

Midwest Regional & Kentucky State

5/16/2026

Every Body Fitness, Morehead, KY

Results: Kilos

PL	Name	Sex	Age	Country	State	Equip	Division	Abreviations: MW (Midwest Regional)				KY (Kentucky State)				K/M (Both)				TotalKg	Event					
								Bodyweigh	WeightClas	Squat1K	Squat2K	Squat3K	Squat4K	Best3Squ	Bench1	Bench	Bench3	Bench4	Best3Ben			Deadlift1	Deadlift	Deadlift3	Deadlift4	Best3Dead
							tKg	sKg	g	g	g	g	atKg	Kg	2Kg	Kg	Kg	chKg	Kg	2Kg	Kg	Kg	Kg	liftKg		
1	MW - Kaitlyn McKenzie	F	22	USA	KY	Bare	J-U	89.13	90	107.5	112.5	137.5	137.5	67.5	77.5	-82.5		77.5	132.5	145	152.5		152.5	367.5	SBD	
1	KY - Taylor Lagoy	F	26	USA	KY	Bare	N-X	77.95	82.5	92.5	107.5	117.5	117.5	75	85	-90		85	125	137.5	145		145	347.5	SBD	
1	KY - Maddy Webster	F	27	USA	KY	Bare	O-T	116.1	110+	175	182.5	-195	182.5	97.5	105	112.5		112.5	182.5	190	195		195	490	SBD	
1	M/K - Brittany Abner	F	37	USA	KY	Bare	O-U	78.8	82.5	160	167.5	172.5	172.5	92.5	97.5	-102.5		97.5	155	162.5	167.5		167.5	437.5	SBD	
1	M/K - Brittany Abner	F	37	USA	KY	Bare	S-U	78.8	82.5	160	167.5	172.5	172.5	92.5	97.5	-102.5		97.5	155	162.5	167.5		167.5	437.5	SBD	
1	MW - Nevaeh Mcintosh	F	15	USA	KY	Wraps	O-T	108.9	110	102.5	-137.5	-145	102.5	102.5	112.5	-115.5		112.5	115	130	-150		130	345	SBD	
1	MW - Nevaeh Mcintosh	F	15	USA	KY	Wraps	T1-X	108.9	110	102.5	-137.5	-145	102.5	102.5	112.5	-115.5		112.5	115	130	-150		130	345	SBD	
1	K/M - Dylan Hardy	M	22	USA	KY	Bare	J-T	73.9	75	175	182.5	192.5	192.5	112.5	120	-127.5		120	197.5	210	217.5	-227.5	217.5	530	SBD	
1	KY - Bralen Sparks	M	20	USA	KY	Bare	J-T	84.95	90	145	162.5	-167.5	162.5	75	85	-92.5		85	152.5	165	172.5		172.5	420	SBD	
1	KY - Kaleb Flanery	M	23	USA	KY	Bare	J-T	90.55	100	192.5	203.5	210	210	140	148.5	150	-155	150	250	262.5	-272.5		262.5	622.5	SBD	
2	KY - Trey Collins	M	21	USA	KY	Bare	J-T	92.75	100	155	170	182.5	182.5	105	112.5	120		120	165	185	200		200	502.5	SBD	
1	K/M - Joey Easter	M	21	USA	KY	Bare	J-T	139.16	140	-172.5	172.5	195	195	100	-108	107.5		107.5	185	197.5	212.5		212.5	515	SBD	
1	MW - Matt Slate	M	44	USA	NV	Bare	M1-T	137	140	250	272.5	285	285	192.5	200	205		205	250	272.5	287.5		287.5	777.5	SBD	
1	KY - Jeremy Morrow	M	46	USA	KY	Bare	M2-U	98.25	100	200	215	227.5	227.5	142.5	152.5	160		160	192.5	205	215	227.5	215	602.5	SBD	
1	K/M - Zeb Weese	M	55	USA	KY	Bare	M4-T	74.45	75	120	135	142.5	142.5	100	-108		100	142.5	157.5	-165		157.5	400	SBD		
1	K/M - James Justice	M	55	USA	KY	Bare	M4-T	105.05	110	182.5	227.5	250	250	120	137.5	-150		137.5	215	227.5	230		230	617.5	SBD	
1	MW - Mark Evans #3	M	70	USA	KY	Bare	M7-T	61.9	67.5	102.5	107.5	112.5	112.5	77.5	82.5	85		85	160	175	182.5	187.5	182.5	380	SBD	
1	K/M - James Justice	M	55	USA	KY	Bare	O-T	105.05	110	182.5	227.5	250	250	120	137.5	-150		137.5	215	227.5	230		230	617.5	SBD	
1	MW - Matt Slate	M	44	USA	NV	Bare	O-T	137	140	250	272.5	285	285	192.5	200	205		205	250	272.5	287.5		287.5	777.5	SBD	
1	KY - Jordan Owens	M	39	USA	KY	Bare	S-T	81.1	82.5	100	145	180	180	80	97.5	-110		97.5	100	170	-182.5		170	447.5	SBD	
