

365 Strong World Powerlifting Federation
CURRENT OVERALL FEMALE DIVISIONAL TOP TEN WORLD RANKINGS

World Leaders in Yellow

RAW: Declared RAW (R) if lifter only wears knee sleeves or nothing
 RAW CLASSIC: Declared RAW CLASSIC (RC) once lifter wears knee wraps

EQUIPPED: Competitors are Equipped (SP) once they use Single-Ply lifting attire
 GEARED: Competitors are Unlimited Geared (MP) once they use Multi-Ply lifting attire

DATE: 6/14/2022

FEMALE RAW OVERALL LEADERS

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS					
RAW (Knee Sleeves) SQUAT						RAW BENCH PRESS						RAW (Knee Sleeves) DEADLIFT						RAW (Knee Sleeves) TOTAL					
FEMALE - OVERALL						FEMALE - OVERALL						FEMALE - OVERALL						FEMALE - OVERALL					
Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs						44kg/97lbs						44kg/97lbs						44kg/97lbs					
													8	57	110	Kambree Williamson	3/5/2022						
48kg/105.7lbs						48kg/105.7lbs						48kg/105.7lbs						48kg/105.7lbs					
	12	105.2	121	Carmen Trivette	10/16/2021		33	104.3	110	Stephanie Washington	7/10/2021		12	105.2	143	Carmen Trivette	10/16/2021		12	105.2	347	Carmen Trivette	10/16/2021
							12	105.2	83	Carmen Trivette	10/16/2021												
52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs					
	46	112.3	259	Missy Taylor	4/24/2021		46	111.8	182	Missy Taylor	4/23/2022		24	114.2	303	Amber Malchow	10/28/2017		46	112.3	694	Missy Taylor	4/24/2021
	22	111.6	250	Elena Lopez	6/2/2018		24	114.2	132	Amber Malchow	10/28/2017		46	112.3	275	Missy Taylor	4/24/2021		24	114.2	650	Amber Malchow	10/28/2017
	24	114.2	215	Amber Malchow	10/28/2017		30	111.2	127	Aubrey Cornwell	8/12/2017		22	111.6	240	Elena Lopez	6/2/2018		22	111.6	575	Elena Lopez	6/2/2018
	20	108	165	Maggie Parsons	11/19/2016		34	114	121	Lindsey Seamons	6/29/2019		72	106.3	220	Linda Costello	4/23/2022		20	108	469	Maggie Parsons	11/19/2016
	72	106.3	154	Linda Costello	4/23/2022		27	111.5	116	Nykhisa Garland	10/17/2020		20	108	220	Maggie Parsons	4/22/2017		72	106.3	457	Linda Costello	4/23/2022
	13	112.6	149	Carmen Trivette	1/22/2022		37	111.3	99	Tiffany Bellamy	4/22/2017		13	112.8	220	Makayla Van Meter	2/20/2021		13	112.8	435	Makayla Van Meter	2/20/2021
	16	108.1	121	McKenna Wright	3/6/2021		13	112.8	99	McKayla Van Meter	2/20/2021		17	112	215	Leighann Allen	11/19/2016		61	108.3	422	Sue Ann Hurlbert	4/23/2022
	61	108.3	121	Sue Ann Hurlbert	4/23/2022		21	108.3	94	Racquel Wilson	10/16/2021		61	108.3	212	Sue Ann Hurlbert	4/23/2022		13	112.6	413	Carmen Trivette	1/22/2022
	13	112.8	116	Makayla Van Meter	2/20/2021		13	112.6	94	Carmen Trivette	1/22/2022		16	108.1	193	McKenna Wright	3/6/2021		16	108.1	391	McKenna Wright	3/6/2021
							60	107.9	89	Sue Ann Hurlbert	10/16/2021		13	112.6	171	Carmen Trivette	1/22/2022						
56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs					
	23	123	281	Isabella Sarks	12/4/2021		46	117.3	176	Missy Taylor	10/16/2021		23	122.8	320	Isabella Sarks	4/23/2022		19	123.4	755	Becca Dison	3/10/2018
	19	123.4	275	Becca Dison	3/10/2018		42	121.8	175	Dawn Bogart	4/9/2016		19	123.4	320	Becca Dison	3/10/2018		46	117.3	722	Missy Taylor	10/16/2021
	46	117.3	265	Missy Taylor	10/16/2021		19	123.4	160	Becca Dison	1/21/2017		31	123	314	Meredith Ward	3/9/2019		23	122.8	705	Isabella Sarks	4/23/2022
	29	123.5	248	Krystal Scott	8/12/2017		32	122.8	155	Tiffany Faulkner	1/21/2017		32	122.8	305	Tiffany Faulkner	1/21/2017		29	123.5	683	Krystal Scott	8/12/2017
	20	120.6	220	Emily Gaiser	7/10/2021		29	123	154	Krystal Scott	10/28/2017		45	118.2	292	Missy Taylor	4/24/2021		31	123	661	Meredith Ward	3/9/2019
	31	123	209	Meredith Ward	3/9/2019		31	120.4	138	Meredith Ward	4/20/2018		20	120.6	286	Emily Gaiser	7/10/2021		20	120.6	639	Emily Gaiser	7/10/2021
	28	122.8	204	Shantell Hawkins	9/7/2019		20	120.6	132	Emily Gaiser	7/10/2021		29	123.5	281	Krystal Scott	8/12/2017		31	122.8	573	Heidi Schuck	6/19/2021
	31	122.8	187	Heidi Schuck	6/19/2021		29	122	132	Amanda Isley	8/12/2017		28	122.8	259	Shantell Hawkins	9/7/2019		28	122.8	567	Shantell Hawkins	9/7/2019
	54	119.6	182	Lisa Baker	12/19/2020		31	122.8	132	Heidi Schuck	6/19/2021		31	122.8	253	Heidi Schuck	6/19/2021		36	123	523	Sally Lloyd	6/10/2017
	56	118.6	176	Dawn Williams	7/24/2021		23	122.8	132	Isabella Sarks	4/23/2022		36	123	248	Sally Lloyd	6/10/2017		56	118.6	518	Dawn Williams	7/24/2021
60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs					
	25	132	319	Kristin Kitlica	7/10/2021		28	132.2	242	Courtney Norris	8/12/2017		42	130	350	Dawn Bogart	7/9/2016		42	130	855	Dawn Bogart	7/9/2016
	42	130	300	Dawn Bogart	7/9/2016		29	130.6	231	Brittany Bowles	10/27/2018		28	129.4	347	Leslie Kutner	4/20/2018		25	132	832	Kristin Kitlica	7/10/2021
	25	125	285	Caitlin Cardone	4/9/2016		42	129	210	Dawn Bogart	10/29/2016		25	132	342	Kristin Kitlica	7/10/2021		28	129.4	794	Leslie Kutner	4/20/2018
	28	129.4	281	Leslie Kutner	4/20/2018		47	127.2	180	Bela Ghosh	6/11/2016		26	128.4	340	Whitney Myers	6/2/2018		25	125	745	Caitlin Cardone	4/9/2016
	27	131.6	280	Samantha Sawyer	1/21/2017		25	132	171	Kristin Kitlica	7/10/2021		27	128	325	Nadia Zebouni	7/9/2016		33	132.2	727	Amy Pierce	8/12/2017
	21	127.9	275	Alexis Rutledge	4/23/2022		25	125.6	165	Caitlin Cardone	7/9/2016		21	127.9	320	Alexis Rutledge	4/23/2022		27	131.6	700	Samantha Sawyer	1/21/2017
	33	132.2	264	Amy Pierce	8/12/2017		27	129	165	Leslie Kutner	10/28/2017		25	125	315	Caitlin Cardone	4/9/2016		19	132	683	Claire Rosser	8/12/2017
	27	131.6	242	Anna Cullum	11/9/2019		33	132.2	154	Amy Pierce	8/12/2017		47	127.2	315	Bela Ghosh	6/11/2016		33	131.2	672	Meredith Ward	6/13/2020
	19	132	242	Claire Rosser	8/12/2017		33	131.2	149	Meredith Ward	6/13/2020		33	132.2	308	Amy Pierce	8/12/2017		27	128	670	Nadia Zebouni	7/9/2016
	28	125.4	220.5	Tiffany Peters	6/10/2017		27	128	145	Nadia Zebouni	7/9/2016		33	131.2	303	Meredith Ward	6/13/2020		21	127.9	639	Alexis Rutledge	4/23/2022
67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs					
	28	144.4	369	Morgan Long	4/23/2022		28	144.4	242	Morgan Long	4/23/2022		28	144.4	410	Morgan Long	4/23/2022		28	144.4	1022	Morgan Long	4/23/2022
	20	138	331	Hanna Young	4/20/2018		28	145.2	226	Brittany Shackelford	10/28/2017		29	144.4	380	Leslie Kutner	11/9/2019		61	148.6	876	Maureen Clary	4/22/2017
	40	144.4	303	Nicole Qualls	3/5/2022		61	148.6	226	Maureen Clary	4/22/2017		20	138	364	Hanna Young	4/20/2018		20	138	865	Hanna Young	4/20/2018
	29	144.4	303	Leslie Kutner	11/9/2019		27	144.2	200	Courtney Norris	7/9/2016		60	148.6	360	Maureen Clary	10/29/2016		29	144.4	865	Leslie Kutner	11/9/2019
	34	145	298	Carmen Florian	5/11/2019		29	144.4	182	Leslie Kutner	11/9/2019		26	142.6	336	Chelsea Mullins	3/5/2022		40	144.4	766	Nicole Qualls	3/5/2022
	61	148.6	298	Maureen Clary	4/22/2017		21	138.3	178	Anyia Kalnins	9/18/2021		33	143.5	336	Carmen Florian	3/9/2019		22	147.5	749	Abby Foy	12/19/2020
	22	147.5	286	Abby Foy	12/19/2020		20	138	171	Hanna Young	4/20/2018		25	135.2	331	Evelyn Lyon	9/30/2017		26	142.6	744	Chelsea Mullins	3/5/2022
	33	137.2	270	Domoni Alexander	10/28/2017		28	146	171	Brittany Vinesett	7/24/2021		35	148.2	320	Andrea Fox	3/10/2018		33	143.5	744	Carmen Florian	3/9/2019
	53	139.1	270	Yvette Bushard	10/16/2021		22	147.5	171	Abby Foy	12/19/2020		32	137.3	315	Tiffany Huntoon	1/21/2017		26	134.6	723	Evelyn Lyon	4/20/2018
	26	142.6	270	Chelsea Mullins	3/5/2022		27	143.8	165	Taylor Jackson	5/11/2019		20	143.5	314	Paige Harrod	11/19/2016		28	146	722	Brittany Vinesett	7/24/2021
75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs					
	23	164.6	336	Candace Locklear	3/10/2018		42	165	240	Reyhan Roybal	10/17/2020		34	163.4	424	Kendra Danzer	4/20/2018		44	157.6	904	Hilary Clark	8/25/2018
	44	157.6	325	Hilary Clark	8/25/2018		65	162.7	231	Maureen Clary	6/5/2021		44	157.6	402	Hilary Clark	8/25/2018		34	163.4	887	Kendra Danzer	4/20/2018
	23	161.5	314	Alisha Martin	4/24/2021		26	164.5	231	Kari DeShazo	11/21/2020		23	164.6	402	Candace Locklear	3/10/2018		23	164.6	876	Candace Locklear	3/10/2018
	48	164.6	314	Bonnie Mosley	10/17/2020		67	160.4	209	Barbara Haiden	12/9/2017		35	154.6	380	LaDebra Cole	3/5/2022		34	159.4	832	Deborah Omolewu	4/20/2018
	34	163.4	309	Kendra Danzer	4/20/2018		55	156.8	193	Candice Maness	10/28/2017		34	159.4	380	Deborah Omolewu	4/20/2018		39	163.6	821	Reyhan Roybal	7/15/2017
	31	154.3	281.1	Diana Branton	12/4/2021		33	160	187	Heather Ingalls	8/12/2017		41	164.8	347	Tara Peele	10/27/2018		23	161.5	816	Alisha Martin	4/24/2021
	20	157.2	281.1	Lisha Lamb	11/19/2016		52	162.3	187	Tammy Deloatch	11/9/2019		39	163.6	342	Reyhan Roybal	7/15/2017		48	164.6	816	Bonnie Mosley	10/17/2020

