

# New Year Show of Strength

Rijk Strength & Performance, Salisbury, NC

1/10/2026

## Results: Kilos

| PL | Name                | Sex | Age | Country | State | Equip   | Division | Bodyweigh<br>tKg | WeightCla<br>ssKg | Squat1K<br>g | Squat2K<br>g | Squat3K<br>g | Best3Sq<br>uatKg | Bench1<br>Kg | Bench2K<br>g | Bench3<br>Kg | Bench4K<br>g | Best3Benc<br>hKg | Deadlift1<br>Kg | Deadlift2<br>Kg | Deadlift3<br>Kg | Deadlift4<br>Kg | Best3Dead<br>liftKg | TotalKg | Event |
|----|---------------------|-----|-----|---------|-------|---------|----------|------------------|-------------------|--------------|--------------|--------------|------------------|--------------|--------------|--------------|--------------|------------------|-----------------|-----------------|-----------------|-----------------|---------------------|---------|-------|
| 1  | Savannah Gautier    | F   | 22  | USA     | NC    | Bare    | J-T      | 65.35            | 67.5              | 107.5        | -115         | 115          | 115              | 45           | -50          | -50          |              | 45               | 120             | 122.5           | -130            |                 | 122.5               | 282.5   | SBD   |
| 2  | Sophia Robbins      | F   | 21  | USA     | NC    | Bare    | J-T      | 64.25            | 67.5              | 70           | -85          | -85          | 70               | -50          | 55           | -60          |              | 55               | 72.5            | -82.5           | 82.5            |                 | 82.5                | 207.5   | SBD   |
| 1  | Meredith McPherson  | F   | 44  | USA     | NC    | Bare    | M1-T     | 59               | 60                | 65           | 70           | 72.5         | 72.5             | 40           | 47.5         | 50           |              | 50               | 65              | 75              | 95              |                 | 95                  | 217.5   | SBD   |
| 1  | Jessica Guilbeau    | F   | 41  | USA     | VA    | Bare    | M1-U     | 116.33           | 110+              | 110          | 117.5        | 125          | 125              | 45           | 50           | 55           |              | 55               | 137.5           | 145             | 150             |                 | 150                 | 330     | SBD   |
| 1  | Emily Lilly         | F   | 46  | USA     | NC    | Bare    | M2-T     | 67.3             | 67.5              | 140          | 147.5        | 152.5        | 152.5            | 92.5         | 97.5         | 100          |              | 100              | 145             | 155             | 160             |                 | 160                 | 412.5   | SBD   |
| 1  | Anju Sethi          | F   | 56  | USA     | NC    | Bare    | M4-T     | 54.15            | 56                | 52.5         | 57.5         | 62.5         | 62.5             | 32.5         | -37.5        | -37.5        |              | 32.5             | 65              | 77.5            | 85              |                 | 85                  | 180     | SBD   |
| 1  | Emily Lilly         | F   | 46  | USA     | NC    | Bare    | MPF-T    | 67.3             | 67.5              | 140          | 147.5        | 152.5        | 152.5            | 92.5         | 97.5         | 100          |              | 100              | 145             | 155             | 160             |                 | 160                 | 412.5   | SBD   |
| 2  | Savannah Gautier    | F   | 22  | USA     | NC    | Bare    | MPF-T    | 65.35            | 67.5              | 107.5        | -115         | 115          | 115              | 45           | -50          | -50          |              | 45               | 120             | 122.5           | -130            |                 | 122.5               | 282.5   | SBD   |
| 1  | Kat Kalanina        | F   | 36  | USA     | SC    | Bare    | N-X      | 65.8             | 67.5              | 117.5        | 135          | 142.5        | 142.5            | 62.5         | -75          | 80           |              | 80               | 155             | 172.5           | 182.5           |                 | 182.5               | 405     | SBD   |
| 2  | Sophia Robbins      | F   | 21  | USA     | NC    | Bare    | N-X      | 64.25            | 67.5              | 70           | -85          | -85          | 70               | -50          | 55           | -60          |              | 55               | 72.5            | -82.5           | 82.5            |                 | 82.5                | 207.5   | SBD   |