1	KY - Charles Scroggins	M	35	USA	KY	Bare	S-U	99.3	100	222.5	235	242.5	247.5	242.5	137.5	147.5	155	160	155	227.5	242.5	250	255	250	647.5	SBD
1	KY - Kyle Coyle	M	35	USA	KY	Bare	S-U	113.75	125	195	206	210	215	210	150	157.5	165	-170	165	237.5	251	-255	251	626	SBD	
1	K/M - Zebadiah Weese	M	15	USA	KY	Bare	T1-X	89.6	90	142.5	160	172.5	172.5	97.5	105	110		110	155	172.5	185		185	467.5	SBD	
1	K/M - Weston Abner	M	15	USA	KY	Bare	T1-X	109.75	110	115	130	-137.5	130	-75	75	-80		75	115	-130	130		130	335	SBD	
1	KY - Zachary Tubbs	M	17	USA	KY	Bare	T2-X	71.1	75	112.5	125	132.5	132.5	75	85	92.5		92.5	152.5	157.5	177.5	-182.5	177.5	402.5	SBD	
1	KY - Aidan Perkins	M	19	USA	KY	Bare	T3-X	66.4	67.5	70	100	125	125	82.5	92.5	-102.5		92.5	142.5	162.5	177.5		177.5	395	SBD	
1	MW - Cohen Perkins	M	19	USA	KY	Bare	T3-X	66.6	67.5	85	105	-127.5	105	75	85	97.5		97.5	135	162.5	175		175	377.5	SBD	
1	KY - Noah Stumbo	M	19	USA	KY	Bare	T3-X	111.55	125	150	165	-187.5	165	105	120	-125		120	165	205	-227.5		205	490	SBD	
1	KY - Isaac Watson	M	21	USA	KY	Wraps	J-U	99.88	100	165	-175	175	175	102.5	112.5	120		120	182.5	197.5	210		210	505	SBD	
1	K/M - Dean A Smith	M	49	USA	KY	Wraps	M2-T	97.35	100	100	127.5	140	140	75	95	107.5		107.5	100	130	142.5		142.5	390	SBD	
1	K-M James Justice - RC	M	55	USA	KY	Wraps	M4-T	105.05	110	227.5	250	260	260	147.5	-150	-150		147.5	215	227.5	242.5		242.5	650	SBD	
1	K/M - Tim Bailey	M	68	USA	KY	Wraps	M6-T	62.95	67.5	72.5	82.5	92.5	-100	92.5	55	60	-65		60	117.5	127.5	137.5		137.5	290	SBD
1	K/M - Dean A Smith	M	49	USA	KY	Wraps	MPF-T	97.35	100	100	127.5	140	140	75	95	107.5		107.5	100	130	142.5		142.5	390	SBD	
1	K-M James Justice - RC	M	55	USA	KY	Wraps	O-T	105.05	110	227.5	250	260	260	147.5	-150	-150		147.5	215	227.5	242.5		242.5	650	SBD	
1	KY - Aiden Gibson	M	18	USA	KY	Wraps	T3-X	64.25	67.5	95	110	-130	110	70	-80	80		80	145	165	180	182.5	180	370	SBD	
NS	K/M Mark Prewitt	M	22	USA	KY	Unlimit	J-T	89.5	90																DQ	SBD
1	KY - Jayden Oseguera	M	11	USA	KY	Bare	Y-X	60.5	67.5					45	52.5	60		60	90	105	110	116	110	170	BD	
1	MW - Matt Slate	M	44	USA	NV	Bare	M1-T	137	140					192.5	200	205		205						205	B	
1	MW - Mike Mcintosh	M	42	USA	KY	Bare	M1-U	190.14	140+					192.5	205	-210		205						205	B	
NS	K/M - Thomas Taylor	M	41	USA	KY	Bare	M1-U	307	140+																DQ	B
NS	KY - Bill Sharp	M	57	USA	IN	Bare	M4-T	124.5	125																DQ	B
1	KY - James T. Hall	M	55	USA	KY	Bare	M4-U	91.95	100					132.5	150	160	165	160						160	B	
1	MW - Matt Slate	M	44	USA	NV	Bare	O-T	137	140					192.5	200	205		205						205	B	
1	KY - Mike Mcintosh	M	42	USA	KY	Bare	O-U	190.14	140+					192.5	205	-210		205						205	B	
1	K/M - James Justice	M	55	USA	KY	Bare	M4-T	105.05	110										215	227.5	230		230	230	D	
1	KY - Mark Evans #3	M	70	USA	KY	Bare	M7-T	61.9	67.5										160	175	182.5	187.5	182.5	182.5	D	
1	K/M - James Justice	M	55	USA	KY	Bare	O-T	105.05	110										215	227.5	230		230	230	D	

