

9-Nov-19

2019 USA Nationals

Tested

Name	Age	Div	BWt (Lb)	WCls (Lb)	Glo ssb ren ner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Total with 4th Attempt
<b>FULL POWER - KG</b>																							
Lindsay Seamans	34	SP-T	113.4	114	1	125	140	145		145	62.5	-65	-65		62.5	207.5	135	140	145		145	352.5	
Anna Cullum	27	R-T	131.6	132	1	95	100	110		110	47.5	52.5	55		55	165	102.5	112.5	120		120	285	
Leslie Kutner	29	R-T	144.4	148	1	120	127.5	137.5		137.5	72.5	77.5	82.5		82.5	220	150	160	167.5	172.5	167.5	387.5	392.5
Gabby Robbins-Open	29	R-T	177.6	181	1	125	132.5	142.5		142.5	82.5	87.5	92.5		92.5	235	157.5	172.5	180		180	415	
Vann Duffie	30	R-T	170	181	1	185	195	205		205	127.5	132.5	137.5		137.5	342.5	227.5	247.5	260		260	602.5	
Gabby Robbins-MPF	29	MPFF-	177.6	181	1	125	132.5	142.5		142.5	82.5	87.5	92.5		92.5	235	157.5	172.5	180		180	415	
Cathy Cranford	59	M4F-	175.9	181	1	65	67.5	70	75	70	40	-42.5	42.5		42.5	112.5	85	87.5	92.5	97.5	92.5	205	215
Travis Johnson	19	T3F-R-	99.9	114	1	80	-87.5	87.5		87.5	52.5	-57.5	-57.5		52.5	140	107.5	112.5	117.5	122.5	122.5	257.5	262.5
Nathan Taylor	19	T3F-R-	162.6	165	1	135	142.5	147.5		147.5	102.5	110	115		115	262.5	137.5	150	157.5		157.5	420	
Wyatt Plyler	18	T3F-R-	160.6	165	1	137.5	145	150		150	85	90	-92.5		90	240	170	177.5	180		180	420	
Justin Williams	26	RC-T	183.7	198	1	245	-260	260		260	150	160	-165		160	420	250	-262.5	-262.5		250	670	
Zachary Leonardo	31	RC-T	272.9	275	1	250	272.5	295		295	160	172.5	182.5		182.5	477.5	250	295	317.5		317.5	795	
Joshua Sisk	20	R-T	147.2	148	1	162.5	170	182.5		182.5	97.5	102.5	pass		102.5	285	205	217.5	-227.5		217.5	502.5	
Pauley Singh	30	RC-X	212	220	1	202.5	215	227.5		227.5	125	132.5	137.5		137.5	365	227.5	240	-250		240	605	
Edwin Byler	20	RC-X	208.5	220	1	217.5	240	-250		240	127.5	140	-150		140	380	255	265	-275		265	645	
Kristopher Lewis	28	RC-X	265	275	1	215	225	230		230	120	130	-137.5		130	360	207.5	220	pass		220	580	
Charlie Wyrick	20	R-X	179.4	181	1	165	175	-182.5		175	107.5	115	-122.5		115	290	175	187.5	192.5		192.5	482.5	
Jared Decker	31	R-X	196	198	1	200	210	220		220	150	157.5	-165		157.5	377.5	237.5	250	260		260	637.5	
Mason Muong	25	MPFF-	145.6	148	1	135	145	-152.5		145	115	117.5	122.5		122.5	267.5	215	230	240		240	507.5	
Tyler Kaul	21	MPFF-	184.2	198	1	137.5	145	152.5		152.5	87.5	100	-102.5		100	252.5	137.5	147.5	157.5		157.5	410	
John Borek-FP	53	M3F-	240.1	242	1	140	147.5	150		150	-165	165	167.5		167.5	317.5	180	pass	pass		180	497.5	
Corey McManus	43	M1F-	196.1	198	1	227.5	240	247.5		247.5	182.5	-192.5	-192.5		182.5	430	232.5	pass	-255		232.5	662.5	