| 1  | Billie Sullivan     | F   | 36  | USA     | NC    | Bare    | N-X      | 78.6             | 82.5              | 70           | 75           | 80           | 80               | 60           | -65          | -65          |              | 60               | 85              | 95              | 102.5           |                 | 102.5               | 242.5   | SBD   |
| 1  | Jocelyn Lilly       | F   | 16  | USA     | WV    | Bare    | O-T      | 64.35            | 67.5              | 112.5        | 117.5        | 122.5        | 122.5            | 45           | 50           | -52.5        |              | 50               | 105             | 110             | 115             |                 | 115                 | 287.5   | SBD   |
| 1  | Kat Kalanina        | F   | 36  | USA     | SC    | Bare    | O-U      | 65.8             | 67.5              | 117.5        | 135          | 142.5        | 142.5            | 62.5         | -75          | 80           |              | 80               | 155             | 172.5           | 182.5           |                 | 182.5               | 405     | SBD   |
| 1  | Billie Sullivan     | F   | 36  | USA     | NC    | Bare    | S-T      | 78.6             | 82.5              | 70           | 75           | 80           | 80               | 60           | -65          | -65          |              | 60               | 85              | 95              | 102.5           |                 | 102.5               | 242.5   | SBD   |
| 1  | Kat Kalanina        | F   | 36  | USA     | SC    | Bare    | S-U      | 65.8             | 67.5              | 117.5        | 135          | 142.5        | 142.5            | 62.5         | -75          | 80           |              | 80               | 155             | 172.5           | 182.5           |                 | 182.5               | 405     | SBD   |
| 1  | Jocelyn Lilly       | F   | 16  | USA     | WV    | Bare    | T2-X     | 64.35            | 67.5              | 112.5        | 117.5        | 122.5        | 122.5            | 45           | 50           | -52.5        |              | 50               | 105             | 110             | 115             |                 | 115                 | 287.5   | SBD   |
| 1  | Rylee King          | F   | 12  | USA     | NC    | Bare    | Y-X      | 57.3             | 60                | 35           | 52.5         | 57.5         | 57.5             | 25           | 30           | 37.5         |              | 37.5             | 65              | 75              | 85              |                 | 85                  | 180     | SBD   |
| 1  | Mia Kimball         | F   | 29  | USA     | NC    | Wraps   | O-T      | 61.75            | 67.5              | -145         | -145         | 145          | 145              | 70           | 75           | 80           |              | 80               | 142.5           | 147.5           | 155             |                 | 155                 | 380     | SBD   |
| 1  | Scarlett Rosalez    | F   | 8   | USA     | NC    | Bare    | KC-X     | 40.45            | 44                |              |              |              |                  |              |              |              |              |                  | 20              | 25              | 30              |                 | 30                  | 30      | D     |
| 1  | El-Monstro Martinez | M   | 41  | USA     | NC    | Bare    | M1-T     | 124.8            | 125               | 260          | 270          | -277.5       | 270              | 137.5        | 142.5        | -147.5       |              | 142.5            | 290             | -300            |                 |                 | 290                 | 702.5   | SBD   |
| 1  | Bear Combs          | M   | 56  | USA     | NC    | Bare    | M4-T     | 134.8            | 140               | 197.5        | 215          | 227.5        | 227.5            | 127.5        | 135          | 145          |              | 145              | 197.5           |                 |                 |                 | 197.5               | 570     | SBD   |
