

2024 Fuel Fitness Iron Clash Fuel Fitness, Winston Salem, NC
 '2024-06-29

Results: Kilos

Pl	Name	Sex	Age	Country	State	Equip.	Div.	BW_Kg	WgtCl_Kg	Squat1_Kg	Squat2_Kg	Squat3_Kg	Best3Sq_uatKg	Bench1_Kg	Bench2_Kg	Bench3_Kg	Bench4_Kg	Best3Be_nchKg	Deadlift_1Kg	Deadlift_2Kg	Deadlift_3Kg	Deadlift_4Kg	Best3Dea_dliftKg	TotalKg
1	Emily Lilly	F	45	USA	NC	Bare	M2-T	75.7	82.5	167.5	175	182.5	182.5	-107.5	107.5	-112.5		107.5	167.5	175	-182.5		175	465
1	Emily Lilly	F	45	USA	NC	Bare	MPF-T	75.7	82.5	167.5	175	182.5	182.5	-107.5	107.5	-112.5		107.5	167.5	175	-182.5		175	465
1	Cody Lynn Powell	F	26	USA	NC	Bare	O-T	74.9	75	127.5	135	140	140	72.5	75	77.5		77.5	147.5	-157.5	-157.5		147.5	365
2	Jocelyn Lilly	F	15	USA	WV	Bare	O-T	68.6	75	82.5	90	-95	90	35	37.5	40		40	92.5	97.5	102.5		102.5	232.5
1	Emily Lilly	F	45	USA	NC	Bare	O-T	75.7	82.5	167.5	175	182.5	182.5	-107.5	107.5	-112.5		107.5	167.5	175	-182.5		175	465
1	Morgan Long	F	30	USA	NC	Bare	O-U	69.4	75	85	125	157.5	157.5	105	110	112.5	115	112.5	102.5	142.5	182.5	-193	182.5	452.5
1	Jocelyn Lilly	F	15	USA	WV	Bare	T1-X	68.6	75	82.5	90	-95	90	35	37.5	40		40	92.5	97.5	102.5		102.5	232.5
1	Linsey Eudy	F	38	USA	NC	Bare	O-U	88.5	90					107.5	117.5	125	-136.5	125						125
1	Linsey Eudy	F	38	USA	NC	Bare	S-U	88.5	90					107.5	117.5	125	-136.5	125						125
1	Clay Young	M	22	USA	NC	Bare	J-T	98.6	100	-220	220		220	147.5	162.5	170		170	210	230	-245		230	620
1	Austin Handy	M	22	USA	NC	Bare	J-U	99.5	100	220	225	235	235	160	167.5	175		175	262.5	275	-290		275	685
1	Jamie Salley	M	40	USA	NC	Bare	M1-T	74	75	135	152.5	157.5	157.5	102.5	107.5	-112.5		107.5	172.5	182.5	-190		182.5	447.5
1	Kent Wall	M	42	USA	NC	Bare	M1-T	119.8	125	150	175	202.5	202.5	167.5	-177.5			167.5	272.5	295	-300	0	295	665
2	Edmundo Thiery	M	42	USA	NC	Bare	M1-T	123.2	125	190	215	225	225	117.5	127.5	135		135	215	232.5	-240		232.5	592.5
1	Gary Spencer	M	47	USA	NC	Bare	M2-T	90	90	160	175	-187.5	175	120	127.5	-132.5		127.5	195	207.5	212.5		212.5	515
1	Jeffrey Spencer	M	29	USA	NC	Bare	N-X	85.82	90	185	192.5	200	200	127.5	132.5	137.5		137.5	220	230	235		235	572.5
1	Jackson Lilly	M	14	USA	WV	Bare	O-T	73.5	75	-155	155	167.5	167.5	82.5	90	95		95	150	160	165	170	165	427.5
1	Gavin Anglin	M	25	USA	NC	Bare	O-T	89.3	90	222.5	232.5	245	245	160	167.5	177.5		177.5	225	240	-245		240	662.5
NS	Landon Hunt	M	32	USA	NC	Bare	O-T	90	90															
NS	Dylan Hunter	M	22	USA	NC	Bare	O-T	110	110															
1	Kerry Hutchins	M	32	USA	NC	Bare	O-U	89	90	250	262.5	-272.5	262.5	192.5	-215	215		215	247.5	265			265	742.5
2	Dalton Steed	M	24	USA	NC	Bare	O-U	88.8	90	225	245	-255	245	165	177.5	185		185	265	290	-302.5		290	720
NS	Larry Beamon	M	34	USA	NC	Bare	O-U	90	90															
