365 Strong World Powerlifting Federation

Female Kentucky State Records

World Leaders in Yellow

RAW: Declared RAW (R) if lifter only wears knee sleeves or nothing

RAW CLASSIC: Declared RAW CLASSIC (RC) once lifter wears knee wraps

EQUIPPED: Competitors are Equipped (SP) once they use Single-Ply lifting attire

GEARED: Competitors are Unlimited Geared (MP) once they use Multi-Ply lifting attire

DATE: 10/28/2025

FEMALE RAW OVERALL LEADERS

365 STRONG WORLD RANKINGS
RAW (Knee Sleeves) SQUAT
FEMALE - OPEN

Wgt Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
			132	Alessandra Reis	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
			165	McKenna Wright	
56kg/123.5lbs					
			187	Heidi Schuck	
60kg/132.2lbs					
67.5kg/148.7lbs					
			254	Evelyn Lyon	
75kg/165.2lbs					
			314	Bonnie Mosley	
82.5kg/181.7lbs					
			231	Dawn O'Donnell	
90kg/198.4lbs					
			369	Brittany Abner	
100kg/220.4lbs					
			331	Rachel Massey	
110kg/242.5lbs					
			419	Maddy Webster	
110+kg/242.6+lb					
			386	Hollie Sands	

365 STRONG WORLD RANKINGS
RAW BENCH PRESS
FEMALE - OPEN

Wgt Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
			71	Alessandra Reis	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
			83	McKenna Wright	
56kg/123.5lbs					
			132	Heidi Schuck	
60kg/132.2lbs					
			94	Beverly Lemay	
67.5kg/148.7lbs					
			215	Sarah Oesch	10/11/2025
75kg/165.2lbs					
			154	Sarah Oesch	
82.5kg/181.7lbs					
			193	Sarah Oesch	
90kg/198.4lbs					
			226	Brittany Abner	
100kg/220.4lbs					
			204	Nevaeh McIntosh	
110kg/242.5lbs					
			231	Maddy Webster	
110+kg/242.6+lb					
			270	Hollie Sands	

365 STRONG WORLD RANKINGS
RAW (Knee Sleeves) DEADLIFT
FEMALE - OPEN

Wgt Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
			204	Alessandra Reis	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
			237	McKenna Wright	
56kg/123.5lbs					
			253	Heidi Schuck	
60kg/132.2lbs					
67.5kg/148.7lbs					
			331	Evelyn Lyon	
75kg/165.2lbs					
			331	Bonnie Mosley	
82.5kg/181.7lbs					
			331	Dawn O'Donnell	
90kg/198.4lbs					
			402	Brittany Abner	
100kg/220.4lbs					
			364	Crystal Prather	
110kg/242.5lbs					
			457	Maddy Webster	
110+kg/242.6+lb					
			518	Hollie Sands	

365 STRONG WORLD RANKINGS
RAW (Knee Sleeves) TOTAL
FEMALE - OPEN

Wgt Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
			407	Alessandra Reis	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
			485	McKenna Wright	
56kg/123.5lbs					
			573	Heidi Schuck	
60kg/132.2lbs					
67.5kg/148.7lbs					
			723	Evelyn Lyon	
75kg/165.2lbs					
			816	Bonnie Mosley	
82.5kg/181.7lbs					
			683	Dawn O'Donnell	
90kg/198.4lbs					
			981	Brittany Abner	
100kg/220.4lbs					
			849	Rachel Massey	
110kg/242.5lbs					
			1102	Maddy Webster	
110+kg/242.6+lb					
			1174	Hollie Sands	

FEMALE RAW CLASSIC OVERALL LEADERS

365 STRONG WORLD RANKINGS
RAW CLASSIC (Knee Wraps) SQUAT
FEMALE - OPEN

Weight Clas	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
				None	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
				None	
56kg/123.5lbs					
				None	
60kg/132.2lbs					
			237	Beverly Lemay	

365 STRONG WORLD RANKINGS
RAW CLASSIC BENCH
FEMALE - OPEN

Weight Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
			71	Alessandra Reis	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
			83	McKenna Wright	
56kg/123.5lbs					
			132	Heidi Schuck	
60kg/132.2lbs					
			94	Beverly Lemay	

365 STRONG WORLD RANKINGS
RAW CLASSIC (Knee Wraps) DEADLIFT
FEMALE - OPEN

Weight Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
				None	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
				None	
56kg/123.5lbs					
				None	
60kg/132.2lbs					
			220	Beverly Lemay	

