

365 Strong World Powerlifting Federation

Tennessee State Overall Division Leaders - by Weight Class

Last Update: 10/25/26

Open Females - All Gear

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	Open	Raw	Female	44kg/97lb	Bench	HARLYM BETTS	61	6/27/2026
Tennessee	Open	Raw	Female	44kg/97lb	Deadlift	HARLYM BETTS	138	6/27/2026
Tennessee	Open	Raw	Female	52kg/114.6lb	Squat	NATASHA SHELBY	88	12/13/2025
Tennessee	Open	Raw	Female	52kg/114.6lb	Bench	NATASHA SHELBY	61	12/13/2025
Tennessee	Open	Raw	Female	52kg/114.6lb	Deadlift	NATASHA SHELBY	165	12/13/2025
Tennessee	Open	Raw	Female	52kg/114.6lb	TOTAL	NATASHA SHELBY	314	12/13/2025
Tennessee	Open	Raw	Female	56kg/123.5lb	Squat	XIOMARA PRADO	314	6/27/2026
Tennessee	Open	Raw	Female	56kg/123.5lb	Bench	XIOMARA PRADO	154	6/27/2026
Tennessee	Open	Raw	Female	56kg/123.5lb	Deadlift	XIOMARA PRADO	320	6/27/2026
Tennessee	Open	Raw	Female	56kg/123.5lb	TOTAL	XIOMARA PRADO	772	6/27/2026
Tennessee	Open	Multi-ply	Female	60kg/132.2	Bench	JOJO BRASSEAU	190	10/21/2024
Tennessee	Open	RawCL	Female	67.5kg/148.8lb	Squat	PEYTON LAUFFER	105	6/19/2021
Tennessee	Open	RawCL	Female	67.5kg/148.8lb	Bench	PEYTON LAUFFER	61	6/19/2021
Tennessee	Open	RawCL	Female	67.5kg/148.8lb	Deadlift	PEYTON LAUFFER	154	6/19/2021
Tennessee	Open	RawCL	Female	67.5kg/148.8lb	TOTAL	PEYTON LAUFFER	320	6/19/2021
Tennessee	Open	Single-ply	Female	82.5kg/181.7lb	Bench	CHRISTINA LAUFFER	253	4/23/2022
Tennessee	Open	Single-ply	Female	82.5kg/181.7lb	Deadlift	CHRISTINA LAUFFER	308	4/23/2022
Tennessee	Open	Single-ply	Female	90kg/198.4lb	Bench	CHRISTINA LAUFFER	220	1/22/2022
Tennessee	Open	Single-ply	Female	90kg/198.4lb	Deadlift	CHRISTINA LAUFFER	308	1/22/2022
Tennessee	Open	RawCL	Female	100kg/220.4lb	Squat	CHRISTINA LAUFFER	187	6/19/2021
Tennessee	Open	RawCL	Female	100kg/220.4lb	Bench	CHRISTINA LAUFFER	132	6/19/2021
Tennessee	Open	RawCL	Female	100kg/220.4lb	Deadlift	CHRISTINA LAUFFER	303	6/19/2021
Tennessee	Open	RawCL	Female	100kg/220.4lb	TOTAL	CHRISTINA LAUFFER	622	6/19/2021

