

365 Strong World Powerlifting Federation

South Carolina State Overall Division Leaders - by Weight Class

Last Update: 12/21/23

Open Raw Classic Males

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Open	RC	Male	60kg/132.2lb	Bench	JACK SAMAHA	116	4/24/2021
South Carolina	Open	RC	Male	67.5kg/148.7lb	Bench	MASON MUONG	270	11/9/2019
South Carolina	Open	RC	Male	75kg/165.2lb	Squat	DYLAN OSBORNE	501	10/16/2021
South Carolina	Open	RC	Male	75kg/165.2lb	Bench	CAMREN COCHRAN	358	10/27/2018
South Carolina	Open	RC	Male	75kg/165.2lb	Deadlift	DYLAN OSBORNE	534	10/16/2021
South Carolina	Open	RC	Male	75kg/165.2lb	TOTAL	DYLAN OSBORNE	1334	10/16/2021
South Carolina	Open	RC	Male	82.5kg/181.7lb	Squat	DALLAS NORRIS	783	8/12/2017
South Carolina	Open	RC	Male	82.5kg/181.7lb	Bench	MATT BORQUEZ	405	6/11/2016
South Carolina	Open	RC	Male	82.5kg/181.7lb	Deadlift	DALLAS NORRIS	606	8/12/2017
South Carolina	Open	RC	Male	82.5kg/181.7lb	TOTAL	DALLAS NORRIS	1764	8/12/2017
South Carolina	Open	RC	Male	90kg/198.2lb	Squat	DALLAS NORRIS	810	10/29/2016
South Carolina	Open	RC	Male	90kg/198.2lb	Bench	JAMES ADAMS	480	10/29/2016
South Carolina	Open	RC	Male	90kg/198.2lb	Deadlift	DALLAS NORRIS	665	7/9/2016
South Carolina	Open	RC	Male	90kg/198.2lb	TOTAL	DALLAS NORRIS	1810	10/29/2016
South Carolina	Open	RC	Male	100kg/220lb	Squat	RANDY RABON	733	9/19/2020
South Carolina	Open	RC	Male	100kg/220lb	Bench	MICHAEL COOPER	474	9/22/2019
South Carolina	Open	RC	Male	100kg/220lb	Deadlift	CHRIS ANDERSON	639	12/9/2017
South Carolina	Open	RC	Male	100kg/220lb	TOTAL	RANDY RABON	1741	9/19/2020
South Carolina	Open	RC	Male	110kg/242.5lb	Squat	WILLIAM MOORE	727	4/20/2018
South Carolina	Open	RC	Male	110kg/242.5lb	Bench	BRENDAN VANNOSTRAND	474	4/22/2017
South Carolina	Open	RC	Male	110kg/242.5lb	Deadlift	WILLIAM MOORE	711	4/20/2018
South Carolina	Open	RC	Male	110kg/242.5lb	TOTAL	WILLIAM MOORE	1907	4/20/2018
South Carolina	Open	RC	Male	125kg/275.5lb	Squat	THOMAS LAND	777	4/22/2017
South Carolina	Open	RC	Male	125kg/275.5lb	Bench	CLARK BOBO	490	7/9/2016
South Carolina	Open	RC	Male	125kg/275.5lb	Deadlift	THOMAS LAND	788	4/22/2017
South Carolina	Open	RC	Male	125kg/275.5lb	TOTAL	THOMAS LAND	2001	4/22/2017
South Carolina	Open	RC	Male	140kg/308.6lb	Squat	THOMAS LAND	854	10/28/2017
South Carolina	Open	RC	Male	140kg/308.6lb	Bench	WAYNE VANNOSTRAND	575	7/9/2016
South Carolina	Open	RC	Male	140kg/308.6lb	Deadlift	THOMAS LAND	799	10/28/2017
South Carolina	Open	RC	Male	140kg/308.6lb	TOTAL	THOMAS LAND	2105	10/28/2017
South Carolina	Open	RC	Male	140+kg/SHW	Bench	WAYNE VANNOSTRAND	625	1/21/2017