Chief Referee

Side Referee

Side Referee

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9-Nov-19

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Tested

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glo ss ren ner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Total with 4th Attempt
<b>FULL POWER - LB</b>	Age	Div	BWt	WtCl		Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift		Total with 4th Attempt
Lindsay Seamans	34	SP-T	113.4	114	1	275.58	308.64	319.5		319.5	137.8	-143.3	-143.3		137.75	457.25	297.6	308.6	319.67		319.667	776.917	
Anna Cullum	27	R-T	131.6	132	1	209.44	220.46	242.51		242.51	104.7	115.5	121.3		121.25	363.76	226	248	264.55		264.6	628.26	
Leslie Kutner	29	R-T	144.4	148	1	264.55	281.09	303		303	159.8	170.8	181.8		181.75	484.75	330.5	352.7	369.25	380.25	369.25	854.13	865.25
Gabby Robbins-Open	29	R-T	177.6	181	1	275.58	292.11	314		314	181.9	192.8	203.8		203.75	517.75	347.2	380.3	396.83		396.828	914.578	
Vann Duffie	30	R-T	170	181	1	407.85	429.9	451.75		451.75	281.1	292	303		303	754.75	501.5	545.6	573.2		573.196	1327.946	
Gabby Robbins-MPF	29	MPFF-	177.6	181	1	275.58	292.11	314		314	181.9	192.8	203.8		203.75	517.75	347.2	380.3	396.83		396.828	914.578	
Cathy Cranford	59	M4F-	175.9	181	1	143.25	148.81	154.25	165.3	154.25	88.18	-93.5	93.5		93.5	247.75	187.3	192.8	203.75	214.95	203.75	451.5	473.699
Travis Johnson	19	T3F-R-	99.9	114	1	176.37	-192.9	192.9		192.9	115.7	-126.8	-126.8		115.742	308.64	236.8	248	259	270.1	259	567.64	578.74
Nathan Taylor	19	T3F-R-	162.6	165	1	297.62	314.16	325		325	226	242.5	253.5		253.5	578.5	303.1	330.7	347.22		347.225	925.73	
Wyatt Plyler	18	T3F-R-	160.6	165	1	303.13	319.67	330.5		330.5	187.4	198.3	-203.8		198.25	528.75	374.8	391.3	396.83		396.828	925.73	
Justin Williams	26	RC-T	183.7	198	1	540.13	-573.2	573.2		573.2	330.7	352.7	-363.8		352.736	925.94	551.2	-578.7	-578.7		551.15	1477.1	
Zachary Leonardo	31	RC-T	272.9	275	1	551.15	600.75	650.25		650.25	352.7	380.3	402.3		402.34	1052.59	551.2	650.4	699.96		699.961	1752.55	
Joshua Sisk	20	R-T	147.2	148	1	358.25	374.78	402.75		402.75	214.9	225.8	pass		225.75	628.5	451.9	479.5	-501.5		479.501	1108	
Pauley Singh	30	RC-X	212	220	1	446.43	473.75	501.5		501.5	275.6	292.1	303.1		303.133	804.65	501.5	529.1	-551.2		529.104	1333.75	
Edwin Byler	20	RC-X	208.5	220	1	479.5	529	-551		529	281.1	308.6	-330.7		308.644	837.64	562.2	584.2	-600.8		584.219	1421.86	
Kristopher Lewis	28	RC-X	265	275	1	473.99	496	507		507	264.6	286.6	-303.1		286.598	793.6	457.5	485	pass		485.012	1278.61	
Charlie Wyrick	20	R-X	179.4	181	1	363.76	385.75	-402.3		385.75	237	253.5	-270.1		253.529	639.28	385.8	413.4	424.39		424.386	1063.665	
Jared Decker	31	R-X	196	198	1	440.92	462.75	485		485	330.7	347.2	-363.8		347.225	832.225	523.6	551.2	573.2		573.196	1405.42	
Mason Muong	25	MPFF-	145.6	148	1	297.62	319.67	-336		319.667	253.5	259	270		270	589.667	474	507.1	529.1		529.104	1118.77	
Tyler Kaul	21	MPFF-	184.2	198	1	303.13	319.67	336		336	192.9	220.8	-225.8		220.75	556.75	303.1	325.2	347.22		347.225	903.97	
John Borek-FP	53	M3F-	240.1	242	1	308.64	325.18	330.5		330.5	-363.8	363.8	369.3		369.271	699.77	341.7	pass	pass		341.713	1041.48	
Corey McManus	43	M1F-	196.1	198	1	501.55	529	545.5		545.5	402.3	-424.4	-424.4		402.34	947.84	512.6	pass	-562.2		512.57	1460.41	

