

**365 Strong World Powerlifting Federation**  
**CURRENT OVERALL FEMALE DIVISIONAL TOP TEN WORLD RANKINGS**

World Leaders in Yellow

RAW: Declared RAW (R) if lifter only wears knee sleeves or nothing  
 RAW CLASSIC: Declared RAW CLASSIC (RC) once lifter wears knee wraps

EQUIPPED: Competitors are Equipped (EP) once they use Single-Ply lifting attire  
 GEARED: Competitors are Unlimited Geared (MP) once they use Multi-Ply lifting attire

DATE: 11/27/2024

**FEMALE RAW OVERALL LEADERS**

365 STRONG WORLD RANKINGS				
RAW (Knee Sleeves) SQUAT				
FEMALE - OVERALL				
Wgt Class	Age	Wgt	Lbs	Name
44kg/97lbs	13	86	132	<b>Alexandra Reis</b>
48kg/105.7lbs	12	105.2	121	<b>Carmen Trivette</b>
52kg/114.5lbs	46	112.3	250	<b>Missy Taylor</b>
56kg/123.5lbs	48	122.4	314	<b>Missy Taylor</b>
60kg/132.2lbs	30	130.7	320	<b>Morgan Long</b>
67.5kg/148.7lbs	29	141.8	396	<b>Morgan Long</b>
75kg/165.2lbs	44	159	380	<b>Emily Lilly</b>

365 STRONG WORLD RANKINGS				
RAW BENCH PRESS				
FEMALE - OVERALL				
Wgt Class	Age	Wgt	Lbs	Name
44kg/97lbs	15	97	83	<b>Bella-Grace Meadows</b>
48kg/105.7lbs	55	98	132	<b>Nina Kiuru</b>
52kg/114.5lbs	46	111.8	182	<b>Missy Taylor</b>
56kg/123.5lbs	48	122.4	209	<b>Missy Taylor</b>
60kg/132.2lbs	28	132.2	242	<b>Courtney Norris</b>
67.5kg/148.7lbs	29	140.4	242	<b>Morgan Long</b>
75kg/165.2lbs	30	153	253	<b>Morgan Long</b>

365 STRONG WORLD RANKINGS				
RAW (Knee Sleeves) DEADLIFT				
FEMALE - OVERALL				
Wgt Class	Age	Wgt	Lbs	Name
44kg/97lbs	13	86	204	<b>Alexandra Reis</b>
48kg/105.7lbs	55	98	237	<b>Nina Kiuru</b>
52kg/114.5lbs	46	112.3	303	<b>Amber Malchow</b>
56kg/123.5lbs	48	122.4	331	<b>Missy Taylor</b>
60kg/132.2lbs	30	130.7	368	<b>Morgan Long</b>
67.5kg/148.7lbs	28	141.8	435	<b>Morgan Long</b>
75kg/165.2lbs	34	163.4	424	<b>Kendra Danzer</b>

365 STRONG WORLD RANKINGS				
RAW (Knee Sleeves) TOTAL				
FEMALE - OVERALL				
Wgt Class	Age	Wgt	Lbs	Name
44kg/97lbs	13	86	386	<b>Alexandra Reis</b>
48kg/105.7lbs	55	98	369	<b>Nina Kiuru</b>
52kg/114.5lbs	46	112.3	694	<b>Missy Taylor</b>
56kg/123.5lbs	48	122.4	854	<b>Missy Taylor</b>
60kg/132.2lbs	30	130.7	959	<b>Morgan Long</b>
67.5kg/148.7lbs	29	141.8	1064	<b>Morgan Long</b>
75kg/165.2lbs	44	159	1003	<b>Emily Lilly</b>







T3	18-19	18	127.6	154	Sophia Drury	10/19/2024	T3	18-19	18	127.6	77	Sophia Drury	10/19/2024	T1	13-15	14	131.6	193	Macy Lantz	8/12/2017	T3	18-19	18	127.6	419	Sophia Drury	10/19/2024
T1	13-15	14	129.4	143	Macy Lantz	10/28/2017								T2	16-17	16	127.8	187	Sophia Drury	10/19/2024	T1	13-15	14	131.6	391	Macy Lantz	8/12/2017
														KC	6-10	9	132.3	155	Fiorella Tito	10/19/2022							
														KC	6-10	9	132.3	100	Scarlett Samaha	11/19/2022							



