

2024 New Year Power Slam

Fit4Life-Mt. Olive, NC

20-Jan-24

Results: Kilos

| PL | Name | Sex | Age | Nation | State | Equip. | Division | B/Wgt-kg | Weight ClassKg | Squat1 Kg | Squat2K g | Squat3K g | Best3Squ atKg | Bench1 Kg | Bench2 Kg | Bench3K g | Best3Ben chKg | Deadlift 1Kg | Deadlift 2Kg | Deadlift 3Kg | Deadlift 4Kg | Best3Dea dliftKg | TotalKg |
|----|------------------------------|-----|-----|--------|-------|--------|----------|----------|----------------|-----------|-----------|-----------|---------------|-----------|-----------|-----------|---------------|--------------|--------------|--------------|--------------|------------------|---------|
| 1 | Mona Hope | F | 41 | USA | NC | Bare | M1-T | 65 | 67.5 | 122.5 | 127.5 | 132.5 | 132.5 | 52.5 | 55 | -57.5 | 55 | 127.5 | 135 | 145 | | 145 | 332.5 |
| 1 | Erin Newman | F | 42 | USA | NC | Bare | M1-T | 77.8 | 82.5 | 92.5 | -97.5 | 97.5 | 97.5 | 52.5 | 55 | 57.5 | 57.5 | 115 | 120 | 125 | | 125 | 280 |
| 1 | Mona Hope | F | 41 | USA | NC | Bare | O-T | 65 | 67.5 | 122.5 | 127.5 | 132.5 | 132.5 | 52.5 | 55 | -57.5 | 55 | 127.5 | 135 | 145 | | 145 | 332.5 |
| 1 | Haleigh Batchelor | F | 14 | USA | NC | Wraps | O-T | 61.2 | 67.5 | 82.5 | 102.5 | 110 | 110 | 55 | 57.5 | 62.5 | 62.5 | 82.5 | 92.5 | -102.5 | | 92.5 | 265 |
| 1 | Haleigh Batchelor | F | 14 | USA | NC | Wraps | T1-X | 61.2 | 67.5 | 82.5 | 102.5 | 110 | 110 | 55 | 57.5 | 62.5 | 62.5 | 82.5 | 92.5 | -102.5 | | 92.5 | 265 |
| NS | Jourdan Goins | F | 30 | USA | NC | Wraps | N-X | | | 90 | | | | | | | | | | | | | NS |
| 1 | Guy McNeill | M | 23 | USA | NC | Bare | J-T | 76.9 | 82.5 | 185 | 195 | 202.5 | 202.5 | 115 | 125 | 135 | 135 | 210 | 227.5 | 242.5 | | 242.5 | 580 |
| 2 | Devon Mitchell | M | 23 | USA | NC | Bare | J-T | 79 | 82.5 | 197.5 | 207.5 | 215 | 215 | 85 | 97.5 | -107.5 | 97.5 | 220 | -237.5 | 245 | | 245 | 557.5 |
| 1 | Gary Spencer | M | 47 | USA | NC | Bare | M2-T | 88.2 | 90 | 100 | 105 | 115 | 115 | 110 | 115 | -120 | 115 | -112.5 | 137.5 | 150 | | 150 | 380 |
| 1 | El-Monstro Martinez | M | 39 | USA | NC | Bare | MPPF-U | 133.5 | 140 | 170 | 187.5 | 210 | 210 | 105 | 127.5 | -135 | 127.5 | 227.5 | 252.5 | 265 | | 265 | 602.5 |
| 1 | El-Monstro Martinez | M | 39 | USA | NC | Bare | N-X | 133.5 | 140 | 170 | 187.5 | 210 | 210 | 105 | 127.5 | -135 | 127.5 | 227.5 | 252.5 | 265 | | 265 | 602.5 |
| 2 | Michael Lotts | M | 23 | USA | VA | Bare | N-X | 139.1 | 140 | 195 | 205 | 215 | 215 | 110 | 120 | 130 | 130 | 205 | 230 | 240 | | 240 | 585 |
| NS | Taylor Matthews | M | 35 | USA | NC | Bare | O-T | | | | | | | | | | | | | | | | NS |
| 1 | Tate Manning | M | 15 | USA | NC | Bare | O-T | 64.7 | 67.5 | 160 | -172.5 | 175 | 175 | 125 | 132.5 | -136 | 132.5 | 182.5 | 192.5 | -197.5 | | 192.5 | 500 |
| 1 | Jamie Salley | M | 39 | USA | NC | Bare | S-T | 71.8 | 75 | 102.5 | 115 | 125 | 125 | 82.5 | 92.5 | 95 | 95 | 160 | 170 | 175 | | 175 | 395 |