South Carolina State Records**Juniors Raw Classic Males**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Juniors	RC	Male	75kg/165.2lb	Squat	DYLAN OSBORNE	501	10/16/2021
South Carolina	Juniors	RC	Male	75kg/165.2lb	Bench	CAMREN COCHRAN	358	10/27/2018
South Carolina	Juniors	RC	Male	75kg/165.2lb	Deadlift	DYLAN OSBORNE	534	10/16/2021
South Carolina	Juniors	RC	Male	75kg/165.2lb	TOTAL	DYLAN OSBORNE	1334	10/16/2021
South Carolina	Juniors	RC	Male	82.5kg/181.7lb	Squat	DYLAN OSBORNE	584	4/23/2022
South Carolina	Juniors	RC	Male	82.5kg/181.7lb	Bench	DYLAN OSBORNE	358	4/23/2022
South Carolina	Juniors	RC	Male	82.5kg/181.7lb	Deadlift	DYLAN OSBORNE	601	4/23/2022
South Carolina	Juniors	RC	Male	82.5kg/181.7lb	TOTAL	DYLAN OSBORNE	1538	4/23/2022
South Carolina	Juniors	RC	Male	90kg/198.2lb	Squat	DYLON MCDOWELL	424	10/27/2018
South Carolina	Juniors	RC	Male	90kg/198.2lb	Bench	TIM WORKMAN	415	7/9/2016
South Carolina	Juniors	RC	Male	90kg/198.2lb	Deadlift	DYLON MCDOWELL	419	10/27/2018
South Carolina	Juniors	RC	Male	90kg/198.2lb	TOTAL	DYLON MCDOWELL	1163	10/27/2018
South Carolina	Juniors	RC	Male	100kg/220.4lb	Squat	MICHAEL COOPER	630	7/9/2016
South Carolina	Juniors	RC	Male	100kg/220.4lb	Bench	MICHAEL COOPER	430	7/9/2016
South Carolina	Juniors	RC	Male	100kg/220.4lb	Deadlift	DAMIEN CROSS	584	10/16/2021
South Carolina	Juniors	RC	Male	100kg/220.4lb	TOTAL	MICHAEL COOPER	1630	7/9/2016
South Carolina	Juniors	RC	Male	110kg/242.5lb	Bench	TIM WORKMAN	415	4/10/2016

South Carolina State Records**Submasters Raw Classic Males**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Subm	RC	Male	75kg/165.2lb	Squat	CORY MCMANUS	270	6/22/2019
South Carolina	Subm	RC	Male	75kg/165.2lb	Bench	CORY MCMANUS	255	10/29/2016
South Carolina	Subm	RC	Male	75kg/165.2lb	Deadlift	CORY MCMANUS	342	6/22/2019
South Carolina	Subm	RC	Male	75kg/165.2lb	TOTAL	CORY MCMANUS	838	6/22/2019
South Carolina	Subm	RC	Male	82.5kg/181.7lb	Squat	DALLAS NORRIS	783	8/12/2017
South Carolina	Subm	RC	Male	82.5kg/181.7lb	Bench	DALLAS NORRIS	375	8/12/2017
South Carolina	Subm	RC	Male	82.5kg/181.7lb	Deadlift	DALLAS NORRIS	606	8/12/2017
South Carolina	Subm	RC	Male	82.5kg/181.7lb	TOTAL	DALLAS NORRIS	1764	8/12/2017
South Carolina	Subm	RC	Male	90kg/198.4lb	Squat	DALLAS NORRIS	810	10/29/2016
South Carolina	Subm	RC	Male	90kg/198.4lb	Bench	JAMES ADAMS	480	10/29/2016
South Carolina	Subm	RC	Male	90kg/198.4lb	Deadlift	DALLAS NORRIS	645	10/29/2016
South Carolina	Subm	RC	Male	90kg/198.4lb	TOTAL	DALLAS NORRIS	1810	10/29/2016
South Carolina	Subm	RC	Male	100kg/220.4lb	Squat	CHRIS ANDERSON	639	12/9/2017
South Carolina	Subm	RC	Male	100kg/220.4lb	Bench	CHRIS ANDERSON	408	12/9/2017
South Carolina	Subm	RC	Male	100kg/220.4lb	Deadlift	CHRIS ANDERSON	639	12/9/2017
South Carolina	Subm	RC	Male	100kg/220.4lb	TOTAL	CHRIS ANDERSON	1686	12/9/2017
South Carolina	Subm	RC	Male	110kg/242.5lb	Squat	JARVIS PICKENS	661	10/28/2017
South Carolina	Subm	RC	Male	110kg/242.5lb	Bench	JARVIS PICKENS	446	10/28/2017
South Carolina	Subm	RC	Male	110kg/242.5lb	Deadlift	JARVIS PICKENS	705	10/28/2017
South Carolina	Subm	RC	Male	110kg/242.5lb	TOTAL	JARVIS PICKENS	1813	10/28/2017
South Carolina	Subm	RC	Male	125kg/275.5lb	Bench	CLARK BOBO	465	10/29/2016
South Carolina	Subm	RC	Male	140kg/308.6lb	Squat	JASON CANTRELL	560	7/9/2016
South Carolina	Subm	RC	Male	140kg/308.6lb	Bench	JASON CANTRELL	475	7/9/2016
South Carolina	Subm	RC	Male	140kg/308.6lb	Deadlift	JASON CANTRELL	580	7/9/2016
South Carolina	Subm	RC	Male	140kg/308.6lb	TOTAL	JASON CANTRELL	1615	7/9/2016