365 STRONG WORLD RANKINGS
RAW CLASSIC (Knee Wraps) TOTAL
FEMALE - OPEN

Weight Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs					
				None	
48kg/105.7lbs					
				None	
52kg/114.5lbs					
				None	
56kg/123.5lbs					
				None	
60kg/132.2lbs					
			551	Beverly Lemay	

67.5kg/148.7lbs		
	298	Sarah Oesch	10/11/2025
75kg/165.2lbs		
	275	Sarah Oesch
82.5kg/181.7lbs		
	303	Sarah Oesch
90kg/198.4lbs		
	441	Emily Merritt
100kg/220.4lb		
	325	Nevaeh McIntosh
110kg/242.5lb		
	391	Nevaeh McIntosh
110+kg/242.6+lb		
	485	Alex Wilson-McKenzie

67.5kg/148.7lbs		
	215	Sarah Oesch	10/11/2025
75kg/165.2lbs		
	176	Sarah Oesch
82.5kg/181.7lbs		
	193	Sarah Oesch
90kg/198.4lbs		
	226	Brittany Abner
100kg/220.4lb		
	204	Nevaeh McIntosh
110kg/242.5lb		
	248	Nevaeh McIntosh
110+kg/242.6+lb		
	270	Hollie Sands

67.5kg/148.7lbs		
	380	Sarah Oesch	10/11/2025
75kg/165.2lbs		
	334	Sarah Oesch
82.5kg/181.7lbs		
	347	Sarah Oesch
90kg/198.4lbs		
	353	Heather Streible
100kg/220.4lb		
	380	Crystal Prather
110kg/242.5lb		
	364	Nevaeh McIntosh
110+kg/242.6+lb		
	452	Alex Wilson-McKenzie

67.5kg/148.7lbs		
	887	Sarah Oesch	10/11/2025
75kg/165.2lbs		
	744	Sarah Oesch
82.5kg/181.7lbs		
	843	Sarah Oesch
90kg/198.4lbs		
	766	Heather Streible
100kg/220.4lb		
	805	Nevaeh McIntosh
110kg/242.5lb		
	1003	Nevaeh McIntosh
110+kg/242.6+lb		
	1185	Alex Wilson-McKenzie

FEMALE EQUIPPED & GEARED

365 STRONG WORLD RANKINGS
SQUAT - EQUIPPPED & GEARED
Female

52kg/114.5lbs	
	None
56kg/123.5lbs	
	None
60kg/132.2lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.8lbs	
	None
90kg/198.4lb	
100kg/220.4lb	
110kg/242.5lb	

365 STRONG WORLD RANKINGS
BENCH - EQUIPPED & GEARED
Female

52kg/114.5lbs	
	None
56kg/123.5lbs	
	None
60kg/132.2lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.8lbs	
	None
90kg/198.4lb	
100kg/220.4lb	
110kg/242.5lb	
	270	Nevaeh McIntosh

365 STRONG WORLD RANKINGS
DEADLIFT - EQUIPPED & GEARED
Female

52kg/114.5lbs	
	None
56kg/123.5lbs	
	None
60kg/132.2lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.8lbs	
	None
90kg/198.4lb	
100kg/220.4lb	
110kg/242.5lb	

365 STRONG WORLD RANKINGS
TOTAL - EQUIPPED & GEARED
Female

52kg/114.5lbs	
	None
56kg/123.5lbs	
	None
60kg/132.2lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.8lbs	
	None
90kg/198.4lb	
100kg/220.4lb	
110kg/242.5lb	

FEMALE RAW SUB-MASTERS (35-39)

365 STRONG WORLD RANKINGS
SQUAT - RAW
Female - Sub-Masters

56kg/123.5lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.7lbs	
	None
90kg/198.4lb	
	369	Brittany Abner

365 STRONG WORLD RANKINGS
BENCH - RAW
Female - Sub-Masters

56kg/123.5lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.7lbs	
	None
90kg/198.4lb	
	226	Brittany Abner

365 STRONG WORLD RANKINGS
DEADLIFT - RAW
Female - Sub-Masters

56kg/123.5lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.7lbs	
	None
90kg/198.4lb	
	402	Brittany Abner

365 STRONG WORLD RANKINGS
TOTAL - RAW
Female - Sub-Masters

56kg/123.5lbs	
	None
67.5kg/148.7lbs	
	None
75kg/165.2lbs	
	None
82.5kg/181.7lbs	
	None
90kg/198.4lb	
	981	Brittany Abner

