

365 Strong World Powerlifting Federation

South Carolina State Overall Division Leaders - by Weight Class

Last Update: 11/2/23

Open Raw Males

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Open	RAW	Male	60kg/132.2lb	Squat	JACK SAMAHA	209	4/24/2021
South Carolina	Open	RAW	Male	60kg/132.2lb	Bench	JACK SAMAHA	116	4/24/2021
South Carolina	Open	RAW	Male	60kg/132.2lb	Deadlift	JACK SAMAHA	226	4/24/2021
South Carolina	Open	RAW	Male	60kg/132.2lb	TOTAL	JACK SAMAHA	551	4/24/2021
South Carolina	Open	RAW	Male	67.5kg/148.7lb	Squat	TY INGRAM	375	10/21/2023
South Carolina	Open	RAW	Male	67.5kg/148.7lb	Bench	MASON MUONG	270	11/9/2019
South Carolina	Open	RAW	Male	67.5kg/148.7lb	Deadlift	MASON MUONG	529	11/9/2019
South Carolina	Open	RAW	Male	67.5kg/148.7lb	TOTAL	MASON MUONG	1119	11/9/2019
South Carolina	Open	RAW	Male	75kg/165.2lb	Squat	JAMES HARVEY	402	5/11/2019
South Carolina	Open	RAW	Male	75kg/165.2lb	Bench	PATRICK MACKIN	320	11/30/2019
South Carolina	Open	RAW	Male	75kg/165.2lb	Deadlift	MASON MUONG	523	5/11/2019
South Carolina	Open	RAW	Male	75kg/165.2lb	TOTAL	JAMES HARVEY	1157	5/11/2019
South Carolina	Open	RAW	Male	82.5kg/181.7lb	Squat	DEVON PORTER	507	4/20/2018
South Carolina	Open	RAW	Male	82.5kg/181.7lb	Bench	MATT BORQUEZ	405	6/11/2016
South Carolina	Open	RAW	Male	82.5kg/181.7lb	Deadlift	DEVON PORTER	672	4/20/2018
South Carolina	Open	RAW	Male	82.5kg/181.7lb	TOTAL	RAMON CLOUD	1532	10/28/2017
South Carolina	Open	RAW	Male	90kg/198.2lb	Squat	THOMAS TOURVILLE	551	4/22/2017
South Carolina	Open	RAW	Male	90kg/198.2lb	Bench	JAMES ADAMS	480	10/29/2016
South Carolina	Open	RAW	Male	90kg/198.2lb	Deadlift	DAMORRIS JACKSON	639	4/20/2018
South Carolina	Open	RAW	Male	90kg/198.2lb	TOTAL	THOMAS TOURVILLE	1504	4/22/2017
South Carolina	Open	RAW	Male	100kg/220lb	Squat	CHARLES HEFFNER	612	4/22/2017
South Carolina	Open	RAW	Male	100kg/220lb	Bench	BRENDAN VANNOSTRAND	460	4/10/2016
South Carolina	Open	RAW	Male	100kg/220lb	Deadlift	CHARLES HEFFNER	689	4/22/2017
South Carolina	Open	RAW	Male	100kg/220lb	TOTAL	CHARLES HEFFNER	1675	4/22/2017
South Carolina	Open	RAW	Male	110kg/242.5lb	Squat	MINDIS JURENAS	639	12/9/2017
South Carolina	Open	RAW	Male	110kg/242.5lb	Bench	BRENDAN VANNOSTRAND	474	4/22/2017
South Carolina	Open	RAW	Male	110kg/242.5lb	Deadlift	MINDIS JURENAS	700	12/9/2017
South Carolina	Open	RAW	Male	110kg/242.5lb	TOTAL	MINDIS JURENAS	1764	12/9/2017
South Carolina	Open	RAW	Male	125kg/275.5lb	Squat	ANTHONY NESTA	540	10/28/2017
South Carolina	Open	RAW	Male	125kg/275.5lb	Bench	CLARK BOBO	490	7/9/2016
South Carolina	Open	RAW	Male	125kg/275.5lb	Deadlift	ANTHONY NESTA	628	10/28/2017
South Carolina	Open	RAW	Male	125kg/275.5lb	TOTAL	ANTHONY NESTA	1510	10/28/2017
South Carolina	Open	RAW	Male	140kg/308.6lb	Squat	RAY STUTTS	474	10/28/2017
South Carolina	Open	RAW	Male	140kg/308.6lb	Bench	WAYNE VANNOSTRAND	575	7/9/2016
South Carolina	Open	RAW	Male	140kg/308.6lb	Deadlift	DAVID ROBERT	680	7/9/2016
South Carolina	Open	RAW	Male	140kg/308.6lb	TOTAL	DYLAN DUKES	1240	6/2/2018
South Carolina	Open	RAW	Male	140+kg/SHW	Squat	MATT TOOHEY	601	4/20/2018
South Carolina	Open	RAW	Male	140+kg/SHW	Bench	WAYNE VANNOSTRAND	625	1/21/2017
South Carolina	Open	RAW	Male	140+kg/SHW	Deadlift	MATT TOOHEY	612	4/20/2018
South Carolina	Open	RAW	Male	140+kg/SHW	TOTAL	MATT TOOHEY	1560	4/20/2018

