

8-Dec-18	Rhinos Day of Reckoning - Kilos Full Power Results																							
Name	Age	Gender	Div	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total		
Melissa Hunt	24	F	Open-RC-	129.7	132	137.5	145	155		155	60	65	-72.5		65	220	135	150	160		160	380		
Carmen Florian	33	F	Open-R-T	144	148	115	117.5	125		125	50	-55	-57.5		50	175	137.5	142.5	150		150	325		
Ellen Hollmann	37	F	Jovice-R-	139.6	148	42.5	45	50		50	27.5	30	-50		30	80	45	52.5	62.5		62.5	142.5		
Dyana Martinez	28	F	Jovice-R-	176.5	181	95	102.5	107.5		107.5	57.5	62.5	65		65	172.5	117.5	125	132.5		132.5	305		
Sabrina Steigelman	34	F	Jovice-R-	198	198	60	65	72.5		72.5	47.5	52.5	55		55	127.5	100	112.5	132.5		132.5	260		
Laura Salazar	29	F	Jovice-R-	241.5	SHW	87.5	95	102.5		102.5	50	55	60		60	162.5	102.5	112.5	137.5		137.5	300		
Kathy Wilson	46	F	asters-RC	118.9	123	65	-67.5	72.5		72.5	40	-45	-45		40	112.5	80	85	-92.5		85	197.5		
Greyson Williams	18	M	Teen-RC-	240.5	242	230	250	272.5		272.5	140	150	-162.5		150	422.5	230	247.5	257.5		257.5	680		
Damien Cross	17	M	Teen-R-X	171.5	181	145	150	157.5		157.5	-92.5	97.5	-102.5		97.5	255	210	220	230		230	485		
Juanito Ruiz	16	M	Teen-R-X	172.4	181	150	162.5	167.5		167.5	95	102.5	107.5		107.5	275	190	197.5	210		210	485		
Terrence McCauley Jr.	15	M	Teen-R-X	220.2	220	102.5	125	-172.5		125	102.5	112.5	-125		102.5	227.5	142.5	160	182.5		182.5	410		
Jon Warrick	31	M	Open-RC-	236.4	242	-272.5	272.5	-287.5		272.5	157.5	165	-175		165	437.5	267.5	282.5	287.5		287.5	725		
Joseph Wayne Hafner	26	M	Open-RC-	196.3	198	175	-185	-185		175	92.5	102.5	-107.5		102.5	277.5	187.5	205	215		215	492.5		
Nelson Rumsey-Open	27	M	Open-R-L	251.1	275	230	240	-247.5		240	175	-182.5	-182.5		175	415	260	280	290		290	705		
Matt Borquez	30	M	M-OF-R-T	187.5	198	217.5	227.5	240		240	167.5	180	185		185	425	227.5	235	-242.5		235	660		
JD Horne	27	M	M-OF-R-T	203.8	220	147.5	155	160		160	112.5	115	120		120	280	175	182.5	190		190	470		
Rashad Gatling-Open	32	M	M-OF-R-T	236.3	242	215	230	237.5		237.5	-145	152.5	-165		152.5	390	215	232.5	240		240	630		
Eric Bakke	27	M	ovice-RC	258.8	275	152.5	165	185		185	97.5	-105	110		110	295	172.5	190	202.5		202.5	497.5		
Michael DeWitt	25	M	ovice-RC	308.3	308	227.5	237.5	250		250	170	180			180	430	260	277.5	285		285	715		
Robert Hollmann	39	M	Jovice-R-	181.1	181	92.5	97.5	102.5		102.5	62.5	67.5	75		67.5	170	102.5	112.5	142.5		142.5	312.5		
William Rinnix	36	M	Jovice-R-	290.2	308	207.5	227.5	240		240	175	202.5	210		210	450	275	290	302.5		302.5	752.5		
Reco Washington	38	M	MPF-RC-	257.6	275	227.5	237.5	-250		237.5	-145	152.5	-167.5		152.5	390	227.5	240	250		250	640		
Rashad Gatling-MPF	32	M	MPF-R-X	236.3	242	215	230	237.5		237.5	145	152.5	-165		152.5	390	215	232.5	240		240	630		
Nelson Rumsey-MPF	27	M	MPF-R-X	251.1	275	230	240	-247.5		240	175	-182.5	-182.5		175	415	260	280	290		290	705		
Johnny Horne	41	M	asters-RC	196.6	198	175	182.5	190		190	115	120	125		125	315	175	182.5	190		190	505		

8-Dec-18	Rhinos Day of Reckoning - Pounds Full Power Results																								
Name	Age	Gender	Div	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total			
Melissa Hunt	24	F	Open-RC-	129.7	132	303.13	319.67	341.71	0	341.71	132.28	143.3	-159.83	0	143.3	485.01	297.62	330.69	352.74	0	352.74	837.748			
Carmen Florian	33	F	Open-R-T	144	148	253.53	259.04	275.58	0	275.58	110.23	-121.25	-126.76	0	110.23	385.81	303.13	314.16	330.69	0	330.69	716.495			