| 1 | El-Monstro Martinez | M | 39 | USA | NC | Bare | S-U | 133.5 | 140 | 170 | 187.5 | 210 | 210 | 105 | 127.5 | -135 | 127.5 | 227.5 | 252.5 | 265 | | 265 | 602.5 |
| 1 | Tate Manning | M | 15 | USA | NC | Bare | T1-X | 64.7 | 67.5 | 160 | -172.5 | 175 | 175 | 125 | 132.5 | -136 | 132.5 | 182.5 | 192.5 | -197.5 | | 192.5 | 500 |
| 1 | Natanael Borrero | M | 14 | USA | NC | Bare | T1-X | 72.9 | 75 | 132.5 | 140 | 142.5 | 142.5 | 65 | 75 | 80 | 80 | 152.5 | 162.5 | 167.5 | | 167.5 | 390 |
| 1 | Dustin Spencer | M | 15 | USA | NC | Bare | T1-X | 89.4 | 90 | 165 | -180 | -180 | 165 | 90 | 100 | 107.5 | 107.5 | 197.5 | 207.5 | 212.5 | | 212.5 | 485 |
| 2 | Jake Simmons | M | 15 | USA | NC | Bare | T1-X | 87.3 | 90 | 145 | 157.5 | -175 | 157.5 | 102.5 | -112.5 | -112.5 | 102.5 | 185 | 205 | -210 | | 205 | 465 |
| 1 | Landon Casstevens | M | 18 | USA | NC | Bare | T3-X | 80.9 | 82.5 | 157.5 | 165 | -175 | 165 | 97.5 | 102.5 | -107.5 | 102.5 | 172.5 | 190 | 200 | | 200 | 467.5 |
| 2 | Colton Fitch | M | 19 | USA | NC | Bare | T3-X | 79.7 | 82.5 | 135 | 155 | 160 | 160 | 75 | -82.5 | 82.5 | 82.5 | 157.5 | 180 | -195 | | 180 | 422.5 |
| 1 | Francisco Hernandez Martinez | M | 19 | USA | NC | Bare | T3-X | 89.5 | 90 | -215 | 215 | 227.5 | 227.5 | 125 | 132.5 | -137.5 | 132.5 | 225 | 245 | 258 | | 258 | 618 |
| 1 | Jonathan Batchelor | M | 39 | USA | NC | Wraps | MPPF-U | 124.6 | 125 | 275 | 295 | -310 | 295 | -192.5 | 200 | -215 | 200 | 260 | 275 | 282.5 | | 282.5 | 777.5 |
| NS | Anthony Smith | M | 35 | USA | NC | Wraps | O-U | | | | | | | | | | | | | | | | |
| 1 | Jonathan Batchelor | M | 39 | USA | NC | Wraps | O-U | 124.6 | 125 | 275 | 295 | -310 | 295 | -192.5 | 200 | -215 | 200 | 260 | 275 | 282.5 | | 282.5 | 777.5 |
| NS | Anthony Smith | M | 35 | USA | NC | Wraps | S-U | | | | | | | | | | | | | | | | |
| 1 | Jonathan Batchelor | M | 39 | USA | NC | Wraps | S-U | 124.6 | 125 | 275 | 295 | -310 | 295 | -192.5 | 200 | -215 | 200 | 260 | 275 | 282.5 | | 282.5 | 777.5 |
| 1 | Todd J King | M | 58 | USA | NC | Bare | M3-T | 107.8 | 110 | | | | | 110 | 115 | 122.5 | 122.5 | | | | | | 122.5 |
| 1 | Todd J King | M | 58 | USA | NC | Bare | M4-T | 107.8 | 110 | | | | | 110 | 115 | 122.5 | 122.5 | | | | | | 122.5 |
| 1 | Todd J King | M | 58 | USA | NC | Bare | MPPF-T | 107.8 | 110 | | | | | 110 | 115 | 122.5 | 122.5 | | | | | | 122.5 |
| 1 | Jacob Diamond | M | 32 | USA | VA | Bare | O-U | 73.3 | 75 | | | | | -125 | -127.5 | 127.5 | 127.5 | | | | | | 127.5 |
| 1 | C Scott Jackson | M | 32 | USA | NC | Bare | O-U | 80.1 | 82.5 | | | | | -165 | 170 | 172.5 | 172.5 | | | | | | 172.5 |
| 1 | Jonathan Bachelor | M | 39 | USA | NC | Wraps | O-U | 124.6 | 125 | | | | | -192.5 | 200 | -215 | 200 | | | | | | 200 |
| 1 | Kris J Manning | M | 50 | USA | NC | Bare | M3-T | 87.4 | 90 | | | | | | | | | -160 | 170 | 182.5 | | 182.5 | 182.5 |
| 1 | Daniel Borrero | M | 50 | USA | NC | Bare | M3-U | 125.6 | 140 | | | | | | | | | 252.5 | 270 | 282.5 | 285 | 282.5 | 282.5 |