		45	185.6	246	Shannon Nash	10/28/2017			45	194	187	Heather Streible	3/19/2023			45	194.9	237	Kelly Jeffries	2/25/2023			45	194.9	595	Kelly Jeffries	2/25/2023
		32	186.3	226	Jordan Berryhill	7/22/2023			44	197.8	187	Carla Akers	4/20/2018			11	192.6	231	Nevaeh McIntosh	10/16/2021			32	186.3	579	Jordan Berryhill	7/22/2023
<b>100kg/220.25lbs</b>							<b>100kg/220.25lbs</b>							<b>100kg/220.25lbs</b>							<b>100kg/220.25lbs</b>						
		28	206.1	463	Jessica Hoxie	5/22/2021			29	213.6	237	Jessica Hoxie	3/5/2022			29	213.6	424	Jessica Hoxie	3/5/2022			28	206.1	1102	Jessica Hoxie	5/22/2021
		44	209.4	424	Anika Harper	4/13/2024			17	206.1	215	Alexandria Jefferson	10/19/2024			31	215.2	408	Megan Geiger	5/4/2024			31	215.2	981	Megan Geiger	5/4/2024
		31	215.2	358	Megan Geiger	5/4/2024			31	215.2	215	Megan Geiger	5/4/2024			34	207.7	380	Crystal Prather	10/22/2022			44	209.4	909	Anika Harper	4/13/2024
		12	218.1	325	Nevaeh McIntosh	5/8/2023			12	218.1	204	Nevaeh McIntosh	5/8/2023			46	212.8	350	Heather Streible	3/1/2024			36	216.2	850	Crystal Prather	3/1/2024
		36	216.2	320	Crystal Prather	3/1/2024			45	219.1	204	Carla Akers	10/27/2018			44	209.4	342	Anika Harper	4/13/2024			46	212.8	815	Heather Streible	3/1/2024
		37	211.4	303	Trisha Crisman	8/25/2018			30	210.5	187	Haley Shields	10/21/2023			37	213.8	342	Brett Sexton	10/12/2019			12	218.1	805	Nevaeh McIntosh	5/8/2023
		46	212.8	275	Heather Streible	3/1/2024			46	212.8	185	Heather Streible	3/1/2024			55	217.6	335	Janet Martin	3/1/2024			37	211.4	771	Trisha Crisman	8/25/2018
		46	211	259	Renee Turner	8/17/2023			32	216.5	171	Rachel Massey	6/11/2022			37	211.4	314	Trisha Crisman	8/25/2018			37	213.8	749	Brett Sexton	10/12/2019
		37	213.8	253	Brett Sexton	10/12/2019			31	206.4	165	Delena Maynard	4/28/2024			42	209.2	303	Christina Lauffer	6/19/2021			46	211	689	Renee Turner	8/17/2023
		25	217.1	242	Grace Jones	12/19/2020			34	208.3	165	Laura Bos	6/9/2024			46	211	287	Renee Turner	8/17/2023			42	209.2	623	Christina Lauffer	6/19/2021
<b>110kg/242.5lbs</b>							<b>110kg/242.5lbs</b>							<b>110kg/242.5lbs</b>							<b>110kg/242.5lbs</b>						
		42	240.3	408	Katy Silvers	7/22/2023			24	230.6	231	Maddy Webster	3/19/2023			50	240	400	Yander Ross	1/21/2017			42	240.3	887	Katy Silvers	7/22/2023
		29	228.8	390	Brittany Berryhill	12/19/2020			14	239	226	Nevaeh McIntosh	10/19/2024			42	240.3	397	Katy Silvers	7/22/2023			50	240	955	Yander Ross	1/21/2017