South Carolina State Records**Juniors Raw Males**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Juniors	RAW	Male	75kg/165.2lb	Squat	CAMERON COCHRAN	397	10/27/2018
South Carolina	Juniors	RAW	Male	75kg/165.2lb	Bench	CAMERON COCHRAN	358	10/27/2018
South Carolina	Juniors	RAW	Male	75kg/165.2lb	Deadlift	CAMERON COCHRAN	501	10/27/2018
South Carolina	Juniors	RAW	Male	75kg/165.2lb	TOTAL	CAMERON COCHRAN	1256	10/27/2018
South Carolina	Juniors	RAW	Male	82.5kg/181.7lb	Squat	DEVON PORTER	507	4/20/2018
South Carolina	Juniors	RAW	Male	82.5kg/181.7lb	Bench	DEVON PORTER	320	4/20/2018
South Carolina	Juniors	RAW	Male	82.5kg/181.7lb	Deadlift	DEVON PORTER	672	4/20/2018
South Carolina	Juniors	RAW	Male	82.5kg/181.7lb	TOTAL	DEVON PORTER	1499	4/20/2018
South Carolina	Juniors	RAW	Male	90kg/198.2lb	Squat	DAMORRIS JACKSON	512	4/21/2018
South Carolina	Juniors	RAW	Male	90kg/198.2lb	Bench	TIM WORKMAN	415	7/9/2016
South Carolina	Juniors	RAW	Male	90kg/198.2lb	Deadlift	DAMORRIS JACKSON	623	4/22/2017
South Carolina	Juniors	RAW	Male	90kg/198.2lb	TOTAL	DAMORRIS JACKSON	1427	4/22/2017
South Carolina	Juniors	RAW	Male	100kg/220.4lb	Squat	CHARLES HEFFNER	612	4/22/2017
South Carolina	Juniors	RAW	Male	100kg/220.4lb	Bench	MICHAEL COOPER	430	7/9/2016
South Carolina	Juniors	RAW	Male	100kg/220.4lb	Deadlift	CHARLES HEFFNER	689	4/22/2017
South Carolina	Juniors	RAW	Male	100kg/220.4lb	TOTAL	CHARLES HEFFNER	1675	4/22/2017
South Carolina	Juniors	RAW	Male	110kg/242.5lb	Bench	TIM WORKMAN	415	4/10/2016
South Carolina	Juniors	RAW	Male	140kg/308.6lb	Squat	RAY STUTTS	474	10/28/2017
South Carolina	Juniors	RAW	Male	140kg/308.6lb	Deadlift	RAY STUTTS	430	7/15/2017
South Carolina	Juniors	RAW	Male	140+kg/SHW	Squat	RAY STUTTS	512	3/10/2018
South Carolina	Juniors	RAW	Male	140+kg/SHW	Bench	KYSON CHISOLM	413	9/16/2023
South Carolina	Juniors	RAW	Male	140+kg/SHW	Deadlift	KYSON CHISOLM	512	9/16/2023
South Carolina	Juniors	RAW	Male	140+kg/SHW	TOTAL	KYSON CHISOLM	1427	9/16/2023