Tennessee State Records

Open Males - All Gear

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	Open	Raw	Male	52kg/114.6lb	Deadlift	GABRIEL SHELBY	71	3/22/2025
Tennessee	Open	Raw	Male	75kg/165.2lb	Squat	LARENZ WATKINS	402	6/27/2026
Tennessee	Open	Raw	Male	75kg/165.2lb	Bench	LARENZ WATKINS	264	6/27/2026
Tennessee	Open	Raw	Male	75kg/165.2lb	Deadlift	LARENZ WATKINS	419	6/27/2026
Tennessee	Open	Raw	Male	75kg/165.2lb	TOTAL	LARENZ WATKINS	1086	6/27/2026
Tennessee	Open	RawCL	Male	75kg/165.2lb	Squat	GEORGE SHELBY	325	5/22/2021
Tennessee	Open	RawCL	Male	75kg/165.2lb	Bench	GEORGE SHELBY	215	3/22/2025
Tennessee	Open	RawCL	Male	75kg/165.2lb	Deadlift	GEORGE SHELBY	402	5/22/2021
Tennessee	Open	RawCL	Male	75kg/165.2lb	TOTAL	GEORGE SHELBY	942	5/22/2021
Tennessee	Open	Raw	Male	82.5kg/181.8lb	Squat	GEORGE SHELBY	314	12/13/2025
Tennessee	Open	Raw	Male	82.5kg/181.8lb	Bench	GEORGE SHELBY	253	10/10/2026
Tennessee	Open	Raw	Male	82.5kg/181.8lb	Deadlift	GEORGE SHELBY	375	12/13/2025
Tennessee	Open	Raw	Male	82.5kg/181.8lb	TOTAL	GEORGE SHELBY	926	12/13/2025
Tennessee	Open	RawCl	Male	82.5kg/181.8lb	Squat	GEORGE SHELBY	326	10/10/2026
Tennessee	Open	RawCl	Male	82.5kg/181.8lb	Bench	GEORGE SHELBY	204	10/10/2026
Tennessee	Open	RawCl	Male	82.5kg/181.8lb	Deadlift	GEORGE SHELBY	303	10/10/2026
Tennessee	Open	RawCl	Male	82.5kg/181.8lb	TOTAL	GEORGE SHELBY	827	10/10/2026
Tennessee	Open	Single-ply	Male	82.5kg/181.8lb	Squat	GEORGE SHELBY	326	10/10/2026
Tennessee	Open	Raw	Male	82.5kg/181.8lb	Bench	GEORGE SHELBY	303	10/10/2026
Tennessee	Open	Raw	Male	82.5kg/181.8lb	Deadlift	GEORGE SHELBY	303	10/10/2026
Tennessee	Open	Raw	Male	82.5kg/181.8lb	TOTAL	GEORGE SHELBY	926	10/10/2026
Tennessee	Open	Raw	Male	90kg/198.4lb	Squat	SIMON LEVITSKY	386	6/27/2026
Tennessee	Open	Raw	Male	90kg/198.4lb	Bench	KYLE POTEET	336	8/9/2025
Tennessee	Open	Raw	Male	90kg/198.4lb	Deadlift	KYLE POTEET	579	8/9/2025
Tennessee	Open	Raw	Male	90kg/198.4lb	TOTAL	SIMON LEVITSKY	1014	6/27/2026

Tennessee	Open	Single-ply	Male	90kg/198.4lb	Bench	TIM BOSTIC	408	10/17/2020
Tennessee	Open	Unlimited	Male	90kg/198.4lb	Squat	JACOB KEITH	750	6/27/2026
Tennessee	Open	Unlimited	Male	90kg/198.4lb	Bench	JACOB KEITH	617	6/27/2026
Tennessee	Open	Unlimited	Male	90kg/198.4lb	Deadlift	JACOB KEITH	551	6/27/2026
Tennessee	Open	Unlimited	Male	90kg/198.4lb	TOTAL	JACOB KEITH	1918	6/27/2026