100kg/220.4lb						
				330	Crystal Prather	
110+kg/220.5+lb						

100kg/220.4lb						
				154	Brett Sexton	
110+kg/220.5+lb						
				154	Beth Mockbee	

100kg/220.4lb						
				364	Crystal Prather	
110+kg/220.5+lb						

100kg/220.4lb						
				805	Crystal Prather	
110+kg/220.5+lb						

FEMALE RAW CLASSIC SUB-MASTERS (35-39)

369 STRONG WORLD RANKINGS
RAW CLASSIC (Knee Wraps) SQUAT
FEMALE - Sub-Masters

52kg/114.5lbs						
67.5kg/148.7lbs						
				264	Chelsea Bolton	
75kg/165.2lbs						
82.5kg/181.7lbs						
90kg/198.4lb						
				369	Brittany Abner	
100kg/220.4lb						
				303	Crystal Prather	
110+kg/242.6+lb						
				270	Beth Mockbee	

369 STRONG WORLD RANKINGS
RAW BENCH
FEMALE - Sub-Masters

52kg/114.5lbs						
67.5kg/148.7lbs						
				127	Chelsea Bolton	
75kg/165.2lbs						
82.5kg/181.7lbs						
90kg/198.4lb						
				226	Brittany Abner	
100kg/220.4lb						
				154	Brett Sexton	
110+kg/242.6+lb						
				154	Beth Mockbee	

365 STRONG WORLD RANKINGS
RAW CLASSIC (Knee Wraps) DEADLIFT
FEMALE - Sub-Masters

52kg/114.5lbs						
67.5kg/148.7lbs						
				270	Chelsea Bolton	
75kg/165.2lbs						
82.5kg/181.7lbs						
90kg/198.4lb						
				402	Brittany Abner	
100kg/220.4lb						
				375	Crystal Prather	
110+kg/242.6+lb						
				303	Beth Mockbee	

365 STRONG WORLD RANKINGS
RAW CLASSIC (Knee Wraps) TOTAL
FEMALE - Sub-Masters

52kg/114.5lbs						
67.5kg/148.7lbs						
				661	Chelsea Bolton	
75kg/165.2lbs						
82.5kg/181.7lbs						
90kg/198.4lb						
				981	Brittany Abner	
100kg/220.4lb						
				799	Crystal Prather	
110+kg/242.6+lb						
				727	Beth Mockbee	

FEMALE MASTERS (Gear Listed)

365 STRONG WORLD RANKINGS
SQUAT - EQUIPMENT NOTED
Female - Masters

Weight Class	Age	Wgt	Lbs	Name	Date
52kg/114.5lbs					
56kg/123.5lbs					
R	55-59	55	176	Dawn Williams	
60kg/132.2lbs					
67.5kg/148.7lbs					
75kg/165.2lbs					
R	40-44	42	132	Melissa Judd	
R	45-49	48	314	Bonnie Mosley	
R	55-59	58	226	Dawn O'Donnell	
82.5kg/181.7lbs					
R	45-49	48	231	Amy Kivett	
RC	45-49	49	237	Heather Streible	
R	55-59	59	265	Dawn O'Donnell	
90kg/198.2lbs					
RC	45-49	49	292	Heather Streible	
100kg/220.4lb					
R	40-44	40	154	Tiffant Meadows	
RC	45-49	45	259	Renee Turner	
110kg/242.5lb					

365 STRONG WORLD RANKINGS
BENCH - EQUIPMENT NOTED
Female - Masters

Weight Class	Age	Wgt	Lbs	Name	Date
52kg/114.5lbs					
56kg/123.5lbs					
R	55-59	55	116	Dawn Williams	
60kg/132.2lbs					
67.5kg/148.7lbs					
75kg/165.2lbs					
R	40-44	42	72	Melissa Judd	
R	45-49	48	171	Bonnie Mosley	
R	55-59	58	132	Dawn O'Donnell	
82.5kg/181.7lbs					
R	45-49	49	165	Heather Streible	
R	55-59	59	132	Dawn O'Donnell	
90kg/198.2lbs					
R	45-49	49	187	Heather Streible	
90+kg/198.2+lbs					
R	40-44	40	72	Tiffany Meadows	
R	45-49	45	165	Renee Turner	
110kg/242.5lb					