Results: Pounds

| PL | Name | Sex | Age | Nation | State | Equip | Division | B/Wgt- | Wgt/Cl- | Squat1 | Squat2L | Squat3L | Best3Squ | Bench1L | Bench2L | Bench3L | Best3Ben | Deadlift | Deadlift | Deadlift | Deadlift | Best3Dea | TotalLb |
|----|------------------------------|-----|-----|--------|-------|-------|----------|--------|---------|--------|---------|---------|----------|---------|---------|---------|----------|----------|----------|----------|--------------|----------|---------------|
| | | | | | | | | kg | kg | Lb | b | b | atLb | b | b | b | chLb | 1Lb | 2Lb | 3Lb | 4Lb | dliftLb | |
| 1 | Mona Hope | F | 41 | USA | NC | Bare | M1-T | 143.3 | 148.8 | 270.1 | 281.1 | 292.1 | 292.1 | 115.7 | 121.3 | -126.8 | 121.3 | 281.1 | 297.6 | 319.7 | | 319.7 | 733 |
| 1 | Erin Newman | F | 42 | USA | NC | Bare | M1-T | 171.5 | 181.9 | 203.9 | -214.9 | 214.9 | 214.9 | 115.7 | 121.3 | 126.8 | 126.8 | 253.5 | 264.6 | 275.6 | | 275.6 | 617.3 |
| 1 | Mona Hope | F | 41 | USA | NC | Bare | O-T | 143.3 | 148.8 | 270.1 | 281.1 | 292.1 | 292.1 | 115.7 | 121.3 | -126.8 | 121.3 | 281.1 | 297.6 | 319.7 | | 319.7 | 733 |
| 1 | Haleigh Batchelor | F | 14 | USA | NC | Wraps | O-T | 134.9 | 148.8 | 181.9 | 226 | 242.5 | 242.5 | 121.3 | 126.8 | 137.8 | 137.8 | 181.9 | 203.9 | -226 | | 203.9 | 584.2 |
| 1 | Haleigh Batchelor | F | 14 | USA | NC | Wraps | T1-X | 134.9 | 148.8 | 181.9 | 226 | 242.5 | 242.5 | 121.3 | 126.8 | 137.8 | 137.8 | 181.9 | 203.9 | -226 | | 203.9 | 584.2 |
| NS | Jourdan Goins | F | 30 | USA | NC | Wraps | N-X | | 198.4 | | | | | | | | | | | | | | N/S |
| 1 | Guy McNeill | M | 23 | USA | NC | Bare | J-T | 169.5 | 181.9 | 407.9 | 429.9 | 446.4 | 446.4 | 253.5 | 275.6 | 297.6 | 297.6 | 463 | 501.5 | 534.6 | | 534.6 | 1278.7 |
| 2 | Devon Mitchell | M | 23 | USA | NC | Bare | J-T | 174.2 | 181.9 | 435.4 | 457.5 | 474 | 474 | 187.4 | 214.9 | -237 | 214.9 | 485 | -523.6 | 540.1 | | 540.1 | 1229.1 |
| 1 | Gary Spencer | M | 47 | USA | NC | Bare | M2-T | 194.4 | 198.4 | 220.5 | 231.5 | 253.5 | 253.5 | 242.5 | 253.5 | -264.6 | 253.5 | -248 | 303.1 | 330.7 | | 330.7 | 837.7 |
| 1 | El-Monstro Martinez | M | 39 | USA | NC | Bare | MPF-U | 294.3 | 308.6 | 374.8 | 413.4 | 463 | 463 | 231.5 | 281.1 | -297.6 | 281.1 | 501.5 | 556.7 | 584.2 | | 584.2 | 1328.3 |
| 1 | El-Monstro Martinez | M | 39 | USA | NC | Bare | N-X | 294.3 | 308.6 | 374.8 | 413.4 | 463 | 463 | 231.5 | 281.1 | -297.6 | 281.1 | 501.5 | 556.7 | 584.2 | | 584.2 | 1328.3 |
| 2 | Michael Lotts | M | 23 | USA | VA | Bare | N-X | 306.7 | 308.6 | 429.9 | 451.9 | 474 | 474 | 242.5 | 264.6 | 286.6 | 286.6 | 451.9 | 507.1 | 529.1 | | 529.1 | 1289.7 |
| NS | Taylor Matthews | M | 35 | USA | NC | Bare | O-T | | | | | | | | | | | | | | | | N/S |
| 1 | Tate Manning | M | 15 | USA | NC | Bare | O-T | 142.6 | 148.8 | 352.7 | -380.3 | 385.8 | 385.8 | 275.6 | 292.1 | -299.8 | 292.1 | 402.3 | 424.4 | -435.4 | | 424.4 | 1102.3 |
| 1 | Jamie Salley | M | 39 | USA | NC | Bare | S-T | 158.3 | 165.3 | 226 | 253.5 | 275.6 | 275.6 | 181.9 | 203.9 | 209.4 | 209.4 | 352.7 | 374.8 | 385.8 | | 385.8 | 870.8 |