	20	158	281.1	Carley Bradshaw	11/19/2016			26	159.6	182	Jessica Wissmann	10/28/2017			23	161.5	331	Alisha Martin	4/24/2021			34	165.2	794	Kendra Danzer	10/28/2017	
	34	159.4	281	Deborah Omolewu	4/20/2018			19	150.4	176	Sarah Oesch	6/11/2022			48	164.6	331	Bonnie Mosley	10/17/2020			41	164.8	777	Tara Peele	10/27/2018	
	27	161.2	276	Mikhayla Dunn	12/18/2021			44	157.6	176	Hilary Clark	8/25/2018			29	157.1	325	Courtney Reynolds	4/22/2017			35	154.6	772	LaDetra Cole	3/5/2022	
82.5kg/181.7lbs							82.5kg/181.7lbs							82.5kg/181.7lbs							82.5kg/181.7lbs						
	25	179.4	353	Elizabeth Pinnix	7/10/2021			45	180.3	380	Shannon Nash	4/22/2017			38	175.8	435	Lay Kaahu	10/28/2017			25	179.4	920	Elizabeth Pinnix	7/10/2021	
	29	177.6	314	Gabrielle Robbins	11/9/2019			71	177	287	Barbara Haiden	12/4/2021			19	175.4	402	Shelby Sprinkle	12/18/2021			29	177.6	914	Gabrielle Robbins	11/9/2019	
	45	178.6	308	Crystal McCullough	1/22/2022			27	179.8	226	Helen Romero	4/20/2018			29	177.6	397	Gabrielle Robbins	11/9/2019			38	177.6	904	Lay Kaahu	8/12/2017	
	38	175	303	Lay Kaahu	8/12/2017			29	177.6	204	Gabrielle Robbins	11/9/2019			25	179.4	386	Elizabeth Pinnix	7/10/2021			45	178.6	838	Crystal McCullough	1/22/2022	
	32	169.1	290	Rayseen Brown	1/21/2017			38	175	182	Lay Kaahu	8/12/2017			45	178.6	353	Crystal McCullough	1/22/2022			45	180.3	832	Shannon Nash	4/22/2017	
	29	170	281	Jessica Herling	3/5/2022			25	179.4	182	Elizabeth Pinnix	7/10/2021			31	178.2	342	Emily Gilson	10/17/2020			19	175.4	827	Shelby Sprinkle	12/18/2021	
	19	175.4	281	Shelby Sprinkle	12/18/2021			45	178.6	176	Crystal McCullough	1/22/2022			32	169.1	330	Rayseen Brown	1/21/2017			32	169.1	790	Rayseen Brown	1/21/2017	
	31	178.2	281	Emily Gilson	10/17/2020			28	177.8	171	Dyana Martinez	5/11/2019			19	180.8	330	Victoria Renfroe	7/9/2016			31	178.2	772	Emily Gilson	10/17/2020	
	49	179.3	275	Janelle Campbell	5/11/2019			32	169.1	170	Rayseen Brown	1/21/2017			28	172.2	314	Eileen Chavez	10/28/2017			19	180.8	735	Victoria Renfroe	7/9/2016	
	39	170	264	Ivana Smith	7/10/2021			26	177.5	165.4	Emily Merritt	5/11/2019			26	166.2	303	Chelsey Roberts	6/10/2017			28	177.8	733	Dyana Martinez	5/11/2019	
90kg/198.2lbs							90kg/198.2lbs							90kg/198.2lbs							90kg/198.2lbs						
	22	184.1	331	Emely Barahona	6/5/2021			45	185.6	380	Shannon Nash	10/28/2017			26	184.8	358	Kathryn French	3/10/2018			22	184.1	849	Emely Barahona	6/5/2021	
	24	193	320	Allyson Abbs	4/20/2018			31	190.4	303	Alexis Eliopoulos	10/28/2017			28	187.5	358	Chelse Zamorano	5/22/2021			44	197.8	838	Carla Akers	4/20/2018	
	44	197.8	320	Carla Akers	4/20/2018			40	187.2	193	Mona Espinosa	1/22/2022			24	196	353	Lauren Davis	6/5/2021			24	193	799	Allyson Abbs	4/20/2018	
	28	187.5	270	Chelse Zamorano	5/22/2021			22	184.1	187	Emely Barahona	6/5/2021			44	190.4	336	Carla Akers	10/28/2017			28	187.5	788	Chelse Zamorano	5/22/2021	
	27	188.7	270	Brittany Marquez	1/21/2017			44	197.8	187	Carla Akers	4/20/2018			22	184.1	331	Emely Barahona	6/5/2021			22	195.6	660	Kelly Benson	10/29/2016	
	24	187.6	242.5	Brittany Abbott	6/10/2017			24	193	171	Allyson Abbs	4/20/2018			21	194.2	320	Mariah Flint	4/22/2017			30	194.8	639	Mary Monaghan	8/12/2017	
	30	194.8	226	Mary Monaghan	8/12/2017			22	195.6	170	Kelly Benson	10/29/2016			24	193	309	Allyson Abbs	4/20/2018			14	198.4	634	Karson Tolle	4/18/2022	
	14	198.4	226	Karson Tolle	4/16/2022			28	187.5	160	Chelse Zamorano	5/22/2021			34	198	292	Sabrina Steigelman	12/8/2018			27	188.7	630	Brittany Marquez	1/21/2017	
	22	195.6	225	Kelly Benson	10/29/2006			27	191.7	154	Lauren Wait	4/22/2017			14	198.4	292	Karson Tolle	4/16/2022			43	192	628	Michele Blackman	12/4/2021	
	27	191.7	204	Lauren Wait	4/22/2017			43	192	154	Michele Blackman	12/4/2021			16	192.4	286	Alyssa Beadles	6/19/2021			21	194.2	628	Mariah Flint	4/22/2017	
100kg/220.25lbs							100kg/220.25lbs							100kg/220.25lbs							100kg/220.25lbs						
	41	213	347	Gina Woolard	3/5/2022			29	213.6	237	Jessica Hoxie	3/5/2022			34	206.8	353	Crystal Prather	6/11/2022			41	213	865	Gina Woolard	3/5/2022	
	32	216.5	331	Rachel Massey	6/11/2022			45	219.1	204	Carla Akers	10/27/2018			41	213	353	Gina Woolard	3/5/2022			45	219.1	865	Carla Akers	10/27/2018	
	45	219.1	331	Carla Akers	10/27/2018			32	216.5	171	Rachel Massey	6/11/2022			32	216.5	347	Rachel Massey	6/11/2022			32	216.5	849	Rachel Massey	6/11/2022	
	34	206.3	259	Crystal Prather	6/11/2022			41	213	165	Gina Woolard	3/5/2022			45	219.1	331	Carla Akers	10/27/2018			34	206.8	733	Crystal Prather	6/11/2022	
	13	200.7	248	Alex Jefferson	10/17/2020			37	211.4	154	Trisha Crisman	8/25/2018			34	206.8	314	Valerie Ryan	1/22/2022			34	206.8	672	Valerie Ryan	1/22/2022	
	14	200.7	237	Karson Tolle	6/11/2022			37	213.8	154	Brett Sexton	10/12/2019			13	200.7	303	Alex Jefferson	10/17/2020			13	200.7	650	Alex Jefferson	10/17/2020	
	34	206.8	231	Valerie Ryan	1/22/2022			13	200.7	143	Alex Jefferson	10/17/2020			14	200	275	Karson Tolle	6/11/2022			14	200.7	617	Karson Tolle	6/11/2022	
	42	201.6	220	Christy Owens	12/18/2021			11	199.6	132	Neveah McIntosh	3/5/2022			42	217.8	264	Christina Lauffer	3/6/2021			42	201.6	590	Christy Owens	12/18/2021	
								42	201.6	132	Christy Owens	12/18/2021			42	201.6	237	Christy Owens	12/18/2021								
								42	209.2	132	Christina Lauffer	6/19/2021			31	202.8	231	Emily Jackson	1/22/2022								
110kg/242.5lbs							110kg/242.5lbs							110kg/242.5lbs							110kg/242.5lbs						
	23	222.3	380	Maddy Webster	6/11/2022			50	240	215	Yander Ross	1/21/2017			23	222.3	408	Maddy Webster	6/11/2022			23	222.3	992	Maddy Webster	6/11/2022	
	33	230.2	314	Jessie Hunt	10/17/2020			23	222.3	204	Maddy Webster	6/11/2022			33	223.8	400	Melissa Shade	6/2/2018			33	230.2	849	Jessie Hunt	10/17/2020	
	15	232.4	286	Kennedy Green	10/12/2019			29	228.8	204	Brittany Berryhill	12/19/2020			33	230.2	358	Jessie Hunt	10/17/2020			15	232.4	689	Kennedy Green	10/12/2019	
	37	236.5	226	Naimah Abdullah	6/5/2021			33	223.8	190	Melissa Shade	6/2/2018			29	241.5	303	Laura Salazar	12/8/2018			29	241.5	661	Laura Salazar	12/8/2018	
	29	241.5	226	Laura Salazar	12/8/2018			34	234.3	182	Jessie Hunt	4/24/2021			50	229	275	Janet Martin	5/11/2019			37	236.5	634	Naimah Abdullah	6/5/2021	
								54	242	176	Shari Wofford	4/20/2018			15	232.4	275	Kennedy Green	10/12/2019								
								37	236.5	154	Naimah Abdullah	6/5/2021			37	236.5	253	Naimah Abdullah	6/5/2021								
								40	242.3	154	Katy Silvers	4/23/2022															
								50	229	143	Janet Martin	5/11/2019															
								15	232.4	138	Kennedy Green	10/12/2019															
110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs						
	42	261.5	386	Hollie Sands	10/12/2019			42	261.5	270	Hollie Sands	10/12/2019			42	261.5	518	Hollie Sands	10/12/2019			42	261.5	1174	Hollie Sands	10/12/2019	
	40	277.1	380	Katy Silvers	10/16/2021			23	292.2	237	Alex Wilson-McKenzie	6/11/2022			40	277.1	380	Katy Silvers	10/16/2021			23	262.8	843	Shauntre Lilley	12/4/2021	
	23	262.8	331	Shauntre Lilley	12/4/2021			40	272.2	226	Andrea Willis	6/19/2021			52	253.5	364	Janet Martin	10/16/2021			29	273.8	788	Mary-Ann Ricks	3/5/2022	
	24	291.9	325	Celeste Kamasa	7/10/2021			23	262.8	193	Shauntre Lilley	12/4/2021			40	272.2	358	Andrea Willis	6/19/2021			22	330.2	780	Lashonda Zander	6/2/2018	
	29	273.8	303	Mary-Ann Ricks	3/5/2022			29	273.8	182	Mary-Ann Ricks	3/5/2022			22	330.2	325	Lashonda Zander	6/2/2018			23	254.8	716	Nathalie Vargas	12/18/2021	
	22	330.2	280	Lashonda Zander	6/2/2018			54	243.2	176	Shari Wofford	6/9/2018			27	248	320	Aubrey Dowding	5/11/2019			27	248	711	Aubrey Dowding	5/11/2019	
	23	254.8	275	Nathalie Vargas	12/18/2021			22	330.2	175	Lashonda Zander	6/2/2018			23	262.8	320	Shauntre Lilley	12/4/2021			22	282.2	628	Capri Cameron	8/12/2017	
	27	248	248	Aubrey Dowding	5/11/2019			40	277.1	171	Katy Silvers	10/16/2021			25	251.9	303	Leah Simpson	3/6/2021			25	251.9	617	Leah Simpson	3/6/2021	
	22	282.2	209	Capri Cameron	8/12/2017			51	255.2	165	Janet Martin	10/17/2020			29	273.8	303	Mary-Ann Ricks	3/5/2022								
	25	251.9	198	Leah Simpson	3/6/2021			22	282.2	160	Capri Cameron	8/12/2017			23	254.8	292	Nathalie Vargas	12/18/2021								

