

Federation

365 Strong World Powerlifting Federation

Date Meet Name Meet Country Meet Town Venue Formula Formula
2022-04-23-24 **2022 USA Nationals** **USA** **North Wilkesboro, NC** **Muzz's Gym** **Wilks** **Foster/McCulloch**

Meet Results - Kilos

Place	Name	Sex	Age	Country	State	Equip.	Division	BW-Kg	WC-Kg	SQ1-Kg	SQ2-Kg	SQ3-Kg	SQ4-Kg	Best3SQ-				Best3BP-				Best3DL-				Event
														Kg	BP1-Kg	BP2-Kg	BP3-Kg	BP4-Kg	Kg	DL1-Kg	DL2-Kg	DL3-Kg	DL4-Kg	Kg	Total-Kg	
1	ISABELLA SARKS	F	23	USA	NC	Bare	J-T	55.7	56	115	120	-125		120	-55	57.5	60		60	127.5	132.5	140	145	140	320	SBD
1	ALEXIS RUTLEDGE	F	21	USA	SC	Bare	J-T	58	60	112.5	125	-132.5		125	50	57.5	62.5	-65	62.5	90	102.5	-110		102.5	290	SBD
1	DAWN O'DONNELL	F	59	USA	KY	Bare	M4-T	72.2	75	92.5	97.5	102.5		102.5	55	57.5	60		60	137.5	140	142.5	-147.5	142.5	305	SBD
1	SUE ANN HURLBERT	F	61	USA	SC	Bare	M5-T	49.1	52	47.5	52.5	54	55	54	37.5	40	-40.9		40	87.5	93.5	95.5	96	95.5	189.5	SBD
1	MAUREEN CLARY	F	66	USA	SC	Bare	M6-U	67.4	67.5	-120	-120	120		120	95	-100.5	-100.5		95	137.5	-147.5	-147.5		137.5	352.5	SBD
1	LINDA COSTELLO	F	73	USA	NC	Bare	M7-T	48.2	52	65	70	-72.5		70	35	37.5	-42.5		37.5	-87.5	95	100		100	207.5	SBD
1	ALEXIS RUTLEDGE	F	21	USA	SC	Bare	N-X	58	60	112.5	125	-132.5		125	50	57.5	62.5	-65	62.5	90	102.5	-110		102.5	290	SBD
1	ISABELLA SARKS	F	23	USA	NC	Bare	O-T	55.7	56	115	120	-125		120	-55	57.5	60		60	127.5	132.5	140	145	140	320	SBD
1	ALEXIS RUTLEDGE	F	21	USA	SC	Bare	O-T	58	60	112.5	125	-132.5		125	50	57.5	62.5	-65	62.5	90	102.5	-110		102.5	290	SBD
1	MORGAN LONG	F	28	USA	NC	Bare	O-U	65.5	67.5	142.5	165	167.5		167.5	97.5	107.5	110		110	165	185	186		186	463.5	SBD
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110	152.5	160	175		175	60	70	-75		70	145	160	167.5		167.5	412.5	SBD
1	MISSY TAYLOR	F	46	USA	NC	Wraps	M2-T	50.7	52	117.5	120	-122.5		120	80	82.5	-85		82.5	125	127.5	130	132.5	130	332.5	SBD
1	MISSY TAYLOR	F	46	USA	NC	Wraps	O-T	50.7	52	117.5	120	-122.5		120	80	82.5	-85		82.5	125	127.5	130	132.5	130	332.5	SBD
1	HALEIGH BATCHELOR	F	13	USA	NC	Wraps	O-T	66.7	67.5	77.5	87.5	-100		87.5	55	60	62.5	-65	62.5	90	95	100	102.5	100	250	SBD
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110	152.5	160	175		175	60	70	-75		70	145	160	167.5		167.5	412.5	SBD
1	HALEIGH BATCHELOR	F	13	USA	NC	Wraps	T1-X	66.7	67.5	77.5	87.5	-100		87.5	55	60	62.5	-65	62.5	90	95	100	102.5	100	250	SBD
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5	-227.5	227.5	-245		227.5	95	120	125		125	145	157.5	-167.5		157.5	510	SBD
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	M2-U	90.1	100	267.5	282.5	295		295	127.5	157.5	170		170	175	192.5	-207.5		192.5	657.5	SBD
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	O-T	64.1	67.5	-227.5	227.5	-245		227.5	95	120	125		125	145	157.5	-167.5		157.5	510	SBD
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	O-U	90.1	100	267.5	282.5	295		295	127.5	157.5	170		170	175	192.5	-207.5		192.5	657.5	SBD
1	JANET MARTIN	F	53	USA	NC	Bare	M3-T	113.7	110+					60	65	70	-75.5		70	150	162.5	-166		162.5	232.5	BD