Results: Pounds

PL Name	Sex	Age	Country	State	Equip	Division	Bodyweigh		WeightClas	Squat1L	Squat2L	Squat3L	Squat4L	Best3Squ	Bench1	Bench	Bench3	Bench4	Best3Ben	Deadlift1	Deadlift	Deadlift3	Deadlift4	Best3Dead	TotalLb	Event	
							tLb	sLb	b	b	b	b	atLb	Lb	2Lb	Lb	Lb	chLb	Lb	2Lb	Lb	Lb	liftLb				
1 MW - Kaitlyn McKenzie	F	22	USA	KY	Bare	J-U	196.5	198.4	237	248	303.1		303.1	148.8	170.9	-181.9			170.9	292.1	319.7	336.2		336.2	810.2	SBD	
1 KY - Taylor Lagoy	F	26	USA	KY	Bare	N-X	171.85	181.8	203.9	237	259		259	165.2	187.4	-198.4			187.4	275.6	303.1	319.7		319.7	766.1	SBD	
1 KY - Maddy Webster	F	27	USA	KY	Bare	O-T	255.95	242.6+	385.8	402.3	-429.9		402.3	215	253.5	248			248	402.3	418.9	429.9		429.9	1080.3	SBD	
1 M/K - Brittany Abner	F	37	USA	KY	Bare	O-U	173.7	181.8	352.7	369.3	380.3		380.3	203.9	215	-226			215	341.7	358.3	369.3		369.3	964.5	SBD	
1 M/K - Brittany Abner	F	37	USA	KY	Bare	S-U	173.7	181.8	352.7	369.3	380.3		380.3	203.9	215	-226			215	341.7	358.3	369.3		369.3	964.5	SBD	
1 MW - Nevaeh Mcintosh	F	15	USA	KY	Wraps	O-T	240.1	242.5	226	-303.1	-319.7		226	226	248	-255.7			248	253.5	286.6	-330.7		286.6	760.6	SBD	
1 MW - Nevaeh Mcintosh	F	15	USA	KY	Wraps	T1-X	240.1	242.5	226	-303.1	-319.7		226	226	248	-255.7			248	253.5	286.6	-330.7		286.6	760.6	SBD	
1 K/M - Dylan Hardy	M	22	USA	KY	Bare	J-T	162.9	165.3	385.8	402.3	424.4		424.4	248	264.6	-281.1			264.6	435.4	463	479.5	-501.6	479.5	1168.4	SBD	
1 KY - Bralen Sparks	M	20	USA	KY	Bare	J-T	187.3	198.4	319.5	358.3	-369.3		358.3	165.3	187.4	-203.9			187.4	336.2	363.8	380.3		380.3	925.9	SBD	
1 KY - Kaleb Flanery	M	23	USA	KY	Bare	J-T	199.63	220.4	424.4	448.6	463		463	308.6	327.4	330.7	-341.7		330.7	551.2	578.7	-600.8		578.7	1372.4	SBD	
2 KY - Trey Collins	M	21	USA	KY	Bare	J-T	204.48	220.4	341.7	374.8	402.3		402.3	231.5	248	264.6			264.6	363.8	407.9	440.9		440.9	1107.8	SBD	
1 K/M - Joey Easter	M	21	USA	KY	Bare	J-T	306.79	308.6	-380.3	380.3	429.9		429.9	220.5	-237	237			237	407.9	435.4	468.5		468.5	1135.4	SBD	
1 MW - Matt Slate	M	44	USA	NV	Bare	M1-T	302	308.6	551.2	600.8	628.3		628.3	424.4	440.9	451.9			451.9	551.2	600.8	633.8		633.8	1714.1	SBD	
1 KY - Jeremy Morrow	M	46	USA	KY	Bare	M2-U	216.6	220.4	440.9	474	501.6		501.6	314.2	336.2	353.7			353.7	424.4	451.9	474	501.6	474	1328.3	SBD	