| 1  | Sherman Distin      | M   | 68  | USA     | NC    | Bare    | M6-T     | 88.75            | 90                | 75           | 85           | -132.5       | 85               | 67.5         | 80           | -92.5        |              | 80               | 102.5           | 115             | -122.5          |                 | 115                 | 280     | SBD   |
| 1  | Joseph Rainone      | M   | 28  | USA     | NC    | Bare    | MPF-T    | 74.6             | 75                | 115          | 120          | 132.5        | 132.5            | 115          | -120         | 120          |              | 120              | 137.5           | 147.5           | -155            |                 | 147.5               | 400     | SBD   |
| 1  | Sherman Distin      | M   | 68  | USA     | NC    | Bare    | MPF-T    | 88.75            | 90                | 75           | 85           | -132.5       | 85               | 67.5         | 80           | -92.5        |              | 80               | 102.5           | 115             | -122.5          |                 | 115                 | 280     | SBD   |
| 1  | El-Monstro Martinez | M   | 41  | USA     | NC    | Bare    | MPF-T    | 124.8            | 125               | 260          | 270          | -277.5       | 270              | 137.5        | 142.5        | -147.5       |              | 142.5            | 290             | -300            |                 |                 | 290                 | 702.5   | SBD   |
| 1  | Bear Combs          | M   | 56  | USA     | NC    | Bare    | MPF-T    | 134.8            | 140               | 197.5        | 215          | 227.5        | 227.5            | 127.5        | 135          | 145          |              | 145              | 197.5           |                 |                 |                 | 197.5               | 570     | SBD   |
| 1  | Joseph Rainone      | M   | 28  | USA     | NC    | Bare    | N-X      | 74.6             | 75                | 115          | 120          | 132.5        | 132.5            | 115          | -120         | 120          |              | 120              | 137.5           | 147.5           | -155            |                 | 147.5               | 400     | SBD   |
| 1  | Brandaan White      | M   | 34  | USA     | NC    | Bare    | N-X      | 115.75           | 125               | -235         | 235          | 247.5        | 247.5            | 157.5        | 167.5        | 177.5        |              | 177.5            | 247.5           | 255             | -257.5          |                 | 255                 | 680     | SBD   |
| 1  | Jackson Lilly       | M   | 15  | USA     | WV    | Bare    | O-T      | 67.45            | 67.5              | 145          | 155          | 162.5        | 162.5            | 85           | 90           | 95           |              | 95               | 140             | 147.5           | 152.5           | 160             | 152.5               | 410     | SBD   |
| 1  | Stephen Clemmer     | M   | 37  | USA     | NC    | Bare    | O-U      | 95.45            | 100               | 200          | 215          | 227.5        | 227.5            | 150          | 165          | 175          |              | 175              | 250             | 265             | 280             |                 | 280                 | 682.5   | SBD   |
| 2  | Nick D'Onofrio      | M   | 38  | USA     | NC    | Bare    | O-U      | 95.9             | 100               | 175          | 190          | 215          | 215              | 122.5        | 137.5        | -145         |              | 137.5            | 225             | 250             | 267.5           |                 | 267.5               | 620     | SBD   |
| 1  | Joshua King         | M   | 34  | USA     | NC    | Bare    | O-U      | 104.4            | 110               | 137.5        | 155          | 165          | 165              | 115          | -125         | 125          |              | 125              | 182.5           | 205             | 227.5           |                 | 227.5               | 517.5   | SBD   |
| 1  | Roger Bailey        | M   | 35  | USA     | WV    | Bare    | S-T      | 81.7             | 82.5              | 190          | 200          | 210          | 210              | 152.5        | 162.5        | 165          |              | 165              | 250             | 272.5           | -282.5          |                 | 272.5               | 647.5   | SBD   |