		14	239	390	Nevaeh McIntosh	10/19/2024			50	240	215	Yander Ross	1/21/2017			34	234.3	375	Jessie Hunt	4/24/2021			29	228.8	942	Brittany Berryhill	12/19/2020
		50	240	340	Yander Ross	1/21/2017			29	228.8	204	Brittany Berryhill	12/19/2020			29	228.8	358	Brittany Berryhill	12/19/2020			34	234.3	882	Jessie Hunt	4/24/2021
		34	234.3	325	Jessie Hunt	4/24/2021			42	241.2	193	Katy Silvers	4/13/2024			13	239.8	305	Nevaeh McIntosh	3/1/2024			13	239.8	830	Nevaeh McIntosh	3/1/2024
									33	223.8	190	Melissa Shade	6/2/2018														
									34	234.3	182	Jessie Hunt	4/24/2021														
									54	242	176	Shari Wofford	4/20/2018														
									37	236.5	154	Naimah Abdullah	6/5/2021														
									50	229	143	Janet Martin	5/11/2019														
<b>110+kg/242.6+lbs</b>							<b>110+kg/242.6+lbs</b>							<b>110+kg/242.6+lbs</b>							<b>110+kg/242.6+lbs</b>						
		29	294.9	485	Alex Wilson-McKenzie	10/22/2022			42	261.5	270	Hollie Sands	10/12/2019			29	294.9	452	Alex Wilson-McKenzie	10/22/2022			29	294.9	1185	Alex Wilson-McKenzie	10/22/2022
		24	255	408	Lindsay Finch	5/6/2023			29	294.9	248	Alex Wilson-McKenzie	10/22/2022			40	276	375	Katy Silvers	9/18/2021			24	255	948	Lindsay Finch	5/6/2023
		37	285.2	386	Kimberly Soracco	5/11/2024			14	244.5	237	Nevaeh McIntosh	7/27/2024			24	255	364	Lindsay Finch	5/6/2023			40	276	920	Katy Silvers	9/18/2021
		14	244.5	375	Nevaeh McIntosh	7/27/2024			40	272.2	226	Andrea Willis	6/19/2021			34	250	336	Tarra Farnham	5/22/2021			14	244.5	904	Nevaeh McIntosh	7/27/2024
		40	276	375	Katy Silvers	9/18/2021			43	251.3	204	Katy Silvers	9/7/2024			37	285.2	320	Kimberly Soracco	5/11/2024			37	285.2	843	Kimberly Soracco	5/11/2024
		34	250	308	Tarra Farnham	5/22/2021			23	262.8	193	Shauntee Lilley	12/4/2021			19	278.2	308	Meredith Arnold	4/24/2021			34	250	782	Tarra Farnham	5/22/2021
		36	282.2	270	Beth Mockbee	1/21/2023			29	273.8	182	Mary-Ann Ricks	3/5/2022			36	282.2	303	Beth Mockbee	1/21/2023			36	282.2	727	Beth Mockbee	1/21/2023
		19	278.2	242	Meredith Arnold	4/24/2021			33	308.6	182	Angela Dunn	7/22/2023			14	244.5	292	Nevaeh McIntosh	7/27/2024			19	278.2	700	Meredith Arnold	4/24/2021
		40	271	198	Ann McManus	12/9/2023			54	243.2	176	Shari Wofford	6/9/2018			40	271	281	Ann McManus	12/9/2023			40	271	612	Ann McManus	12/9/2023
									22	330.2	175	Lashonda Zander	6/2/2018														

