

Deep South Show of Strength

Anderson-Cohen Weightlifting Center, Savannah, GA

11/15/2025

Results: Kilos

Pl	Name	Sex	Age	Country	State	Equip	Division	Bodywgt_K g	WgtClass_ Kg	Squat1K g	Squat2K g	Squat3K g	Best3Squ atKg	Bench1 Kg	Bench2K g	Bench3 Kg	Best3Benc hKg	Deadlift 1Kg	Deadlift2 Kg	Deadlift3 Kg	Best3Dead liftKg	TotalKg
1	Deborah Cohen	F	68	USA	FL	Wraps	M6-T	65.8	67.5	82.5	87.5	95	95	55	60	-62.5	60	117.5	125	130	130	285
1	Pam Haverland	F	63	USA	GA	Bare	M5-T	74	75					40	42.5	-45	42.5	92.5	-100	-100	92.5	135
DQ	Tiffany Faulkner	F	41	USA	GA	Bare	M1-T	58.5	60													DQ
1	Cindy Davis	F	76	USA	GA	Bare	M8-T	59.2	60					30	32.5	-35	32.5	62.5	70	72.5	72.5	105
1	Kathleen Munsey	F	62	USA	GA	Wraps	M5-T	67.2	67.5					42.5	47.5	-50	47.5	92.5	100	105	105	152.5
1	Dale Yawn	M	22	USA	GA	Bare	J-U	95.4	100	180	197.5	202.5	202.5	120	132.5	137.5	137.5	220	227.5	232.5	232.5	572.5
1	Charles Phillips	M	55	USA	NC	Bare	M4-T	81.3	82.5	142.5	147.5	-150	147.5	100	105	-112.5	105	150	162.5	-167.5	162.5	415
1	Michael Edwards	M	53	USA	GA	Unlimited	M3-U	97.1	100	310	-335	335	335	212.5	230	-242.5	230	275	297.5	317.5	317.5	882.5
1	Demetrius Chapin	M	35	USA	GA	Bare	N-X	99.4	100					65	70	-72.5	70	110	120	130	130	200
1	Demetrius Chapin	M	35	USA	GA	Bare	SO-T	99.4	100					65	70	-72.5	70	110	120	130	130	200
DQ	Charles Ries	M	32	USA	GA	Bare	SO-T	142	140+													DQ
DQ	John Gaglione	M	38	USA	NY	Bare	SM-U	124	125													DQ

Results: Pounds

Pl	Name	Sex	Age	Country	State	Equip	Division	Bodywgt_L b	WgtClass_ Lb	Squat1L b	Squat2L b	Squat3L b	Best3Squ atLb	Bench1L b	Bench2L b	Bench3L b	Best3Benc hLb	Deadlift 1Lb	Deadlift2 Lb	Deadlift3 Lb	Best3Dead liftLb	TotalLb
1	Deborah Cohen	F	68	USA	FL	Wraps	M6-T	145.1	148.8	181.9	192.9	209.4	209.4	121.2	132.3	-137.8	132.3	259	275.5	286.6	286.6	628.3
1	Pam Haverland	F	63	USA	GA	Bare	M5-T	163.1	165.3					88.2	93.7	-99.2	93.7	203.9	-220.5	-220.5	203.9	297.6
DQ	Tiffany Faulkner	F	41	USA	GA	Bare	M1-T	129	132.2													DQ
1	Cindy Davis	F	76	USA	GA	Bare	M8-T	130.5	132.2					66.1	71.6	-77.2	71.6	137.8	154.3	159.8	159.8	231.5
1	Kathleen Munsey	F	62	USA	GA	Wraps	M5-T	148.1	148.8					93.7	104.7	-110.3	104.7	203.9	220.5	231.5	231.5	336.2
1	Dale Yawn	M	22	USA	GA	Bare	J-U	210.3	220.4	396.8	435.4	446.4	446.4	264.5	292.1	303.1	303.1	485	501.5	512.6	512.6	1262.1
1	Charles Phillips	M	55	USA	NC	Bare	M4-T	179.2	181.8	314.1	325.2	-330.7	325.2	220.5	231.5	-248	231.5	330.7	358.2	-369.3	358.2	914.9
1	Michael Edwards	M	53	USA	GA	Unlimited	M3-U	214.1	220.4	683.4	-738.5	738.5	738.5	468.5	507	-534.6	507	606.3	655.9	699.9	699.9	1945.5
1	Demetrius Chapin	M	35	USA	GA	Bare	N-X	219.1	220.4					143.3	154.3	-159.8	154.3	242.5	264.5	286.6	286.6	440.1
1	Demetrius Chapin	M	35	USA	GA	Bare	SO-T	219.1	220.4					143.3	154.3	-159.8	154.3	242.5	264.5	286.6	286.6	440.1
DQ	Charles Ries	M	32	USA	GA	Bare	SO-T	313	308.7+													DQ
DQ	John Gaglione	M	38	USA	NY	Bare	SM-U	273.4	275.5													DQ

Team Champion: Team Savannah