365 STRONG WORLD RANKINGS
DEADLIFT - EQUIPMENT NOTED
Female - Masters

Weight Class	Age	Wgt	Lbs	Name	Date
52kg/114.5lbs					
56kg/123.5lbs					
R	55-59	55	226	Dawn Williams	
60kg/132.2lbs					
67.5kg/148.7lbs					
75kg/165.2lbs					
R	40-44	42	204	Melissa Judd	
R	45-49	48	331	Bonnie Mosley	
R	55-59	58	314	Dawn O'Donnell	
82.5kg/181.7lbs					
R	45-49	48	292	Amy Kivett	
RC	45-49	49	320	Heather Streible	
R	55-59	59	331	Dawn O'Donnell	
90kg/198.2lbs					
RC	45-49	49	353	Heather Streible	
90+kg/198.2+lbs					
R	40-44	40	182	Tiffany Meadows	
RC	45-49	45	287	Renee Turner	
110kg/242.5lb					

365 STRONG WORLD RANKINGS
TOTAL - EQUIPMENT NOTED
Female - Masters

Weight Class	Age	Wgt	Lbs	Name	Date
52kg/114.5lbs					
56kg/123.5lbs					
R	55-59	55	518	Dawn Williams	
60kg/132.2lbs					
67.5kg/148.7lbs					
75kg/165.2lbs					
R	40-44	42	408	Melissa Judd	
R	45-49	48	816	Bonnie Mosley	
R	55-59	58	672	Dawn O'Donnell	
82.5kg/181.7lbs					
R	45-49	48	667	Amy Kivett	
RC	45-49	49	711	Heather Streible	
R	55-59	59	683	Dawn O'Donnell	
90kg/198.2lbs					
RC	45-49	49	766	Heather Streible	
90+kg/198.2+lbs					
R	40-44	40	408	Tiffany Meadows	
RC	45-49	45	689	Renee Turner	
110kg/242.5lb					

R	40-44	42		165	Laura Kerr	
110+kg/242.6+lb						
R	40-44	44		386	Hollie Sands	

R	40-44	42		99	Laura Kerr	
110+kg/242.6+lb						
R	40-44	44		270	Hollie Sands	

R	40-44	42		176	Laura Kerr	
110+kg/242.6+lb						
R	40-44	44		518	Hollie Sands	

R	40-44	42		441	Laura Kerr	
110+kg/242.6+lb						
R	40-44	44		1174	Hollie Sands	

FEMALE TEENAGE

365 STRONG WORLD RANKINGS
SQUAT (Gear Noted)
FEMALE TEENAGE

Weight Clas		Age	Wgt	Lbs	Name	Date
44kg/97lbs						
					None	
48kg/105.7lbs						
					None	
52kg/114.5lbs						
R	16-17	16		121	McKenna Wright	
R	18-19	19		165	McKenna Wright	
56kg/123.5lbs						
					None	
60kg/132.2lbs						
RC	13-15	14		237	Beverly Lemay	
67.5kg/148.7lbs						
RC	13-15	15		265	Beverly Lemay	
R	13-15	13		182	Beverly Lemay	
R	18-19	19		121	Ashton Bishop	
75kg/165.2lbs						
RC	18-19	18		270	Sarah Oesch	
RC	16-17	17		254	Sarah Oesch	
82.5kg/181.7lbs						
RC	18-19	19		286	Sarah Oesch	
RC	16-17	17		237	Sarah Oesch	
R	11--12	11		138	Nevaeh McIntosh	
R	16-17	16		105	Kayla McCubbins	
R	13-15	15		94	Kayla McCubbins	
90kg/198.4lbs						
RC	10--12	11		292	Nevaeh McIntosh	
R	16-17	16		204	Alyssa Beadles	
R	13-15	14		242	Karson Tolle	
100kg/220.4lb						
RC	10--12	12		325	Nevaeh McIntosh	
R	13-15	14		237	Karson Tolle	
110kg/242.5lb						
R	13-15	14		325	Abrie Meadows	
RC	13-15	14		391	Nevaeh McIntosh	