1	PAIGE HITT	F	57	USA	SC	Bare	M4-T	70	75					67.5	72.5	-77.5			72.5	102.5	112.5	122.5		122.5	195	BD
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110					60	70	-75			70	145	160	167.5		167.5	237.5	BD
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110					60	70	-75			70	145	160	167.5		167.5	237.5	BD
1	CHRISTINA LAUFFER	F	43	USA	TN	Single-ply	M1-U	80.4	82.5					100	115	-120			115	127.5	140	-142.5		140	255	BD
1	ANIKA HARPER	F	42	USA	NC	Single-ply	M1-U	86.6	90					95	107.5	-110			107.5	145	152.5	-162.5		152.5	260	BD
1	ANIKA HARPER	F	42	USA	NC	Single-ply	O-U	86.6	90					95	107.5	-110			107.5	145	152.5	-162.5		152.5	260	BD
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5					95	120	125			125	145	157.5	-167.5		157.5	282.5	BD
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	M2-U	90.1	100					127.5	157.5	170			170	175	192.5	-207.5		192.5	362.5	BD
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	O-T	64.1	67.5					95	120	125			125	145	157.5	-167.5		157.5	282.5	BD
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	O-U	90.1	100					127.5	157.5	170			170	175	192.5	-207.5		192.5	362.5	BD
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110	152.5	160	175		175											175	S
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110	152.5	160	175		175											175	S
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5	-227.5	227.5	-245		227.5											227.5	S
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	M2-U	90.1	100	267.5	282.5	295		295											295	S
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	O-T	64.1	67.5	-227.5	227.5	-245		227.5											227.5	S
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	O-U	90.1	100	267.5	282.5	295		295											295	S
1	CHRISTY OWENS	F	42	USA	NC	Bare	M1-T	97.3	100						62.5	65	67.5			67.5					67.5	B
1	JANET MARTIN	F	53	USA	NC	Bare	M3-T	113.7	110+					60	65	70	-75.5			70					70	B
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110					60	70	-75				70					70	B
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110					60	70	-75				70					70	B
1	ANIKA HARPER	F	42	USA	NC	Single-ply	M1-U	86.6	90					95	107.5	-110			107.5						107.5	B

	1	BRANDON KEE	M	40	USA	SC	Multi-ply	M1-U	129.8	140	265	-287.5	287.5	287.5	220	-245	-245	220	205	-230	230	230	737.5	SBD
	1	TRAVIS RINNERT	M	49	USA	NC	Multi-ply	M2-U	124.9	125	292.5	305	317.5	317.5	182.5	-255	255	255	227.5	252.5	-272.5	252.5	825	SBD
	1	TOM BOWMAN	M	66	USA	GA	Multi-ply	M6-U	107.6	110	306	332.5		332.5	62.5	85	100	100	215	-232.5	232.5	232.5	665	SBD
DQ		CHRIS YOUNG	M	40	USA	GA	Multi-ply	O-T	126.8	140	-385	-385	385	385	-250	-250	-250		272.5	-287.5		272.5	DQ	SBD
DQ		CHRIS YOUNG	M	40	USA	GA	Multi-ply	O-T	126.8	140	-385	-385	385	385									385	S
	1	ISAAC WINKLER	M	31	USA	NC	Multi-ply	O-U	106.6	110	395	-442.5	-442.5	395	285	305	-320	305	275	-290	-290	275	975	SBD
	2	SHANE WAGONER	M	28	USA	NC	Multi-ply	O-U	109.8	110	250	270	-285	270	-300	-300	300	300	220	-232.5	-232.5	220	790	SBD