**365 STRONG WORLD RANKINGS**  
**RAW CLASSIC (Knee Wraps) SQUAT**

**FEMALE - JUNIORS (20-23)**

Wgt Class	Age	Wgt	Lbs	Name	Date
<b>52kg/114.5lbs</b>					
	21	108.2	94	Racquel Wilson	10/16/2021
	22	111.6	85	Elena Lopez	6/2/2018
	20	108	83	Maggie Parsons	11/19/2016
<b>56kg/123.5lbs</b>					
	20	120.6	132	Emily Gaiser	7/10/2021
	23	122.8	132	Isabella Sarks	4/23/2022
	23	120.2	127	Asia Hannans	9/7/2024
	21	123.4	77	Gwyneth Reiman	7/27/2024
<b>60kg/132.2lbs</b>					
	22	127.2	143	Emily Gaiser	9/17/2022
	21	127.9	136	Alexis Rutledge	4/23/2022
	20	127.3	99	Kristen McPherson	10/17/2020
	21	126.3	77	Gabby Bennett	7/19/2021

**67.5kg/148.7lbs**

	20	145.8	298	Anya Kalnins	2/20/2021
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**75kg/165.2lbs**

	22	161.6	242	Dani Moore	6/10/2017
	23	159.4	237	Emily Tighe	6/9/2018
	20	161.6	187	Sarah Oesch	3/18/2023

**365 STRONG WORLD RANKINGS**  
**RAW BENCH PRESS**

**FEMALE - JUNIORS (20-23)**

Wgt Class	Age	Wgt	Lbs	Name	Date
<b>52kg/114.5lbs</b>					
	21	108.2	94	Racquel Wilson	10/16/2021
	22	111.6	85	Elena Lopez	6/2/2018
	20	108	83	Maggie Parsons	11/19/2016
<b>56kg/123.5lbs</b>					
	20	120.6	132	Emily Gaiser	7/10/2021
	23	122.8	132	Isabella Sarks	4/23/2022
	23	120.2	127	Asia Hannans	9/7/2024
	21	123.4	77	Gwyneth Reiman	7/27/2024
<b>60kg/132.2lbs</b>					
	22	127.2	143	Emily Gaiser	9/17/2022
	21	127.9	136	Alexis Rutledge	4/23/2022
	20	127.3	99	Kristen McPherson	10/17/2020
	21	126.3	77	Gabby Bennett	7/19/2021

**67.5kg/148.7lbs**

	21	138.3	178	Anya Kalnins	9/18/2021
	20	138	171	Hanna Young	4/20/2018
	22	147.5	171	Abby Foy	12/19/2020
	20	143.5	136	Paige Harrod	11/19/2016
	21	144.2	138	Emily Schnupp	8/12/2017
	20	144.6	121	Everette Sherill	7/22/2023
	23	145	116	Delaney Fish	6/10/2017
	23	148.6	110	Courtney Fox	7/22/2023

**75kg/165.2lbs**

	21	157.9	176	Abby Rice	4/13/2024
	23	161.5	171	Alisha Martin	4/24/2021
	23	164.6	160	Candace Locklear	3/19/2018
	23	159.4	149	Emily Tighe	6/9/2018
	21	162.6	149	Aleya Woodall	6/19/2021
	20	157.2	138	Lisha Lamb	11/19/2018
	22	161.6	132	Dani Moore	6/10/2017

**365 STRONG WORLD RANKINGS**  
**RAW CLASSIC**

**FEMALE - JUNIORS (20-23)**

Wgt Class	Age	Wgt	Lbs	Name	Date
<b>52kg/114.5lbs</b>					
	21	108.2	94	Racquel Wilson	10/16/2021
	22	111.6	85	Elena Lopez	6/2/2018
	20	108	83	Maggie Parsons	11/19/2016
<b>56kg/123.5lbs</b>					
	20	120.6	132	Emily Gaiser	7/10/2021
	23	122.8	132	Isabella Sarks	4/23/2022
	23	120.2	127	Asia Hannans	9/7/2024
	21	123.4	77	Gwyneth Reiman	7/27/2024
<b>60kg/132.2lbs</b>					
	22	127.2	143	Emily Gaiser	9/17/2022
	21	127.9	136	Alexis Rutledge	4/23/2022
	20	127.3	99	Kristen McPherson	10/17/2020
	21	126.3	77	Gabby Bennett	7/19/2021

**67.5kg/148.7lbs**

	21	138.2	320	Anya Kalnins	9/18/2021
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**75kg/165.2lbs**

