

American Cup

24-Aug-24

DNA Strength, Atlanta, GA

Results: Kilos

PL	Name	Sex	Age	Nation	State	Equip	Division	Bodyw gtKg	WgtClass Kg	Squat1 Kg	Squat2 Kg	Squat3 Kg	Best3Squ atKg	Bench1 Kg	Bench2 Kg	Bench3 Kg	Bench4 Kg	Best3Ben chKg	Deadlift 1Kg	Deadlift 2Kg	Deadlift 3Kg	Best3Dead liftKg	TotalKg	Event	
1	Thomas Boswinkle	M	23	USA	GA	Raw	O-U	83.1	90	250	262.5	275	275	167.5	175	-180		175	270	290	295	295	745	SBD	
1	William Moreland	M	20	USA	GA	Raw	J-U	86.36	90	250	260	270	270	152.5	160	-167.5		160	270	287.5	300	300	300	730	SBD
1	Hart Mizell	M	33	USA	GA	Raw	O-U	133.5	140	300	320		320	200	215			215	300	-320	320	320	855	SBD	
1	Alexandrea McClain	F	29	USA	GA	Raw	O-T	66.6	67.5	132.5	137.5	142.5	142.5	82.5	-87.5	-87.5		82.5	170	177.5	182.5	182.5	407.5	SBD	
1	Bill Barlow	M	45	USA	GA	Raw	O-U	120.48	125	227.5	242.5	257.5	257.5	177.5	185	192.5		192.5	272.5	-287.5		272.5	722.5	SBD	
1	Jesse Wong	M	33	USA	GA	Raw	O-T	87.18	90	185	192.5	200	200	140	150	-160		150	225	240	245	245	595	SBD	
2	Alex Curry	M	27	USA	GA	Raw	O-T	88.54	90	165	182.5	187.5	187.5	120	135	-142.5		135	222.5	237.5	250	250	572.5	SBD	
1	Eunsan Mo	M	27	USA	GA	Raw	O-T	95.35	100	177.5	190	205	205	100	-115			100	200	222.5	-235	222.5	527.5	SBD	
1	Sue Ann Hurlbert	F	63	USA	SC	Raw	M5-T	49.4	52	57.5	-62.5	62.5	62.5	42.5	45	47.5	-50	47.5	87.5	97.5	-100	97.5	207.5	SBD	
3	Matthew Kim	M	25	USA	GA	Raw	O-T	88.7	90	120	130	-137.5	130	70	75	82.5		82.5	152.5	165	175	175	387.5	SBD	
1	Rosie Rosemond	F	54	USA	GA	Raw	M3-T	83.9	90										-137.5	-137.5	137.5	137.5	137.5	D	
1	Rosie Rosemond	F	54	USA	GA	Raw	M3-T	83.9	90	115	-117.5	-117.5	115										115	S	
1	Brian Bond	M	52	USA	KY	Raw	M3-T	89.18	90					152.5	160	162.5		162.5					162.5	B	
1	Brian Bond	M	52	USA	KY	Raw	O-T	89.18	90					152.5	160	162.5		162.5					162.5	B	
1	Bryson Carson	M	26	USA	SC	Raw	O-T	159	140+					182.5	192.5	-197.5		192.5					192.5	B	
DQ	John von Rohr	M	76	USA	SC	Single-ply	M8-T	120.74	125					-137.5	-142.5	-142.5								B	
DQ	John von Rohr	M	76	USA	SC	Single-ply	MPF-T	120.74	125					-137.5	-142.5	-142.5								B	