Tennessee	Open	Raw	Male	100kg/220.4lb	Squat	DEREK DURHAM	501	6/27/2026
Tennessee	Open	Raw	Male	100kg/220.4lb	Bench	JUSTIN URBAN	402	10/12/2025
Tennessee	Open	Raw	Male	100kg/220.4lb	Deadlift	JUSTIN URBAN	628	10/12/2025
Tennessee	Open	Raw	Male	100kg/220.4lb	TOTAL	DEREK DURHAM	1427	6/27/2026
Tennessee	Open	Unlimited	Male	100kg/220.4lb	Bench	STEPHEN DYE	711	8/9/2025
Tennessee	Open	Unlimited	Male	100kg/220.4lb	Deadlift	STEPHEN DYE	711	8/9/2025
Tennessee	Open	Unlimited	Male	100kg/220.4lb	Bench	DUSTY WILLIAMS	457	10/11/2026
Tennessee	Open	Raw	Male	110kg/242.5lb	Squat	ZACHARY SMITH	264	12/13/2025
Tennessee	Open	Raw	Male	110kg/242.5lb	Bench	DANIEL MCCLENDON	353	10/17/2020
Tennessee	Open	Raw	Male	110kg/242.5lb	Deadlift	JEREMY GREEN	545	6/27/2026
Tennessee	Open	Unlimited	Male	110kg/242.5lb	Bench	PAUL LAUFFER	711	4/23/2022
Tennessee	Open	Raw	Male	110kg/242.5lb	TOTAL	ZACHARY SMITH	832	12/13/2025
Tennessee	Open	Raw	Male	125kg/275.5lb	Bench	DREW CULLUM	347	10/16/2021
Tennessee	Open	Single-ply	Male	125kg/275.5lb	Bench	ANTHONY LYNN	424	10/11/2026
Tennessee	Open	Unlimited	Male	125kg/275.5lb	Bench	ANTONIO LYNN	419	10/12/2025
Tennessee	Open	RawCl	Male	140kg/308.7lb	Squat	AUSTIN HENSLEY	882	10/27/2018
Tennessee	Open	RawCl	Male	140kg/308.7lb	Bench	DUNCAN HUNDLEY	601	11/21/2020
Tennessee	Open	RawCl	Male	140kg/308.7lb	Deadlift	AUSTIN HENSLEY	601	10/27/2018
Tennessee	Open	RawCl	Male	140kg/308.7lb	TOTAL	AUSTIN HENSLEY	1901	10/27/2018
Tennessee	Open	Single-ply	Male	140kg/308.6lb	Bench	DUNCAN HUNDLEY	926	10/16/2021
Tennessee	Open	Multi-ply	Male	140kg/308.6lb	Squat	DUNCAN HUNDLEY	1135	12/4/2021
Tennessee	Open	Multi-ply	Male	140kg/308.6lb	Bench	DUNCAN HUNDLEY	904	12/4/2021
Tennessee	Open	Multi-ply	Male	140kg/308.6lb	Deadlift	DUNCAN HUNDLEY	672	12/4/2021
Tennessee	Open	Multi-ply	Male	140kg/308.6lb	TOTAL	DUNCAN HUNDLEY	2712	12/4/2021
Tennessee	Open	Unlimited	Male	140.1+kg/SHW	Deadlift	AUSTIN MARKOS	419	8/9/2025
Tennessee	Open	Unlimited	Male	140.1+kg/SHW	Bench	CHRIS HENRY	562	10/12/2025

Tennessee State Records

Juniors All Gear Females & Males

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	Juniors	Raw	Male	90kg/198.4lb	Squat	SAMUEL LEYDEN	314	3/22/2025
Tennessee	Juniors	Raw	Male	90kg/198.4lb	Bench	SAMUEL LEYDEN	259	3/22/2025
Tennessee	Juniors	Raw	Male	90kg/198.4lb	Deadlift	SAMUEL LEYDEN	353	3/22/2025
Tennessee	Juniors	Raw	Male	90kg/198.4lb	TOTAL	SAMUEL LEYDEN	926	3/22/2025
Tennessee	Juniors	Raw	Male	100kg/220.4lb	Squat	DEREK DURHAM	501	6/27/2026
Tennessee	Juniors	Raw	Male	100kg/220.4lb	Bench	DEREK DURHAM	303	6/27/2026
Tennessee	Juniors	Raw	Male	100kg/220.4lb	Deadlift	DEREK DURHAM	623	6/27/2026
Tennessee	Juniors	Raw	Male	100kg/220.4lb	TOTAL	DEREK DURHAM	1427	6/27/2026
Tennessee	Juniors	Raw	Male	140kg/308.7lb	Bench	DUNCAN HUNDLEY	601	11/21/2020
Tennessee	Juniors	Single-ply	Male	140kg/308.6lb	Bench	DUNCAN HUNDLEY	926	10/16/2021
Tennessee	Juniors	Multi-ply	Male	140kg/308.6lb	Squat	DUNCAN HUNDLEY	1135	12/4/2021
Tennessee	Juniors	Multi-ply	Male	140kg/308.6lb	Bench	DUNCAN HUNDLEY	904	12/4/2021
Tennessee	Juniors	Multi-ply	Male	140kg/308.6lb	Deadlift	DUNCAN HUNDLEY	672	12/4/2021
Tennessee	Juniors	Multi-ply	Male	140kg/308.6lb	TOTAL	DUNCAN HUNDLEY	2712	12/4/2021