365 STRONG WORLD RANKINGS
BENCH PRESS (Gear Noted)
FEMALE TEENAGE

Weight Class		Age	Wgt	Lbs	Name	Date
44kg/97lbs						
					None	
48kg/105.7lbs						
					None	
52kg/114.5lbs						
R	16-17	16		77	McKenna Wright	
R	18-19	19		83	McKenna Wright	
56kg/123.5lbs						
					None	
60kg/132.2lbs						
R	13-15	14		94	Beverly Lemay	
67.5kg/148.7lbs						
R	13-15	15		110	Beverly Lemay	
R	18-19	19		72	Ashton Bishop	
75kg/165.2lbs						
R	16-17	17	165	151	Sarah Oesch	
R	18-19	18	157	143	Sarah Oesch	
82.5kg/181.7lbs						
RC	18-19	19		182	Sarah Oesch	
RC	16-17	17		149	Sarah Oesch	
R	11--12	11		94	Nevaeh McIntosh	
R	13-15	15		61	Kayla McCubbins	
90kg/198.2lbs						
R	10--12	10		116	Nevaeh McIntosh	
R	16-17	16		121	Alyssa Beadles	
R	13-15	14		121	Karson Tolle	
100kg/220.4lb						
R	10--12	12		204	Nevaeh McIntosh	
R	13-15	14		105	Karson Tolle	
110kg/242.5lb						
R	13-15	14		248	Nevaeh McIntosh	
SP	13-15	14		270	Nevaeh McIntosh	

365 STRONG WORLD RANKINGS
DEADLIFT (Gear Noted)
FEMALE TEENAGE

Weight Class		Age	Wgt	Lbs	Name	Date
44kg/97lbs						
					None	
48kg/105.7lbs						
					None	
52kg/114.5lbs						
R	16-17	16		193	McKenna Wright	
R	18-19	19		237	McKenna Wright	
56kg/123.5lbs						
					None	
60kg/132.2lbs						
RC	13-15	14		220	Beverly Lemay	
67.5kg/148.7lbs						
RC	13-15	15		265	Beverly Lemay	
R	13-15	13		176	Beverly Lemay	
R	18-19	19		231	Ashton Bishop	
75kg/165.2lbs						
RC	16-17	17	165	333	Sarah Oesch	
RC	18-19	18	157	331	Sarah Oesch	
R	18-19	19		215	Ashton Bishop	
82.5kg/181.7lbs						
RC	18-19	19		353	Sarah Oesch	
RC	16-17	17		326	Sarah Oesch	
R	11--12	11		200	Nevaeh McIntosh	
R	13-15	15		160	Kayla McCubbins	
R	16-17	16		149	Kayla McCubbins	
90kg/198.2lbs						
R	16-17	16		286	Alyssa Beadles	
RC	10--12	11		231	Nevaeh McIntosh	
R	13-15	14		308	Karson Tolle	
100kg/220.4lb						
RC	10--12	12		275	Nevaeh McIntosh	
R	13-15	14		275	Karson Tolle	
110kg/242.5lb						
R	13-15	13		309	Abrie Meadows	
RC	13-15	14		364	Nevaeh McIntosh	

365 STRONG WORLD RANKINGS
TOTAL (Gear Noted)
FEMALE TEENAGE

Weight Class		Age	Wgt	Lbs	Name	Date
44kg/97lbs						
					None	
48kg/105.7lbs						
					None	
52kg/114.5lbs						
R	16-17	16		391	McKenna Wright	
R	18-19	19		485	McKenna Wright	
56kg/123.5lbs						
					None	
60kg/132.2lbs						
RC	13-15	14		551	Beverly Lemay	
67.5kg/148.7lbs						
RC	13-15	15		640	Beverly Lemay	
R	13-15	13		430	Beverly Lemay	
R	18-19	19		424	Ashton Bishop	
75kg/165.2lbs						
RC	18-19	18	157	744	Sarah Oesch	
RC	16-17	17	165	737	Sarah Oesch	
82.5kg/181.7lbs						
RC	18-19	19		810	Sarah Oesch	
RC	16-17	17		712	Sarah Oesch	
R	11--12	11		432	Nevaeh McIntosh	
R	16-17	16		325	Kayla McCubbins	
R	13-15	15		314	Kayla McCubbins	
90kg/198.2lbs						
RC	10--12	11		639	Nevaeh McIntosh	
R	16-17	16		612	Alyssa Beadles	
R	13-15	14		667	Karson Tolle	
100kg/220.4lb						
RC	10--12	12		805	Nevaeh McIntosh	
R	13-15	14		617	Karson Tolle	
110kg/242.5lb						
R	13-15	13		772	Abrie Meadows	
RC	13-15	14		1003	Nevaeh McIntosh	

FEMALE JUNIORS (20-23)

