

Battle of the Bar Benders - Bar Benders Gym & Supplement Shop, Portsmouth, OH																						
3-Oct-20		Full Power - Kg Results																				
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Team
Zach Swayne	27	M-OF-SP	241.6	242	0.59	307.5	322.5	335		335	225	232.5	-237.5	232.5	567.5	-290	290	-297.5		290	857.5	Franklin Furnace
Dakota Westmoreland	25	M-OF-R-T	300.1	308	0.56	235	245	-255		245	165	175		175	420	277.5	285	-295		285	705	Kentucky Strong
Keith Whitmore	40	M-NF-R-U	179.2	181	0.68	175	190	-205		190	132.5	-145	-145	132.5	322.5	200	212.5	-217.5		212.5	535	Bar Benders
Daniel Scott	42	M-M1F-R	273.5	275	0.57	185	200	212.5		212.5	137.5	147.5	-152.5	147.5	360	225	245	257.5		257.5	617.5	Kentucky Strong
Judah Hill	17	M-T2F-R	201.4	220	0.63	140	200	220	-230	220	90	110	-115	110	330	155	200	-217.5		200	530	Kentucky Strong
Matt Oesch	59	M-4F-SP	183.8	198	0.67	137.5	160	185		185	85	112.5	-115	112.5	297.5	137.5	165	-182.5		165	462.5	Kentucky Strong
Sarah Oesch	17	T2F-RC	170.8	181	0.93	97.5	107.5	-112.5		107.5	60	65	67.5	67.5	175	135	142.5	148		148	323	Kentucky Strong
Hunter McCubbins	20	M-OF-R-T	190.5	198	0.65	137.5	-147.5	147.5		147.5	95	105	-110	105	252.5	197.5	202.5	207.5		207.5	460	Kentucky Strong
John Oesch	15	I-T1F-SP	174.9	181	0.69	125	142.5	157.5	-182.5	157.5	75	-85	-85	75	232.5	145	170	190	-222.5	190	422.5	Kentucky Strong
Nathan Crawford	55	M-4F-RC	197.4	198	0.64	117.5	122.5	130		130	77.5	80	82.5	82.5	212.5	150	162.5	170		170	382.5	Kentucky Strong
Josiah Hill	19	I-T3F-SP	179.6	181	0.67	50	85	100		100	40	55	65	65	165	80	102.5	130		130	295	Kentucky Strong
Kayla McCubbins	15	F-T1F-R-T	173.5	181	0.92	30	35	42.5		42.5	27.5	-37.5	-37.5	27.5	70	60	65	72.5		72.5	142.5	Kentucky Strong
Todd Little	51	M-M3F-R	234	242	0.6	190	200	210		210	95	97.5	100	100	310	197.5	205	212.5		212.5	522.5	Kentucky Strong
Full Power - Lb Results																						
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Team
Sarah Oesch	17	T2F-RC	170.8	181	0.93	214.95	236.99	-248.02	0	236.99	132.28	143.3	148.81	148.81	385.81	297.62	314.16	326.28		326.28	712.08	Kentucky Strong
Kayla McCubbins	15	F-T1F-R-T	173.5	181	0.92	66.138	77.161	93.696	0	93.696	60.627	-82.673	-82.673	60.627	154.32	132.28	143.3	159.83	0	159.83	314.1555	Kentucky Strong
Josiah Hill	19	I-T3F-SP	179.6	181	0.67	110.23	187.39	220.46	0	220.46	88.184	121.25	143.3	143.3	363.76	176.37	225.97	286.6	0	286.6	650.357	Kentucky Strong
Judah Hill	17	M-T2F-R	201.4	220	0.63	308.64	440.92	485.01	-507.1	485.01	198.41	242.51	-253.53	242.51	727.52	341.71	440.92	-479.5	0	440.92	1168.438	Kentucky Strong
John Oesch	15	I-T1F-SP	174.9	181	0.69	275.58	314.16	347.22	-402.3	347.22	165.35	-187.39	-187.39	165.35	512.57	319.67	374.78	418.87	-490.5	418.87	931.4435	Kentucky Strong
Zach Swayne	27	M-OF-SP	241.6	242	0.59	677.91	710.98	738.54	0	738.54	496.04	512.57	-523.59	512.57	1251.1	-639.33	639.33	-655.87	0	639.33	1890.4445	Franklin Furnace
Hunter McCubbins	20	M-OF-R-T	190.5	198	0.65	303.13	-325.18	325.18	0	325.18	209.44	231.48	-242.51	231.48	556.66	435.41	446.43	457.45	0	457.45	1014.116	Kentucky Strong
Dakota Westmoreland	25	M-OF-R-T	300.1	308	0.56	518.08	540.13	-562.17	0	540.13	363.76	385.81	0	385.81	925.93	611.78	628.31	-650.36	0	628.31	1554.243	Kentucky Strong
Keith Whitmore	40	M-NF-R-U	179.2	181	0.68	385.81	418.87	-451.94	0	418.87	292.11	-319.67	-319.67	292.11	710.98	440.92	468.48	-479.5	0	468.48	1179.461	Bar Benders
Matt Oesch	59	M-4F-SP	183.8	198	0.67	303.13	352.74	407.85	0	407.85	187.39	248.02	-253.53	248.02	655.87	303.13	363.76	-402.34	0	363.76	1019.6275	Kentucky Strong
Nathan Crawford	55	M-4F-RC	197.4	198	0.64	259.04	270.06	286.6	0	286.6	170.86	176.37	181.88	181.88	468.48	330.69	358.25	374.78	0	374.78	843.2595	Kentucky Strong
Daniel Scott	42	M-M1F-R	273.5	275	0.57	407.85	440.92	468.48	0	468.48	303.13	325.18	-336.2	325.18	793.66	496.04	540.13	567.68	0	567.68	1361.3405	Kentucky Strong
Todd Little	51	M-M3F-R	234	242	0.6	418.87	440.92	462.97	0	462.966	209.25	214.75	220.25	220.25	683.25	435.25	451.75	468.25	0	468.25	1151.75	Kentucky Strong

Bench Press - Kg Results										
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench
Jackson Wilburn	17	M-T2B-R	250.4	275	0.58	125	135	137.5		137.5
Bench Press - Lb Results										
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench
Jackson Wilburn	17	M-T2B-R	250.4	275	0.58	275.58	297.62	303.13	0	303.13
Team Champion: Kentucky Strong										