| 1  | Matt Goodnight      | M   | 39  | USA     | NC    | Bare    | S-U      | 91.17            | 100               | 235          | 255          | -267.5       | 255              | 142.5        | 160          | -172.5       |              | 160              | -227.5          | 227.5           | 245             |                 | 245                 | 660     | SBD   |
| 1  | Jackson Lilly       | M   | 15  | USA     | WV    | Bare    | T1-X     | 67.45            | 67.5              | 145          | 155          | 162.5        | 162.5            | 85           | 90           | 95           |              | 95               | 140             | 147.5           | 152.5           | 160             | 152.5               | 410     | SBD   |
| 1  | Matthew Walker #4   | M   | 49  | USA     | NC    | Wraps   | M2-U     | 114.2            | 125               | 155          | 175          | 185          | 185              | 92.5         | 102.5        | 117.5        |              | 117.5            | 160             | 180             | 195             |                 | 195                 | 497.5   | SBD   |
| 1  | Matt Gabbey         | M   | 27  | USA     | NC    | Multi-p | O-U      | 74.2             | 75                | 235          | -247.5       | 247.5        | 247.5            | 107.5        | 120          |              |              | 120              | 180             | 205             | -210            |                 | 205                 | 572.5   | SBD   |
| 1  | Ty Gardner          | M   | 16  | USA     | NC    | Unlimit | T2-X     | 93.5             | 100               | 205          | 227.5        |              | 227.5            | 100          | -110         | -110         |              | 100              | 142.5           | 165             | 182.5           |                 | 182.5               | 510     | SBD   |
| 1  | Robert Lane         | M   | 41  | USA     | NC    | Bare    | M1-U     | 100.4            | 110               |              |              |              |                  | -152.5       | -152.5       | 152.5        |              | 152.5            | -160            | 192.5           | 227.5           |                 | 227.5               | 380     | BD    |
| 1  | Robert Lane         | M   | 41  | USA     | NC    | Bare    | MPF-U    | 100.4            | 110               |              |              |              |                  | -152.5       | -152.5       | 152.5        |              | 152.5            | -160            | 192.5           | 227.5           |                 | 227.5               | 380     | BD    |
| 1  | Elijah Moore        | M   | 29  | USA     | NC    | Bare    | O-T      | 109              | 110               |              |              |              |                  | 120          | -125         | 125          |              | 125              | 142.5           | 152.5           | 160             |                 | 160                 | 285     | BD    |
| 1  | Robert Lane         | M   | 41  | USA     | NC    | Bare    | O-U      | 100.4            | 110               |              |              |              |                  | -152.5       | -152.5       | 152.5        |              | 152.5            | -160            | 192.5           | 227.5           |                 | 227.5               | 380     | BD    |
| 1  | Hotrod Richardson   | M   | 11  | USA     | NC    | Bare    | Y-X      | 59.35            | 60                |              |              |              |                  | 42.5         | 47.5         | 51           | 55           | 51               | 100             | 107.5           | 115             | -120            | 115                 | 166     | BD    |
| 1  | David Bundy - Raw   | M   | 43  | USA     | NC    | Bare    | M1-U     | 99.8             | 100               |              |              |              |                  | 185          | 195          | -202.5       |              | 195              |                 |                 |                 |                 |                     | 195     | B     |
| 1  | George Wells        | M   | 70  | USA     | NC    | Bare    | M7-T     | 97.15            | 100               |              |              |              |                  | 90           | -102.5       | 102.5        |              | 102.5            |                 |                 |                 |                 |                     | 102.5   | B     |