Tennessee State Records

Submasters All Gear Females & Males

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	SubM	Raw	Male	90kg/198.4lb	Bench	KYLE POTEET	336	8/9/2025
Tennessee	SubM	Raw	Male	90kg/198.4lb	Deadlift	KYLE POTEET	579	8/9/2025
Tennessee	SubM	Raw	Male	90kg/198.4lb	Squat	SIMON LEVITSKY	386	6/27/2026
Tennessee	SubM	Raw	Male	90kg/198.4lb	TOTAL	SIMON LEVITSKY	1014	6/27/2026

Tennessee State Records

Masters All Gear Females & Males

Masters Divisions: M1/40-44, M2/45-49, M3/50-54, M4/55-59, M5/60-64, M6/65-69, M7/70-74, M8/75-79, M9/80-84, ETC.

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	M5	Multi-ply	Female	60kg/132.2	Bench	JOJO BRASSEAU	190	10/21/2024
Tennessee	M5	Raw	Male	67.5kg/148.8lb	Bench	SCOTT STEVENS	99	8/9/2025
Tennessee	M5	Raw	Male	67.5kg/148.8lb	Deadlift	SCOTT STEVENS	176	8/9/2025
Tennessee	M1	Raw	Male	75kg/165.2lb	Squat	GEORGE SHELBY	331	10/16/2021
Tennessee	M1	Raw	Male	75kg/165.2lb	Bench	GEORGE SHELBY	215	3/22/2025
Tennessee	M1	Raw	Male	75kg/165.2lb	Deadlift	GEORGE SHELBY	375	10/16/2021
Tennessee	M1	Raw	Male	75kg/165.2lb	TOTAL	GEORGE SHELBY	915	10/16/2021
Tennessee	M1	RawCL	Male	75kg/165.2lb	Squat	GEORGE SHELBY	325	5/22/2021
Tennessee	M1	RawCL	Male	75kg/165.2lb	Bench	GEORGE SHELBY	215	5/22/2021
Tennessee	M1	RawCL	Male	75kg/165.2lb	Deadlift	GEORGE SHELBY	402	5/22/2021
Tennessee	M1	RawCL	Male	75kg/165.2lb	TOTAL	GEORGE SHELBY	942	5/22/2021
Tennessee	M5	RawCL	Male	75kg/165.2lb	Squat	SCOTT STEVENS	110	6/27/2026
Tennessee	M5	RawCL	Male	75kg/165.2lb	Bench	SCOTT STEVENS	105	6/27/2026
Tennessee	M5	RawCL	Male	75kg/165.2lb	Deadlift	SCOTT STEVENS	204	6/27/2026
Tennessee	M5	RawCL	Male	75kg/165.2lb	TOTAL	SCOTT STEVENS	419	6/27/2026
Tennessee	M1	Raw	Male	82.5kg/181.7lb	Squat	GEORGE SHELBY	303	10/11/2025
Tennessee	M1	Raw	Male	82.5kg/181.7lb	Bench	GEORGE SHELBY	226	10/11/2025
Tennessee	M1	Raw	Male	82.5kg/181.7lb	Deadlift	GEORGE SHELBY	364	10/11/2025
Tennessee	M1	Raw	Male	82.5kg/181.7lb	TOTAL	GEORGE SHELBY	893	10/11/2025
Tennessee	M2	Raw	Male	82.5kg/181.7lb	Squat	GEORGE SHELBY	314	12/13/2025
Tennessee	M2	Raw	Male	82.5kg/181.7lb	Bench	GEORGE SHELBY	237	12/13/2025
Tennessee	M2	Raw	Male	82.5kg/181.7lb	Deadlift	GEORGE SHELBY	375	12/13/2025
Tennessee	M2	Raw	Male	82.5kg/181.7lb	TOTAL	GEORGE SHELBY	926	12/13/2025