FEMALE RAW JUNIORS (20-23)

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS					
RAW (Knee Sleeves) SQUAT						RAW BENCH PRESS						RAW (Knee Sleeves) DEADLIFT						RAW (Knee Sleeves) TOTAL					
FEMALE - JUNIORS (20-23)						FEMALE - JUNIORS (20-23)						FEMALE - JUNIORS (20-23)						FEMALE - JUNIORS (20-23)					
Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs														

		23	123	281	Isabella Sarkis	12/4/2021			20	120.6	132	Emily Gaiser	7/10/2021			23	122.8	320	Isabella Sarkis	4/23/2022			23	122.8	705	Isabella Sarkis	4/23/2022					
		20	120.6	220	Emily Gaiser	7/10/2021			23	122.8	132	Isabella Sarkis	4/23/2022			20	120.6	286	Emily Gaiser	7/10/2021			20	120.6	639	Emily Gaiser	7/10/2021					
60kg/132.2lbs									60kg/132.2lbs									60kg/132.2lbs									60kg/132.2lbs					
		21	127.9	275	Alexis Rutledge	4/23/2022			21	127.9	138	Alexis Rutledge	4/23/2022			20	127.3	237	Kristen McPherson	10/17/2020			21	127.9	639	Alexis Rutledge	4/23/2022					
		21	126.3	182	Gabby Bennett	7/10/2021			20	127.3	99	Kristen McPherson	10/17/2020			21	127.9	226	Alexis Rutledge	4/23/2022			21	126.3	474	Gabby Bennett	7/10/2021					
		20	127.3	132	Kristen McPherson	10/17/2020			21	126.3	77	Gabby Bennett	7/10/2021			21	126.3	215	Gabby Bennett	7/10/2021			20	127.3	468	Kristen McPherson	10/17/2020					
67.5kg/148.7lbs									67.5kg/148.7lbs									67.5kg/148.7lbs									67.5kg/148.7lbs					
		20	138	331	Hanna Young	4/20/2018			21	138.3	178	Anya Kalnins	9/18/2021			20	138	364	Hanna Young	4/20/2018			20	138	865	Hanna Young	4/20/2018					
		22	147.5	286	Abby Foy	12/19/2020			20	138.3	171	Hanna Young	4/20/2018			21	138.3	320	Anya Kalnins	9/18/2021			21	138.3	761	Anya Kalnins	9/18/2021					
		21	138.3	270	Anya Kalnins	9/18/2021			22	147.5	171	Abby Foy	12/19/2020			20	143.5	314	Paige Harrod	11/19/2016			22	147.5	749	Abby Foy	11/19/2016					
		23	145	248	Delaney Fish	6/10/2017			20	143.5	138	Paige Harrod	11/19/2016			22	147.5	292	Abby Foy	12/19/2020			23	145	617	Delaney Fish	6/10/2017					
		21	144.2	209	Emily Schnupp	8/12/2017			21	144.2	138	Emily Schnupp	8/12/2017			23	145	253	Delaney Fish	6/10/2017			21	144.2	595	Emily Schnupp	8/12/2017					
		23	145	116	Delaney Fish	6/10/2017			23	145	116	Delaney Fish	6/10/2017			21	144.2	248	Emily Schnupp	8/12/2017												
75kg/165.2lbs									75kg/165.2lbs									75kg/165.2lbs									75kg/165.2lbs					
		23	164.6	336	Candace Locklear	3/10/2018			23	161.5	171	Alisha Martin	4/24/2021			23	164.6	402	Candace Locklear	3/10/2018			23	164.6	876	Candace Locklear	3/10/2018					
		23	161.5	314	Alisha Martin	4/24/2021			23	164.6	160	Candace Locklear	3/10/2018			23	161.5	331	Alisha Martin	4/24/2021			23	161.5	816	Alisha Martin	4/24/2021					
		20	157.2	281	Lisha Lamb	11/19/2016			23	159.4	149	Emily Tighe	6/9/2018			20	159.5	325	Ivanna Guzman	4/22/2017			20	157.2	716	Lisha Lamb	11/19/2016					
		20	158	281	Carley Bradshaw	11/19/2016			21	162.6	149	Aleya Woodall	6/19/2021			21	162.6	309	Aleya Woodall	6/19/2021			21	162.6	716	Aleya Woodall	6/19/2021					
		21	162.6	259	Aleya Woodall	6/19/2021			20	157.2	138	Lisha Lamb	11/19/2016			20	157.2	298	Lisha Lamb	11/19/2016			20	158	700	Carley Bradshaw	11/19/2016					
		20	159.5	248	Ivanna Guzman	4/22/2017			22	161.6	132	Dani Moore	6/10/2017			20	158	292	Carley Bradshaw	11/19/2016			20	159.5	683	Ivanna Guzman	4/22/2017					
									20	158	127	Carley Bradshaw	11/19/2016																			
									20	159.5	110	Ivanna Guzman	4/22/2017																			
									22	158.8	56	Jasmin Keskimaula	1/8/2022																			
82.5kg/181.7lbs									82.5kg/181.7lbs									82.5kg/181.7lbs									82.5kg/181.7lbs					
		21	173.1	259	Katie Roseman	12/19/2020			23	177	154	Kailee Heller	7/10/2021			23	177	303	Kailee Heller	7/10/2021			23	177	716	Kailee Heller	7/10/2021					
		23	177	259	Kailee Heller	7/10/2021			20	179.4	138	Rebekah Kemper	11/21/2020			21	173.1	292	Katie Roseman	12/19/2020			21	173.1	672	Katie Roseman	12/19/2020					
		23	170	242	Savannah Moon	1/22/2022			22	174.8	132	Michelle Wood	10/28/2017			23	170	264	Savannah Moon	1/22/2022			23	170	617	Savannah Moon	1/22/2022					
		22	174.8	193	Michelle Wood	10/28/2017			21	173.1	121	Katie Roseman	12/19/2020			22	174.8	226	Michelle Wood	10/28/2017			22	174.8	551	Michelle Wood	10/28/2017					
									23	170	116	Karina Salmeron	11/21/2020																			
									23	170	110	Savannah Moon	1/22/2022																			
90kg/198.2lbs									90kg/198.2lbs									90kg/198.2lbs									90kg/198.2lbs					
		22	184.1	331	Emely Barahona	6/5/2021			22	184.1	187	Emely Barahona	6/5/2021			22	184.1	331	Emely Barahona	6/5/2021			22	184.1	849	Emely Barahona	6/5/2021					
		22	195.6	225	Kelly Benson	10/29/2016			22	195.6	170	Kelly Benson	10/29/2016			21	194.2	320	Mariah Flint	4/22/2017			22	195.6	660	Kelly Benson	10/29/2016					
		21	194.2	198	Mariah Flint	4/22/2017			21	194.2	110	Mariah Flint	4/22/2017			22	195.6	265	Kelly Benson	10/29/2016			21	194.2	628	Mariah Flint	4/22/2017					
100kg/220.25lbs									100kg/220.25lbs									100kg/220.25lbs									100kg/220.25lbs					
110kg/242.5lbs									110kg/242.5lbs									110kg/242.5lbs									110kg/242.5lbs					
		23	222.3	380	Maddy Webster	6/11/2022			23	222.3	204	Maddy Webster	6/11/2022			23	222.3	408	Maddy Webster	6/11/2022			23	222.3	992	Maddy Webster	6/11/2022					
110+kg/242.6+lbs									110+kg/242.6+lbs									110+kg/242.6+lbs									110+kg/242.6+lbs					
		23	263	331	Shauntre Lilley	12/4/2021			23	292.2	237	Alex Wilson-McKenzie	6/11/2022			22	330.2	325	Lashonda Zander	6/2/2018			23	263	843	Shauntre Lilley	12/4/2021					
		22	330.2	280	Lashonda Zander	6/2/2018			23	263	193	Shauntre Lilley	12/4/2021			23	263	320	Shauntre Lilley	12/4/2021			22	330.2	780	Lashonda Zander	6/2/2018					
		23	254.9	275	Nathalie Vargas	12/18/2021			22	330.2	175	Lashonda Zander	6/2/2018			23	254.9	292	Nathalie Vargas	12/18/2021			23	254.9	716	Nathalie Vargas	12/18/2021					
		22	282.2	209	Capri Cameron	8/12/2017			22	282.2	160	Capri Cameron	8/12/2017			22	282.2	259	Capri Cameron	8/12/2017			22	282.2	628	Capri Cameron	8/12/2017					
		23	254.9	149	Nathalie Vargas	12/18/2021			23	254.9	149	Nathalie Vargas	12/18/2021																			