South Carolina State Records**Submasters Raw Males**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Subm	RAW	Male	75kg/165.2lb	Squat	BRANDON JENKINS	380	12/9/2017
South Carolina	Subm	RAW	Male	75kg/165.2lb	Bench	BRANDON JENKINS	231	12/9/2017
South Carolina	Subm	RAW	Male	75kg/165.2lb	Deadlift	BRANDON JENKINS	452	12/9/2017
South Carolina	Subm	RAW	Male	75kg/165.2lb	TOTAL	BRANDON JENKINS	1064	12/9/2017
South Carolina	Subm	RAW	Male	82.5kg/181.7lb	Squat	JAYSON HAMILTON	364	3/10/2018
South Carolina	Subm	RAW	Male	82.5kg/181.7lb	Bench	DALLAS NORRIS	375	8/12/2017
South Carolina	Subm	RAW	Male	82.5kg/181.7lb	Deadlift	JAYSON HAMILTON	463	12/19/2020
South Carolina	Subm	RAW	Male	82.5kg/181.7lb	TOTAL	JAYSON HAMILTON	1075	3/10/2018
South Carolina	Subm	RAW	Male	90kg/198.4lb	Squat	THOMAS SAMAHA	402	10/16/2021
South Carolina	Subm	RAW	Male	90kg/198.4lb	Bench	JAMES ADAMS	480	10/29/2016
South Carolina	Subm	RAW	Male	90kg/198.4lb	Deadlift	THOMAS SAMAHA	424	10/16/2021
South Carolina	Subm	RAW	Male	90kg/198.4lb	TOTAL	THOMAS SAMAHA	1119	10/16/2021
South Carolina	Subm	RAW	Male	100kg/220.4lb	Squat	ROB BIRD	501	12/9/2017
South Carolina	Subm	RAW	Male	100kg/220.4lb	Bench	CHRIS ANDERSON	408	12/9/2017
South Carolina	Subm	RAW	Male	100kg/220.4lb	Deadlift	ROB BIRD	601	12/9/2017
South Carolina	Subm	RAW	Male	100kg/220.4lb	TOTAL	ROB BIRD	1460	12/9/2017
South Carolina	Subm	RAW	Male	110kg/242.5lb	Squat	BRIAN KNOPF	419	9/16/2023
South Carolina	Subm	RAW	Male	110kg/242.5lb	Bench	BRIAN KNOPF	286	9/16/2023
South Carolina	Subm	RAW	Male	110kg/242.5lb	Deadlift	BRIAN KNOPF	485	9/16/2023
South Carolina	Subm	RAW	Male	110kg/242.5lb	TOTAL	BRIAN KNOPF	1168	9/16/2023

South Carolina	Subm	RAW	Male	125lb/275.5lb	Squat	BRANDON KEE	408	9/7/2019
South Carolina	Subm	RAW	Male	125lb/275.5lb	Bench	CLARK BOBO	465	10/29/2016
South Carolina	Subm	RAW	Male	125lb/275.5lb	Deadlift	BRANDON KEE	479	9/7/2019
South Carolina	Subm	RAW	Male	125lb/275.5lb	TOTAL	BRANDON KEE	1196	9/7/2019
South Carolina	Subm	RAW	Male	140kg/308.6lb	Squat	DILLON DUKES	390	6/2/2018
South Carolina	Subm	RAW	Male	140kg/308.6lb	Bench	JASON CANTRELL	475	7/9/2016
South Carolina	Subm	RAW	Male	140kg/308.6lb	Deadlift	DILLON DUKES	500	6/2/2018
South Carolina	Subm	RAW	Male	140kg/308.6lb	TOTAL	DILLON DUKES	1240	6/2/2018

South Carolina State Records

Masters Raw Males

Masters Divisions: M1/40-44, M2/45-49, M3/50-54, M4/55-59, M5/60-64, M6/65-69, M7/70-74, M8/75-79, M9/80-84, ETC.