365 STRONG WORLD RANKINGS
SQUAT (Gear Noted)
FEMALE - JUNIORS (20-23)

Wgt Class		Age	Wgt	Lbs	Name	Date
52kg/114.5lbs						
56kg/123.5lbs						

365 STRONG WORLD RANKINGS
BENCH PRESS (Gear Noted)
FEMALE - JUNIORS (20-23)

Wgt Class		Age	Wgt	Lbs	Name	Date
52kg/114.5lbs						
56kg/123.5lbs						

365 STRONG WORLD RANKINGS
DEADLIFT (Gear Noted)
FEMALE - JUNIORS (20-23)

Wgt Class		Age	Wgt	Lbs	Name	Date
52kg/114.5lbs						
56kg/123.5lbs						

365 STRONG WORLD RANKINGS
TOTAL (Gear Noted)
FEMALE - JUNIORS (20-23)

Wgt Class		Age	Wgt	Lbs	Name	Date
52kg/114.5lbs						
56kg/123.5lbs						

60kg/132.2lbs						
67.5kg/148.7lbs						
RC		22		298	Sarah Oesch	10/11/2025
75kg/165.2lbs						
RC		20		187	Sarah Oesch	
82.5kg/181.7lbs						
RC		21		303	Sarah Oesch	
90kg/198.2lbs						
RC		21		300	Sarah Oesch	
100kg/220.4lb						
					None	
110kg/242.5lb						
R		23		402	Maddy Webster	

60kg/132.2lbs						
67.5kg/148.7lbs						
RC		22		215	Sarah Oesch	10/11/2025
75kg/165.2lbs						
R		20		132	Sarah Oesch	
82.5kg/181.7lbs						
R		21		193	Sarah Oesch	
90kg/198.2lbs						
R		21		190	Sarah Oesch	
100kg/220.4lb						
					None	
110kg/242.5lb						
R		23		220	Maddy Webster	

60kg/132.2lbs						
67.5kg/148.7lbs						
RC		22		380	Sarah Oesch	10/11/2025
75kg/165.2lbs						
RC		20		303	Sarah Oesch	
82.5kg/181.7lbs						
RC		21		347	Sarah Oesch	
90kg/198.2lbs						
RC		21		390	Sarah Oesch	
100kg/220.4lb						
					None	
110kg/242.5lb						
R		23		441	Maddy Webster	

60kg/132.2lbs						
67.5kg/148.7lbs						
RC				887	Sarah Oesch	10/11/2025
75kg/165.2lbs						
RC		20		623	Sarah Oesch	
82.5kg/181.7lbs						
RC		21		843	Sarah Oesch	
90kg/198.2lbs						
RC		21		880	Sarah Oesch	
100kg/220.4lb						
					None	
110kg/242.5lb						
R		23		1064	Maddy Webster	

FEMALE M/P/F (Gear Listed)

365 STRONG WORLD RANKINGS
SQUAT - EQUIPMENT NOTED
M/P/F Divisional Leaders

Weight Clas		Age	Wgt	Lbs	Name	Date
48kg/105.7lbs						
56kg/123.5lbs						
75kg/165.2lbs						
82.5kg/181.7lbs						
FP	RC	26		386	Emily Merritt	
90+kg/198.2+lbs						

365 STRONG WORLD RANKINGS
BENCH - EQUIPMENT NOTED
M/P/F Divisional Leaders

Weight Class		Age	Wgt	Lbs	Name	Date
48kg/105.7lbs						
56kg/123.5lbs						
75kg/165.2lbs						
82.5kg/181.7lbs						
FP	R	26		165	Emily Merritt	
90+kg/198.2+lbs						

365 STRONG WORLD RANKINGS
DEADLIFT - EQUIPMENT NOTED
M/P/F Divisional Leaders

Weight Class		Age	Wgt	Lbs	Name	Date
48kg/105.7lbs						
56kg/123.5lbs						
75kg/165.2lbs						
82.5kg/181.7lbs						
FP	RC	26		391	Emily Merritt	
90+kg/198.2+lbs						

365 STRONG WORLD RANKINGS
TOTAL - EQUIPMENT NOTED
M/P/F Divisional Leaders

Weight Class		Age	Wgt	Lbs	Name	Date
48kg/105.7lbs						
56kg/123.5lbs						
75kg/165.2lbs						
82.5kg/181.7lbs						
FP	RC			937	Emily Merritt	
90+kg/198.2+lbs						

FEMALE STANDING CURLS

365 STRONG WORLD RANKINGS
Standing Curl
FEMALE

DIV	RAW	AGE	WGT	Wgt/Cl	NAME	LIFT
Juniors	R	21	180.3	181	Sarah Oesch	80
M2	R	48	193.8	198	Heather Streible	91.5
SM	R	37	189.4	198	Brittany Abner	70
Open	R	29	294.9	308	Alex Wilson-McKenzie	115.7