FEMALE RAW SUB-MASTERS (35-39)

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS										
SQUAT - RAW						BENCH - RAW						DEADLIFT - RAW						TOTAL - RAW										
FEMALE - SUB-MASTERS (35-39)						FEMALE - SUB-MASTERS (35-39)						FEMALE - SUB-MASTERS (35-39)						FEMALE - SUB-MASTERS (35-39)										
56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs										
		36	123	176	Sally Lloyd	6/10/2017			37	111.2	99	Tiffany Bellamy	4/22/2017			36	123	248	Sally Lloyd	6/10/2017			36	123	524	Sally Lloyd	6/10/2017	
		35	123	143	Alisha Zornes	3/21/2020																						
67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs										
		39	144.8	264	Amy Daugherty	5/22/2021			38	141.4	154	Kelian Hagerty	4/22/2017			35	148.2	319	Andrea Fox	3/10/2018			39	144.8	705	Amy Daugherty	5/22/2021	
		35	148.2	226	Andrea Fox	3/10/2018			36	146.5	149	Krista Causey	2/20/2021			38	141.4	309	Kelian Hagerty	4/22/2017			35	148.2	694	Andrea Fox	3/10/2018	
		35	148	225	Desiree Savarese	1/21/2017			37	146.8	149	Kelly Brant	9/7/2019			39	144.8	303	Amy Daugherty	5/22/2021			38	141.4	678	Kelian Hagerty	4/22/2017	
		38	141.4	215	Kelian Hagerty	4/22/2017			35	148.2	149	Andrea Fox	3/10/2018			37	146.8	303	Kelly Brant	9/7/2019			37	146.8	667	Kelly Brant	9/7/2019	
		37	146.8	215	Kelly Brant	9/7/2019			35	148	140	Desiree Savarese	1/21/2017			35	148	290	Desiree Savarese	1/21/2017			35	148	655	Desiree Savarese	1/21/2017	
		38	146	193	Angie Peck	6/10/2017			39	144.8	138	Amy Daugherty	5/22/2021			38	146	265	Angie Peck	6/10/2017			38	146	590	Angie Peck	6/10/2017	
		37	139.6	110	Ellen Hollmann	12/8/2018			38	146	132	Angie Peck	6/10/2017			37	139.6	138	Ellen Hollmann	12/8/2018			37	139.6	314	Ellen Hollmann	12/8/2018	
									37	139.6	66	Ellen Hollmann	12/8/2018															
75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs										
		39	163.6	275	Reyhan Roybal	7/15/2017			39	164.4	237	Reyhan Roybal	4/20/2018			35	154.6	380	LaDetra Cole	3/5/2022			39	163.6	821	Reyhan Roybal	7/15/2017	

	35	154.6	253	LaDetra Cole	3/5/2022		36	165.1	165	Jennifer Broome	10/27/2018		39	163.6	342	Reyhan Roybal	7/15/2017		35	154.6	772	LaDetra Cole	3/5/2022
	39	165	143	Amber Jenkins	6/9/2018		35	163.8	149	Vanessa Westbrook	7/10/2021		39	165	232	Amber Jenkins	6/9/2018		39	165	463	Amber Jenkins	6/9/2018
							35	154.6	138	LaDetra Cole	3/5/2022												
							39	165	88	Amber Jenkins	6/9/2018												
82.5kg/181.7lbs						82.5kg/181.7lbs						82.5kg/181.7lbs						82.5kg/181.7lbs					
	38	175	303	Lay Kaahu	8/12/2017		38	175	182	Lay Kaahu	8/12/2017		38	175	419	Lay Kaahu	8/12/2017		38	175	904	Lay Kaahu	8/12/2017
	39	170	264	Ivana Smith	7/10/2021		38	181	165	Natalie Mayfield	11/19/2016		39	178	286	Pamela Buskirk	3/5/2022		39	170	678	Ivana Smith	7/10/2021
	38	168	204	Katie McMinn	1/22/2022		39	170	160	Ivana Smith	7/10/2021		38	168	281	Katie McMinn	1/22/2022		38	168	628	Katie McMinn	1/22/2022
	39	178	220	Pamela Buskirk	3/5/2022		36	181	154	Kelley Spohrer	8/12/2017		39	170	253	Ivana Smith	7/10/2021						
							38	168	143	Katie McMinn	1/22/2022												
							39	174.4	132	Pamela Buskirk	7/24/2021												
							38	181.6	94	Amber Jenkins	6/10/2017												
90kg/198.2lbs						90kg/198.2lbs						90kg/198.2lbs						90kg/198.2lbs					
100kg/220.25lbs						100kg/220.25lbs						100kg/220.25lbs						100kg/220.25lbs					
							37	211.4	154	Trisha Crisman	8/25/2018												
							37	213.8	154	Brett Sexton	10/12/2019												
110kg/242.5lbs						110kg/242.5lbs						110kg/242.5lbs						110kg/242.5lbs					
	37	236.5	226	Naimah Abdullah	6/5/2021		37	236.5	154	Naimah Abdullah	6/5/2021		37	236.5	253	Naimah Abdullah	6/5/2021		37	236.5	634	Naimah Abdullah	6/5/2021
110+kg/242.6+lbs						110+kg/242.6+lbs						110+kg/242.6+lbs						110+kg/242.6+lbs					
							39	268.8	160	Katy Silvers	12/19/2020												
							36	263.7	127	Beth Mockbee	4/16/2022												

FEMALE RAW/RAW CLASSIC TEENAGE

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS					
RAW SQUAT						RAW BENCH PRESS						RAW DEADLIFT						RAW TOTAL					
FEMALE TEEN/YOUTH/KIDS CLUB						FEMALE TEEN/YOUTH/KIDS CLUB						FEMALE TEEN/YOUTH/KIDS CLUB						FEMALE TEEN/YOUTH/KIDS CLUB					
Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date
44kg/97lbs						44kg/97lbs						44kg/97lbs						44kg/97lbs					
												KC 5-10 8 57 110	Kambree Williamson	3/5/2022									
48kg/105.7lbs						48kg/105.7lbs						48kg/105.7lbs						48kg/105.7lbs					
Y 10-12 12 105.2 121	Carmen Trivette	10/16/2021				Y 10-12 12 105.2 83	Carmen Trivette	10/16/2021				Y 10-12 12 105.2 143	Carmen Trivette	10/16/2021				Y 10-12 12 105.2 342	Carmen Trivette	10/16/2021			
52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs					
T1 13-15 13 112.6 149	Carmen Trivette	1/22/2022				T1 13-15 13 112.8 94	Makayla Van Meter	2/20/2021				T1 13-15 13 112.8 220	Makayla Van Meter	2/20/2021				T1 13-15 13 112.8 435	Makayla Van Meter	2/20/2021			
T2 16-17 16 108.1 121	McKenna Wright	3/6/2021				T1 13-15 13 112.6 94	Carmen Trivette	1/22/2022				T2 16-17 17 112 215	Leighann Allen	11/19/2016				T1 13-15 13 112.6 413	Carmen Trivette	1/22/2022			
T1 13-15 13 112.8 116	Makayla Van Meter	2/20/2021				T2 16-17 17 112 88	Leighann Allen	11/19/2016				T2 16-17 16 108.1 193	McKenna Wright	3/6/2021				T2 16-17 16 108.1 391	McKenna Wright	3/6/2021			
						T2 16-17 16 108.1 77	McKenna Wright	3/6/2021				T1 13-15 13 112.6 171	Carmen Trivette	1/22/2022				T2 16-17 17 112 281	Leighann Allen	11/19/2016			
56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs					
T3 18-19 19 123.4 275	Becca Dison	3/10/2018				T3 18-19 19 123.4 159.8	Becca Dison	3/10/2018				T3 18-19 19 123.4 320	Becca Dison	3/10/2018				T3 18-19 19 123.4 754.75	Becca Dison	3/10/2018			
60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs					
T3 18-19 19 132 242	Claire Rosser	8/12/2017				T3 18-19 19 132 138	Claire Rosser	8/12/2017				T3 18-19 19 132 303	Claire Rosser	8/12/2017				T3 18-19 19 132 683	Claire Rosser	8/12/2017			
T2 16-17 16 129 198	Mara Hall	2/20/2021				T2 16-17 16 129 110	Mara Hall	2/20/2021				T2 16-17 16 129 259	Mara Hall	2/20/2021				T2 16-17 16 129 568	Mara Hall	2/20/2021			
T1 13-15 14 129.4 143	Macy Lantz	10/28/2017				T1 13-15 14 129.4 88	Macy Lantz	10/28/2017				T1 13-15 14 131.6 193	Macy Lantz	8/12/2017				T1 13-15 14 131.6 391	Macy Lantz	8/12/2017			
67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs					
T3 18-19 19 142.6 314	Hanna Young	8/12/2017				T3 18-19 19 142.6 165	Hanna Young	8/12/2017				T3 18-19 19 142.6 303	Hanna Young	8/12/2017				T3 18-19 19 142.6 816	Hanna Young	8/12/2017			
T1 13-15 15 146.8 231	Macy Lantz	4/20/2018				T1 13-15 13 147 138	Haleigh Batchelor	4/23/2022				T1 13-15 15 146.8 243	Macy Lantz	4/20/2018				T1 13-15 15 146.8 573	Macy Lantz	4/20/2018			
T1-RC 13-15 13 147 193	Haleigh Batchelor	4/23/2022				T1 13-15 15 146.8 99	Macy Lantz	4/20/2018				T1 18-19 19 142.2 231	Ashton Bishop	3/6/2021				T1-RC 13-15 13 147 551	Haleigh Batchelor	4/23/2022			
T1 13-15 13 139 182	Beverly Lemay	6/11/2022				T1 13-15 13 139 77	Beverly Lemay	6/11/2022				T1 13-15 13 147 226	Haleigh Batchelor	4/23/2022				T1 13-15 13 139 430	Beverly Lemay	6/11/2022			
T3 18-19 19 142.2 121	Ashton Bishop	3/6/2021				T3 18-19 19 142.2 72	Ashton Bishop	3/6/2021				T3 18-19 18 140.4 200	Destiny Dula	10/29/2016				T3 18-19 19 142.2 424	Ashton Bishop	3/6/2021			
T1 13-15 13 138.4 105	Peyton Lauffer	6/19/2021				T3 18-19 18 140.4 70	Destiny Dula	10/29/2016				T1 13-15 13 139 176	Beverly Lemay	6/11/2022				T1 13-15 13 138.4 320	Peyton Lauffer	6/19/2021			
						T1 13-15 13 138.4 60	Peyton Lauffer	6/19/2021				T1 13-15 13 138.4 154	Peyton Lauffer	6/19/2021									
75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs					
T3 18-19 19 150.4 275	Sarah Oesch	6/11/2022				T3 18-19 19 150.4 176	Sarah Oesch	6/11/2022				T3 18-19 19 150.4 334	Sarah Oesch	6/11/2022				T3 18-19 19 150.4 772	Sarah Oesch	6/11/2022			
T3 18-19 19 161.5 270	Katarina Giancroce	4/22/2017				T2 16-17 17 165 151	Sarah Oesch	10/17/2020				T2 16-17 17 165 333	Sarah Oesch	10/17/2020				T2 16-17 17 165 737	Sarah Oesch	10/17/2020			
T2 16-17 17 165 254	Sarah Oesch	10/17/2020				T3 18-19 19 161.5 126	Katarina Giancroce	4/22/2017				T3 18-19 19 161.5 292	Katarina Giancroce	4/22/2017				T3 18-19 19 161.5 689	Katarina Giancroce	4/22/2017			
T1 13-15 14 149 209	Jennah Reynolds	7/24/2021				T2 16-17 17 152.8 110	Danielle Ortiz	10/29/2016				T2 16-17 17 152.8 255	Danielle Ortiz	10/29/2016				T2 16-17 17 152.8 545	Danielle Ortiz	10/29/2016			
T1 13-15 13 164.8 182	Harley Milone	12/9/2017				T1 13-15 13 164.8 99	Harley Milone	12/9/2017				T1 13-15 13 164.8 248	Harley Milone	12/9/2017				T1 13-15 14 149 529	Jennah Reynolds	7/24/2021			
T2 16-17 17 152.8 180	Danielle Ortiz	10/29/2016				T1 13-15 14 149 94	Jennah Reynolds	7/24/2021				T1 13-15 14 149 226	Jennah Reynolds	7/24/2021				T1 13-15 13 164.8 529	Harley Milone	12/9/2017			
						T3 18-19 19 153.5 83	Ashton Bishop	8/22/2020				T3 18-19 19 153.5 215	Ashton Bishop	8/22/2020									
82.5kg/181.7lbs						82.5kg/181.7lbs						82.5kg/181.7lbs						82.5kg/181.7lbs					
T3 18-19 19 175.4 281	Shelby Sprinkle	12/18/2021				T3 18-19 19 180.6 150	Victoria Renfroe	7/9/2016				T3 18-19 19 175.4 402	Shelby Sprinkle	12/18/2021				T3 18-19 19 175.4 827	Shelby Sprinkle	12/18/2021			
T3 18-19 19 180.6 255	Victoria Renfroe	7/9/2016				T2 16-17 17 170.8 149	Sarah Oesch	10/3/2020				T3 18-19 19 180.6 330	Victoria Renfroe	7/9/2016				T3 18-19 19 180.6 735	Victoria Renfroe	7/9/2016			
T2 16-17 17 170.8 237	Sarah Oesch	10/3/2020				T3 18-19 19 175.4 143	Shelby Sprinkle	12/18/2021				T2 16-17 17 170.8 326	Sarah Oesch	10/3/2020				T2 16-17 17 170.8 712	Sarah Oesch	10/3/2020			
T3 18-19 18 171.8 190	Emma Love	10/29/2016				T3 18-19 18 171.8 110	Emma Love	10/29/2016				Y 11-12 11 176.8 200	Nevaeh McIntosh	3/6/2021				T3 18-19 18 171.8 490	Emma Love	10/29/2016			