Ellen Hollmann	37	F	Jovice-R-	139.6	148	93.696	99.207	110.23	0	110.23	60.627	66.138	-110.23	0	66.138	176.37	99.207	115.74	137.79	0	137.79	314.1555			
Dyana Martinez	28	F	Jovice-R-	176.5	181	209.44	225.97	236.99	0	236.99	126.76	137.79	143.3	0	143.3	380.29	259.04	275.58	292.11	0	292.11	672.403			
Sabrina Steigelman	34	F	Jovice-R-	198	198	132.28	143.3	159.83	0	159.83	104.72	115.74	121.25	0	121.25	281.09	220.46	248.02	292.11	0	292.11	573.196			
Laura Salazar	29	F	Jovice-R-	241.5	SHW	192.9	209.44	225.97	0	225.97	110.23	121.25	132.28	0	132.28	358.25	225.97	248.02	303.13	0	303.13	661.38			
Kathy Wilson	46	F	asters-RC	118.9	123	143.3	-148.81	159.83	0	159.83	88.184	-99.207	-99.207	0	88.184	248.02	176.37	187.39	-203.93	0	187.39	435.4085			
Greyson Williams	18	M	Teen-RC-	240.5	242	507.06	551.15	600.75	0	600.75	308.64	330.69	-358.25	0	330.69	931.44	507.06	545.64	567.68	0	567.68	1499.128			
Damien Cross	17	M	Teen-R-X	171.5	181	319.67	330.69	347.22	0	347.22	-203.93	214.95	-225.97	0	214.95	562.17	462.97	485.01	507.06	0	507.06	1069.231			
Juanito Ruiz	16	M	Teen-R-X	172.4	181	330.69	358.25	369.27	0	369.27	209.44	225.97	236.99	0	236.99	606.27	418.87	435.41	462.97	0	462.97	1069.231			
Terrence McCauley Jr.	15	M	Teen-R-X	220.2	220	225.97	275.58	-380.29	0	275.58	225.97	248.02	-275.58	0	225.97	501.55	314.16	352.74	402.34	0	402.34	903.886			
Jon Warrick	31	M	Open-RC-	236.4	242	-600.75	600.75	-633.82	0	600.75	347.22	363.76	-385.81	0	363.76	964.51	589.73	622.8	633.82	0	633.82	1598.335			
Joseph Wayne Hafner	26	M	Open-RC-	196.3	198	385.81	-407.85	-407.85	0	385.81	203.93	225.97	-236.99	0	225.97	611.78	413.36	451.94	473.99	0	473.99	1085.7655			
Nelson Rumsey-Open	27	M	Open-R-L	251.1	275	507.06	529.1	-545.64	0	529.1	385.81	-402.34	-402.34	0	385.81	914.91	573.2	617.29	639.33	0	639.33	1554.243			
Matt Borquez	30	M	M-OF-R-T	187.5	198	479.5	501.55	529.1	0	529.1	369.27	396.83	407.85	0	407.85	936.96	501.55	518.08	-534.62	0	518.08	1455.036			
JD Horne	27	M	M-OF-R-T	203.8	220	325.18	341.71	352.74	0	352.74	248.02	253.53	264.55	0	264.55	617.29	385.81	402.34	418.87	0	418.87	1036.162			
Rashad Gatling-Open	32	M	M-OF-R-T	236.3	242	473.99	507.06	523.59	0	523.59	-319.67	336.2	-363.76	0	336.2	859.79	473.99	512.57	529.1	0	529.1	1388.898			
Eric Bakke	27	M	ovice-RC	258.8	275	336.2	363.76	407.85	0	407.85	214.95	-231.48	242.51	0	242.51	650.36	380.29	418.87	446.43	0	446.43	1096.7885			
Michael DeWitt	25	M	ovice-RC	308.3	308	501.55	523.59	551.15	0	551.15	374.78	396.83	0	0	396.83	947.98	573.2	611.78	628.31	0	628.31	1576.289			
Robert Hollmann	39	M	Jovice-R-	181.1	181	203.93	214.95	225.97	0	225.97	137.79	148.81	165.35	0	148.81	374.78	225.97	248.02	314.16	0	314.16	688.9375			
William Rinnix	36	M	Jovice-R-	290.2	308	457.45	501.55	529.1	0	529.1	385.81	446.43	462.97	0	462.97	992.07	606.27	639.33	666.89	0	666.89	1658.9615			
Reco Washington	38	M	MPF-RC-	257.6	275	501.55	523.59	-551.15	0	523.59	-319.67	336.2	-369.27	0	336.2	859.79	501.55	529.1	551.15	0	551.15	1410.944			
Rashad Gatling-MPF	32	M	MPF-R-X	236.3	242	473.99	507.06	523.59	0	523.59	319.67	336.2	-363.76	0	336.2	859.79	473.99	512.57	529.1	0	529.1	1388.898			
Nelson Rumsey-MPF	27	M	MPF-R-X	251.1	275	507.06	529.1	-545.64	0	529.1	385.81	-402.34	-402.34	0	385.81	914.91	573.2	617.29	639.33	0	639.33	1554.243			
Johnny Horne	41	M	asters-RC	196.6	198	385.81	402.34	418.87	0	418.87	253.53	264.55	275.58	0	275.58	694.45	385.81	402.34	418.87	0	418.87	1113.323			