|   |                         |   |    |     |    |         |       |        |      |     |        |       |       |        |      |       |  |       |   |
|---|-------------------------|---|----|-----|----|---------|-------|--------|------|-----|--------|-------|-------|--------|------|-------|--|-------|---|
| 1 | Robert Strother         | M | 31 | USA | NC | Bare    | O-U   | 154.15 | 140+ |     |        | 257.5 | 272.5 | 280    |      | 280   |  | 280   | B |
| 1 | Elijah Doty             | M | 16 | USA | NC | Bare    | T2-X  | 122.5  |      | 125 |        | 145   | 155   | -160   |      | 155   |  | 155   | B |
| 1 | John Goff               | M | 58 | USA | NC | Single- | M4-U  | 108.1  |      | 110 |        | 192.5 | 205   | 210    | 215  | 210   |  | 210   | B |
| 1 | John J Hansborough - SP | M | 61 | USA | NC | Single- | M5-U  | 133.4  |      | 140 |        | 137.5 | 142.5 | -147.5 |      | 142.5 |  | 142.5 | B |
| 1 | John von Rohr           | M | 78 | USA | SC | Single- | M8-T  | 107.6  |      | 110 |        | 115   | 122.5 | 127.5  |      | 127.5 |  | 127.5 | B |
| 1 | David Bundy-MP          | M | 43 | USA | NC | Multi-p | M1-U  | 99.8   |      | 100 |        | 240   | 255   | -275   |      | 255   |  | 255   | B |
| 1 | Joe Huber               | M | 58 | USA | NC | Multi-p | M4-U  | 107.6  |      | 110 |        | -240  | 240   | -247.5 |      | 240   |  | 240   | B |
| 1 | John J Hansborough-MP   | M | 61 | USA | NC | Multi-p | M5-U  | 133.4  |      | 140 |        | 152.5 | 160   | 165    | -170 | 165   |  | 165   | B |
| 1 | Joe Huber               | M | 58 | USA | NC | Multi-p | MPF-U | 107.6  |      | 110 |        | -240  | 240   | -247.5 |      | 240   |  | 240   | B |
| 1 | Bennie Jones            | M | 51 | USA | NC | Bare    | O-T   | 152.9  | 140+ |     | 242.51 | 265   | 272.5 | 280    |      | 280   |  | 280   | B |
| 1 | Bennie Jones            | M | 51 | USA | NC | Bare    | M3-T  | 152.9  | 140+ |     | 242.51 | 265   | 272.5 | 280    |      | 280   |  | 280   | B |

### Results: Pounds

| PL | Name                | Sex | Age | Country | State | Equip | Division | Bodyweig | WeightCl | Squat1 | Squat2 | Squat3 | Best3Sq | Bench1 | Bench2 | Bench3 | Bench4 | Best3Ben | Deadlift | Deadlift | Deadlift | Deadlift | Best3Dea | TotalLb | Event |
|----|---------------------|-----|-----|---------|-------|-------|----------|----------|----------|--------|--------|--------|---------|--------|--------|--------|--------|----------|----------|----------|----------|----------|----------|---------|-------|
|    |                     |     |     |         |       |       |          | htLb     | assLb    | Lb     | Lb     | Lb     | uatLb   | Lb     | Lb     | Lb     | Lb     | chLb     | 1Lb      | 2Lb      | 3Lb      | 4Lb      | diftLb   |         |       |
| 1  | Savannah Gautier    | F   | 22  | USA     | NC    | Bare  | J-T      | 144.1    | 148.8    | 237    | -253.5 | 253.5  | 253.5   | 99.2   | -110.2 | -110.2 |        | 99.2     | 264.6    | 270.1    | -286.6   |          | 270.1    | 622.8   | SBD   |
| 2  | Sophia Robbins      | F   | 21  | USA     | NC    | Bare  | J-T      | 141.6    | 148.8    | 154.3  | -187.4 | -187.4 | 154.3   | -110.2 | 121.3  | -132.3 |        | 121.3    | 159.8    | -181.9   | 181.9    |          | 181.9    | 457.5   | SBD   |
| 1  | Meredith McPherson  | F   | 44  | USA     | NC    | Bare  | M1-T     | 130.1    | 132.3    | 143.3  | 154.3  | 159.8  | 159.8   | 88.2   | 104.7  | 110.2  |        | 110.2    | 143.3    | 165.3    | 209.4    |          | 209.4    | 479.5   | SBD   |
| 1  | Jessica Guilbeau    | F   | 41  | USA     | VA    | Bare  | M1-U     | 256.5    | 242+     | 242.5  | 259    | 275.6  | 275.6   | 99.2   | 110.2  | 121.3  |        | 121.3    | 303.1    | 319.7    | 330.7    |          | 330.7    | 727.5   | SBD   |
| 1  | Emily Lilly         | F   | 46  | USA     | NC    | Bare  | M2-T     | 148.4    | 148.8    | 308.6  | 325.2  | 336.2  | 336.2   | 203.9  | 214.9  | 220.5  |        | 220.5    | 319.7    | 341.7    | 352.7    |          | 352.7    | 909.4   | SBD   |
| 1  | Anju Sethi          | F   | 56  | USA     | NC    | Bare  | M4-T     | 119.4    | 123.5    | 115.7  | 126.8  | 137.8  | 137.8   | 71.6   | -82.7  | -82.7  |        | 71.6     | 143.3    | 170.9    | 187.4    |          | 187.4    | 396.8   | SBD   |
