

Charlotte Strength Fest

Date: September 7, 2024

Pride Conditioning, Charlotte, NC

Results: Kilos

PL	Name	Sex	Age	Nation	State	Equip	Division	Bodywgt_Kg	WgtClass_Kg	Squat1_Kg	Squat2_Kg	Squat3_Kg	Best3Sq_uatKg	Bench_1Kg	Bench2_Kg	Bench3_Kg	Bench4_Kg	Best3Be_nchKg	Deadlift_1Kg	Deadlift2_Kg	Deadlift3_Kg	Deadlift4_Kg	Best3Dea_dliftKg	TotalKg	Event
1	Asia Hannans	F	23	USA	NC	Bare	J-T	54.5	56	62.5	72.5	82.5	82.5	50	57.5	-60		57.5	102.5	110	120		120	260	SBD
1	Brandy Gullede	F	43	USA	NC	Bare	M1-U	80	82.5	125	-137.5	137.5	137.5	75	80	85		85	132.5	152.5	-165		152.5	375	SBD
NS	Jennifer Carter	F	50	USA	NC	Bare	M3-U																		SBD
DQ	Becca Grimes	F	27	USA	NC	Bare	N-X	75.9	82.5	127.5	132.5	145	145	-72.5	-72.5	-72.5			137.5	145	150		150		SBD
1	Jessica Loden	F	36	USA	NC	Bare	O-T	67.1	67.5	120	-122.5	-122.5	120	72.5	-75	-75		72.5	127.5	132.5	-135		132.5	325	SBD
1	Shawnee Owens	F	34	USA	NC	Bare	O-U	63.4	67.5	102.5	110	120	120	70	72.5	77.5		77.5	115	120	125		125	322.5	SBD
1	Jessica Loden	F	36	USA	NC	Bare	S-T	67.1	67.5	120	-122.5	-122.5	120	72.5	-75	-75		72.5	127.5	132.5	-135		132.5	325	SBD
1	Katy Silvers	F	43	USA	NC	Bare	M1-T	114	110+					85	92.5	-95		92.5						92.5	B
1	Katy Silvers	F	43	USA	NC	Bare	O-T	114	110+					85	92.5	-95		92.5						92.5	B
1	Ann McManus	F	40	USA	SC	Single-	M1-T	120.9	110+					90	100	105		105						105	B
1	Ann McManus	F	40	USA	SC	Single-	O-T	120.9	110+					90	100	105		105						105	B
1	Jessica Loden	F	36	USA	NC	Bare	O-T	67.1	67.5										127.5	132.5	-135		132.5	132.5	D
1	Jessica Loden	F	36	USA	NC	Bare	S-T	67.1	67.5										127.5	132.5	-135		132.5	132.5	D
1	Scarlett Shuping	F	17	USA	NC	Bare	T2-X	54.5	56										62.5	72.5	78	-80	78	78	D
1	Jamie Salley	M	40	USA	NC	Bare	M1-T	73.7	75	157.5	165	170	170	105	110	112.5		112.5	187.5	195	200.5		200.5	483	SBD
1	Jason Scott	M	41	USA	SC	Bare	M1-U	150.5	140+		170	190	240	240	150	170	-190		170	180	220	-250	220	630	SBD
1	Garett Hawkinson	M	30	USA	NC	Bare	N-X	122.7	125	135	145	160	160	120	132.5	145		145	165	175	192.5		192.5	497.5	SBD
1	Daniel Calabretta	M	28	USA	NC	Bare	O-T	96.3	100	270	285	300	300	145	155	160		160	275	292.5	-310		292.5	752.5	SBD
1	Mark Christiani	M	36	USA	NC	Bare	S-U	88.6	90	215	230	242.5	242.5	142.5	147.5	155		155	227.5	247.5			247.5	645	SBD
1	Russell Bridgham	M	15	USA	NC	Bare	T1-X	69.2	75	145	147.5	155	155	92.5	-98	-98		92.5	147.5	152.5	170	-171	170	417.5	SBD
1	Connor Cuff	M	15	USA	NC	Bare	T1-X	81.3	82.5	155	160	-162.5	160	102.5	107.5	115	117.5	115	157.5	162.5	172.5	-185.5	172.5	447.5	SBD
2	Hayden Salley	M	15	USA	NC	Bare	T1-X	76.3	82.5	105	115	122.5	122.5	65	70	75		75	137.5	147.5	155		155	352.5	SBD
1	Caleb Heaton	M	15	USA	NC	Bare	T1-X	97.5	100	170	182.5	192.5	192.5	112.5	117.5	-125		117.5	182.5	197.5	-207.5		197.5	507.5	SBD
1	Joshua Zegarra	M	15	USA	NC	Bare	T1-X	103.96	110	110	120	130	130	80	89	-90		89	137.5	147.5	157.5		157.5	376.5	SBD
1	Dustin Spencer	M	16	USA	NC	Bare	T2-X	95.9	100	165	177.5	187.5	187.5	105	115	-117.5		115	205	220	-227.5		220	522.5	SBD
1	Nick Parks	M	34	USA	NC	Wraps	O-U	98.2	100	247.5	255	260	260	152.5	160	162.5		162.5	272.5	-277.5		272.5	695	SBD	
1	Matt Goodnight	M	38	USA	NC	Wraps	S-U	96.6	100	227.5	247.5		247.5	160	172.5			172.5	227.5	245	-260		245	665	SBD
1	Cameron Penn	M	16	USA	NC	Wraps	T2-X	100.24	110	195	220	232.5	232.5	100	107.5	115		115	220	230	-237.5		230	577.5	SBD
NS	Ben Knight	M	21	USA	NC	Single-	J-T																		SBD
1	Gary Spencer	M	47	USA	NC	Bare	M2-T	89	90					122.5	-132.5	-132.5		122.5	205	217.5	-222.5		217.5	340	BD
1	Nick Parks	M	34	USA	NC	Wraps	O-U	98.2	100					152.5	160	162.5		162.5	272.5	-277.5		272.5	435	BD	
NS	Philip Broach	M	38	USA	SC	Bare	O-T																		B
NS	Philip Broach	M	38	USA	SC	Bare	S-T																		B
1	Robert Heaton	M	49	USA	NC	Single-	M2-T	96.5	100					162.5	175	182.5		182.5						182.5	B
1	Sammy Santes	M	30	USA	NC	Single-	O-U	161.7	140+					275	320	340		340						340	B
DQ	Joey Smith	M	50	USA	NC	Multi-p	M3-U	130.5	140					-390	-390										B
DQ	Joey Smith	M	50	USA	NC	Multi-p	O-U	130.5	140					-390	-390										B
1	Nick Parks	M	34	USA	NC	Wraps	O-U	98.2	100										272.5	-277.5		272.5	272.5	272.5	D