1 K/M - Zeb Weese	M	55	USA	KY	Bare	M4-T	164.13	165.3	264.6	297.6	314.2		314.2	220.5	-237	Pass			220.5	314.2	347.2	-363.8		347.2	881.8	SBD	
1 K/M - James Justice	M	55	USA	KY	Bare	M4-T	231.59	242.5	402.3	501.6	551.2		551.2	264.6	303.1	-330.7			303.1	474	501.6	507.1		507.1	1361.3	SBD	
1 MW - Mark Evans #3	M	70	USA	KY	Bare	M7-T	136.46	148.8	226	237	248		248	170.9	181.9	187.4			187.4	353.7	385.8	402.3	413.4	402.3	837.8	SBD	
1 K/M - James Justice	M	55	USA	KY	Bare	O-T	231.59	242.5	402.3	501.6	551.2		551.2	264.6	303.1	-330.7			303.1	474	501.6	507.1		507.1	1361.3	SBD	
1 MW - Matt Slate	M	44	USA	NV	Bare	O-T	302	308.6	551.2	600.8	628.3		628.3	424.4	440.9	451.9			451.9	551.2	600.8	633.8		633.8	1714.1	SBD	
1 KY - Jordan Owens	M	39	USA	KY	Bare	S-T	178.79	181.8	220.5	319.7	396.8		396.8	176.4	215	-242.5			215	220.5	374.8	-402.3		374.8	986.6	SBD	
1 KY - Charles Scroggins	M	35	USA	KY	Bare	S-U	218.92	220.4	490.5	518.1	534.6	545.6	534.6	303.1	325.2	341.7	352.7		341.7	501.6	534.6	551.2	562.2	551.2	1427.5	SBD	
1 KY - Kyle Coyle	M	35	USA	KY	Bare	S-U	250.77	275.5	429.9	454.1	463	474	463	330.7	347.2	363.8	-374.8		363.8	523.6	553.3	-562.2		553.3	1380.1	SBD	
1 K/M - Zebadiah Weese	M	15	USA	KY	Bare	T1-X	197.53	198.4	314.2	352.7	380.3		380.3	215	231.5	242.5			242.5	341.7	380.3	407.9		407.9	1030.7	SBD	
1 K/M - Weston Abner	M	15	USA	KY	Bare	T1-X	241.95	242.5	253.5	286.6	-303.1		286.6	-165.3	165.3	-176.4			165.3	253.5	-286.6			286.6	738.5	SBD	
1 KY - Zachary Tubbs	M	17	USA	KY	Bare	T2-X	156.75	165.3	248	275.6	292.1		292.1	165.3	187.4	203.9			203.9	336.2	347.2	391.3	-402.3	391.3	887.4	SBD	
1 KY - Aidan Perkins	M	19	USA	KY	Bare	T3-X	146.4	148.8	154.3	220.5	275.8		275.8	181.9	203.9	-226			203.9	314.2	358.3	391.3		391.3	870.8	SBD	
1 MW - Cohen Perkins	M	19	USA	KY	Bare	T3-X	146.8	148.8	187.4	231.5	-281.1		231.5	165.3	187.4	215			215	297.6	358.3	385.8		385.8	832.2	SBD	
1 KY - Noah Stumbo	M	19	USA	KY	Bare	T3-X	245.92	275.5	330.7	363.8	-413.4		363.8	231.5	264.6	-275.6			264.6	363.8	451.9	-501.6		451.6	1080.3	SBD	
1 KY - Isaac Watson	M	21	USA	KY	Wraps	J-U	220.2	220.4	363.8	-385.8	385.8		385.8	226	248	264.6			264.6	402.3	435.4	463		463	1113.3	SBD	
1 K/M - Dean A Smith	M	49	USA	KY	Wraps	M2-T	214.62	220.4	220.5	281.1	308.6		308.6	165.3	209.5	237			237	220.5	286.6	314.2		314.2	859.8	SBD	
1 K-M James Justice - RC	M	55	USA	KY	Wraps	M4-T	231.59	242.5	501.6	551.2	573.2		573.2	325.2	-331	-330.7			325.2	474	501.6	534.6		534.6	1433	SBD	