	23	159.4	342	Emily Tighe	6/9/2018
	20	161.6	303	Sarah Oesch	3/18/2023
	22	161.6	253	Dani Moore	6/10/2017

**365 STRONG WORLD RANKINGS**  
**RAW CLASSIC (Knee Wraps) TOTAL**

**FEMALE - JUNIORS (20-23)**

Wgt Class	Age	Wgt	Lbs	Name	Date
<b>52kg/114.5lbs</b>					
	21	108.2	94	Racquel Wilson	10/16/2021
	22	111.6	85	Elena Lopez	6/2/2018
	20				





			36	216.2	320	Crystal Prather	3/1/2024				36	216.2	160	Crystal Prather	3/1/2024				35	208.1	375	Crystal Prather	3/19/2023				36	216.2	850	Crystal Prather	3/1/2024
			37	211.4	303	Trisha Crisman	8/25/2018				37	211.4	154	Trisha Crisman	8/25/2018				37	213.8	342	Brett Sexton	10/12/2019				37	211.4	771	Trisha Crisman	8/25/2018
											37	213.8	154	Brett Sexton	10/12/2019				37	211.4	314	Trisha Crisman	8/25/2018				37	213.8	749	Brett Sexton	10/12/2019

56kg/123.5lbs					56kg/123.5lbs					56kg/123.5lbs					56kg/123.5lbs												
FP	RC	29	122	242	Amanda Isley	10/28/2017	FP	RC	29	122	132	Amanda Isley	8/12/2017	FP	RC	29	122	303	Amanda Isley	10/28/2017	FP	RC	29	122	676	Amanda Isley	10/28/2017
60kg/132.2lbs					60kg/132.2lbs					60kg/132.2lbs					60kg/132.2lbs												
BP	MP	60	129.6	193	JoJo Brasseaux	10/19/2024																					
67.5kg/148.7lbs					67.5kg/148.7lbs					67.5kg/148.7lbs					67.5kg/148.7lbs												
		36	139.4	215	LaDetra Cole	10/29/2022			36	139.4	116	LaDetra Cole	10/29/2022			36	139.4	336	LaDetra Cole	10/29/2022			36	139.4	667	LaDetra Cole	10/29/2022
75kg/165.2lbs					75kg/165.2lbs					75kg/165.2lbs					75kg/165.2lbs												
					M/P/F							M/P/F							M/P/F							M/P/F	
FP	R	27	161.2	275	Mikhayla Dunn	12/18/2021	FP	R	33	160	187	Heather Ingalls	8/12/2017	FP	R	35	154.7	380	LaDetra Cole	3/5/2022	FP	R	35	154.7	771	LaDetra Cole	3/5/2022
FP	R	35	154.7	253	LaDetra Cole	3/5/2022	FP	R	27	161.2	154	Mikhayla Dunn	12/18/2021	FP	R	27	161.2	320	Mikhayla Dunn	12/18/2021	FP	R	27	161.2	749	Mikhayla Dunn	12/18/2021
FP	R	28	150.8	248	Anaya Cook	11/23/2024	FP	R	35	154.7	138	LaDetra Cole	3/5/2022	FP	R	33	160	303	Heather Ingalls	8/12/2017	FP	R	33	160	733	Heather Ingalls	8/12/2017
FP	R	33	160	242	Heather Ingalls	8/12/2017	FP	R	28	150.8	127	Anaya Cook	11/23/2024	FP	R	28	150.8	248	Anaya Cook	11/23/2024	FP	R	28	150.8	623	Anaya Cook	11/23/2024
82.5kg/181.7lbs					82.5kg/181.7lbs					82.5kg/181.7lbs					82.5kg/181.7lbs												
FP	R	45	166.9	402	Emily Lilly	6/29/2024	FP	R	45	166.9	237	Emily Lilly	6/29/2024	FP	R	29	177.6	397	Gabrielle Robbins	11/9/2019	FP	R	45	166.9	1025	Emily Lilly	6/29/2024
FP	RC	26	177.6	386	Emily Merritt	5/11/2019	FP	R	29	177.6	204	Gabrielle Robbins	11/9/2019	FP	RC	26	177.6	391	Emily Merritt	10/27/2018	FP	RC	26	177.6	937	Emily Merritt	5/11/2019
FP	R	29	177.6	314	Gabrielle Robbins	11/9/2019	FP	R	26	177.6	165	Emily Merritt	5/11/2019	FP	R	45	166.9	386	Emily Lilly	6/29/2024	FP	R	29	177.6	914	Gabrielle Robbins	11/9/2019
FP	R	31	178.2	281	Emily Gilson	10/17/2020	FP	R	31	178.2	149	Emily Gilson	10/17/2020	FP	R	31	178.2	342	Emily Gilson	10/17/2020	FP	R	31	178.2	772	Emily Gilson	10/17/2020
FP	R	27	169.5	242	Dasia Sanders	11/9/2024	FP	R	39	174.4	132	Pamela Buskirk	7/24/2021	FP	R	39	178	286	Pamela Buskirk	3/5/2022	FP	R	27	169.5	623	Dasia Sanders	11/9/2024
FP	R	39	178	220	Pamela Buskirk	3/5/2022	FP	R	27	169.5	127	Dasia Sanders	11/9/2024	FP	R	27	169.5	253	Dasia Sanders	11/9/2024							
90+kg/198.2+lbs					90+kg/198.2+lbs					90+kg/198.2+lbs					90+kg/198.2+lbs												
					Female							Female							Female							Female	
FP	RC	34	250	306	Tarra Farnham	5/22/2021	FP	R	34	250	136	Tarra Farnham	5/22/2021	FP	RC	34	250	336	Tarra Farnham	5/22/2021	FP	RC	34	250	782	Tarra Farnham	5/22/2021