Y	11-12	11	176.8	138	Neveah McIntosh	3/6/2021	Y	11-12	11	176.8	94	Neveah McIntosh	3/6/2021	T3	18-19	18	171.8	185	Emma Love	10/29/2016	Y	11-12	11	176.8	432	Neveah McIntosh	3/6/2021
T2	16-17	16	173.8	105	Kayla McCubbins	3/6/2021	T2	16-17	16	173.8	72	Kayla McCubbins	3/6/2021	T1	13-15	15	173.5	160	Kayla McCubbins	10/3/2020	T2	16-17	16	173.8	325	Kayla McCubbins	3/6/2021
T1	13-15	15	173.5	94	Kayla McCubbins	10/3/2020	T1	13-15	15	173.5	61	Kayla McCubbins	10/3/2020	T2	16-17	16	173.8	149	Kayla McCubbins	3/6/2021	T1	13-15	15	173.5	314	Kayla McCubbins	10/3/2020
90kg/198.2lbs							90kg/198.2lbs							90kg/198.2lbs							90kg/198.2lbs						
Y	10-12	11	192.7	292	Neveah McIntosh	10/16/2021	T2	16-17	16	192.4	121	Alyssa Beadles	6/19/2021	T1	13-15	14	198.4	292	Karson Tolle	4/16/2022	Y	10-12	11	192.7	639	Neveah McIntosh	10/16/2021
T1	13-15	14	198.4	226	Karson Tolle	4/16/2022	Y	10-12	11	192.7	116	Neveah McIntosh	10/16/2021	T2	16-17	16	192.4	286	Alyssa Beadles	6/19/2021	T1	13-15	14	198.4	634	Karson Tolle	4/16/2022
T2	16-17	16	192.4	204	Alyssa Beadles	6/19/2021	T1	13-15	14	198.4	116	Karson Tolle	4/16/2022	Y	10-12	11	192.7	231	Neveah McIntosh	10/16/2021	T2	16-17	16	192.4	612	Alyssa Beadles	6/19/2021
Y	10-12	10	183.8	187	Neveah McIntosh	4/24/2021	Y	10-12	10	183.8	101	Neveah McIntosh	4/24/2021	Y	10-12	10	183.8	215	Neveah McIntosh	4/24/2021	Y	10-12	10	183.8	504	Neveah McIntosh	4/24/2021
100kg/220.4lbs							100kg/220.4lbs							100kg/220.4lbs							100kg/220.4lbs						
Y-RC	10-12	11	199.6	281	Neveah McIntosh	3/5/2022	T1	13-15	13	200.7	143	Alex Jefferson	10/17/2020	T1	13-15	13	200.7	303	Alex Jefferson	10/17/2020	T1	13-15	13	200.7	694	Alex Jefferson	10/17/2020
T1	13-15	13	200.7	248	Alex Jefferson	10/17/2020	Y	10-12	11	199.6	132	Neveah McIntosh	3/5/2022	T1	13-15	14	200.7	275	Karson Tolle	6/11/2022	Y-RC	10-12	11	199.6	656	Neveah McIntosh	3/5/2022
T1	13-15	14	200	237	Karson Tolle	6/11/2022	T1	13-15	14	200	105	Karson Tolle	6/11/2022	Y	10-12	11	199.6	242	Neveah McIntosh	3/5/2022	T1	13-15	14	200	617	Karson Tolle	6/11/2022
110kg/242.5lbs							110kg/242.5lbs							110kg/242.5lbs							110kg/242.5lbs						
T1	13-15	15	232.4	286	Kennedy Green	10/12/2019	T1	13-15	15	232.4	138	Kennedy Green	10/12/2019	T1	13-15	15	232.4	275	Kennedy Green	10/12/2019	T1	13-15	15	232.4	689	Kennedy Green	10/12/2019
110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs						
T3	18-19	19	278.2	242	Meredith Arnold	4/24/2021	T3	18-19	19	278.2	149	Meredith Arnold	4/24/2021	T3	18-19	19	278.2	309	Meredith Arnold	4/24/2021	T3	18-19	19	278.2	700	Meredith Arnold	4/24/2021