| 1  | Emily Lilly         | F   | 46  | USA     | NC    | Bare  | MPF-T    | 148.4    | 148.8    | 308.6  | 325.2  | 336.2  | 336.2   | 203.9  | 214.9  | 220.5  |        | 220.5    | 319.7    | 341.7    | 352.7    |          | 352.7    | 909.4   | SBD   |
| 2  | Savannah Gautier    | F   | 22  | USA     | NC    | Bare  | MPF-T    | 144.1    | 148.8    | 237    | -253.5 | 253.5  | 253.5   | 99.2   | -110.2 | -110.2 |        | 99.2     | 264.6    | 270.1    | -286.6   |          | 270.1    | 622.8   | SBD   |
| 1  | Kat Kalanina        | F   | 36  | USA     | SC    | Bare  | N-X      | 145.1    | 148.8    | 259    | 297.6  | 314.2  | 314.2   | 137.8  | -165.3 | 176.4  |        | 176.4    | 341.7    | 380.3    | 402.3    |          | 402.3    | 892.9   | SBD   |
| 2  | Sophia Robbins      | F   | 21  | USA     | NC    | Bare  | N-X      | 141.6    | 148.8    | 154.3  | -187.4 | -187.4 | 154.3   | -110.2 | 121.3  | -132.3 |        | 121.3    | 159.8    | -181.9   | 181.9    |          | 181.9    | 457.5   | SBD   |
| 1  | Billie Sullivan     | F   | 36  | USA     | NC    | Bare  | N-X      | 173.3    | 181.9    | 154.3  | 165.3  | 176.4  | 176.4   | 132.3  | -143.3 | -143.3 |        | 132.3    | 187.4    | 209.4    | 226      |          | 226      | 534.6   | SBD   |
| 1  | Jocelyn Lilly       | F   | 16  | USA     | WV    | Bare  | O-T      | 141.9    | 148.8    | 248    | 259    | 270.1  | 270.1   | 99.2   | 110.2  | -115.7 |        | 110.2    | 231.5    | 242.5    | 253.5    |          | 253.5    | 633.8   | SBD   |
| 1  | Kat Kalanina        | F   | 36  | USA     | SC    | Bare  | O-U      | 145.1    | 148.8    | 259    | 297.6  | 314.2  | 314.2   | 137.8  | -165.3 | 176.4  |        | 176.4    | 341.7    | 380.3    | 402.3    |          | 402.3    | 892.9   | SBD   |
| 1  | Billie Sullivan     | F   | 36  | USA     | NC    | Bare  | S-T      | 173.3    | 181.9    | 154.3  | 165.3  | 176.4  | 176.4   | 132.3  | -143.3 | -143.3 |        | 132.3    | 187.4    | 209.4    | 226      |          | 226      | 534.6   | SBD   |
| 1  | Kat Kalanina        | F   | 36  | USA     | SC    | Bare  | S-U      | 145.1    | 148.8    | 259    | 297.6  | 314.2  | 314.2   | 137.8  | -165.3 | 176.4  |        | 176.4    | 341.7    | 380.3    | 402.3    |          | 402.3    | 892.9   | SBD   |
| 1  | Jocelyn Lilly       | F   | 16  | USA     | WV    | Bare  | T2-X     | 141.9    | 148.8    | 248    | 259    | 270.1  | 270.1   | 99.2   | 110.2  | -115.7 |        | 110.2    | 231.5    | 242.5    | 253.5    |          | 253.5    | 633.8   | SBD   |
| 1  | Rylee King          | F   | 12  | USA     | NC    | Bare  | Y-X      | 126.3    | 132.3    | 77.2   | 115.7  | 126.8  | 126.8   | 55.1   | 66.1   | 82.7   |        | 82.7     | 143.3    | 165.3    | 187.4    |          | 187.4    | 396.8   | SBD   |
| 1  | Mia Kimball         | F   | 29  | USA     | NC    | Wraps | O-T      | 136.1    | 148.8    | -319.7 | -319.7 | 319.7  | 319.7   | 154.3  | 165.3  | 176.4  |        | 176.4    | 314.2    | 325.2    | 341.7    |          | 341.7    | 837.7   | SBD   |
| 1  | Scarlett Rosalez    | F   | 8   | USA     | NC    | Bare  | KC-X     | 89.2     | 97       |        |        |        |         |        |        |        |        |          | 44.1     | 55.1     | 66.1     |          | 66.1     | 66.1    | D     |
| 1  | El-Monstro Martinez | M   | 41  | USA     | NC    | Bare  | M1-T     | 275.1    | 275.6    | 573.2  | 595.2  | -611.8 | 595.2   | 303.1  | 314.2  | -325.2 |        | 314.2    | 639.3    | -661.4   |          |          | 639.3    | 1548.7  | SBD   |
| 1  | Bear Combs          | M   | 56  | USA     | NC    | Bare  | M4-T     | 297.2    | 308.6    | 435.4  | 474    | 501.5  | 501.5   | 281.1  | 297.6  | 319.7  |        | 319.7    | 435.4    |          |          |          | 435.4    | 1256.6  | SBD   |
| 1  | Sherman Distin      | M   | 68  | USA     | NC    | Bare  | M6-T     | 195.7    | 198.4    | 165.3  | 187.4  | -292.1 | 187.4   | 148.8  | 176.4  | -203.9 |        | 176.4    | 226      | 253.5    | -270.1   |          | 253.5    | 617.3   | SBD   |
| 1  | Joseph Rainone      | M   | 28  | USA     | NC    | Bare  | MPF-T    | 164.5    | 165.3    | 253.5  | 264.6  | 292.1  | 292.1   | 253.5  | -264.6 | 264.6  |        | 264.6    | 303.1    | 325.2    | -341.7   |          | 325.2    | 881.8   | SBD   |
| 1  | Sherman Distin      | M   | 68  | USA     | NC    | Bare  | MPF-T    | 195.7    | 198.4    | 165.3  | 187.4  | -292.1 | 187.4   | 148.8  | 176.4  | -203.9 |        | 176.4    | 226      | 253.5    | -270.1   |          | 253.5    | 617.3   | SBD   |