1	Rodely Lamour	M	32	USA	NC	Bare	O-U	98.7	100	212.5	227.5	245	245	127.5	137.5	145		145	237.5	250	267.5		267.5	657.5
NS	James Harris	M	26	USA	NC	Bare	O-U	100	100															
1	John Miller	M	39	USA	VA	Bare	S-T	123.8	125	137.5	160	182.5	182.5	97.5	115	-120		115	180	-205	227.5		227.5	525
1	Ross Roberts	M	39	USA	NC	Bare	S-U	88.36	90	125	135	142.5	142.5	125	135	-147.5		135	207.5	222.5			222.5	500
1	Jackson Lilly	M	14	USA	WV	Bare	T1-X	73.5	75	-155	155	167.5	167.5	82.5	90	95		95	150	160	165	170	165	427.5
2	Hayden Salley	M	14	USA	NC	Bare	T1-X	73.9	75	102.5	107.5	112.5	112.5	65	-72.5	-72.5		65	125	135	142.5		142.5	320
1	Natanael Borrero	M	14	USA	NC	Bare	T1-X	77.9	82.5	140	145	150	150	80	87.5	95		95	157.5	167.5	172.5		172.5	417.5
1	Caleb Heaton	M	14	USA	NC	Bare	T1-X	89.9	90	155	165	182.5	182.5	110	117.5	-122.5		117.5	162.5	185	200		200	500
1	Joshua Zegarra	M	14	USA	NC	Bare	T1-X	105.5	110	105	110	120	120	70	77.5	-92.5		77.5	127.5	132.5	145		145	342.5
1	Mikie Kuhn	M	16	USA	NC	Bare	T2-X	59.3	60	80	85	90	90	67.5	-72.5	-72.5		67.5	120	125			125	282.5
1	Ethan Huebel	M	17	USA	NC	Bare	T2-X	70.9	75	157.5	170	180	180	87.5	-92.5	-92.5		87.5	210	-222.5	-222.5		210	477.5
2	Ethan Richardson	M	17	USA	NC	Bare	T2-X	72	75	132.5	140	145	145	80	87.5	-95		87.5	152.5	-167.5	167.5		167.5	400
1	Dustin Spencer	M	16	USA	NC	Bare	T2-X	92.4	100	182.5	-195	195	195	110	115	120		120	220	230	232.5		232.5	547.5
1	Tyler Griffin	M	19	USA	NC	Bare	T3-X	136.3	140	220	237.5	247.5	247.5	140	150	160		160	212.5	222.5	235		235	642.5
1	Michael Gabriel	M	34	NC	NC	Wraps	MPF-T	116.9	125	225	235	240	240	165	170	172.5		172.5	227.5	240	250		250	662.5
1	Michael Dewitt	M	31	USA	NC	Wraps	O-T	188.2	140+	255	265	277.5	277.5	215	222.5	230		230	262.5	275	-292.5		275	782.5
1	Travis Salmons	M	28	USA	WV	Wraps	O-U	143.3	140+	272.5	295	310	310	200	220	-227.5		220	272.5	295	310		310	840
1	Robert Heaton	M	48	USA	NC	Bare	M2-T	96.97	100					155	165	172.5		172.5	185	200	207.5		207.5	380
1	Robert Cummings	M	42	USA	NC	Bare	M1-T	95.2	100					117.5	130			130						130
NS	David Bundy	M	41	USA	NC	Bare	M1-U	100	100															
1	Donald Carter	M	71	USA	WV	Bare	M7-U	116.2	125					147.5	170	182.5		182.5						182.5
1	Sean Hildreth	M	38	USA	NC	Bare	N-X	121.8	125					182.5	187.5	-190		187.5						187.5
1	Kerry Hutchins	M	32	USA	NC	Bare	O-U	89	90					192.5	-215	215		215						215
1	Sean Hildreth	M	38	USA	NC	Bare	O-U	121.8	125					182.5	187.5	-190		187.5						187.5
1	Robert Strother	M	29	USA	NC	Bare	O-U	153.2	140+					280	300.5			300.5						300.5
1	Sean Hildreth	M	38	USA	NC	Bare	S-U	121.8	125					182.5	187.5	-190		187.5						187.5
1	Robert Cummings	M	42	USA	NC	Multi-pl	M1-T	95.2	100					140	145			145						145
1	Daniel Borrero	M	50	USA	NC	Bare	M3-U	129.2	140										260	280	287.5	290	287.5	287.5