Tennessee	M2	Single-ply	Male	82.5kg/181.7lb	Squat	GEORGE SHELBY	326	10/10/2026
Tennessee	M2	Single-ply	Male	82.5kg/181.7lb	Bench	GEORGE SHELBY	303	10/10/2026
Tennessee	M2	Single-ply	Male	82.5kg/181.7lb	Deadlift	GEORGE SHELBY	303	10/10/2026
Tennessee	M2	Single-ply	Male	82.5kg/181.7lb	TOTAL	GEORGE SHELBY	927	10/10/2026
Tennessee	M1	Single-ply	Female	82.5kg/181.7lb	Bench	CHRISTINA LAUFFER	253	4/23/2022
Tennessee	M1	Single-ply	Female	82.5kg/181.7lb	Deadlift	CHRISTINA LAUFFER	308	4/23/2022
Tennessee	M1	Single-ply	Female	90kg/198.2lb	Bench	CHRISTINA LAUFFER	220	1/22/2022
Tennessee	M1	Single-ply	Female	90kg/198.2lb	Deadlift	CHRISTINA LAUFFER	308	1/22/2022
Tennessee	M1	Raw	Male	90kg/198.2lb	Deadlift	GEORGE SHELBY	342	8/9/2025
Tennessee	M3	Single-ply	Male	90kg/198.2lb	Bench	TIM BOSTIC	408	10/17/2020
Tennessee	M3	Raw	Male	90kg/198.2lb	Bench	TIM BOSTIC	320	10/17/2020
Tennessee	M6	Multi-ply	Male	90kg/198.2lb	Bench	JOE GARAFOLA	364	10/10/2026
Tennessee	M1	RawCL	Female	100kg/220.4lb	Squat	CHRISTINA LAUFFER	187	6/19/2021
Tennessee	M1	RawCL	Female	100kg/220.4lb	Bench	CHRISTINA LAUFFER	132	6/19/2021
Tennessee	M1	RawCL	Female	100kg/220.4lb	Deadlift	CHRISTINA LAUFFER	303	6/19/2021
Tennessee	M1	RawCL	Female	100kg/220.4lb	TOTAL	CHRISTINA LAUFFER	622	6/19/2021
Tennessee	M1	Raw	Male	100kg/220.4lb	Bench	JUSTIN URBAN	402	10/12/2025
Tennessee	M1	Raw	Male	100kg/220.4lb	Deadlift	JUSTIN URBAN	628	10/12/2025
Tennessee	M2	Raw	Male	100kg/220.4lb	Bench	TODD TRESSLER	242	8/9/2025
Tennessee	M2	Raw	Male	100kg/220.4lb	Deadlift	TODD TRESSLER	281	8/9/2025
Tennessee	M2	Multi-ply	Male	110kg/242.5lb	Bench	PAUL LAUFFER	711	4/23/2022
Tennessee	M5	Unlimited	Male	110kg/242.5lb	Bench	PETER MAYNARD	645	6/27/2026
Tennessee	M6	Unlimited	Male	110kg/242.5lb	Bench	DREW CULLUM	441	10/12/2025
Tennessee	M2	Single-ply	Male	125kg/275.5lb	Bench	ANTHONY LYNN	424	10/11/2026
Tennessee	M2	Unlimited	Male	125kg/275.5lb	Bench	ANTHONY LYNN	419	10/12/2025
Tennessee	M5	Raw	Male	125kg/275.5lb	Bench	DREW CULLUM	347	10/16/2021
Tennessee	M5	Single-ply	Male	125kg/275.5lb	Bench	DREW CULLUM	402	10/16/2021

Tennessee State Records

M/P/F All Gear Females & Males

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	M/P/F	ALL	M/F	All Classes		NONE		