Results: Pounds

PL	Name	Sex	Age	Nation	State	Equip	Division	Bodyw gtLb	WgtClass Lb	Squat1 Lb	Squat2 Lb	Squat3 Lb	Best3Squ atLb	Bench1 Lb	Bench2L b	Bench3 Lb	Bench4 Lb	Best3Ben chLb	Deadlift 1Lb	Deadlift 2Lb	Deadlift 3Lb	Best3Dead liftLb	TotalLb	Event
1	Thomas Boswinkle	M	23	USA	GA	Raw	O-U	183.20	198.4	551.15	578.71	606.27	606.27	369.27	385.81	-396.83		385.81	595.24	639.33	650.36	650.36	1642.43	SBD
1	William Moreland	M	20	USA	GA	Raw	J-U	190.39	198.4	551.15	573.20	595.24	595.24	336.20	352.74	-369.27		352.74	595.24	633.82	661.38	661.38	1609.36	SBD
1	Hart Mizell	M	33	USA	GA	Raw	O-U	294.31	308.6	661.38	705.47		705.47	440.92	473.99			473.99	661.38	-705.47	705.47	705.47	1884.93	SBD
1	Alexandrea McClain	F	29	USA	GA	Raw	O-T	146.83	148.8	292.11	303.13	314.16	314.16	181.88	-192.90	-192.90		181.88	374.78	391.32	402.34	402.34	898.37	SBD
1	Bill Barlow	M	45	USA	GA	Raw	O-U	265.61	275.5	501.55	534.62	567.68	567.68	391.32	407.85	424.39		424.39	600.75	-633.82		600.75	1592.82	SBD
1	Jesse Wong	M	33	USA	GA	Raw	O-T	192.20	198.4	407.85	424.39	440.92	440.92	308.64	330.69	-352.74		330.69	496.04	529.10	540.13	540.13	1311.74	SBD
2	Alex Curry	M	27	USA	GA	Raw	O-T	195.20	198.4	363.76	402.34	413.36	413.36	264.55	297.62	-314.16		297.62	490.52	523.59	551.15	551.15	1262.13	SBD
1	Eunsan Mo	M	27	USA	GA	Raw	O-T	210.21	220.4	391.32	418.87	451.94	451.94	220.46	-253.53			220.46	440.92	490.52	-518.08	490.52	1162.93	SBD
1	Sue Ann Hurlbert	F	63	USA	SC	Raw	M5-T	108.91	114.6	126.76	-137.79	137.79	137.79	93.70	99.21	104.72	-110.23	104.72	192.90	214.95	-220.46	214.95	457.45	SBD
3	Matthew Kim	M	25	USA	GA	Raw	O-T	195.55	198.4	264.55	286.60	-303.13	286.60	154.32	165.35	181.88		181.88	336.20	363.76	385.81	385.81	854.28	SBD
1	Rosie Rosemond	F	54	USA	GA	Raw	M3-T	184.97	198.4										-303.13	-303.13	303.13	303.13	303.13	D
1	Rosie Rosemond	F	54	USA	GA	Raw	M3-T	184.97	198.4	253.53	-259.04	-259.04	253.53										253.53	S
1	Brian Bond	M	52	USA	KY	Raw	M3-T	196.61	198.4					336.20	352.74	358.25		358.25					358.25	B
1	Brian Bond	M	52	USA	KY	Raw	O-T	196.61	198.4					336.20	352.74	358.25		358.25					358.25	B
1	Bryson Carson	M	26	USA	SC	Raw	O-T	350.53	#VALUE!					402.34	424.39	-435.41		424.39					424.39	B
DQ	John von Rohr	M	76	USA	SC	Single-ply	M8-T	266.18	275.5					-303.13	-314.16	-314.16								B
DQ	John von Rohr	M	76	USA	SC	Single-ply	MPF-T	266.18	275.5					-303.13	-314.16	-314.16								B

Strict Curl Results: Pounds

PL	Name	Sex	Age	Countr y	State	Equip	Division	Bodyw gtLb	WgtClass Lb	Curl1L b	Curl2Lb b	Curl3L b	Best3Curl Lb
1	Brian Bond	M	52	USA	KY	Raw	M3-T	196.61	198.4	125	135	pass	135