Results: Pounds

Pl	Name	Sex	Age	Country	State	Equip	Div.	BW_L b	WgtCl_ Lb	Squat1 Lb	Squat2 Lb	Squat3 Lb	Best3Sq uatLb	Bench1 Lb	Bench2 Lb	Bench3 Lb	Bench4 Lb	Best3Be nchLb	Deadlift 1Lb	Deadlift 2Lb	Deadlift 3Lb	Deadlift 4Lb	Best3Dea dliftLb	TotalLb
1	Emily Lilly	F	45	USA	NC	Bare	M2-T	166.9	181.8	369.27	385.81	402.34	402.34	-236.99	236.99	-248.02	0.00	236.99	369.27	385.81	-402.34	0.00	385.81	1025.14
1	Emily Lilly	F	45	USA	NC	Bare	MPF-T	166.9	181.8	369.27	385.81	402.34	402.34	-236.99	236.99	-248.02	0.00	236.99	369.27	385.81	-402.34	0.00	385.81	1025.14
1	Cody Lynn Powell	F	26	USA	NC	Bare	O-T	165.1	165.3	281.09	297.62	308.64	308.64	159.83	165.35	170.86	0.00	170.86	325.18	-347.22	-347.22	0.00	325.18	804.68
2	Jocelyn Lilly	F	15	USA	WV	Bare	O-T	151.2	165.3	181.88	198.41	-209.44	198.41	77.16	82.67	88.18	0.00	88.18	203.93	214.95	225.97	0.00	225.97	512.57
1	Emily Lilly	F	45	USA	NC	Bare	O-T	166.9	181.8	369.27	385.81	402.34	402.34	-236.99	236.99	-248.02	0.00	236.99	369.27	385.81	-402.34	0.00	385.81	1025.14
1	Morgan Long	F	30	USA	NC	Bare	O-U	153.0	165.3	187.39	275.58	347.22	347.22	231.48	242.51	248.02	253.53	248.02	225.97	314.16	402.34	-425.49	402.34	997.58
1	Jocelyn Lilly	F	15	USA	WV	Bare	T1-X	151.2	165.3	181.88	198.41	-209.44	198.41	77.16	82.67	88.18	0.00	88.18	203.93	214.95	225.97	0.00	225.97	512.57
1	Linsey Eudy	F	38	USA	NC	Bare	O-U	195.1	198.4	0.00	0.00	0.00	0.00	236.99	259.04	275.58	####	275.58	0.00	0.00	0.00	0.00	0.00	275.58
1	Linsey Eudy	F	38	USA	NC	Bare	S-U	195.1	198.4	0.00	0.00	0.00	0.00	236.99	259.04	275.58	####	275.58	0.00	0.00	0.00	0.00	0.00	275.58
1	Clay Young	M	22	USA	NC	Bare	J-T	217.4	220.4	-485.01	485.01	0.00	485.01	325.18	358.25	374.78	0.00	374.78	462.97	507.06	-540.13	0.00	507.06	1366.85
1	Austin Handy	M	22	USA	NC	Bare	J-U	219.4	220.4	485.01	496.04	518.08	518.08	352.74	369.27	385.81	0.00	385.81	578.71	606.27	-639.33	0.00	606.27	1510.15
1	Jamie Salley	M	40	USA	NC	Bare	M1-T	163.1	165.3	297.62	336.20	347.22	347.22	225.97	236.99	-248.02	0.00	236.99	380.29	402.34	-418.87	0.00	402.34	986.56
1	Kent Wall	M	42	USA	NC	Bare	M1-T	264.0	275.5	330.69	385.81	446.43	446.43	369.27	-391.32	0.00	0.00	369.27	600.75	650.36	-661.38	0.00	650.36	1466.06
2	Edmundo Thiery	M	42	USA	NC	Bare	M1-T	271.6	275.5	418.87	473.99	496.04	496.04	259.04	281.09	297.62	0.00	297.62	473.99	512.57	-529.10	0.00	512.57	1306.23
1	Gary Spencer	M	47	USA	NC	Bare	M2-T	198.4	198.4	352.74	385.81	-413.36	385.81	264.55	281.09	-292.11	0.00	281.09	429.90	457.45	468.48	0.00	468.48	1135.37
1	Jeffrey Spencer	M	29	USA	NC	Bare	N-X	189.2	198.4	407.85	424.39	440.92	440.92	281.09	292.11	303.13	0.00	303.13	485.01	507.06	518.08	0.00	518.08	1262.13