| 1 | El-Monstro Martinez | M | 39 | USA | NC | Bare | S-U | 294.3 | 308.6 | 374.8 | 413.4 | 463 | 463 | 231.5 | 281.1 | -297.6 | 281.1 | 501.5 | 556.7 | 584.2 | | 584.2 | 1328.3 |
| 1 | Tate Manning | M | 15 | USA | NC | Bare | T1-X | 142.6 | 148.8 | 352.7 | -380.3 | 385.8 | 385.8 | 275.6 | 292.1 | -299.8 | 292.1 | 402.3 | 424.4 | -435.4 | | 424.4 | 1102.3 |
| 1 | Natanael Borrero | M | 14 | USA | NC | Bare | T1-X | 160.7 | 165.3 | 292.1 | 308.6 | 314.2 | 314.2 | 143.3 | 165.3 | 176.4 | 176.4 | 336.2 | 358.2 | 369.3 | | 369.3 | 859.8 |
| 1 | Dustin Spencer | M | 15 | USA | NC | Bare | T1-X | 197.1 | 198.4 | 363.8 | -396.8 | -396.8 | 363.8 | 198.4 | 220.5 | 237 | 237 | 435.4 | 457.5 | 468.5 | | 468.5 | 1069.2 |
| 2 | Jake Simmons | M | 15 | USA | NC | Bare | T1-X | 192.5 | 198.4 | 319.7 | 347.2 | -385.8 | 347.2 | 226 | -248 | -248 | 226 | 407.9 | 451.9 | -463 | | 451.9 | 1025.1 |
| 1 | Landon Casstevens | M | 18 | USA | NC | Bare | T3-X | 178.4 | 181.9 | 347.2 | 363.8 | -385.8 | 363.8 | 214.9 | 226 | -237 | 226 | 380.3 | 418.9 | 440.9 | | 440.9 | 1030.7 |
| 2 | Colton Fitch | M | 19 | USA | NC | Bare | T3-X | 175.7 | 181.9 | 297.6 | 341.7 | 352.7 | 352.7 | 165.3 | -181.9 | 181.9 | 181.9 | 347.2 | 396.8 | -429.9 | | 396.8 | 931.4 |
| 1 | Francisco Hernandez Martinez | M | 19 | USA | NC | Bare | T3-X | 197.3 | 198.4 | -474 | 474 | 501.5 | 501.5 | 275.6 | 292.1 | -303.1 | 292.1 | 496 | 540.1 | 568.8 | | 568.8 | 1362.4 |
| 1 | Jonathan Batchelor | M | 39 | USA | NC | Wraps | MPF-U | 274.7 | 275.6 | 606.3 | 650.4 | -683.4 | 650.4 | -424.4 | 440.9 | -474 | 440.9 | 573.2 | 606.3 | 622.8 | | 622.8 | 1714.1 |
| NS | Anthony Smith | M | 35 | USA | NC | Wraps | O-U | | | | | | | | | | | | | | | | N/S |
| 1 | Jonathan Batchelor | M | 39 | USA | NC | Wraps | O-U | 274.7 | 275.6 | 606.3 | 650.4 | -683.4 | 650.4 | -424.4 | 440.9 | -474 | 440.9 | 573.2 | 606.3 | 622.8 | | 622.8 | 1714.1 |
| NS | Anthony Smith | M | 35 | USA | NC | Wraps | S-U | | | | | | | | | | | | | | | | N/S |
| 1 | Jonathan Batchelor | M | 39 | USA | NC | Wraps | S-U | 274.7 | 275.6 | 606.3 | 650.4 | -683.4 | 650.4 | -424.4 | 440.9 | -474 | 440.9 | 573.2 | 606.3 | 622.8 | | 622.8 | 1714.1 |
| 1 | Todd J King | M | 58 | USA | NC | Bare | M3-T | 237.7 | 242.5 | | | | | 242.5 | 253.5 | 270.1 | 270.1 | | | | | | 270.1 |
| 1 | Todd J King | M | 58 | USA | NC | Bare | M4-T | 237.7 | 242.5 | | | | | 242.5 | 253.5 | 270.1 | 270.1 | | | | | | 270.1 |
| 1 | Todd J King | M | 58 | USA | NC | Bare | MPF-T | 237.7 | 242.5 | | | | | 242.5 | 253.5 | 270.1 | 270.1 | | | | | | 270.1 |
| 1 | Jacob Diamond | M | 32 | USA | VA | Bare | O-U | 161.6 | 165.3 | | | | | -275.6 | -281.1 | 281.1 | 281.1 | | | | | | 281.1 |
| 1 | C Scott Jackson | M | 32 | USA | NC | Bare | O-U | 176.6 | 181.9 | | | | | -363.8 | 374.8 | 380.3 | 380.3 | | | | | | 380.3 |
| 1 | Jonathan Bachelor | M | 39 | USA | NC | Wraps | O-U | 274.7 | 275.6 | | | | | -424.4 | 440.9 | -474 | 440.9 | | | | | | 440.9 |
| 1 | Kris J Manning | M | 50 | USA | NC | Bare | M3-T | 192.7 | 198.4 | | | | | | | | | -352.7 | 374.8 | 402.3 | | 402.3 | 402.3 |
| 1 | Daniel Borrero | M | 50 | USA | NC | Bare | M3-U | 276.9 | 308.6 | | | | | | | | | 556.7 | 595.2 | 622.8 | 628.3 | 622.8 | 622.8 |

