

Bench Press - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench
Tracy Woods	26	F-NB-MP-	255.2	275	0.58	237.5	245	-260	245
Clint Poore-SP	47	F-M2B-SP	245.2	275	0.5866	235	240	-250	240
Clint Poore-Raw	47	F-M2B-SP	245.2	275	0.5866	185	195	200	200

Bench Press - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench
Tracy Woods	26	F-NB-MP-	255.2	275	0.58	523.5925	540.127	-573.196	540.127
Clint Poore-SP	47	F-M2B-SP	245.2	275	0.5866	518.081	529.104	-551.15	529.104
Clint Poore-Raw	47	F-M2B-SP	245.2	275	0.5866	407.851	429.897	440.92	440.92

Push Pull - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total
Linda Crawford - N	55	F-M5P-R-	167.4	181	0.9436	37.5	40	42.5	42.5	67.5	77.5	85	85	127.5
Linda Crawford - M4	55	F-M4P-R-	167.4	181	0.9436	37.5	40	42.5	42.5	67.5	77.5	85	85	127.5
Christina Maxey	42	F-M2F-R-	217.8	SHW	0.8356	55	-62.5	-65	55	100	-120	120	120	175
Austin Demonbreun	21	M-YP-R-1	194	198	0.6459	100	110	-115	110	150	165	182.5	182.5	292.5

Push Pull - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total
Linda Crawford - N	55	F-M5P-R-	167.4	181	0.9436	82.6725	88.184	93.6955	93.6955	148.8105	170.8565	187.391	187.391	281.0865
Linda Crawford - M4	55	F-M4P-R-	167.4	181	0.9436	82.6725	88.184	93.6955	93.6955	148.8105	170.8565	187.391	187.391	281.0865
Christina Maxey	42	F-M2F-R-	217.8	SHW	0.8356	121.253	-137.7875	-143.299	121.253	220.46	-264.552	264.552	264.552	385.805
Austin Demonbreun	21	M-YP-R-1	194	198	0.6459	220.46	242.506	-253.529	242.506	330.69	363.759	402.3395	402.3395	644.8455

Team Champions: Green County Fitness