1	Jackson Lilly	M	14	USA	WV	Bare	O-T	162.0	165.3	-341.71	341.71	369.27	369.27	181.88	198.41	209.44	0.00	209.44	330.69	352.74	363.76	374.78	363.76	942.47
1	Gavin Anglin	M	25	USA	NC	Bare	O-T	196.9	198.4	490.52	512.57	540.13	540.13	352.74	369.27	391.32	0.00	391.32	496.04	529.10	-540.13	0.00	529.10	1460.55
NS	Landon Hunt	M	32	USA	NC	Bare	O-T	198.4	198.4	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
NS	Dylan Hunter	M	22	USA	NC	Bare	O-T	242.5	242.5	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
1	Kerry Hutchins	M	32	USA	NC	Bare	O-U	196.2	198.4	551.15	578.71	-600.75	578.71	424.39	-473.99	473.99	0.00	473.99	545.64	584.22	0.00	0.00	584.22	1636.92
2	Dalton Steed	M	24	USA	NC	Bare	O-U	195.8	198.4	496.04	540.13	-562.17	540.13	363.76	391.32	407.85	0.00	407.85	584.22	639.33	-666.89	0.00	639.33	1587.31
NS	Larry Beamon	M	34	USA	NC	Bare	O-U	198.4	198.4	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
1	Rodely Lamour	M	32	USA	NC	Bare	O-U	217.6	220.4	468.48	501.55	540.13	540.13	281.09	303.13	319.67	0.00	319.67	523.59	551.15	589.73	0.00	589.73	1449.52
NS	James Harris	M	26	USA	NC	Bare	O-U	220.5	220.4	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
1	John Miller	M	39	USA	VA	Bare	S-T	273.0	275.5	303.13	352.74	402.34	402.34	214.95	253.53	-264.55	0.00	253.53	396.83	-451.94	501.55	0.00	501.55	1157.42
1	Ross Roberts	M	39	USA	NC	Bare	S-U	194.8	198.4	275.58	297.62	314.16	314.16	275.58	297.62	-325.18	0.00	297.62	457.45	490.52	0.00	0.00	490.52	1102.30
1	Jackson Lilly	M	14	USA	WV	Bare	T1-X	162.0	165.3	-341.71	341.71	369.27	369.27	181.88	198.41	209.44	0.00	209.44	330.69	352.74	363.76	374.78	363.76	942.47
2	Hayden Salley	M	14	USA	NC	Bare	T1-X	162.9	165.3	225.97	236.99	248.02	248.02	143.30	-159.83	-159.83	0.00	143.30	275.58	297.62	314.16	0.00	314.16	705.47
1	Natanael Borrero	M	14	USA	NC	Bare	T1-X	171.7	181.8	308.64	319.67	330.69	330.69	176.37	192.90	209.44	0.00	209.44	347.22	369.27	380.29	0.00	380.29	920.42
1	Caleb Heaton	M	14	USA	NC	Bare	T1-X	198.2	198.4	341.71	363.76	402.34	402.34	242.51	259.04	-270.06	0.00	259.04	358.25	407.85	440.92	0.00	440.92	1102.30
1	Joshua Zegarra	M	14	USA	NC	Bare	T1-X	232.6	242.5	231.48	242.51	264.55	264.55	154.32	170.86	-203.93	0.00	170.86	281.09	292.11	319.67	0.00	319.67	755.08
1	Mikie Kuhn	M	16	USA	NC	Bare	T2-X	130.7	132.2	176.37	187.39	198.41	198.41	148.81	-159.83	-159.83	0.00	148.81	264.55	275.58	0.00	0.00	275.58	622.80
1	Ethan Huebel	M	17	USA	NC	Bare	T2-X	156.3	165.3	347.22	374.78	396.83	396.83	192.90	-203.93	-203.93	0.00	192.90	462.97	-490.52	-490.52	0.00	462.97	1052.70
2	Ethan Richardson	M	17	USA	NC	Bare	T2-X	158.7	165.3	292.11	308.64	319.67	319.67	176.37	192.90	-209.44	0.00	192.90	336.20	-369.27	369.27	0.00	369.27	881.84
1	Dustin Spencer	M	16	USA	NC	Bare	T2-X	203.7	220.4	402.34	####	429.90	429.90	242.51	253.53	264.55	0.00	264.55	485.01	507.06	512.57	0.00	512.57	1207.02
