

<b>2021 USA Nationals Powerlifting Championship (Day 2)</b>																		
<b>25-Apr-21</b>		<b>Full Power Results - in Kilos</b>																
<b>Name</b>	<b>Age</b>	<b>Div</b>	<b>BWt (Lb)</b>	<b>WtCls (Lb)</b>	<b>Squat 1</b>	<b>Squat 2</b>	<b>Squat 3</b>	<b>Best Squat</b>	<b>Bench 1</b>	<b>Bench 2</b>	<b>Bench 3</b>	<b>Best Bench</b>	<b>Sub Total</b>	<b>Deadlift 1</b>	<b>Deadlift 2</b>	<b>Deadlift 3</b>	<b>Best Deadlift</b>	<b>PL Total</b>
<b>Mason Livingston - SM</b>	38	I-SMF-R-	238.1	242	195	197.5	-202.5	197.5	-152.5	152.5	-157.5	152.5	350	230	250	252.5	252.5	<b>602.5</b>
<b>Andrew Letterman</b>	37	I-SMF-R-	225.4	242	165	175	190	190	152.5	157.5	160	160	350	185	200	210	210	<b>560</b>
<b>Thomas Samaha</b>	39	I-SMF-R-	187.5	198	-167.5	-175	-180	DQ	122.5	127.5	-135	127.5	0	167.5	172.5	185	185	<b>DQ</b>
<b>Anders Juntunen</b>	18	I-T3F-R-	229	242	205	227.5	237.5	237.5	135	147.5	-155	147.5	385	190	205	210	210	<b>595</b>
<b>Dillon Ledford</b>	26	I-OF-MP-	234.5	242	-362.5	-362.5	-362.5	DQ	-200	215	232.5	232.5	0	282.5	295	-312.5	295	<b>DQ</b>
<b>Justin Williams</b>	28	I-OF-RC-	217.4	220	325	342.5	-362.5	342.5	192.5	205	-215	205	547.5	302.5	320	332.5	332.5	<b>880</b>
<b>Travis Rinnert - O</b>	48	I-OF-RC-	266.8	275	242.5	-252.5	252.5	252.5	165	-172.5	172.5	172.5	425	222.5	240	245	245	<b>670</b>
<b>Timothy Boyce - O</b>	45	I-OF-RC-	198	198	152.5	-157.5	157.5	157.5	102.5	107.5	115	115	272.5	140	147.5	-160	147.5	<b>420</b>
<b>Matt Borquez</b>	33	I-OF-RC-	191.7	198	265	277.5	-287.5	277.5	172.5	-182.5	182.5	182.5	460	247.5	257.5	265	265	<b>725</b>
<b>Marco Sardela</b>	28	M-OF-R-	241.7	242	287.5	305	310	310	192.5	200	207.5	207.5	517.5	297.5	310	312.5	312.5	<b>830</b>
<b>Garrett Gordon</b>	28	M-OF-R-	234.7	242	275	290	-300	290	160	167.5	-177.5	167.5	457.5	275	290	300	300	<b>757.5</b>
<b>Mason Livingston - O</b>	38	M-OF-R-	238.1	242	195	197.5	-202.5	197.5	-152.5	152.5	-157.5	152.5	350	230	250	-252.5	250	<b>600</b>
<b>Chris Young</b>	39	MPFF-M	296.7	308	365	390	400	400	230	-240	240	240	640	250	267.5	-287.5	267.5	<b>907.5</b>
<b>Shane Bistline</b>	26	MPFF-R	192.7	198	175	185	190	190	100	107.5	-110	107.5	297.5	190	202.5	-215	202.5	<b>500</b>
<b>Jared Drye - MPF</b>	26	MPFF-R	196.8	198	150	165	170	170	122.5	137.5	145	145	315	200	217.5	230	230	<b>545</b>
<b>Connor Kovatch</b>	25	MPFF-R	238.1	242	137.5	155	182.5	182.5	125	140	147.5	147.5	330	160	182.5	215	215	<b>545</b>
<b>Bill Stanaland</b>	66	I-M6F-R-	217.1	220	125	140	145	145	95	100		100	245	167.5	185	190	190	<b>435</b>