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M1	RAW	Male	75kg/165.2lb	Squat	THOMAS SAMAHA	402	10/21/2023
South Carolina	M1	RAW	Male	75kg/165.2lb	Bench	LAMONT KEENON	320	4/9/2016
South Carolina	M1	RAW	Male	75kg/165.2lb	Deadlift	THOMAS SAMAHA	441	10/21/2023
South Carolina	M1	RAW	Male	75kg/165.2lb	TOTAL	THOMAS SAMAHA	1113	10/21/2023
South Carolina	M3	RAW	Male	75kg/165.2lb	Bench	PATRICK MACKIN	320	11/30/2019
South Carolina	M5	RAW	Male	75kg/165.2lb	Squat	TOMMY PARDUE	336	12/9/2017
South Carolina	M5	RAW	Male	75kg/165.2lb	Bench	CHET PETERS	226	9/18/2021
South Carolina	M5	RAW	Male	75kg/165.2lb	Deadlift	TOMMY PARDUE	402	12/9/2017
South Carolina	M5	RAW	Male	75kg/165.2lb	TOTAL	TOMMY PARDUE	953	12/9/2017
South Carolina	M6	RAW	Male	75kg/165.2lb	Squat	TOMMY PARDUE	391	10/27/2018
South Carolina	M6	RAW	Male	75kg/165.2lb	Bench	TOMMY PARDUE	220	10/27/2018
South Carolina	M6	RAW	Male	75kg/165.2lb	Deadlift	TOMMY PARDUE	408	10/27/2018
South Carolina	M6	RAW	Male	75kg/165.2lb	TOTAL	TOMMY PARDUE	1019	10/27/2018
South Carolina	M1	RAW	Male	82.5kg/181.7lb	Bench	CORY MCMANUS	253	10/17/2020
South Carolina	M5	RAW	Male	82.5kg/181.7lb	Deadlift	CHET PETERS	342	1/22/2022
South Carolina	M1	RAW	Male	90kg/198.4lb	Squat	MARTY WEST	501	10/28/2017
South Carolina	M1	RAW	Male	90kg/198.4lb	Bench	MARTY WEST	303	10/28/2017
South Carolina	M1	RAW	Male	90kg/198.4lb	Deadlift	MARTY WEST	573	10/28/2017
South Carolina	M1	RAW	Male	90kg/198.4lb	TOTAL	MARTY WEST	1378	10/28/2017
South Carolina	M2	RAW	Male	90kg/198.4lb	Bench	MICHAEL EDWARDS	331	10/16/2021
South Carolina	M2	RAW	Male	100kg/220.4lb	Squat	JEFF BECKHAM	500	4/10/2016
South Carolina	M2	RAW	Male	100kg/220.4lb	Bench	JEFF BECKHAM	365	4/10/2016
South Carolina	M2	RAW	Male	100kg/220.4lb	Deadlift	JEFF BECKHAM	550	4/10/2016
South Carolina	M2	RAW	Male	100kg/220.4lb	TOTAL	JEFF BECKHAM	1415	4/10/2016
South Carolina	M6	RAW	Male	100kg/220.4lb	Bench	RAYMOND HUBBE	330	10/29/2016
South Carolina	M7	RAW	Male	100kg/220.4lb	Squat	JIM COGGIN	314	9/16/2023
South Carolina	M7	RAW	Male	100kg/220.4lb	Bench	JIM COGGIN	192	9/17/2022
South Carolina	M7	RAW	Male	100kg/220.4lb	Deadlift	JIM COGGIN	342	9/16/2023
South Carolina	M7	RAW	Male	100kg/220.4lb	TOTAL	JIM COGGIN	843	9/16/2023
South Carolina	M1	RAW	Male	110kg/242.5lb	Squat	MINDIS JURENAS	639	12/9/2017
South Carolina	M1	RAW	Male	110kg/242.5lb	Bench	MINDIS JURENAS	424	12/9/2017
South Carolina	M1	RAW	Male	110kg/242.5lb	Deadlift	MINDIS JURENAS	700	12/9/2017
South Carolina	M1	RAW	Male	110kg/242.5lb	TOTAL	MINDIS JURENAS	1764	12/9/2017
South Carolina	M2	RAW	Male	110kg/242.5lb	Bench	KEITH ROYBAL	314	4/20/2018
South Carolina	M2	RAW	Male	110kg/242.5lb	Deadlift	KEITH ROYBAL	545	4/20/2018
South Carolina	M3	RAW	Male	110kg/242.5lb	Bench	DEREK WILLIAMS	270	4/24/2021
South Carolina	M4	RAW	Male	110kg/242.5lb	Bench	RAY LINDUSKI	375	9/16/2023
South Carolina	M5	RAW	Male	110kg/242.5lb	Bench	JOE MCGINNIS	320	10/22/2023
South Carolina	M1	RAW	Male	125kg/275.5lb	Bench	TOM GARNER	468	10/27/2018
South Carolina	M2	RAW	Male	125kg/275.5lb	Bench	KENNY BLACKMON	470	4/10/2016
South Carolina	M2	RAW	Male	140kg/308.6lb	Bench	WAYNE VANNOSTRAND	575	7/9/2016
South Carolina	M2	RAW	Male	140kg/308.6lb	Deadlift	ROBERT DAVID JR	680	7/9/2016
South Carolina	M1	RAW	Male	140+kg/308.7+lb	Squat	STEVEN TAYLOR	590	9/16/2023
South Carolina	M1	RAW	Male	140+kg/308.7+lb	Bench	TROY BENNETT	556	4/20/2018
South Carolina	M1	RAW	Male	140+kg/308.7+lb	Deadlift	STEVEN TAYLOR	623	9/16/2023
South Carolina	M2	RAW	Male	140+kg/308.7+lb	TOTAL	STEVEN TAYLOR	1615	9/16/2023