Results: Pounds

PL	Name	Sex	Age	Nation	State	Equip	Division	Bodywgt_	WgtClass_	Squat1L	Squat2	Squat3	Best3Sq	Bench	Bench2	Bench3	Bench4	Best3Be	Deadlift	Deadlift2	Deadlift3	Deadlift4	Best3Dea	TotalLb	Event
								Lb	Lb	b	Lb	Lb	uatLb	1Lb	Lb	Lb	Lb	nchLb	1Lb	Lb	Lb	Lb	Lb		
1	Asia Hannans	F	23	USA	NC	Bare	J-T	120.2	123.5	137.8	159.8	181.9	181.9	110.2	126.8	-132.3		126.8	226	242.5	264.6		264.6	573.2	SBD
1	Brandy Gullede	F	43	USA	NC	Bare	M1-U	176.4	181.9	275.6	-303.1	303.1	303.1	165.3	176.4	187.4		187.4	292.1	336.2	-363.8		336.2	826.7	SBD
NS	Jennifer Carter	F	50	USA	NC	Bare	M3-U																		SBD
DQ	Becca Grimes	F	27	USA	NC	Bare	N-X	167.3	181.9	281.1	292.1	319.7	319.7	-160	-159.8	-159.8			303.1	319.7	330.7		330.7		SBD
1	Jessica Loden	F	36	USA	NC	Bare	O-T	147.9	148.8	264.6	-270.1	-270.1	264.6	159.8	-165.3	-165.3		159.8	281.1	292.1	-297.6		292.1	716.5	SBD
1	Shawnee Owens	F	34	USA	NC	Bare	O-U	139.8	148.8	226	242.5	264.6	264.6	154.3	159.8	170.9		170.9	253.5	264.6	275.6		275.6	711	SBD
1	Jessica Loden	F	36	USA	NC	Bare	S-T	147.9	148.8	264.6	-270.1	-270.1	264.6	159.8	-165.3	-165.3		159.8	281.1	292.1	-297.6		292.1	716.5	SBD
1	Katy Silvers	F	43	USA	NC	Bare	M1-T	251.3	SHW					187.4	203.9	-209.4		203.9						203.9	B
1	Katy Silvers	F	43	USA	NC	Bare	O-T	251.3	SHW					187.4	203.9	-209.4		203.9						203.9	B
1	Ann McManus	F	40	USA	SC	Single-	M1-T	266.5	SHW					198.4	220.5	231.5		231.5						231.5	B
1	Ann McManus	F	40	USA	SC	Single-	O-T	266.5	SHW					198.4	220.5	231.5		231.5						231.5	B
1	Adelyn Salley	F	7	USA	NC	Bare	KC-X	68.8	97										47	55	60		60	60	D
1	Jessica Loden	F	36	USA	NC	Bare	O-T	147.9	148.8									281.1	292.1	-297.6		292.1	292.1	D	
1	Jessica Loden	F	36	USA	NC	Bare	S-T	147.9	148.8									281.1	292.1	-297.6		292.1	292.1	D	
1	Scarlett Shuping	F	17	USA	NC	Bare	T2-X	120.2	123.5									137.8	159.8	172	-176.4	172	172	D	
1	Jamie Salley	M	40	USA	NC	Bare	M1-T	162.5	165.3	347.2	363.8	374.8	374.8	231.5	242.5	248		248	413.4	429.9	442		442	1064.8	SBD
1	Jason Scott	M	41	USA	SC	Bare	M1-U	331.8	SHW	374.8	418.9	529.1	529.1	330.7	374.8	-418.9		374.8	396.8	485	-551.2		485	1388.9	SBD
1	Garett Hawkinson	M	30	USA	NC	Bare	N-X	270.5	275.6	297.6	319.7	352.7	352.7	264.6	292.1	319.7		319.7	363.8	385.8	424.4		424.4	1096.8	SBD
1	Daniel Calabretta	M	28	USA	NC	Bare	O-T	212.3	220.5	595.2	628.3	661.4	661.4	319.7	341.7	352.7		352.7	606.3	644.8	-683.4		644.8	1659	SBD