FEMALE RAW CLASSIC OVERALL LEADERS

369 STRONG WORLD RANKINGS							369 STRONG WORLD RANKINGS							365 STRONG WORLD RANKINGS							365 STRONG WORLD RANKINGS						
RAW CLASSIC (Knee Wraps) SQUAT							RAW CLASSIC BENCH							RAW CLASSIC (Knee Wraps) DEADLIFT							RAW CLASSIC (Knee Wraps) TOTAL						
FEMALE - OVERALL							FEMALE - OVERALL							FEMALE - OVERALL							FEMALE - OVERALL						
Weight Class	Age	Wgt	Lbs	Name	Date		Weight Class	Age	Wgt	Lbs	Name	Date		Weight Class	Age	Wgt	Lbs	Name	Date		Weight Class	Age	Wgt	Lbs	Name	Date	
44kg/97lbs							44kg/97lbs							44kg/97lbs							44kg/97lbs						
48kg/105.7lbs							48kg/105.7lbs							48kg/105.7lbs							48kg/105.7lbs						
	33	104.3	193	Stephanie Washington	7/10/2021			33	104.3	110	Stephanie Washington	7/10/2021			33	104.3	226	Stephanie Washington	7/10/2021			33	104.3	529	Stephanie Washington	7/10/2021	
52kg/114.5lbs							52kg/114.5lbs							52kg/114.5lbs							52kg/114.5lbs						
	46	111.8	264	Missy Taylor	4/23/2022			46	111.8	182	Missy Taylor	4/23/2022			46	111.8	292	Missy Taylor	4/23/2022			46	111.8	738	Missy Taylor	4/23/2022	
	27	111.5	254	Kiki Garland	10/17/2020			24	114.2	132	Amber Malchow	10/28/2017			32	112	281	Lindsay Seamans	10/28/2017			34	114	634	Lindsay Seamans	6/29/2019	
	34	114	237	Lindsay Seamans	6/29/2019			30	111.2	127	Aubrey Cornwell	8/12/2017			27	111.5	253	Kiki Garland	10/17/2020			27	111.5	623	Kiki Garland	10/17/2020	
	30	111.2	231	Aubrey Cornwell	8/12/2017			34	114	121	Lindsey Seamans	6/29/2019			37	111.3	248	Tiffany Bellamy	4/22/2017			30	111.2	601	Aubrey Cornwell	8/12/2017	
	37	111.3	204	Tiffany Bellamy	4/22/2017			27	111.5	116	Nykhisha Garland	10/17/2020			30	111.2	242	Aubrey Cornwell	8/12/2017			37	111.3	551	Tiffany Bellamy	4/22/2017	
56kg/123.5lbs							56kg/123.5lbs							56kg/123.5lbs							56kg/123.5lbs						
	27	120.2	303	Adrien Coder	4/24/2021			46	117.3	176	Missy Taylor	10/16/2021			27	120.2	353	Adrien Coder	4/24/2021			27	120.2	821	Adrien Coder	4/24/2021	
	24	120.2	282	Amber Duenkel	6/9/2018			42	121.8	175	Dawn Bogart	4/9/2016			24	120.2	309	Amber Duenkel	6/9/2018			24	120.2	711	Amber Duenkel	6/9/2018	
	29	122	242	Amanda Isley	10/28/2017			27	120.2	165	Adrien Coder	4/24/2021			29	122	303	Amanda Isley	10/28/2017			29	122	678	Amanda Isley	10/28/2017	
	31	122.8	187	Heidi Schuck	6/19/2021			19	123.4	160	Becca Dison	1/21/2017			31	122.8	253	Heidi Schuck	6/19/2021			31	122.8	573	Heidi Schuck	6/19/2021	
	46	118.9	160	Kathy Wilson	12/8/2018			32	122.8	155	Tiffany Faulkner	1/21/2017															
60kg/132.2lbs							60kg/132.2lbs							60kg/132.2lbs							60kg/132.2lbs						
	28	132.2	441	Courtney Norris	8/12/2017			29	130.6	231	Brittany Bowles	10/27/2018			28	132.2	408	Courtney Norris	8/12/2017			28	132.2	1069	Courtney Norris	8/12/2017	
	29	130.6	419	Brittany Bowles	10/27/2018			42	129	210	Dawn Bogart	10/29/2016			24	129.7	353	Melissa Hunt	12/8/2018			29	130.6	992	Brittany Bowles	10/27/2018	
	25	131.3	364	Melissa Hunt	5/11/2019			47	127.2	180	Bela Ghosh	6/11/2016			29	130.6	342	Brittany Bowles	10/27/2018			24	129.7	838	Melissa Hunt	12/8/2018	
	53	132.2	308	Priscilla Pardue	10/28/2017			25	132	171	Kristin Kitlica	7/10/2021			25	125.6	325	Caitlin Cardone	7/9/2016			25	125.6	790	Caitlin Cardone	7/9/2016	
	26	131.8	303	Taylor Jackson	10/28/2017			25	125.6	165	Caitlin Cardone	7/9/2016			26	131.8	320	Taylor Jackson	10/28/2017			26	131.8	766	Taylor Jackson	10/28/2017	
	25	125.6	300	Caitlin Cardone	7/9/2016			27	129	165	Leslie Kutner	10/28/2017			24	132.2	276	Kayce Hoover	4/22/2017			53	132.2	711	Priscilla Pardue	10/28/2017	
	24	132.2	276	Kayce Hoover	4/22/2017			33	132.2	154	Amy Pierce	8/12/2017			53	132.2	259	Priscilla Pardue	10/28/2017			24	132.2	689	Kayce Hoover	4/22/2017	
	27	132	275	Sara Carney	6/2/2018			33	131.2	149	Meredith Ward	6/13/2020			27	132	220	Sara Carney	6/2/2018			27	132	610	Sara Carney	6/2/2018	
	47	131.4	105	Angie Terry	10/29/2016			27	128	145	Nadia Zebouni	7/9/2016			47	131.4	155	Angie Terry	10/29/2016			47	131.4	305	Angie Terry	10/29/2016	
67.5kg/148.7lbs							67.5kg/148.7lbs							67.5kg/148.7lbs							67.5kg/148.7lbs						
	28	145.2	402	Brittany Shackelford	10/28/2017			27	143.3	234	Morgan Long	1/22/2022			28	145.2	375	Brittany Shackelford	10/28/2017			28	145.2	1003	Brittany Shackelford	10/28/2017	
	28	137.6	375	Courtney Norris	10/29/2016			28	145.2	226	Brittany Shackelford	10/28/2017			27	143.8	353	Taylor Jackson	5/11/2019			27	144.2	910	Courtney Norris	7/9/2016	
	27	143.8	369	Taylor Jackson	5/11/2019			61	148.6	226	Maureen Clary	4/22/2017			27	144.2	350	Courtney Norris	7/9/2016			27	143.8	887	Taylor Jackson	5/11/2019	
	27	143	360	Samantha Corujo	6/2/2018			27	144.2	200	Courtney Norris	7/9/2016			27	143.4	347	Amber Rabon	9/19/2020			27	143	835	Samantha Corujo	6/2/2018	
	27	139.3	336	Melissa Hunt	7/10/2021			29	144.4	182	Leslie Kutner	11/9/2019			27	143	340	Samantha Corujo	6/2/2018			27	143.4	821	Amber Rabon	9/19/2020	
	27	143.4	325	Amber Rabon	9/19/2020			21	138.3	178	Anyia Kalnins	9/18/2021			27	139.3	314	Melissa Hunt	7/10/2021			27	139.3	777	Melissa Hunt	7/10/2021	
	24	144.4	305	Kayce Hoover	10/29/2016			20	138	171	Hanna Young	4/20/2018			20	145.8	309	Anyia Kalnins	2/20/2021			20	145.8	772	Anyia Kalnins	2/20/2021	
	20	145.8	298	Anyia Kalnins	2/20/2021			28	146	171	Brittany Vinesett	7/24/2021			24	144.4	300	Kayce Hoover	10/29/2016			24	144.4	750	Kayce Hoover	10/29/2016	

		53	144.2	259	Priscilla Pardue	4/22/2017			22	147.5	171	Abby Foy	12/19/2020			35	148	290	Desiree Savarese	1/21/2017			35	148	655	Desiree Savarese	1/21/2017
		35	148	225	Desiree Savarese	1/21/2017			27	143.8	165	Taylor Jackson	5/11/2019			24	138.9	281	Magan Peden	6/11/2022			53	144.2	645	Priscilla Pardue	4/22/2017
75kg/165.2lbs							75kg/165.2lbs							75kg/165.2lbs							75kg/165.2lbs						
		42	165	402	Reyhan Roybal	10/17/2020			42	165	240	Reyhan Roybal	10/17/2020			42	165	430	Reyhan Roybal	10/17/2020			42	165	1056	Reyhan Roybal	10/17/2020
		26	159.6	386	Jessica Wissmann	10/28/2017			65	162.7	231	Maureen Clary	6/5/2021			26	163.4	358	Jessica Wissmann	4/20/2018			26	159.6	920	Jessica Wissmann	10/28/2017
		31	163	347	Bridget McDermott	4/22/2017			26	164.5	231	Kari DeShazo	11/21/2020			36	165.1	347	Jennifer Broome	6/9/2018			31	163	832	Bridget McDermott	4/22/2017
		28	165.3	319	Ife Egbeyemi	7/10/2021			67	160.4	209	Barbara Haiden	12/9/2017			23	159.4	342	Emily Tighe	6/9/2018			55	156.8	799	Candice Maness	10/28/2017
		55	156.8	308	Candice Maness	10/28/2017			55	156.8	193	Candice Maness	10/28/2017			28	160.8	335	Hannah Cochran	7/9/2016			36	165.1	788	Jennifer Broome	10/27/2018
		19	150.4	275	Sarah Oesch	6/11/2022			33	160	187	Heather Ingalls	8/12/2017			19	150.4	334	Sarah Oesch	6/11/2022			67	160.4	782	Barbara Haiden	12/9/2017
		56	160.4	275	Barbara Haiden	12/9/2017			52	162.3	187	Tammy Deloatch	11/9/2019			31	163	320	Bridget McDermott	4/22/2017			19	150.4	772	Sarah Oesch	6/11/2022
		33	163.2	275	Shayna Dence	4/9/2016			26	159.6	182	Jessica Wissmann	10/28/2017			28	165.3	319	Ife Egbeyemi	7/10/2021			28	165.3	755	Ife Egbeyemi	7/10/2021
		36	165.1	275	Jennifer Broome	10/27/2018			19	150.4	176	Sarah Oesch	6/11/2022			35	163.8	315	Vanessa Westbrook	7/10/2021			23	159.4	727	Emily Tighe	6/9/2018
		54	157	265	Cindy Meeker	10/29/2016			44	157.6	176	Hilary Clark	8/25/2018			35	162.8	309	Jennifer Broome	3/10/2018			28	160.8	720	Hannah Cochran	7/9/2016
82.5kg/181.7lbs							82.5kg/181.7lbs							82.5kg/181.7lbs							82.5kg/181.7lbs						
		71	177	386	Barbara Haiden	12/4/2021			45	180.3	380	Shannon Nash	4/22/2017			27	179.8	435	Helen Romero	4/20/2018			46	181	1152	Shannon Nash	4/20/2018
		26	177.5	386	Emily Merritt	5/11/2019			71	177	287	Barbara Haiden	12/4/2021			46	181	435	Shannon Nash	4/20/2018			71	177	1058	Barbara Haiden	12/4/2021
		27	179.8	380	Helen Romero	4/20/2018			27	179.8	226	Helen Romero	4/20/2018			35	179	419	Kelley Lee	8/12/2017			27	179.8	1041	Helen Romero	4/20/2018
		46	181	380	Shannon Nash	4/20/2018			29	177.6	204	Gabrielle Robbins	11/9/2019			26	178.7	391	Emily Merritt	10/27/2018			26	177.5	937	Emily Merritt	5/11/2019
		35	179	369	Kelley Lee	8/12/2017			38	175	182	Lay Kaahu	8/12/2017			27	174.8	386	Helen Romero	10/28/2017			35	179	909	Kelley Lee	8/12/2017
		25	171.8	350	Jessica Wissmann	10/29/2016			25	179.4	182	Elizabeth Pinnix	7/10/2021			71	177	386	Barbara Haiden	12/4/2021			27	174.8	882	Helen Romero	10/28/2017
		38	181	308.6	Natalie Mayfield	11/19/2016			45	178.6	176	Crystal McCullough	1/22/2022			38	181	347	Natalie Mayfield	11/19/2016			38	181	821.21	Natalie Mayfield	11/19/2016
		27	174.8	303	Helen Romero	10/28/2017			28	177.8	171	Dyana Martinez	5/11/2019			58	181	336	Cindy Meeker	5/11/2019			25	171.8	800	Jessica Wissmann	10/29/2016
		27	175.9	303	Rachel Brockwell	12/19/2020			32	169.1	170	Rayseen Brown	1/21/2017			17	170.8	326	Sarah Oesch	10/3/2020			58	181	766	Cindy Meeker	5/11/2019
		58	181	303	Cindy Meeker	5/11/2019			26	177.5	165.4	Emily Merritt	5/11/2019			25	171.8	300	Jessica Wissmann	10/29/2016			27	175.9	738	Rachel Brockwell	12/19/2020
90kg/198.2lbs							90kg/198.2lbs							90kg/198.2lbs							90kg/198.2lbs						
		31	190.4	463	Alexis Eliopoulos	10/28/2017			45	185.6	380	Shannon Nash	10/28/2017			31	193.6	468	Alexis Eliopoulos	4/20/2018			31	190.4	1229	Alexis Eliopoulos	10/28/2017
		29	197.2	441	Emily Merritt	6/19/2021			31	190.4	303	Alexis Eliopoulos	10/28/2017			45	185.6	364	Shannon Nash	10/28/2017			45	185.6	992	Shannon Nash	10/28/2017
		34	193.6	303	Promandeeep Kaur	3/21/2020			40	187.2	193	Mona Espinosa	1/22/2022			34	193.6	342	Promandeeep Kaur	3/21/2020			34	193.6	771	Promandeeep Kaur	3/21/2020
		44	184.7	260	Tricia Emrich	7/9/2016			22	184.1	187	Emely Barahona	6/5/2021			44	184.7	285	Tricia Emrich	7/9/2016			44	184.7	695	Tricia Emrich	7/9/2016
		45	185.6	248	Shannon Nash	10/28/2017			44	197.8	187	Carla Akers	4/20/2018			58	191.8	209	Shelly Moore	1/22/2022							
									24	193	171	Allyson Abbs	4/20/2018														
									22	195.6	170	Kelly Benson	10/29/2016														
									28	187.5	160	Chelse Zamorano	5/22/2021														
									27	191.7	154	Lauren Wait	4/22/2017														
									43	192	154	Michele Blackman	12/4/2021														
100kg/220.25lbs							100kg/220.25lbs							100kg/220.25lbs							100kg/220.25lbs						
		28	206.1	463	Jessica Hoxie	5/22/2021			29	213.6	237	Jessica Hoxie	3/5/2022			29	213.6	424	Jessica Hoxie	3/5/2022			28	206.1	1102	Jessica Hoxie	5/22/2021
		37	211.4	303	Trisha Crisman	8/25/2018			45	219.1	204	Carla Akers	10/27/2018			37	213.8	342	Brett Sexton	10/12/2019			37	211.4	771	Trisha Crisman	8/25/2018
		11	199.6	281	Neveah McIntosh	3/5/2022			32	216.5	171	Rachel Massey	6/11/2022			37	211.4	314	Trisha Crisman	8/25/2018			37	213.8	749	Brett Sexton	10/12/2019
		37	213.8	253	Brett Sexton	10/12/2019			41	213	165	Gina Woolard	3/5/2022			42	209.2	303	Christina Lauffer	6/19/2021			42	209.2	623	Christina Lauffer	6/19/2021
		25	217.1	242	Grace Jones	12/19/2020			37	211.4	154	Trisha Crisman	8/25/2018			25	217.1	242	Grace Jones	12/19/2020			25	217.1	590	Grace Jones	12/19/2020
		42	209.2	187	Christina Lauffer	6/19/2021			37	213.8	154	Brett Sexton	10/12/2019			34	209	205	Paula Bowers	10/29/2016			34	209	475	Paula Bowers	10/29/2016
		34	209	165	Paula Bowers	10/29/2016			13	200.7	143	Alex Jefferson	10/17/2020														
									42	199.6	132	Neveah McIntosh	3/5/2022														
									42	201.6	132	Christy Owens	12/18/2021														
									42	209.2	132	Christina Lauffer	6/19/2021														
110kg/242.5lbs							110kg/242.5lbs							110kg/242.5lbs							110kg/242.5lbs						
		40	242.3	386	Katy Silvers	4/23/2022			50	240	215	Ylander Ross	1/21/2017			50	240	400	Ylander Ross	1/21/2017			50	240	955	Ylander Ross	1/21/2017
		29	228.8	380	Brittany Berryhill	12/19/2020			23	222.3	204	Maddy Webster	6/11/2022			34	234.3	375	Jessie Hunt	4/24/2021			29	228.8	942	Brittany Berryhill	12/19/2020
		50	240	340	Ylander Ross	1/21/2017			29	228.8	204	Brittany Berryhill	12/19/2020			40	242.3	369	Katy Silvers	4/23/2022			40	242.3	909	Katy Silvers	4/23/2022
		34	234.3	325	Jessie Hunt	4/24/2021			33	223.8	190	Melissa Shade	6/2/2018			29	228.8	358	Brittany Berryhill	12/19/2020			34	234.3	882	Jessie Hunt	4/24/2021
									34	234.3	182	Jessie Hunt	4/24/2021														
									54	242	176	Shari Wofford	4/20/2018														
									37	236.5	154	Naimah Abdullah	6/5/2021														
									40	242.3	154	Katy Silvers	4/23/2022														
									50	229	143	Janet Martin	5/11/2019														
									15	232.4	138	Kennedy Green	10/12/2019														
110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs							110+kg/242.6+lbs						
		23	292.2	402	Alex Wilson-McKenzie	6/11/2022			42	261.5	270	Hollie Sands	10/12/2019			23	292.2	413	Alex Wilson-McKenzie	6/11/2022			23	292.2	1053	Alex Wilson-McKenzie	6/11/2022