South Carolina State Records
Masters Raw Classic Males

Masters Divisions: M1/40-44, M2/45-49, M3/50-54, M4/55-59, M5/60-64, M6/65-69, M7/70-74, M8/75-79, M9/80-84, ETC.

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M1	RC	Male	75kg/165.2lb	Bench	LAMONT KEENON	320	4/10/2016
South Carolina	M3	RC	Male	75kg/165.2lb	Bench	PATRICK MACKIN	320	11/30/2019
South Carolina	M5	RC	Male	75kg/165.2lb	Squat	TOMMY PARDUE	336	12/9/2017
South Carolina	M5	RC	Male	75kg/165.2lb	Bench	CHET PETERS	226	9/18/2021
South Carolina	M5	RC	Male	75kg/165.2lb	Deadlift	TOMMY PARDUE	402	12/9/2017
South Carolina	M5	RC	Male	75kg/165.2lb	TOTAL	TOMMY PARDUE	953	12/9/2017
South Carolina	M6	RC	Male	75kg/165.2lb	Bench	TOMMY PARDUE	220	10/27/2018
South Carolina	M1	RC	Male	82.5kg/181.7lb	Squat	CORY MCMANUS	364	10/17/2020
South Carolina	M1	RC	Male	82.5kg/181.7lb	Bench	CORY MCMANUS	253	10/17/2020
South Carolina	M1	RC	Male	82.5kg/181.7lb	Deadlift	CORY MCMANUS	402	10/17/2020
South Carolina	M1	RC	Male	82.5kg/181.7lb	TOTAL	CORY MCMANUS	1008	10/17/2020
South Carolina	M1	RC	Male	90kg/198.4lb	Bench	MARTY WEST	303	10/28/2017
South Carolina	M2	RC	Male	90kg/198.4lb	Squat	MICHAEL EDWARDS	590	10/16/2021
South Carolina	M2	RC	Male	90kg/198.4lb	Bench	MICHAEL EDWARDS	331	10/16/2021
South Carolina	M2	RC	Male	90kg/198.4lb	Deadlift	MICHAEL EDWARDS	650	10/16/2021
South Carolina	M2	RC	Male	90kg/198.4lb	TOTAL	MICHAEL EDWARDS	1571	10/16/2021
South Carolina	M2	RC	Male	100kg/220.4lb	Squat	JEFF BECKHAM	500	4/10/2016
South Carolina	M2	RC	Male	100kg/220.4lb	Bench	JEFF BECKHAM	386	4/22/2017
South Carolina	M2	RC	Male	100kg/220.4lb	Deadlift	JEFF BECKHAM	550	4/10/2016
South Carolina	M2	RC	Male	100kg/220.4lb	TOTAL	JEFF BECKHAM	1415	4/10/2016
South Carolina	M4	RC	Male	100kg/220.4lb	Squat	DEREK WILLIAMS	612	10/22/2023
South Carolina	M4	RC	Male	100kg/220.4lb	Bench	DEREK WILLIAMS	242	10/22/2023
South Carolina	M4	RC	Male	100kg/220.4lb	Deadlift	DEREK WILLIAMS	573	10/22/2023
South Carolina	M4	RC	Male	100kg/220.4lb	TOTAL	DEREK WILLIAMS	1427	10/22/2023
South Carolina	M1	RC	Male	110kg/242.5lb	Bench	MINDIS JURENAS	424	12/9/2017
South Carolina	M2	RC	Male	110kg/242.5lb	Bench	KEITH ROYBAL	314	4/20/2018
South Carolina	M3	RC	Male	110kg/242.5lb	Squat	DEREK WILLIAMS	601	4/24/2021
South Carolina	M3	RC	Male	110kg/242.5lb	Bench	DEREK WILLIAMS	270	4/24/2021
South Carolina	M3	RC	Male	110kg/242.5lb	Deadlift	DEREK WILLIAMS	529	4/24/2021
South Carolina	M3	RC	Male	110kg/242.5lb	TOTAL	DEREK WILLIAMS	1400	4/24/2021
South Carolina	M4	RC	Male	110kg/242.5lb	Squat	DEREK WILLIAMS	606	10/16/2021
South Carolina	M4	RC	Male	110kg/242.5lb	Bench	RAY LINDUSKI	375	9/16/2023
South Carolina	M4	RC	Male	110kg/242.5lb	Deadlift	DEREK WILLIAMS	551	10/16/2021
South Carolina	M4	RC	Male	110kg/242.5lb	TOTAL	DEREK WILLIAMS	1416	10/16/2021
South Carolina	M5	RC	Male	110kg/242.5lb	Squat	JOE MCGINNIS	573	10/22/2023
South Carolina	M5	RC	Male	110kg/242.5lb	Bench	JOE MCGINNIS	325	11/19/2022
South Carolina	M5	RC	Male	110kg/242.5lb	Deadlift	JOE MCGINNIS	523	11/19/2022
South Carolina	M5	RC	Male	110kg/242.5lb	TOTAL	JOE MCGINNIS	1400	10/22/2023
South Carolina	M1	RC	Male	125kg/275.5lb	Bench	TOM GARNER	468	10/27/2018
South Carolina	M2	RC	Male	140kg/308.6lb	Squat	TROY NASH	727	4/20/2018
South Carolina	M2	RC	Male	140kg/308.6lb	Bench	WAYNE VANNOSTRAND	575	7/9/2016
South Carolina	M2	RC	Male	140kg/308.6lb	Deadlift	TROY NASH	612	4/20/2018
South Carolina	M2	RC	Male	140kg/308.6lb	TOTAL	TROY NASH	1780	4/20/2018
South Carolina	M1	RC	Male	140+kg/SHW	Squat	JASON SCOTT	518	9/16/2023
South Carolina	M1	RC	Male	140+kg/SHW	Bench	TROY BENNETT	556	4/20/2018
South Carolina	M1	RC	Male	140+kg/SHW	Deadlift	JASON SCOTT	441	9/16/2023