Curl Results: Pounds

| Pl | Name | Sex | Age | Nation | State | Equip. | Division | B/Wgt-lb | WgtCl- | Curl1L | Curl2LB | Curl3LB | Best3Cu | Best4Cu | Event | |
|----|----------------|-----|-----|--------|-------|--------|----------|----------|--------|--------|---------|---------|----------|------------|------------|-------|
| | | | | | | | | lb | lb | BS | S | S | Curl4LBS | rILBS | | rILBS |
| 1 | Kris J Manning | M | 50 | USA | NC | Bare | M3-T | 192.6 | 198 | 100 | 120 | 125 | 130 | 125 | 130 | SC |
| 1 | Todd J King | M | 58 | USA | NC | Bare | M3-T | 237.8 | 242 | 85 | 105 | 115 | | 115 | 115 | SC |
| 1 | Todd J King | M | 58 | USA | NC | Bare | M4-T | 237.8 | 242 | 85 | 105 | 115 | | 115 | 115 | SC |
| 1 | Todd J King | M | 58 | USA | NC | Bare | MPF-T | 237.8 | 242 | 85 | 105 | 115 | | 115 | 115 | SC |
| 1 | Jacob Diamond | M | 32 | USA | VA | Bare | O-U | 165 | 165 | 110 | 115 | -120 | | 115 | 115 | SC |

TEAM CHAMPION:

Spencer Powerlifting