1	Tyler Griffin	M	19	USA	NC	Bare	T3-X	300.5	308.6	485.01	523.59	545.64	545.64	308.64	330.69	352.74	0.00	352.74	468.48	490.52	518.08	0.00	518.08	1416.46
1	Michael Gabriel	M	34	NC	NC	Wraps	MPF-T	257.7	275.5	496.04	518.08	529.10	529.10	363.76	374.78	380.29	0.00	380.29	501.55	529.10	551.15	0.00	551.15	1460.55
1	Michael Dewitt	M	31	USA	NC	Wraps	O-T	414.9	SHW	562.17	584.22	611.78	611.78	473.99	490.52	507.06	0.00	507.06	578.71	606.27	-644.85	0.00	606.27	1725.10
1	Travis Salmons	M	28	USA	WV	Wraps	O-U	316.0	SHW	600.75	650.36	683.43	683.43	440.92	485.01	-501.55	0.00	485.01	600.75	650.36	683.43	0.00	683.43	1851.86
1	Robert Heaton	M	48	USA	NC	Bare	M2-T	213.8	220.4	0.00	0.00	0.00	0.00	341.71	363.76	380.29	0.00	380.29	407.85	440.92	457.45	0.00	457.45	837.75
1	Robert Cummings	M	42	USA	NC	Bare	M1-T	209.9	220.4	0.00	0.00	0.00	0.00	259.04	286.60	0.00	0.00	286.60	0.00	0.00	0.00	0.00	0.00	286.60
NS	David Bundy	M	41	USA	NC	Bare	M1-U	220.5	220.4	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
1	Donald Carter	M	71	USA	WV	Bare	M7-U	256.2	275.5	0.00	0.00	0.00	0.00	325.18	374.78	402.34	0.00	402.34	0.00	0.00	0.00	0.00	0.00	402.34
1	Sean Hildreth	M	38	USA	NC	Bare	N-X	268.6	275.5	0.00	0.00	0.00	0.00	402.34	413.36	-418.87	0.00	413.36	0.00	0.00	0.00	0.00	0.00	413.36
1	Kerry Hutchins	M	32	USA	NC	Bare	O-U	196.2	198.4	0.00	0.00	0.00	0.00	424.39	-473.99	473.99	0.00	473.99	0.00	0.00	0.00	0.00	0.00	473.99
1	Sean Hildreth	M	38	USA	NC	Bare	O-U	268.6	275.5	0.00	0.00	0.00	0.00	402.34	413.36	-418.87	0.00	413.36	0.00	0.00	0.00	0.00	0.00	413.36
1	Robert Strother	M	29	USA	NC	Bare	O-U	337.8	SHW	0.00	0.00	0.00	0.00	617.29	662.48	0.00	0.00	662.48	0.00	0.00	0.00	0.00	0.00	662.48
1	Sean Hildreth	M	38	USA	NC	Bare	S-U	268.6	275.5	0.00	0.00	0.00	0.00	402.34	413.36	-418.87	0.00	413.36	0.00	0.00	0.00	0.00	0.00	413.36
1	Robert Cummings	M	42	USA	NC	Multi-p	M1-T	209.9	220.4	0.00	0.00	0.00	0.00	308.64	319.67	0.00	0.00	319.67	0.00	0.00	0.00	0.00	0.00	319.67
1	Daniel Borrero	M	50	USA	NC	Bare	M3-U	284.8	308.6	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	573.20	617.29	633.82	639.33	633.82	633.82

Curl Results: Pounds

PI	Name	Sex	Age	Country	State	Equip	Div.	BW_L b	WgtCl_ Lb	Cur11L b	Cur12L b	Cur13Lb	Cur14lb	BestCu rLb
1	Josef Morrow Sr.	M	41	USA	MS	Bare	O-T	131	132.2	115.5	132.5	140		140
1	Josef Morrow Sr.	M	41	USA	MS	Bare	M1-T	131	132.2	115.5	132.5	140		140
1	Robert Cummings	M	42	USA	NC	Bare	M1-T	209.9	220.4	100	125.5	130		130
1	Robert Heaton	M	48	USA	NC	Bare	M2-T	213.8	220.4	100	110	120	135	135
1	Kent Wall	M	42	USA	NC	Bare	M1-T	264	275.5	120	140	152.5		152.5
1	Chad Clark	M	51	USA	VA	Bare	M3-T	287.6	308.6	115	130	140	-145	140

Team Champion: Spencer Powerlifting