<b>Joe McGinnis</b>	59	M4F-RC	234	242	210	220	227.5	227.5	125	137.5	140	140	367.5	210	220	227.5	227.5	<b>595</b>
<b>Derek Williams</b>	54	M3F-RC	229	242	247.5	262.5	272.5	272.5	112.5	-122.5	122.5	122.5	395	227.5	-240	240	240	<b>635</b>
<b>Roger Pinnix</b>	51	I-M3F-R-	239	242	220	227.5	-232.5	227.5	185	187.5	192.5	192.5	420	222.5	230	237.5	237.5	<b>657.5</b>
<b>Chase Pardue</b>	46	M2F-MP	192.4	198	235	250	-257.5	250	152.5	162.5	170	170	420	200	217.5	-222.5	217.5	<b>637.5</b>
<b>Travis Rinnert - M</b>	48	M2F-RC	266.8	275	242.5	-252.5	252.5	252.5	165	-172.5	172.5	172.5	425	222.5	240	245	245	<b>670</b>
<b>Timothy Boyce - M</b>	45	M2F-RC	198	198	152.5	-157.5	157.5	157.5	102.5	107.5	115	115	272.5	140	147.5	160	160	<b>432.5</b>
<b>Brandon Kee</b>	40	M1F-MP	282.4	308	245	262.5	277.5	277.5	192.5	-200	-200	192.5	470	217.5	230	-240	230	<b>700</b>
<b>Scott Metcalf - O</b>	36	I-OF-RC-	231.7	242	320	-332.5	-337.5	320	60	pass	pass	60	380	102.5	pass	pass	102.5	<b>482.5</b>
<b>Scott Metcalf - SM</b>	36	SMF-RC	231.7	242	320	-332.5	-337.5	320	60	pass	pass	60	380	102.5	pass	pass	102.5	<b>482.5</b>
<b>Steven Long</b>	23	M-JF-R-T	185.6	198	147.5	160	172.5	172.5	102.5	112.5	-120	112.5	285	147.5	160	175	175	<b>460</b>

Full Power Results - in Pounds																		
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
Mason Livingston - SM	38	I-SMF-R-	238.1	242	429.9	435.41	-446.43	435.41	-336.2	336.2	-347.22	336.2	771.61	507.058	551.15	556.66	556.66	1328.27
Andrew Letterman	37	I-SMF-R-	225.4	242	363.76	385.81	418.87	418.87	336.202	347.22	352.74	352.74	771.61	407.851	440.92	462.97	462.97	1234.57
Thomas Samaha	39	I-SMF-R-	187.5	198	-369.27	-385.81	-396.83	0	270.064	281.09	-297.62	281.09	0	369.271	380.29	407.85	407.85	0
Anders Juntunen	18	I-T3F-R-	229	242	451.94	501.55	523.59	523.59	297.621	325.18	-341.71	325.18	848.771	418.874	451.94	462.97	462.97	1311.73
Dillon Ledford	26	I-OF-MP-	234.5	242	-799.17	-799.17	-799.17	0	-440.92	473.99	512.57	512.57	0	622.8	650.36	-688.94	650.36	0
Justin Williams	28	I-OF-RC-	217.4	220	716.5	755.08	-799.17	755.08	424.386	451.94	-473.99	451.94	1207.02	666.892	705.47	733.03	733.03	1940.05
Travis Rinnert - O	48	I-OF-RC-	266.8	275	534.62	-556.66	556.66	556.66	363.759	-380.29	380.29	380.29	936.955	490.524	529.1	540.13	540.13	1477.08
Timothy Boyce - O	45	I-OF-RC-	198	198	336.2	-347.22	347.22	347.22	225.972	236.99	253.53	253.53	600.754	308.644	325.18	-352.74	325.18	925.932
Matt Borquez	33	I-OF-RC-	191.7	198	584.22	611.78	-633.82	611.78	380.294	-402.34	402.34	402.34	1014.12	545.639	567.68	584.22	584.22	1598.33