1 K/M - Tim Bailey	M	68	USA	KY	Wraps	M6-T	138.78	148.8	159.8	181.9	203.9	-220.5	203.9	121.3	132.3	-143.3			132.3	259	281.1	303.1		303.1	639.3	SBD	
1 K/M - Dean A Smith	M	49	USA	KY	Wraps	MPF-T	214.62	220.4	220.5	281.1	308.6		308.6	165.3	209.5	237			237	220.5	286.6	314.2		314.2	859.8	SBD	
1 K-M James Justice - RC	M	55	USA	KY	Wraps	O-T	231.59	242.5	501.6	551.2	573.2		573.2	325.2	-331	-330.7			325.2	474	501.6	534.6		534.6	1433	SBD	
1 KY - Aiden Gibson	M	18	USA	KY	Wraps	T3-X	141.65	148.8	209.5	242.5	-286.6		242.5	154.3	-176	176.4			176.4	319.7	363.8	396.8	402.3	396.8	815.7	SBD	
NS K/M Mark Prewitt	M	22	USA	KY	Unlimit	J-T	197.3	198.4																		DQ	SBD
1 KY - Jayden Oseguera	M	11	USA	KY	Bare	Y-X	133.38	148.8						99.2	115.7	132.3			132.3	198.4	231.5	242.5	255.7	242.5	374.8	BD	
1 MW - Matt Slate	M	44	USA	NV	Bare	M1-T	302	308.6						424.4	440.9	451.9			451.9						451.9	B	
1 MW - Mike Mcintosh	M	42	USA	KY	Bare	M1-U	419.18	308.7+						424.4	451.9	-463			451.9						451.9	B	
NS K/M - Thomas Taylor	M	41	USA	KY	Bare	M1-U	307	308.6																		DQ	B
NS KY - Bill Sharp	M	57	USA	IN	Bare	M4-T	274.47	275.5																		DQ	B
1 KY - James T. Hall	M	55	USA	KY	Bare	M4-U	202.71	220.4						292.1	330.7	352.7	363.8		352.7							352.7	B
1 MW - Matt Slate	M	44	USA	NV	Bare	O-T	302	308.6						424.4	440.9	451.9			451.9							451.9	B
1 KY - Mike Mcintosh	M	42	USA	KY	Bare	O-U	419.18	308.7+						424.4	451.9	-463			451.9							451.9	B
1 K/M - James Justice	M	55	USA	KY	Bare	M4-T	231.59	242.5												474	501.6	507.1		507.1	507.1	D	
1 KY - Mark Evans #3	M	70	USA	KY	Bare	M7-T	136.46	148.8												352.7	385.8	402.3	413.4	402.3	402.3	D	
1 K/M - James Justice	M	55	USA	KY	Bare	O-T	231.59	242.5												474	501.6	507.1		507.1	507.1	D	

Curl Results: Pounds

PL	Name	Sex	Age	Country	State	Equip	Division	Bodyweigh		WeightClas			Best3Curl
								tLb	sLb	Curl1Lb	Curl2Lb	Curl3Lb	
1	M/K - Brittany Abner	F	37	USA	KY	Bare	O-U	173.7	181.8	70	75	-80	75
1	KY - James T. Hall	M	55	USA	KY	Bare	M4-U	202.71	220.4	125	-145	-145	125
1	K/M - Weston Abner	M	15	USA	KY	Bare	T1-X	241.95	242.5	70	-85	-85	70
1	K/M - John Krawchison	M	67	USA	KY	Bare	M6-U	177.9	181.8	80	-90	-90	80
1	K/M - John Krawchison	M	67	USA	KY	Bare	O-U	177.9	181.8	80	-90	-90	80

Team Champion: Every Bodies Fitness