	1	DILLON LEDFORD	M	27	USA	NC	Multi-ply	O-U	110.3	125	360	372.5	-382.5	372.5	182.5	-255	255	255	272.5	282.5	-312.5	282.5	910	SBD
	2	TRAVIS RINNERT	M	49	USA	NC	Multi-ply	O-U	124.9	125	292.5	305	317.5	317.5	182.5	-255	255	255	227.5	252.5	-272.5	252.5	825	SBD
	1	STEVE ROGERS	M	30	USA	SC	Wraps	N-X	97.3	100					145	150	-160	150	-242.5	-242.5	242.5	242.5	392.5	BD
	1	STEVE ROGERS	M	30	USA	SC	Wraps	O-U	97.3	100					145	150	-160	150	-242.5	-242.5	242.5	242.5	392.5	BD
	1	JEFF GULLER	M	80	USA	NC	Single-ply	M9-T	81.1	82.5					90	-92.5	92.5	92.5	-120	120		120	212.5	BD
DQ		COLBY ALFORD	M	23	USA	TN	Multi-ply	J-U	98.4	100	410	-455		410									DQ	SD
	1	COLBY ALFORD	M	23	USA	TN	Multi-ply	O-U	98.4	100	410	-455		410									410	S
	1	CODY PATE	M	28	USA	SC	Wraps	O-U	93.4	100	240	255	260	260	175	185	-187.5	185	215	230	-235	230	675	SBD
	1	DAVID TAYLOR	M	59	USA	FL	Bare	M4-U	107.2	110					160	-182.5	-182.5	160					160	B
	1	LOUIS BATCHELOR	M	36	USA	NC	Bare	MPF-T	95.9	100					175	180	182.5	182.5					182.5	B
	1	ROBERT MCCLURE	M	29	USA	NC	Bare	O-T	124.5	125					135	137.5	142.5	142.5					142.5	B
	1	JOHN von ROHR	M	74	USA	SC	Single-ply	M7-T	117.9	125					-142.5	142.5	-145	142.5					142.5	B
	1	JOHN von ROHR	M	74	USA	SC	Single-ply	MPF-T	117.9	125					-142.5	142.5	-145	142.5					142.5	B
DQ		DUNCAN HUNDLEY	M	23	USA	TN	Single-ply	O-T	132.9	140					-455	-455	-455					DQ	B	
	1	RICH STANLEY	M	23	USA	CT	Multi-ply	J-T	149.2	140+					-295	295	-320	295					295	B
	1	PAUL LAUFFER	M	47	USA	TN	Multi-ply	M2-U	100.7	110					322.5	-327.5		322.5					322.5	B
	1	DOUG SMITHEY	M	47	USA	NC	Multi-ply	M2-U	123	125					395	499		499					499	B
	1	DAVID CRATER	M	47	USA	NC	Multi-ply	M2-U	126.7	140					415			415					415	B
	1	DAVID SPEARS	M	28	USA	NC	Multi-ply	N-X	124.8	125					295	-320	-320	295					295	B
DQ		SPENCER MATHER	M	28	USA	VA	Multi-ply	O-T	165.9	140+					-455	-455	-455					DQ	B	
	1	DOUG SMITHEY	M	47	USA	NC	Multi-ply	O-U	123	125					395	499		499					499	B
DQ		STEPHEN LANE	M	34	USA	SC	Multi-ply	O-U	124	125					-400	-420	-432.5					DQ	B	
	1	DAVID CRATER	M	47	USA	NC	Multi-ply	O-U	126.7	140					415			415					415	B
	1	XAVIER ROBINSON	M	10	USA	NC	Bare	KC-X	47.9	52									57.5	62.5	67.5	67.5	67.5	D
	2	WYATT BULLINS	M	5	USA	NC	Bare	KC-X	45	52									30	35	38	40	38	D
	1	XAVIER ROBINSON	M	10	USA	NC	Bare	Y-X	47.9	52									57.5	62.5	67.5	67.5	67.5	D
	1	THOMAS BOWMAN	M	55	USA	NC	Single-ply	M4-T	106.7	110									235	257.5	265	272.5	265	D
														Best-SC-										
Place		Name	Sex	Age	Country	State	Equip.	Division	BW-Kg	WC-Kg	SC1-Lb	SC2-Lb	SC3-Lb	SC4-Lb	Lb									
	1	LOUIS BATCHELOR	M	36	USA	NC	Bare	MPF-T	95.9	100	55	67.5	80	-82.5	80								80	C
	1	RYAN WARD	M	31	USA	NC	Bare	O-T	99.7	100	65	67.5	80	-82.5	80								80	C

Meet Results - Pounds

Place	Name	Sex	Age	Country	State	Equip.	Division	BW-Kg	WC-Kg	SQ1-Lb	SQ2-Lb	SQ3-Lb	SQ4-Lb	Best3SQ-				Best3BP-				Best3DL-			Total-Lb	Event	
														Lb	BP1-Lb	BP2-Lb	BP3-Lb	BP4-Lb	Lb	DL1-Lb	DL2-Lb	DL3-Lb	DL4-Lb	Lb			