1	Mark Christiani	M	36	USA	NC	Bare	S-U	195.3	198.4	474	507.1	534.6	534.6	314.2	325.2	341.7		341.7	501.5	545.6			545.6	1422	SBD
1	Russell Bridgham	M	15	USA	NC	Bare	T1-X	152.6	165.3	319.7	325.2	341.7	341.7	203.9	-216.1	-216.1		203.9	325.2	336.2	374.8	-377	374.8	920.4	SBD
1	Connor Cuff	M	15	USA	NC	Bare	T1-X	179.2	181.9	341.7	352.7	-358.2	352.7	226	237	253.5	259	253.5	347.2	358.2	380.3	-409	380.3	986.6	SBD
2	Hayden Salley	M	15	USA	NC	Bare	T1-X	168.2	181.9	231.5	253.5	270.1	270.1	143.3	154.3	165.3		165.3	303.1	325.2	341.7		341.7	777.1	SBD
1	Caleb Heaton	M	15	USA	NC	Bare	T1-X	214.9	220.5	374.8	402.3	424.4	424.4	248	259	-275.6		259	402.3	435.4	-457.5		435.4	1118.8	SBD
1	Joshua Zegarra	M	15	USA	NC	Bare	T1-X	229.2	242.5	242.5	264.6	286.6	286.6	176.4	196.2	-198.4		196.2	303.1	325.2	347.2		347.2	830	SBD
1	Dustin Spencer	M	16	USA	NC	Bare	T2-X	211.4	220.5	363.8	391.3	413.4	413.4	231.5	253.5	-259		253.5	451.9	485	-501.5		485	1151.9	SBD
1	Nick Parks	M	34	USA	NC	Wraps	O-U	216.5	220.5	545.6	562.2	573.2	573.2	336.2	352.7	358.2		358.2	600.8	-611.8			600.8	1532.2	SBD
1	Matt Goodnight	M	38	USA	NC	Wraps	S-U	213	220.5	501.5	545.6		545.6	352.7	380.3			380.3	501.5	540.1	-573.2		540.1	1466.1	SBD
1	Cameron Penn	M	16	USA	NC	Wraps	T2-X	221	242.5	429.9	485	512.6	512.6	220.5	237	253.5		253.5	485	507.1	-523.6		507.1	1273.2	SBD
NS	Ben Knight	M	21	USA	NC	Single-	J-T																		SBD
1	Gary Spencer	M	47	USA	NC	Bare	M2-T	196.2	198.4					270.1	-292.1	-292.1		270.1	451.9	479.5	-490.5		479.5	749.6	BD
1	Nick Parks	M	34	USA	NC	Wraps	O-U	216.5	220.5					336.2	352.7	358.2		358.2	600.8	-611.8			600.8	959	BD
NS	Philip Broach	M	38	USA	SC	Bare	O-T																		B
NS	Philip Broach	M	38	USA	SC	Bare	S-T																		B
1	Robert Heaton	M	49	USA	NC	Single-	M2-T	212.7	220.5					358.2	385.8	402.3		402.3						402.3	B
1	Sammy Santes	M	30	USA	NC	Single-	O-U	356.5	SHW					606.3	705.5	749.6		749.6						749.6	B
DQ	Joey Smith	M	50	USA	NC	Multi-p	M3-U	287.7	308.6					-860	-859.8										B
DQ	Joey Smith	M	50	USA	NC	Multi-p	O-U	287.7	308.6					-860	-859.8										B
1	Nick Parks	M	34	USA	NC	Wraps	O-U	216.5	220.5										600.8	-611.8			600.8	600.8	D

Strict Curl Results: Pounds

PL	Name	Sex	Age	Nation	State	Equip	Division	Bodywgt_	WgtClass_	Best3Cu			
								Lb	Lb	Curl1Lb	Curl2Lb	Curl3Lb	rLb
1	Robert Heaton	M	49	USA	NC	Bare	M2-T	212.7	220.5	125	-135	135	135
1	Maureen Clary	F	57	USA	SC	Bare	M4-T	158.5	165.3	55	65	-70	65

Team Champion: Spencer's Powerlifting

Referees: Burt Conley, Linsey Eudy, Bill Clary