**FEMALE MASTERS (Gear Listed)**

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS									
SQUAT - EQUIPMENT NOTED						BENCH - EQUIPMENT NOTED						DEADLIFT - EQUIPMENT NOTED						TOTAL - EQUIPMENT NOTED									
Female - Masters						Female - Masters						Female - Masters						Female - Masters									
Weight Class	Age	Wgt.	Lbs.	Name	Date	Weight Class	Age	Wgt.	Lbs.	Name	Date	Weight Class	Age	Wgt.	Lbs.	Name	Date	Weight Class	Age	Wgt.	Lbs.	Name	Date				
48kg/105.7lbs						48kg/105.7lbs						48kg/105.7lbs						48kg/105.7lbs									
R	55-59	55	98	132	Nina Kiuru	7/30/2022	R	55-59	55	98	132	Nina Kiuru	7/30/2022	R	55-59	55	98	237	Nina Kiuru	7/30/2022	R	55-59	55	98	369	Nina Kiuru	7/30/2022
52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs									
RC	45-49	46	111.8	264	Missy Taylor	4/23/2022	RC	45-49	46	111.8	182	Missy Taylor	4/23/2022	RC	45-49	46	111.8	292	Missy Taylor	4/23/2022	RC	45-49	46	111.8	738	Missy Taylor	4/23/2022
R	45-49	46	112.2	259	Missy Taylor	7/24/2021	R	45-49	46	112.2	160	Missy Taylor	7/24/2021	R	45-49	46	112.2	275	Missy Taylor	7/24/2021	R	45-49	46	112.2	694	Missy Taylor	7/24/2021
R	70-74	73	106.3	154	Linda Costello	4/23/2022	R	60-64	62	108.2	105	Sue Ann Huribert	10/21/2023	R	65-69	65	107.4	242	Pam Fisher	5/19/2024	R	60-64	62	110.7	464	Sue Ann Huribert	7/22/2021
R	60-64	62	108.2	149	Sue Ann Huribert	10/21/2023	R	70-74	73	106.3	83	Linda Costello	4/23/2022	R	60-64	62	107.4	220	Sue Ann Huribert	7/22/2021	R	65-69	65	107.4	463	Pam Fisher	5/19/2024
R	65-69	65	107.4	143	Pam Fisher	5/18/2024	R	65-69	65	107.4	83	Pam Fisher	5/18/2024	R	70-74	73	106.3	224	Linda Costello	4/23/2022	R	70-74	73	106.3	457	Linda Costello	4/23/2022
R	55-59	59	108.9	105	Sue Ann Huribert	10/17/2020	R	55-59	59	108.9	83	Sue Ann Huribert	10/17/2020	R	55-59	59	108.9	176	Sue Ann Huribert	10/17/2020	R	55-59	59	108.9	364	Sue Ann Huribert	10/17/2020
56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs									
R	45-49	48	122.4	314	Missy Taylor	5/6/2023	R	45-49	48	122.4	209	Missy Taylor	5/6/2023	RC	40-44	44	119.4	331	Tiffany Stone	7/27/2024	RC	40-44	44	119.4	854	Missy Taylor	5/6/2023
RC	40-44	44	119.4	275	Tiffany Stone	7/27/2024	R	40-44	42	121.8	175	Dawn Bogart	4/9/2016	R	45-49	48	122.4	331	Missy Taylor	5/6/2023	RC	40-44	44	119.4	749	Tiffany Stone	7/27/2024
SP	40-44	42	121.8	265	Dawn Bogart	4/9/2016	MP	60-64	60	121.4	160	JoJo Brasseaux	3/1/2024	SP	40-44	42	121.8	295	Dawn Bogart	4/9/2016	SP	40-44	42	121.8	735	Dawn Bogart	4/9/2016
R	50-54	54	119.6	182	Lisa Baker	12/19/2020	R	40-44	44	119.4	143	Tiffany Stone	7/27/2024	R	50-54	54	119.6	237	Lisa Baker	12/19/2020	R	55-59	56	118.6	518	Dawn Williams	7/24/2021
R	55-59	56	118.6	176	Dawn Williams	7/24/2021	R	55-59	56	118.6	116	Dawn Williams	7/24/2021	R	55-59	56	118.6	226	Dawn Williams	7/24/2021	R	50-54	54	119.6	512	Lisa Baker	12/19/2020