1	ISABELLA SARKS	F	23	USA	NC	Bare	J-T	122.8	123	253.53	264.55	-275.6		264.55	-121.3	126.77	132.28		132.28	281.09	292.11	308.65	319.67	308.65	705.48	SBD	
1	ALEXIS RUTLEDGE	F	21	USA	SC	Bare	J-T	58	60	248.02	275.58	-292.1		275.58	110.23	126.77	137.79	-143.3	137.79	198.42	225.97	-242.5		225.97	639.34	SBD	
1	DAWN O'DONNELL	F	59	USA	KY	Bare	M4-T	72.2	75	203.93	214.95	225.97		225.97	121.25	126.77	132.28		132.28	303.14	308.65	314.16	-325.2	314.16	672.41	SBD	
1	SUE ANN HURLBERT	F	61	USA	SC	Bare	M5-T	49.1	52	104.72	115.74	119.05	121.25	119.05	82.67	88.18	-90.17		88.18	192.9	206.13	210.54	211.64	210.54	417.78	SBD	
1	MAUREEN CLARY	F	66	USA	SC	Bare	M6-U	67.4	67.5	-264.6	-264.6	264.55		264.55	209.44	-221.6	-221.6		209.44	303.14	-325.2	-325.2		303.14	777.13	SBD	
1	LINDA COSTELLO	F	73	USA	NC	Bare	M7-T	48.2	52	143.3	154.32	-159.8		154.32	77.16	82.67	-93.7		82.67	-192.9	209.44	220.46		220.46	457.46	SBD	
1	ALEXIS RUTLEDGE	F	21	USA	SC	Bare	N-X	58	60	248.02	275.58	-292.1		275.58	110.23	126.77	137.79	-143.3	137.79	198.42	225.97	-242.5		225.97	639.34	SBD	
1	ISABELLA SARKS	F	23	USA	NC	Bare	O-T	55.7	56	253.53	264.55	-275.6		264.55	-121.3	126.77	132.28		132.28	281.09	292.11	308.65	319.67	308.65	705.48	SBD	
1	ALEXIS RUTLEDGE	F	21	USA	SC	Bare	O-T	58	60	248.02	275.58	-292.1		275.58	110.23	126.77	137.79	-143.3	137.79	198.42	225.97	-242.5		225.97	639.34	SBD	
1	MORGAN LONG	F	28	USA	NC	Bare	O-U	65.5	67.5	314.16	363.76	369.27		369.27	214.95	237	242.51		242.51	363.76	407.86	410.06		410.06	1021.84	SBD	
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110	336.2	352.74	385.81		385.81	132.28	154.32	-165.4		154.32	319.67	352.74	369.27		369.27	909.41	SBD	
1	MISSY TAYLOR	F	46	USA	NC	Wraps	M2-T	50.7	52	259.04	264.55	-270.1		264.55	176.37	181.88	-187.4		181.88	275.58	281.09	286.6	292.11	286.6	733.04	SBD	
1	MISSY TAYLOR	F	46	USA	NC	Wraps	O-T	50.7	52	259.04	264.55	-270.1		264.55	176.37	181.88	-187.4		181.88	275.58	281.09	286.6	292.11	286.6	733.04	SBD	
1	HALEIGH BATCHELOR	F	13	USA	NC	Wraps	O-T	66.7	67.5	170.86	192.9	-220.5		192.9	121.25	132.28	137.79	-143.3	137.79	198.42	209.44	220.46	225.97	220.46	551.16	SBD	
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110	336.2	352.74	385.81		385.81	132.28	154.32	-165.4		154.32	319.67	352.74	369.27		369.27	909.41	SBD	
1	HALEIGH BATCHELOR	F	13	USA	NC	Wraps	T1-X	66.7	67.5	170.86	192.9	-220.5		192.9	121.25	132.28	137.79	-143.3	137.79	198.42	209.44	220.46	225.97	220.46	551.16	SBD	
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5	-501.6	501.55	-540.1		501.55	209.44	264.55	275.58		275.58	319.67	347.23	-369.3		347.23	1124.36	SBD	
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	M2-U	90.1	100	589.74	622.81	650.36		650.36	281.09	347.23	374.79		374.79	385.81	424.39	-457.5		424.39	1449.54	SBD	
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	O-T	64.1	67.5	-501.6	501.55	-540.1		501.55	209.44	264.55	275.58		275.58	319.67	347.23	-369.3		347.23	1124.36	SBD	
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	O-U	90.1	100	589.74	622.81	650.36		650.36	281.09	347.23	374.79		374.79	385.81	424.39	-457.5		424.39	1449.54	SBD	