| 1  | El-Monstro Martinez | M   | 41  | USA     | NC    | Bare  | MPF-T    | 275.1    | 275.6    | 573.2  | 595.2  | -611.8 | 595.2   | 303.1  | 314.2  | -325.2 |        | 314.2    | 639.3    | -661.4   |          |          | 639.3    | 1548.7  | SBD   |
| 1  | Bear Combs          | M   | 56  | USA     | NC    | Bare  | MPF-T    | 297.2    | 308.6    | 435.4  | 474    | 501.5  | 501.5   | 281.1  | 297.6  | 319.7  |        | 319.7    | 435.4    |          |          |          | 435.4    | 1256.6  | SBD   |
| 1  | Joseph Rainone      | M   | 28  | USA     | NC    | Bare  | N-X      | 164.5    | 165.3    | 253.5  | 264.6  | 292.1  | 292.1   | 253.5  | -264.6 | 264.6  |        | 264.6    | 303.1    | 325.2    | -341.7   |          | 325.2    | 881.8   | SBD   |
| 1  | Brandaan White      | M   | 34  | USA     | NC    | Bare  | N-X      | 255.2    | 275.6    | -518.1 | 518.1  | 545.6  | 545.6   | 347.2  | 369.3  | 391.3  |        | 391.3    | 545.6    | 562.2    | -567.7   |          | 562.2    | 1499.1  | SBD   |
| 1  | Jackson Lilly       | M   | 15  | USA     | WV    | Bare  | O-T      | 148.7    | 148.8    | 319.7  | 341.7  | 358.2  | 358.2   | 187.4  | 198.4  | 209.4  |        | 209.4    | 308.6    | 325.2    | 336.2    | 352.7    | 336.2    | 903.9   | SBD   |
| 1  | Stephen Clemmer     | M   | 37  | USA     | NC    | Bare  | O-U      | 210.4    | 220.5    | 440.9  | 474    | 501.5  | 501.5   | 330.7  | 363.8  | 385.8  |        | 385.8    | 551.2    | 584.2    | 617.3    |          | 617.3    | 1504.6  | SBD   |
| 2  | Nick D'Onofrio      | M   | 38  | USA     | NC    | Bare  | O-U      | 211.4    | 220.5    | 385.8  | 418.9  | 474    | 474     | 270.1  | 303.1  | -319.7 |        | 303.1    | 496      | 551.2    | 589.7    |          | 589.7    | 1366.9  | SBD   |
| 1  | Joshua King         | M   | 34  | USA     | NC    | Bare  | O-U      | 230.2    | 242.5    | 303.1  | 341.7  | 363.8  | 363.8   | 253.5  | -275.6 | 275.6  |        | 275.6    | 402.3    | 451.9    | 501.5    |          | 501.5    | 1140.9  | SBD   |
| 1  | Roger Bailey        | M   | 35  | USA     | WV    | Bare  | S-T      | 180.1    | 181.9    | 418.9  | 440.9  | 463    | 463     | 336.2  | 358.2  | 363.8  |        | 363.8    | 551.2    | 600.8    | -622.5   |          | 600.8    | 1427.6  | SBD   |
| 1  | Matt Goodnight      | M   | 39  | USA     | NC    | Bare  | S-U      | 201      | 220.5    | 518.1  | 562.2  | -589.7 | 562.2   | 314.2  | 352.7  | -380.3 |        | 352.7    | -501.5   | 501.5    | 540.1    |          | 540.1    | 1455    | SBD   |
| 1  | Jackson Lilly       | M   | 15  | USA     | WV    | Bare  | T1-X     | 148.7    | 148.8    | 319.7  | 341.7  | 358.2  | 358.2   | 187.4  | 198.4  | 209.4  |        | 209.4    | 308.6    | 325.2    | 336.2    | 352.7    | 336.2    | 903.9   | SBD   |
| 1  | Matthew Walker #4   | M   | 49  | USA     | NC    | Wraps | M2-U     | 251.8    | 275.6    | 341.7  | 385.8  | 407.9  | 407.9   | 203.9  | 226    | 259    |        | 259      | 352.7    | 396.8    | 429.9    |          | 429.9    | 1096.8  | SBD   |

|   |                         |   |    |     |    |         |       |       |       |       |        |       |       |        |        |        |        |       |        |       |       |        |       |               |     |
|---|-------------------------|---|----|-----|----|---------|-------|-------|-------|-------|--------|-------|-------|--------|--------|--------|--------|-------|--------|-------|-------|--------|-------|---------------|-----|
| 1 | Matt Gabbey             | M | 27 | USA | NC | Multi-p | O-U   | 163.6 | 165.3 | 518.1 | -545.6 | 545.6 | 545.6 | 237    | 264.6  |        |        | 264.6 | 396.8  | 451.9 | -463  |        | 451.9 | <b>1262.1</b> | SBD |
| 1 | Ty Gardner              | M | 16 | USA | NC | Unlimit | T2-X  | 206.1 | 220.5 | 451.9 | 501.5  |       | 501.5 | 220.5  | -242.5 | -242.5 |        | 220.5 | 314.2  | 363.8 | 402.3 |        | 402.3 | <b>1124.3</b> | SBD |
| 1 | Robert Lane             | M | 41 | USA | NC | Bare    | M1-U  | 221.3 | 242.5 |       |        |       |       | -336.2 | -336.2 | 336.2  |        | 336.2 | -352.7 | 424.4 | 501.5 |        | 501.5 | <b>837.7</b>  | BD  |
| 1 | Robert Lane             | M | 41 | USA | NC | Bare    | MPF-U | 221.3 | 242.5 |       |        |       |       | -336.2 | -336.2 | 336.2  |        | 336.2 | -352.7 | 424.4 | 501.5 |        | 501.5 | <b>837.7</b>  | BD  |