RC	45-49	46	118.9	160	Kathy Wilson	12/8/2018	R	50-54	54	119.6	94	Lisa Baker	12/19/2020	RC	45-49	46	118.9	187	Kathy Wilson	12/8/2018	RC	45-49	46	118.9	435	Kathy Wilson	12/8/2018
						R	45-49	46	118.9	88	Kathy Wilson	12/8/2018															
						R	60-64	62	123	66	Nina Snipes	10/21/2023															
60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs									
SP	40-44	43	131.9	331	Dawn Bogart	4/23/2017	SP	45-49	49	132.3	314	Missy Taylor	11/23/2024	SP	40-44	43	131.9	402	Dawn Bogart	4/23/2017	SP	40-44	43	131.9	959	Dawn Bogart	4/23/2017
R	40-44	42	130	331	Priscilla Pardue	4/20/2018	R	45-49	49	129.4	231	Missy Taylor	7/27/2024	R	40-44	42	130	350	Dawn Bogart	7/9/2016	R	40-44	42	130	855	Dawn Bogart	7/9/2016
RC	50-54	53	132.2	306	Priscilla Pardue	10/28/2017	SP	40-44	43	131.9	226	Dawn Bogart	4/22/2017	R	55-59	57	131.3	325	Jami Bozzuto	10/22/2022	SP	50-54	54	132	761	Priscilla Pardue	4/20/2018
R	40-44	42	130	300	Dawn Bogart	7/9/2016	R	40-44	42	130	205	Dawn Bogart	7/9/2016	R	45-49	47	127.2	315	Bela Ghosh	6/11/2016	RC	50-54	53	132.2	711	Priscilla Pardue	10/28/2017
RC	45-49	47	131.4	105	Angie Terry	10/29/2016	MP	60-64	60	129.6	193	JoJo Brasseaux	10/19/2024	SP	50-54	54	132	265	Priscilla Pardue	4/20/2018	R	55-59	57	131.3	510	Jami Bozzuto	10/22/2022
						R	55-59	57	131.3	185	Jami Bozzuto	10/22/2022	RC	50-54	53	132.2	259	Priscilla Pardue	10/28/2017	R	45-49	47	127.2	495	Bela Ghosh	6/11/2016	
						R	45-49	47	127.2	180	Bela Ghosh	6/11/2016	RC	45-49	47	131.4	155	Angie Terry	10/29/2016	RC	45-49	47	131.4	305	Angie Terry	10/29/2016	
						SP	50-54	54	132	165	Priscilla Pardue	4/20/2018															
						R	50-54	53	132.2	143	Priscilla Pardue	10/28/2017															
						MP	55-59	59	129.6	132	JoJo Brasseaux	10/21/2023															
						R	60-64	61	125	72	Nina Snipes	5/27/2023															
						R	45-49	47	131.4	45	Angie Terry	10/29/2016															
67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs									
MP	45-49	49	142.2	551	Melissa Smith	10/21/2023	MP	45-49	48	141.3	331	Melissa Smith	7/22/2023	MP	45-49	46	141.8	375	Melissa Smith	10/17/2020	MP	45-49	49	142.2	1245	Melissa Smith	10/21/2023
R	40-44	43	147.5	359	Emily Lilly	5/6/2023	R	40-44	43	147.5	231	Emily Lilly	3/4/2023	R	40-44	43	147.5	369	Emily Lilly	5/6/2023	R	40-44	43	147.5	955	Emily Lilly	5/6/2023
SP	55-59	55	142.5	303	Priscilla Pardue	5/11/2019	R	60-64	61	148.6	226	Maureen Clary	4/22/2017	R	60-64	60	148.4	360	Maureen Clary	10/29/2018	R	60-64	61	148.6	876	Maureen Clary	4/22/2017
R	40-44	40	144.4	303	Nicole Qualls	3/5/2022	R	65-69	65	148.7	211	Maureen Clary	1/22/2022	R	40-44	41	143.3	320	Mona Hope	1/20/2024	R	65-69	65	148.7	801	Maureen Clary	1/22/2022
R	60-64	61	148.6	292	Maureen Clary	4/22/2017	SP	55-59	55	142.5	176	Priscilla Pardue	5/11/2019	RC	40-44	40	137.8	309	Alexandra Gray	4/15/2023	R	60-64	61	148.6	766	Nicole Qualls	3/5/2022
R																											