1	JANET MARTIN	F	53	USA	NC	Bare	M3-T	113.7	110+						132.28	143.3	154.32	-166.5	154.32	330.69	358.25	-366		358.25	512.57	BD	
1	PAIGE HITT	F	57	USA	SC	Bare	M4-T	70	75						148.81	159.84	-170.9		159.84	225.97	248.02	270.07		270.07	429.9	BD	
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110						132.28	154.32	-165.4		154.32	319.67	352.74	369.27		369.27	523.6	BD	
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110						132.28	154.32	-165.4		154.32	319.67	352.74	369.27		369.27	523.6	BD	
1	CHRISTINA LAUFFER	F	43	USA	TN	Single-ply	M1-U	80.4	82.5						220.46	253.53	-264.6		253.53	281.09	308.65	-314.2		308.65	562.18	BD	
1	ANIKA HARPER	F	42	USA	NC	Single-ply	M1-U	86.6	90						209.44	237	-242.5		237	319.67	336.2	-358.3		336.2	573.2	BD	
1	ANIKA HARPER	F	42	USA	NC	Single-ply	O-U	86.6	90						209.44	237	-242.5		237	319.67	336.2	-358.3		336.2	573.2	BD	
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5						209.44	264.55	275.58		275.58	319.67	347.23	-369.3		347.23	622.81	BD	
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	M2-U	90.1	100						281.09	347.23	374.79		374.79	385.81	424.39	-457.5		424.39	799.18	BD	
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	O-T	64.1	67.5						209.44	264.55	275.58		275.58	319.67	347.23	-369.3		347.23	622.81	BD	
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	O-U	90.1	100						281.09	347.23	374.79		374.79	385.81	424.39	-457.5		424.39	799.18	BD	
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110	336.2	352.74	385.81		385.81											385.81	S	
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110	336.2	352.74	385.81		385.81												385.81	S
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5	-501.6	501.55	-540.1		501.55												501.55	S
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	M2-U	90.1	100	589.74	622.81	650.36		650.36												650.36	S
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	O-T	64.1	67.5	-501.6	501.55	-540.1		501.55												501.55	S
1	SHELLEY YATES	F	46	USA	NC	Multi-ply	O-U	90.1	100	589.74	622.81	650.36		650.36												650.36	S
1	CHRISTY OWENS	F	42	USA	NC	Bare	M1-T	97.3	100						137.79	143.3	148.81		148.81						148.81	B	
1	JANET MARTIN	F	53	USA	NC	Bare	M3-T	113.7	110+						132.28	143.3	154.32	-166.5	154.32						154.32	B	
1	KATY SILVERS	F	40	USA	NC	Wraps	M1-T	109.9	110						132.28	154.32	-165.4		154.32							154.32	B
1	KATY SILVERS	F	40	USA	NC	Wraps	O-T	109.9	110						132.28	154.32	-165.4		154.32							154.32	B
1	ANIKA HARPER	F	42	USA	NC	Single-ply	M1-U	86.6	90						209.44	237	-242.5		237							237	B
1	CINDY MEEKER	F	61	USA	NC	Single-ply	M4-T	74.6	75						203.93	209.44	-215		209.44							209.44	B
1	CINDY MEEKER	F	61	USA	NC	Single-ply	O-T	74.6	75						203.93	209.44	-215		209.44							209.44	B
1	ANIKA HARPER	F	42	USA	NC	Single-ply	O-U	86.6	90						209.44	237	-242.5		237							237	B
1	MELISSA SMITH	F	47	USA	NC	Multi-ply	M2-T	64.1	67.5						209.44	264.55	275.58		275.58							275.58	B