Marco Sardela	28	I-OF-R-U	241.7	242	633.82	672.4	683.43	683.43	424.386	440.92	457.45	457.45	1140.88	655.869	683.43	688.94	688.94	1829.81
Garrett Gordon	28	I-OF-R-U	234.7	242	606.27	639.33	-661.38	639.33	352.736	369.27	-391.32	369.27	1008.6	606.265	639.33	661.38	661.38	1669.98
Mason Livingston - O	38	I-OF-R-U	238.1	242	429.9	435.41	-446.43	435.41	-336.2	336.2	-347.22	336.2	771.61	507.058	551.15	-556.66	551.15	1322.76
Chris Young	39	MPFF-M	296.7	308	804.68	859.79	881.84	881.84	507.058	-529.1	529.1	529.1	1410.94	551.15	589.73	-633.82	589.73	2000.67
Shane Bistline	26	MPFF-R	192.7	198	385.81	407.85	418.87	418.87	220.46	236.99	-242.51	236.99	655.869	418.874	446.43	-473.99	446.43	1102.3
Jared Drye - MPF	26	-MPFF-R	196.8	198	330.69	363.76	374.78	374.78	270.064	303.13	319.67	319.67	694.449	440.92	479.5	507.06	507.06	1201.50
Connor Kovatch	25	-MPFF-R	238.1	242	303.13	341.71	402.34	402.34	275.575	308.64	325.18	325.18	727.518	352.736	402.34	473.99	473.99	1201.50
Bill Stanaland	66	I-M6F-R-	217.1	220	275.58	308.64	319.67	319.67	209.437	220.46	0	220.46	540.127	369.271	407.85	418.87	418.87	959.001
Joe McGinnis	59	-M4F-RC	234	242	462.97	485.01	501.55	501.55	275.575	303.13	308.64	308.64	810.191	462.966	485.01	501.55	501.55	1311.73
Derek Williams	54	-M3F-RC	229	242	545.64	578.71	600.75	600.75	248.018	-270.06	270.06	270.06	870.817	501.547	-529.1	529.1	529.1	1400
Roger Pinnix	51	I-M3F-R-	239	242	485.01	501.55	-512.57	501.55	407.851	413.36	424.39	424.39	925.932	490.524	507.06	523.59	523.59	1449.52
Chase Pardue	46	-M2F-MP	192.4	198	518.08	551.15	-567.68	551.15	336.202	358.25	374.78	374.78	925.932	440.92	479.5	-490.52	479.5	1405.43
Travis Rinnert - M	48	-M2F-RC	266.8	275	534.62	-556.66	556.66	556.66	363.759	-380.29	380.29	380.29	936.955	490.524	529.1	540.13	540.13	1477.08
Timothy Boyce - M	45	-M2F-RC	198	198	336.2	-347.22	347.22	347.22	225.972	236.99	253.53	253.53	600.754	308.644	325.18	352.74	352.74	953.489
Brandon Kee	40	-M1F-MP	282.4	308	540.13	578.71	611.78	611.78	424.386	-440.92	-440.92	424.39	1036.16	479.501	507.06	-529.1	507.06	1543.22
Scott Metcalf - O	36	I-OF-RC-	231.7	242	705.47	-733.03	-744.05	705.47	132.276	pass	pass	132.28	837.748	225.75	pass	pass	225.8	1063.45
Scott Metcalf - SM	36	SMF-RC	231.7	242	705.47	-733.03	-744.05	705.47	132.276	pass	pass	132.28	837.748	225.75	pass	pass	225.8	1063.45
Steven Long	23	M-JF-R-T	185.6	198	325.18	352.74	380.29	380.29	225.972	248.02	-264.55	248.02	628.311	325.179	352.74	385.81	385.81	1014.11





<b>Deadlift - in Kilos</b>														
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift						