Tennessee State Records
KC, Youth & Teenage All Gear Females & Males

Kids Club (10 & Under), Youth (10-12), Teen-1 (13-15), Teen-2 (16-17), Teen-3 (18-19)								
State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
Tennessee	Youth	Raw	Female	44kg/97lb	Bench	HARLYM BETTS	60	6/27/2026
Tennessee	Youth	Raw	Female	44kg/97lb	Deadlift	HARLYM BETTS	138	6/27/2026
Tennessee	Youth	Raw	Female	52kg/114.6lb	Squat	NATASHA SHELBY	66	3/22/2025
Tennessee	Youth	Raw	Female	52kg/114.6lb	Bench	NATASHA SHELBY	55	3/22/2025
Tennessee	Youth	Raw	Female	52kg/114.6lb	Deadlift	NATASHA SHELBY	105	3/22/2025
Tennessee	Youth	Raw	Female	52kg/114.6lb	TOTAL	NATASHA SHELBY	226	3/22/2025
Tennessee	Teen-1	Raw	Female	52kg/114.6lb	Squat	NATASHA SHELBY	88	12/13/2025
Tennessee	Teen-1	Raw	Female	52kg/114.6lb	Bench	NATASHA SHELBY	61	12/13/2025
Tennessee	Teen-1	Raw	Female	52kg/114.6lb	Deadlift	NATASHA SHELBY	165	12/13/2025
Tennessee	Teen-1	Raw	Female	52kg/114.6lb	TOTAL	NATASHA SHELBY	314	12/13/2025
Tennessee	Teen-2	RawCL	Female	67.5kg/148.8lb	Squat	PEYTON LAUFFER	105	6/19/2021
Tennessee	Teen-2	RawCL	Female	67.5kg/148.8lb	Bench	PEYTON LAUFFER	61	6/19/2021
Tennessee	Teen-2	RawCL	Female	67.5kg/148.8lb	Deadlift	PEYTON LAUFFER	154	6/19/2021
Tennessee	Teen-2	RawCL	Female	67.5kg/148.8lb	TOTAL	PEYTON LAUFFER	320	6/19/2021
Tennessee	Kids Club	Raw	Male	52kg/114.6lb	Deadlift	OLIVER SHELBY	60	6/27/2026
Tennessee	Youth	Raw	Male	52kg/114.6lb	Bench	GABRIEL SHELBY	50	8/9/2025
Tennessee	Youth	Raw	Male	52kg/114.6lb	Deadlift	GABRIEL SHELBY	71	3/22/2025
Tennessee	Teen 1	Raw	Male	75kg/165.2lb	Squat	ZACHARY HAMLIN	292	6/27/2026
Tennessee	Teen 1	Raw	Male	75kg/165.2lb	Bench	ZACHARY HAMLIN	198	6/27/2026
Tennessee	Teen 1	Raw	Male	75kg/165.2lb	Deadlift	MICHAEL MARTINEZ	364	6/27/2026
Tennessee	Teen 1	Raw	Male	75kg/165.2lb	TOTAL	ZACHARY HAMLIN	805	6/27/2026
Tennessee	Teen 3	RawCl	Male	75kg/165.2lb	Squat	LARENZ WATKINS	408	10/10/2026
Tennessee	Teen 3	RawCl	Male	75kg/165.2lb	Bench	LARENZ WATKINS	281	10/10/2026
Tennessee	Teen 3	RawCl	Male	75kg/165.2lb	Deadlift	LARENZ WATKINS	446	10/10/2026
Tennessee	Teen 3	RawCl	Male	75kg/165.2lb	TOTAL	LARENZ WATKINS	1124	10/10/2026
Tennessee	Teen 3	Raw	Male	75kg/165.2lb	Squat	LARENZ WATKINS	402	6/27/2026
Tennessee	Teen 3	Raw	Male	75kg/165.2lb	Bench	LARENZ WATKINS	264	6/27/2026
Tennessee	Teen 3	Raw	Male	75kg/165.2lb	Deadlift	LARENZ WATKINS	419	6/27/2026
Tennessee	Teen 3	Raw	Male	75kg/165.2lb	TOTAL	LARENZ WATKINS	1086	6/27/2026

Tennessee State Records
Female & Male Strict Curl

Tennessee	M5	Raw	Female	60kg/132.2	Curl	JOJO BRASSEAU	60	6/17/2023
Tennessee	SM	Raw	Male	90kg/198.2lb	Curl	SIMON LEVITSKY	125	6/27/2026
Tennessee	M3	Raw	Male	110kg/242.5lb	Curl	JEREMY GREEN	125	6/27/2026