLEMYAN	M	41	NC	Raw	M1-U	217.82	220.5	358	408	446	446	-254	298	314	0	314	402	435	452	452	1213
2	THOMAS FINLEY	M	46	NC	Raw	M1-U	218.04	220.5	243	287	331	331	209	231	254	0	254	314	369	413	413	998
1	MFON AKPAN	M	49	NC	Raw	M2-T	176.59	181.9	325	353	358	358	265	287	-292	0	287	419	446	-452	446	1091
1	ADDISON WILLIAMS	M	30	NC	Raw	MPF-U	208.34	220.5	353	375	402	402	342	353	369	0	369	551	573	601	601	1372
1	CASEY KLEIN	M	29	NC	Raw	N-X	196.37	198.4	380	408	424	424	276	292	-303	0	292	446	474	502	502	1218
1	RYAN SIZEMORE	M	30	SC	Raw	O-T	181.66	181.9	380	402	408	408	276	287	298	0	298	446	474	-491	474	1179
2	PRODUS PERKINS	M	31	NC	Raw	O-T	174.61	181.9	187	209	237	237	132	149	165	0	165	204	254	303	303	705
1	DAMORRIS JACKSON	M	26	NC	Raw	O-T	206.57	220.5	441	468	485	485	325	342	353	0	353	546	584	606	606	1444
1	GREG CROOK	M	46	NC	Raw	O-U	179.9	181.9	397	-419	419	419	281	303	309	0	309	463	491	513	513	1240
2	GREYSON GODWIN	M	20	NC	Raw	O-U	176.15	181.9	331	364	-397	364	209	220	231	0	231	375	419	-452	419	1014
1	ADDISON WILLIAMS	M	30	NC	Raw	O-U	208.34	220.5	353	375	402	402	342	353	369	0	369	551	573	601	601	1372
2	THOMAS FINLEY	M	46	NC	Raw	O-U	218.04	220.5	243	287	331	331	209	231	254	0	254	314	369	413	413	998
1	THOMAS CLINE	M	17	NC	Raw	T2-X	194.89	198.4	380	408	430	430	198	220	231	0	231	397	430	463	463	1124
1	ROCCO LAROCCO	M	44	VA	Wraps	M1-U	179.46	181.9	485	513	529	529	320	336	342	0	342	485	502	0	502	1372
1	JEREMY BOST	M	46	NC	Wraps	M2-T	255.74	275.6	546	584	623	623	369	391	413	0	413	529	568	590	590	1626
1	ROCCO LAROCCO	M	44	VA	Wraps	MPF-U	179.46	181.9	485	513	529	529	320	336	342	0	342	485	502	0	502	1372
1	JOSEPH KIM	M	34	NC	Wraps	N-X	174.19	181.9	231	270	-364	270	138	160	182	0	182	325	369	419	419	871
1	BRANDON ARTHUR	M	28	NC	Wraps	O-T	197.31	198.4	623	672	705	705	408	-430	430	0	430	529	579	-601	579	1714
1	JASON WESTBROOK	M	37	NC	Wraps	S-U	266.98	275.6	502	524	551	551	342	358	375	0	375	502	529	551	551	1477
1	JOHN MATTEI	M	68	SC	Multi-ply	M6-U	263.01	275.6	551	-656	0	551	325	-342	342	0	342	408	452	0	452	1345
1	MIGUEL FUENTES	M	31	NC	Multi-ply	O-U	161.4	165.3	457	-485	0	457	-298	298	309	0	309	364	419	430	430	1196
1	KOFI SACKEY	M	28	NC	Raw	O-T	229.94	242.5	0	0	0	0	-314	353	380	0	380	502	529	-535	529	909
1	ROCCO LAROCCO	M	44	VA	Wraps	M1-U	179.46	181.9	485	513	529	529	0	0	0	0	0	0	0	0	0	529
1	ROCCO LAROCCO	M	44	VA	Wraps	MPF-U	179.46	181.9	485	513	529	529	0	0	0	0	0	0	0	0	0	529
1	DAVID LANGE	M	20	NC	Raw	J-U	372.58	#VALUE!	0	0	0	0	441	-474	-474	0	441	0	0	0	0	441
1	LARRY KEETER	M	33	NC	Raw	O-U	162.7	165.3	0	0	0	0	325	342	353	358	353	0	0	0	0	353
1	LARRY KEETER	M	33	NC	Raw	P-X	162.7	165.3	0	0	0	0	325	342	353	358	353	0	0	0	0	353
1	ROCCO LAROCCO	M	44	VA	Wraps	M1-U	179.46	181.9	0	0	0	0	320	336	342	0	342	0	0	0	0	342
1	ROCCO LAROCCO	M	44	VA	Wraps	MPF-U	179.46	181.9	0	0	0	0	320	336	342	0	342	0	0	0	0	342
1	BRANDON ARTHUR	M	28	NC	Wraps	O-T	197.31	198.4	0	0	0	0	408	-430	430	0	430	0	0	0	0	430
1	MATT DEIBERT	M	48	PA	Multi-ply	M2-T	179.9	181.9	0	0	0	0	441	480	502	-513	502	0	0	0	0	502
DQ	DAVID CRATER	M	49	NC	Multi-ply	M2-U	276.02	308.6	0	0	0	0	-1001	-1001	-1001	0	0	0	0	0	0	DQ
1	MATT DEIBERT	M	48	PA	Multi-ply	O-T	179.9	181.9	0	0	0	0	441	480	502	-513	502	0	0	0	0	502
DQ	DAVID CRATER	M	49	NC	Multi-ply	O-U	276.02	308.6	0	0	0	0	-1001	-1001	-1001	0	0	0	0	0	0	DQ
INJ	LB BULLINS	M	38	NC	Raw	O-U	212.5	220.5					INJ				INJ					INJ
1	LANDON EFIRD	M	29	NC	Raw	O-U	360.01	#VALUE!	0	0	0	0	0	0	0	0	0	761	805	821	821	821

## Curl Results - Pounds

Place	Name	Sex	Age	State	Equip.	Division	BW/LBs	WgtClass	Best3-CU-				TotalLb
									Curl1Lb	Curl2Lb	Curl3Lb	Lb	
1	MATT DEIBERT	M	48	PA	Raw	M2-T	179.9	181.9	82	125	pass	125	125
1	ADDISON WILLIAMS	M	30	NC	Raw	MPF-U	208.34	220.5	125	155	171	171	171

Referees: Joey Smith, Melissa Smith, Anika Harper, Shelley Yates, Travis Rinnert