| 1 | Elijah Moore            | M | 29 | USA | NC | Bare    | O-T   | 240.3 | 242.5 |       |        |       |       | 264.6  | -275.6 | 275.6  |        | 275.6 | 314.2  | 336.2 | 352.7 |        | 352.7 | <b>628.3</b>  | BD  |
| 1 | Robert Lane             | M | 41 | USA | NC | Bare    | O-U   | 221.3 | 242.5 |       |        |       |       | -336.2 | -336.2 | 336.2  |        | 336.2 | -352.7 | 424.4 | 501.5 |        | 501.5 | <b>837.7</b>  | BD  |
| 1 | Hotrod Richardson       | M | 11 | USA | NC | Bare    | Y-X   | 130.8 | 132.3 |       |        |       |       | 93.7   | 104.7  | 112.4  | 121.3  | 112.4 | 220.5  | 237   | 253.5 | -264.6 | 253.5 | <b>366</b>    | BD  |
| 1 | David Bundy - Raw       | M | 43 | USA | NC | Bare    | M1-U  | 220   | 220.5 |       |        |       |       | 407.9  | 429.9  | -446.4 |        | 429.9 |        |       |       |        |       | <b>429.9</b>  | B   |
| 1 | George Wells            | M | 70 | USA | NC | Bare    | M7-T  | 214.2 | 220.5 |       |        |       |       | 198.4  | -226   | 226    |        | 226   |        |       |       |        |       | <b>226</b>    | B   |
| 1 | Robert Strother         | M | 31 | USA | NC | Bare    | O-U   | 339.8 | 308+  |       |        |       |       | 567.7  | 600.8  | 617.3  |        | 617.3 |        |       |       |        |       | <b>617.3</b>  | B   |
| 1 | Elijah Doty             | M | 16 | USA | NC | Bare    | T2-X  | 270.1 | 275.6 |       |        |       |       | 319.7  | 341.7  | -352.7 |        | 341.7 |        |       |       |        |       | <b>341.7</b>  | B   |
| 1 | John Goff               | M | 58 | USA | NC | Single- | M4-U  | 238.3 | 242.5 |       |        |       |       | 424.4  | 451.9  | 463    | 474    | 463   |        |       |       |        |       | <b>463</b>    | B   |
| 1 | John J Hansborough - SP | M | 61 | USA | NC | Single- | M5-U  | 294.1 | 308.6 |       |        |       |       | 303.1  | 314.2  | -325.2 |        | 314.2 |        |       |       |        |       | <b>314.2</b>  | B   |
| 1 | John von Rohr           | M | 78 | USA | SC | Single- | M8-T  | 237.2 | 242.5 |       |        |       |       | 253.5  | 270.1  | 281.1  |        | 281.1 |        |       |       |        |       | <b>281.1</b>  | B   |
| 1 | David Bundy-MP          | M | 43 | USA | NC | Multi-p | M1-U  | 220   | 220.5 |       |        |       |       | 529.1  | 562.2  | -606.3 |        | 562.2 |        |       |       |        |       | <b>562.2</b>  | B   |
| 1 | Joe Huber               | M | 58 | USA | NC | Multi-p | M4-U  | 237.2 | 242.5 |       |        |       |       | -529.1 | 529.1  | -545.6 |        | 529.1 |        |       |       |        |       | <b>529.1</b>  | B   |
| 1 | John J Hansborough-MP   | M | 61 | USA | NC | Multi-p | M5-U  | 294.1 | 308.6 |       |        |       |       | 336.2  | 352.7  | 363.8  | -374.8 | 363.8 |        |       |       |        |       | <b>363.8</b>  | B   |
| 1 | Joe Huber               | M | 58 | USA | NC | Multi-p | MPF-U | 237.2 | 242.5 |       |        |       |       | -529.1 | 529.1  | -545.6 |        | 529.1 |        |       |       |        |       | <b>529.1</b>  | B   |
| 1 | Bennie Jones            | M | 51 | USA | NC | Bare    | O-T   | 337.1 | 308+  |       |        | 534.6 |       | 584.2  | 600.8  | 617.3  |        | 617.3 |        |       |       |        |       | <b>617.3</b>  | B   |
| 1 | Bennie Jones            | M | 51 | USA | NC | Bare    | M3-T  | 337.1 | 308+  |       |        | 534.6 |       | 584.2  | 600.8  | 617.3  |        | 617.3 |        |       |       |        |       | <b>617.3</b>  | B   |

11.6

### Strict Curl Results: Pounds

| PL | Name         | Sex | Age | Country | State | Equip | Division | Bodyweig<br>htLb | WeightCl<br>assLb | Curl1L<br>b | Curl2L<br>b | Curl3L<br>b | Best3C<br>urlLb | Event |
|----|--------------|-----|-----|---------|-------|-------|----------|------------------|-------------------|-------------|-------------|-------------|-----------------|-------|
| 1  | Elijah Moore | M   | 29  | USA     | NC    | Bare  | O-T      | 240.3            | 242.5             | 130         | 140         | -150        | <b>140</b>      | C     |

BEST LIFTERS: Emily Lilly, Roger Bailey, Stephen Clemmer & Bennie Jones

TEAM RESULT: 1) Rijk Strength & Performance, 2) Champions Health & Fitness