RAW CLASSIC (Knee Wraps) SQUAT						RAW BENCH PRESS						RAW CLASSIC						RAW CLASSIC (Knee Wraps) TOTAL					
FEMALE - JUNIORS (20-23)						FEMALE - JUNIORS (20-23)						FEMALE - JUNIORS (20-23)						FEMALE - JUNIORS (20-23)					
Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date
52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs					
						22		111.6	85	Elena Lopez	6/2/2018												
						20		108	83	Maggie Parsons	11/19/2016												
56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs					
						20		120.6	132	Emily Gaiser	7/10/2021												
						23		122.8	132	Isabella Sarks	4/23/2022												
60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs						60kg/132.2lbs					
						21		127.9	138	Alexis Rutledge	4/23/2022												
						20		127.3	99	Kristen McPherson	10/17/2020												
						21		126.3	77	Gabby Bennett	7/10/2021												
67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs					
						20		145.8	298	Anya Kalnins	2/20/2021	20		145.8	309	Anya Kalnins	2/20/2021	20		145.8	772	Anya Kalnins	2/20/2021
						22		147.5	171	Abby Foy	12/19/2020												
						20		145.8	165	Anya Kalnins	2/20/2021												
						20		143.5	138	Paige Harrod	11/19/2016												
						21		144.2	138	Emily Schnupp	8/12/2017												
						23		145	116	Delaney Fish	6/10/2017												
75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs						75kg/165.2lbs					
						22		161.6	242	Dani Moore	6/10/2017	23		159.4	342	Emily Tighe	6/9/2018	23		159.4	727	Emily Tighe	6/9/2018
						23		159.4	237	Emily Tighe	6/9/2018	22		161.6	253	Dani Moore	6/10/2017	22		161.6	628	Dani Moore	6/10/2017
						23		161.5	171	Alisha Martin	4/24/2021												
						23		164.6	160	Candace Locklear	3/10/2018												
						23		159.4	149	Emily Tighe	6/9/2018												
						21		162.6	149	Aleya Woodall	6/19/2021												
						20		157.2	138	Lisha Lamb	11/19/2016												
						22		161.6	132	Dani Moore	6/10/2017												
						20		158	127	Carley Bradshaw	11/19/2016												
						20		159.5	110	Ivanna Guzman	4/22/2017												
82.5kg/181.7lbs						82.5kg/181.7lbs						82.5kg/181.7lbs						82.5kg/181.7lbs					
						23		178.4	226	Hannah Ramsey	10/18/2020	23		178.4	204	Hannah Ramsey	10/18/2020	23		178.4	568	Hannah Ramsey	10/18/2020
						23		177	154	Kailee Heller	7/10/2021												
						20		179.4	138	Rebekah Kemper	11/21/2020												
						22		174.8	132	Michelle Wood	10/28/2017												
						21		173.1	121	Katie Roseman	12/19/2020												
						23		170	116	Karina Salmeron	11/21/2020												
						23		170	110	Savannah Moon	1/22/2022												
90kg/198.2lbs						90kg/198.2lbs						90kg/198.2lbs						90kg/198.2lbs					
						22		195.6	170	Kelly Benson	10/29/2016												
						21		194.2	110	Mariah Flint	4/22/2017												
100kg/220.4lbs						100kg/220.4lbs						100kg/220.4lbs						100kg/220.4lbs					
110kg/242.5lbs						110kg/242.5lbs						110kg/242.5lbs						110kg/242.5lbs					
						23		222.3	204	Maddy Webster	6/11/2022												
110+kg/242.6+lbs						110+kg/242.6+lbs						110+kg/242.6+lbs						110+kg/242.6+lbs					
						23		292.2	237	Alex Wilson-McKenzie	6/11/2022	23		292.2	413	Alex Wilson-McKenzie	6/11/2022	23		292.2	1053	Alex Wilson-McKenzie	6/11/2022
						23		263	193	Shaunre Lilley	12/4/2021												
						22		330.2	175	Lashonda Zander	6/2/2018												
						22		282.2	160	Capri Cameron	8/12/2017												
						23		254.9	149	Nathalie Vargas	12/4/2021												

FEMALE RAW CLASSIC SUB-MASTERS (35-39)

369 STRONG WORLD RANKINGS						369 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS					
RAW CLASSIC (Knee Wraps) SQUAT						RAW BENCH						RAW CLASSIC (Knee Wraps) DEADLIFT						RAW CLASSIC (Knee Wraps) TOTAL					
FEMALE - SUB-MASTERS (35-39)						FEMALE - SUB-MASTERS (35-39)						FEMALE - SUB-MASTERS (35-39)						FEMALE - SUB-MASTERS (35-39)					
Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date	Wgt Class	Age	Wgt	Lbs	Name	Date
52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs						52kg/114.5lbs					
						37		111.2	99	Tiffany Bellamy	4/22/2017	37		111.2	248	Tiffany Bellamy	4/22/2017	37		111.2	551	Tiffany Bellamy	4/22/2017
56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs						56kg/123.5lbs					
						36		123	99	Sally Lloyd	6/10/2017												
67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs						67.5kg/148.7lbs					
						38		141.4	154	Kelian Hagerty	4/22/2017	36		146.5	264	Krista Causey	2/20/2021	36		146.5	645	Krista Causey	2/20/2021
						36		146.5	149	Krista Causey	2/20/2021												
						37		146.8	149	Kelly Brant	9/7/2019												
						35		148.2	149	Andrea Fox	3/10/2018												

FEMALE M/P/F (Gear Listed)