Chief Referee

Side Referee

Side Referee

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<b>BENCH PRESS - KG</b>						Bench 1	Bench 2	Bench 3	Bench 4	Best Bench													
Tammy Crowley Deloatch-Open	52	R-T	162.3	165	1	75	80	82.5	85	82.5													
Janet Martin-BP	50	M3B-	235.4	SHW	1	62.5	67.5	-72.5		67.5													
Tammy Crowley Deloatch-M3	52	M3B-	162.3	165	1	75	80	82.5	85	82.5													
John von Rohr-M7	70	M7B-	267.3	275	1	-145	-145	pass		DQ													
Chris Macera	23	R-T	162.8	165	1	142.5	152.5	-160		152.5													
Bill Gillespie-Open	60	MP-T	330.5	SHW	1	425	-455.5	-455.5		425													
John von Rohr-MPF	70	MPFB-	267.3	275	1	-145	-145	pass		DQ													
Bill Gillespie-M5	60	M5B-	330.5	SHW	1	425	-455.5	-455.5		425													
Larry Ulrich-M4	58	M4B-	186.9	198	1	-145	-145	145		145													
John Borek-BP	53	M3B-	240.1	242	1	-165	165	167.5		167.5													
Chuck Ayers	53	M3B-	239.9	242	1	195	-205	205		205													
<b>BENCH PRESS - LB</b>						Bench 1	Bench 2	Bench 3	Bench 4	Best Bench													
Tammy Crowley Deloatch-Open	52	R-T	162.3	165	1	165.25	176.25	181.75	187.3	181.75													
Janet Martin-BP	50	M3B-	235.4	SHW	1	137.79	148.75	-159.8		148.75													
Tammy Crowley Deloatch-M3	52	M3B-	162.3	165	1	165.25	176.25	181.75	187.3	181.75													
John von Rohr-M7	70	M7B-	267.3	275	1	-319.7	-319.7	pass		DQ													
Chris Macera	23	R-T	162.8	165	1	314.16	336	-352.5		336													
Bill Gillespie-Open	60	MP-T	330.5	SHW	1	936.96	-1004	-1004		936.955													
John von Rohr-MPF	70	MPFB-	267.3	275	1	-319.7	-319.7	pass		DQ													
Bill Gillespie-M5	60	M5B-	330.5	SHW	1	936.96	-1004	-1004		936.955													
Larry Ulrich-M4	58	M4B-	186.9	198	1	-319.7	-319.7	319.67		319.667													
John Borek-BP	53	M3B-	240.1	242	1	-363.8	363.76	369.27		369.271													
Chuck Ayers	53	M3B-	239.9	242	1	429.75	-451.8	451.75		451.75													

Chief Referee

Side Referee

Side Referee

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9-Nov-19

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Tested

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glo ss ren ner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Total with 4th Attempt	
<b>PUSH PULL - KG</b>						Bench 1	Bench 2	Bench 3		Best Bench	Deadlift 1	Deadlift 2	Deadlift 3		Best Deadlift	2 Lift Total								
Demetrius Neal-Open	42	R-T	198.2	198	1	182.5	187.5	195		195	152.5	pass	pass		152.5	347.5								
Trevor Blanchard	21	R-X	204.3	220	1	117.5	125	147.5		147.5	142.5	157.5	185		185	332.5								
James Mapp	34	R-X	337.2	SHW	1	187.5	210	-227.5		210	227.5	260	-307.5		260	470								
Demetrius Neal-M1	42	M1P-	198.2	198	1	182.5	187.5	195		195	152.5	pass	pass		152.5	347.5								
<b>PUSH PULL - LB</b>						Bench 1	Bench 2	Bench 3		Best Bench	Deadlift 1	Deadlift 2	Deadlift 3		Best Deadlift	2 Lift Total								
Demetrius Neal-Open	42	R-T	198.2	198	1	402.34	413.36	429.9		429.897	336.2	pass	pass		336.202	766.0985								
Trevor Blanchard	21	R-X	204.3	220	1	259.04	275.58	325.18		325.179	314.2	347.2	407.9		407.851	733.0295								
James Mapp	34	R-X	337.2	SHW	1	413.36	462.97	-501.5		462.966	501.5	573.2	-677.9		573.196	1036.162								
Demetrius Neal-M1	42	M1P-	198.2	198	1	402.34	413.36	429.9		429.897	336.2	pass	pass		336.202	766.0985								
<b>DEADLIFT - KG</b>						Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift														
Janet Martin-DL	50	M3D-	235.4	SHW	1	142.5	150	155		155														
<b>DEADLIFT - LB</b>						Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift														
Janet Martin-DL	50	M3D-	235.4	SHW	1	314.16	330.69	341.71		341.71														
<b>STANDING CURL - KG</b>						Curl 1	Curl 2	Curl 3	Best Curl															
Janet Martin-DL	50	M3C-	235.4	SHW		25	30	35	35															
Larry Ulrich-M4	58	M4C-	186.9	198		42.5	47.5	50	50															
<b>STANDING CURL - LB</b>						Curl 1	Curl 2	Curl 3	Best Curl															
Janet Martin-DL	50	M3C-	235.4	SHW		55	66	77	77															
Larry Ulrich-M4	58	M4C-	186.9	198		93.5	104.5	110	110															

Chief Referee

Side Referee

Side Referee

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