Todd King - M	55	M4D-R	233	242	205	215	227.5	227.5						
Thomas Bowman	54	M3D-SP	216.4	220	230	245	-255	245						
Charles Wright - DL	67	M6D-R	221.8	242	125	142.5	147.5	147.5						
Todd King - MPF	55	MPFD-R	233	242	205	215	227.5	227.5						
Jeff Guller - DL	79	M8D-SP	194.9	198	115	122.5	pass	122.5						
<b>Deadlift - in Pounds</b>														
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift						
Todd King - M	55	M4D-R	233	242	451.94	473.99	501.55	501.546						
Thomas Bowman	54	M3D-SP	216.4	220	507.06	540.13	-562.17	540.127						
Charles Wright - DL	67	M6D-R	221.8	242	275.58	314.16	325.18	325.178						
Todd King - MPF	55	MPFD-R	233	242	451.94	473.75	501.5	501.5						
Jeff Guller - DL	79	M8D-SP	194.9	198	253.5	270.1	pass	270.1						
<b>Push Pull - in Kilos</b>														
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	
Dillon Ledford	26	OP-MP	234.5	242	-200	215	232.5	232.5	282.5	295	-312.5	295	527.5	
Todd King - O	55	OP-R	233	242	120	130	140	140	205	215	227.5	227.5	367.5	
Todd King - M	55	M4P-R	233	242	120	130	140	140	205	215	227.5	227.5	367.5	
Jeff Guller - PP	79	M8PP-SF	194.9	198	-87.5	-87.5	-87.5	DQ	115	122.5	pass	122.5	DQ	
Todd King - MPF	55	MPFP-R	233	242	120	130	140	140	205	215	227.5	227.5	367.5	

<b>Push Pull - in Pounds</b>														
<b>Name</b>	<b>Age</b>	<b>Div</b>	<b>BWt (Lb)</b>	<b>WtCls (Lb)</b>	<b>Bench 1</b>	<b>Bench 2</b>	<b>Bench 3</b>	<b>Best Bench</b>	<b>Deadlift 1</b>	<b>Deadlift 2</b>	<b>Deadlift 3</b>	<b>Best Deadlift</b>	<b>Push Pull Total</b>	
Dillon Ledford	26	-OP-MP-	233	242	-440.75	473.75	512.5	512.5	622.75	650.25	-688.75	650.25	1162.75	
Todd King - O	55	M-OP-R-	233	242	264.55	286.6	308.64	308.64	451.943	474	501.54	501.54	810.18	
Todd King - M	55	M-M4P-R-	233	242	264.55	286.6	308.64	308.64	451.943	474	501.54	501.54	810.18	
Jeff Guller - PP	79	M8PP-SF	194.9	198	-192.9	-192.9	-192.9	DQ	253.529	270.06	0	270.06	DQ	
Todd King - MPF	55	-MPFP-R	233	242	264.55	286.6	308.64	308.64	451.943	474	501.54	501.54	810.18	
<b>Strict Curl - in Pounds</b>														
<b>Name</b>	<b>Age</b>	<b>Div</b>	<b>BWt (Lb)</b>	<b>WtCls (Lb)</b>	<b>Curl 1</b>	<b>Curl 2</b>	<b>Curl 3</b>	<b>Best Curl</b>						
Todd King - M	55	M-M4D-R-	233	242	120	130	140	140						
<b>Kids Club Deadlift - in Pounds</b>														
<b>Name</b>	<b>Age</b>	<b>Div</b>	<b>BWt (Lb)</b>	<b>WtCls (Lb)</b>	<b>Deadlift 1</b>	<b>Deadlift 2</b>	<b>Deadlift 3</b>	<b>Best Deadlift</b>						
Jacob Young	10	M-KCD-R-	82.2	114	66	88	n/a	88						
*Jacob also did 66 x 5 reps														
Team Champion: Muzz's Gym														