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS													
SQUAT - EQUIPMENT NOTED						BENCH - EQUIPMENT NOTED						DEADLIFT - EQUIPMENT NOTED						TOTAL - EQUIPMENT NOTED													
M/P/F Divisional Leaders						M/P/F Divisional Leaders						M/P/F Divisional Leaders						M/P/F Divisional Leaders													
Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date								
48kg/105.7lbs	33	104.3	193	Stephanie Washington	7/10/2021	48kg/105.7lbs	33	104.3	110	Stephanie Washington	7/10/2021	48kg/105.7lbs	33	104.3	226	Stephanie Washington	7/10/2021	48kg/105.7lbs	33	104.3	529	Stephanie Washington	7/10/2021								
56kg/123.5lbs	FP	RC	29	122	242	Amanda Isley	10/28/2017	56kg/123.5lbs	FP	RC	29	122	132	Amanda Isley	8/12/2017	56kg/123.5lbs	FP	RC	29	122	303	Amanda Isley	10/28/2017	56kg/123.5lbs	FP	RC	29	122	678	Amanda Isley	10/28/2017
75kg/165.2lbs	FP	R	27	161.2	275	Mikhayla Dunn	12/18/2021	75kg/165.2lbs	FP	R	33	160	187	Heather Ingalls	8/12/2017	75kg/165.2lbs	FP	R	27	161.2	320	Mikhayla Dunn	12/18/2021	75kg/165.2lbs	FP	R	27	161.2	749	Mikhayla Dunn	12/18/2021
82.5kg/181.7lbs	FP	R	33	160	242	Heather Ingalls	8/12/2017	82.5kg/181.7lbs	FP	R	27	161.2	154	Mikhayla Dunn	12/18/2021	82.5kg/181.7lbs	FP	R	33	160	303	Heather Ingalls	8/12/2017	82.5kg/181.7lbs	FP	R	33	160	733	Heather Ingalls	8/12/2017
90+kg/198.2+lbs	FP	RC	26	177.5	386	Emily Merritt	5/11/2019	90+kg/198.2+lbs	FP	R	29	177.6	204	Gabrielle Robbins	11/9/2019	90+kg/198.2+lbs	FP	R	29	177.6	397	Gabrielle Robbins	11/9/2019	90+kg/198.2+lbs	FP	RC	26	177.5	937	Emily Merritt	5/11/2019
	FP	R	29	177.6	314	Gabrielle Robbins	11/9/2019		FP	R	26	177.5	165	Emily Merritt	5/11/2019		FP	RC	26	177.5	391	Emily Merritt	10/27/2018		FP	R	29	177.6	914	Gabrielle Robbins	11/9/2019
	FP	R	31	178.2	281	Emily Gilson	10/17/2020		FP	R	31	178.2	149	Emily Gilson	10/17/2020		FP	R	31	178.2	342	Emily Gilson	10/17/2020		FP	R	31	178.2	772	Emily Gilson	10/17/2020
	FP	R	39	178	220	Pamela Buskirk	3/5/2022		PP	R	39	174.4	132	Pamela Buskirk	7/24/2021		PP	R	39	178	286	Pamela Buskirk	3/5/2022								
						Female							Female									Female							Female		
	FP	RC	34	250	308	Tarra Farnham	5/22/2021		FP	R	34	250	138	Tarra Farnham	5/22/2021		FP	RC	34	250	336	Tarra Farnham	5/22/2021		FP	RC	34	250	782	Tarra Farnham	5/22/2021

FEMALE MASTERS (Gear Listed)

365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS						365 STRONG WORLD RANKINGS													
SQUAT - EQUIPMENT NOTED						BENCH - EQUIPMENT NOTED						DEADLIFT - EQUIPMENT NOTED						TOTAL - EQUIPMENT NOTED													
Female - Masters						Female - Masters						Female - Masters						Female - Masters													
Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date	Weight Class	Age	Wgt	Lbs	Name	Date								
52kg/114.5lbs	RC	45-49	46	111.8	264	Missy Taylor	4/23/2022	52kg/114.5lbs	R	45-49	46	111.8	182	Missy Taylor	4/23/2022	52kg/114.5lbs	RC	45-49	46	111.8	292	Missy Taylor	4/23/2022	52kg/114.5lbs	RC	45-49	46	111.8	738	Missy Taylor	4/23/2022
	R	45-49	46	112.2	259	Missy Taylor	7/24/2021		R	45-49	46	112.2	160	Missy Taylor	7/24/2021		R	45-49	46	112.2	275	Missy Taylor	7/24/2021		R	45-49	46	112.2	694	Missy Taylor	7/24/2021
	R	70-74	73	106.3	154	Linda Costello	4/23/2022		R	60-64	60	107.8	89	Sue Ann Hurlbert	10/16/2021		R	70-74	73	106.3	220	Linda Costello	4/23/2022		R	70-74	73	106.3	457	Sue Ann Hurlbert	4/23/2022
	R	60-64	61	108.3	121	Sue Ann Hurlbert	4/23/2022		R	70-74	73	106.3	83	Linda Costello	4/23/2022		R	60-64	61	108.3	212	Sue Ann Hurlbert	4/23/2022		R	60-64	61	108.3	421	Sue Ann Hurlbert	4/23/2022
	R	55-59	59	108.9	105	Sue Ann Hurlbert	10/17/2020		R	55-59	59	108.9	83	Sue Ann Hurlbert	10/17/2020		R	55-59	59	108.9	176	Sue Ann Hurlbert	10/17/2020		R	55-59	59	108.9	364	Sue Ann Hurlbert	10/17/2020
56kg/123.5lbs	R	45-49	46	117.3	265	Missy Taylor	10/16/2021	56kg/123.5lbs	R	45-49	46	117.3	176	Missy Taylor	10/16/2021	56kg/123.5lbs	SP	40-44	42	121.8	295	Dawn Bogart	4/9/2016	56kg/123.5lbs	SP	40-44	42	121.8	735	Dawn Bogart	4/9/2016
	R	40-44	42	121.8	265	Dawn Bogart	4/9/2016		R	40-44	42	121.8	175	Dawn Bogart	4/9/2016		R	45-49	45	118.2	292	Missy Taylor	4/24/2021		R	45-49	46	117.3	722	Missy Taylor	10/16/2021
	R	50-54	54	119.6	182	Lisa Baker	12/19/2020		R	55-59	56	118.6	116	Dawn Williams	7/24/2021		R	50-54	54	119.6	237	Lisa Baker	12/19/2020		R	55-59	56	118.6	518	Dawn Williams	7/24/2021
	R	55-59	56	118.6	176	Dawn Williams	7/24/2021		R	50-54	54	119.6	94	Lisa Baker	12/19/2020		R	50-54	54	119.6	226	Dawn Williams	7/24/2021		R	50-54	54	119.6	512	Lisa Baker	12/19/2020
	RC	45-49	46	118.9	160	Kathy Wilson	12/8/2018		R	45-49	46	118.9	88	Kathy Wilson	12/8/2018		RC	45-49	46	118.9	187	Kathy Wilson	12/8/2018		RC	45-49	46	118.9	435	Kathy Wilson	12/8/2018
60kg/132.2lbs	SP	40-44	43	131.9	331	Dawn Bogart	4/22/2017	60kg/132.2lbs	SP	40-44	43	131.9	226	Dawn Bogart	4/22/2017	60kg/132.2lbs	SP	40-44	43	131.9	402	Dawn Bogart	4/22/2017	60kg/132.2lbs	SP	40-44	43	131.9	959	Dawn Bogart	4/22/2017
	SP	50-54	54	132	331	Priscilla Pardue	4/20/2018		R	40-44	42	130	205	Dawn Bogart	7/9/2016		R	40-44	42	130	350	Dawn Bogart	7/9/2016		R	40-44	42	130	855	Dawn Bogart	7/9/2016
	R	50-54	53	132.2	308	Priscilla Pardue	10/28/2017		R	45-49	47	127.2	180	Bela Ghosh	8/11/2016		R	45-49	47	127.2	315	Bela Ghosh	8/11/2016		SP	50-54	54	132	761	Priscilla Pardue	4/20/2018
	R	40-44	42	130	300	Dawn Bogart	7/9/2016		SP	50-54	54	132	165	Priscilla Pardue	4/20/2018		SP	50-54	54	132	265	Priscilla Pardue	4/20/2018		RC	50-54	53	132.2	711	Priscilla Pardue	10/28/2017
	RC	45-49	47	131.4	105	Angie Terry	10/29/2016		RC	50-54	53	132.2	143	Priscilla Pardue	10/28/2017		RC	50-54	53	132.2	259	Priscilla Pardue	10/28/2017		R	45-49	47	127.2	495	Bela Ghosh	8/11/2016
									RC	45-49	47	131.4	45	Angie Terry	10/29/2016		RC	45-49	47	131.4	155	Angie Terry	10/29/2016		RC	45-49	47	131.4	305	Angie Terry	10/29/2016
67.5kg/148.7lbs	MP	45-49	47	143.7	518	Melissa Smith	12/18/2021	67.5kg/148.7lbs	R	60-64	60	148.4	275	Melissa Smith	4/23/2022	67.5kg/148.7lbs	MP	45-49	47	143.7	358	Melissa Smith	12/18/2021	67.5kg/148.7lbs	MP	45-49	47	143.7	1146	Melissa Smith	12/18/2021
	SP	55-59	55	142.5	303	Priscilla Pardue	5/11/2019		R	60-64	61	148.6	226	Maureen Clary	4/22/2017		R	60-64	61	148.6	358	Melissa Smith	12/18/2021		R	60-64	61	148.6	876	Maureen Clary	4/22/2022
	R	40-44	40	144.4	303	Nicole Qualis	3/5/2022		R	65-69	65	148.7	211	Maureen Clary	1/22/2022		R	65-69	65	148.7	320	Maureen Clary	1/22/2022		R	65-69	65	148.7	801	Maureen Clary	1/22/2022
	R	60-64	61	148.6	298	Maureen Clary	4/22/2017		SP	55-59	55	142.5	176	Priscilla Pardue	5/11/2019		R	40-44	40	144.4	303	Nicole Qualis	3/5/2022		R	40-44	40	144.4	766	Nicole Qualis	3/5/2022
	R	50-54	53	139.1	270	Yvette Bushard	10/16/2021		R	45-49	48	145.3	165	Alysha Hayes	1/22/2022		R	45-49	48	145.3	292	Alysha Hayes	1/22/2022		SP	55-59	55	142.5	755	Priscilla Pardue	5/11/2019
	R	65-69	65	148.7	270	Maureen Clary	1/22/2022		R	50-54	53	139.1	160	Yvette Bushard	10/16/2021		R	50-54	53	139.1	281	Yvette Bushard	10/16/2021		SP	55-59	55	142.5	711	Yvette Bushard	10/16/2021
	RC	50-54	52	145.4	265	Priscilla Pardue	10/29/2016		R	40-44	40	144.4	160	Nicole Qualis	3/5/2022		SP	55-59	55	142.5	281	Priscilla Pardue	5/11/2019		RC	50-54	53	144.2	645	Priscilla Pardue	4/22/2021
	R	40-44	43	146.5	176	Jennifer Rush	12/19/2020		R	40-44	40	140.4	138	Misty Bruce	1/22/2022		R	50-54	51	138.2	259	Sue Welker	6/10/2017		R	40-44	40	140.4	496	Misty Bruce	1/22/2022
	R	40-44	40	140.4	149	Misty Bruce	1/22/2022		R	50-54	53	144.2	132	Priscilla Pardue	4/22/2017		R	50-54	53	144.2	253	Priscilla Pardue	4/22/2017		R	40-44	43	146.5	485	Jennifer Rush	12/19/2020
									R	50-54	51	148.6	121	Kelly Padgett	10/16/2021		R	50-54	51	148.6	237	Kelly Padgett	10/16/2021								
									R	40-44	40	140.4	209	Misty Bruce	1/22/2022																
75kg/165.2lbs	RC	40-44	42	165	402	Reyhan Roibal	10/17/2020	75kg/165.2lbs	SP	45-49	46	157	275.6	Christina McDowell	11/19/2019	75kg/165.2lbs	RC	40-44	42	165	430	Reyhan Roibal	1								