South Carolina	M1	RC	Male	140+kg/SHW	TOTAL	JASON SCOTT	1345	9/16/2023
South Carolina	M2	RC	Male	140+kg/SHW	Bench	WAYNE VANNOSTRAND	625	1/21/2017

South Carolina State Records**M/P/F Raw Classic Males**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M/P/F	RC	Male	All Classes		NONE		

South Carolina State Records**KC, Youth & Teenage Raw Classic Males**

Kids Club (10 & Under), Youth (10-12), Teen-1 (13-15), Teen-2 (16-17), Teen-3 (18-19)

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Teen-1	RC	Male	67.5kg/148.8lb	Bench	GABRIEL HUDSON	160	12/9/2017
South Carolina	Teen-3	RC	Male	75kg/165.2lb	Bench	JOSEPH THOMAS	286	10/28/2017
South Carolina	Teen-3	RC	Male	82.5kg/181.7lb	Bench	DEVON PORTER	292	12/9/2017
South Carolina	Teen-2	RC	Male	82.5kg/181.7lb	Bench	JUANITO RUIZ	259	5/11/2019
South Carolina	Teen-2	RC	Male	90kg/198.3lb	Bench	JOSH STEELE	265	7/15/2017
South Carolina	Teen-3	RC	Male	100kg/220.4lb	Squat	TYLER JACOBS	465	10/29/2016
South Carolina	Teen-3	RC	Male	100kg/220.4lb	Bench	TYLER JACOBS	325	10/29/2016
South Carolina	Teen-3	RC	Male	100kg/220.4lb	Deadlift	TYLER JACOBS	400	10/29/2016
South Carolina	Teen-3	RC	Male	100kg/220.4lb	TOTAL	TYLER JACOBS	1190	10/29/2016
South Carolina	Teen-2	RC	Male	110kg/242.5lb	Bench	TRISTON NORRIS	353	10/18/2020

South Carolina State Records**Raw Strict Curl Males (all divisions)**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M4	RAW	Male	110kg/242.5lb	Curl	RAY LINDUSKI	125	9/16/2023