R	45-49	45	140	237	Gina Casper	5/27/2023	R	40-44	40	140.4	138	Misty Bruce	1/22/2022	R	45-49	45	144.8	270	Sharon Crook	6/25/2023	RC	50-54	53	144.2	645	Priscilla Pardue	4/22/2017
R	50-54	53	147.9	220	Sonja Drury	10/21/2023	R	50-54	53	144.2	132	Priscilla Pardue	4/22/2017	R	50-54	51	138.2	259	Sue Welker	6/10/2017	R	50-54	53	147.9	562	Sonja Drury	10/21/2023
R	40-44	41	139.9	182	Ilona Eichhorn	6/9/2024	R	40-44	41	143.3	121	Mona Hope	1/20/2024	R	50-54	53	144.2	253	Priscilla Pardue	4/22/2017	R	40-44	41	139.9	546	Ilona Eichhorn	6/9/2024
R	40-44	43	146.5	176	Jennifer Rush	12/19/2020	R	50-54	51	148.6	121	Kelly Padgett	10/16/2021	R	40-44	41	139.9	248	Ilona Eichhorn	6/9/2024	R	40-44	40	140.4	496	Misty Bruce	1/22/2022
R	40-44	40	140.4	149	Misty Bruce	1/22/2022	R	40-44	41	139.9	116	Ilona Eichhorn	6/9/2024	R	50-54	51	148.6	237	Kelly Padgett	10/16/2021	R	40-44	43	146.5	485	Jennifer Rush	12/19/2020
							R	50-54	53	147.9	116	Sonja Drury	10/21/2023	R	50-54	53	147.9	231	Sonja Drury	7/22/2023							