South Carolina	M2	RAW	Male	140+kg/308.7+lb	Squat	DAVID RAINWATER	419	12/4/2021
South Carolina	M2	RAW	Male	140+kg/308.7+lb	Bench	WAYNE VANNOSTRAND	625	1/21/2017
South Carolina	M2	RAW	Male	140+kg/308.7+lb	Deadlift	DAVID RAINWATER	463	12/4/2021
South Carolina	M2	RAW	Male	140+kg/308.7+lb	TOTAL	DAVID RAINWATER	1290	12/4/2021

South Carolina State Records**M/P/F Raw Males**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M/P/F	RAW	Male	110kg/242.5lb	Squat	GREG FINKEL	452	10/22/2023
South Carolina	M/P/F	RAW	Male	110kg/242.5lb	Bench	GREG FINKEL	336	10/22/2023
South Carolina	M/P/F	RAW	Male	110kg/242.5lb	Deadlift	GREG FINKEL	490	10/22/2023
South Carolina	M/P/F	RAW	Male	110kg/242.5lb	TOTAL	GREG FINKEL	1295	10/22/2023

South Carolina State Records**KC, Youth & Teenage Raw Males**

Kids Club (10 & Under), Youth (10-12), Teen-1 (13-15), Teen-2 (16-17), Teen-3 (18-19)

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Teen-1	RAW	Male	60kg/132.2lb	Squat	JACK SAMAHA	209	4/24/2021
South Carolina	Teen-1	RAW	Male	60kg/132.2lb	Deadlift	JACK SAMAHA	226	4/24/2021
South Carolina	Teen-1	RAW	Male	67.5kg/148.8lb	Squat	GABRIEL HUDSON	281	12/9/2017
South Carolina	Teen-1	RAW	Male	67.5kg/148.8lb	Bench	GABRIEL HUDSON	160	12/9/2017
South Carolina	Teen-1	RAW	Male	67.5kg/148.8lb	Deadlift	GABRIEL HUDSON	342	12/9/2017
South Carolina	Teen-1	RAW	Male	67.5kg/148.8lb	TOTAL	GABRIEL HUDSON	777	12/9/2017
South Carolina	Teen-3	RAW	Male	75kg/165.2lb	Squat	JOSEPH THOMAS	452	10/28/2017
South Carolina	Teen-3	RAW	Male	75kg/165.2lb	Bench	JOSEPH THOMAS	286	10/28/2017
South Carolina	Teen-3	RAW	Male	75kg/165.2lb	Deadlift	JOSEPH THOMAS	485	10/28/2017
South Carolina	Teen-3	RAW	Male	75kg/165.2lb	TOTAL	JOSEPH THOMAS	1223	10/28/2017
South Carolina	Teen-3	RAW	Male	82.5kg/181.7lb	Squat	DEVON PORTER	479	12/9/2017
South Carolina	Teen-3	RAW	Male	82.5kg/181.7lb	Bench	DEVON PORTER	292	12/9/2017
South Carolina	Teen-3	RAW	Male	82.5kg/181.7lb	Deadlift	DEVON PORTER	650	12/9/2017
South Carolina	Teen-3	RAW	Male	82.5kg/181.7lb	TOTAL	DEVON PORTER	1422	12/9/2017
South Carolina	Teen-2	RAW	Male	82.5kg/181.7lb	Squat	DAMIEN CROSS	386	5/11/2019
South Carolina	Teen-2	RAW	Male	82.5kg/181.7lb	Bench	JUANITO RUIZ	259	5/11/2019
South Carolina	Teen-2	RAW	Male	82.5kg/181.7lb	Deadlift	DAMIEN CROSS	507	5/11/2019
South Carolina	Teen-2	RAW	Male	82.5kg/181.7lb	TOTAL	DAMIEN CROSS	1113	5/11/2019
South Carolina	Teen-2	RAW	Male	90kg/198.3lb	Squat	JOSH STEELE	419	7/15/2017
South Carolina	Teen-2	RAW	Male	90kg/198.3lb	Bench	JOSH STEELE	265	7/15/2017
South Carolina	Teen-2	RAW	Male	90kg/198.3lb	Deadlift	JOSH STEELE	413	7/15/2017
South Carolina	Teen-2	RAW	Male	90kg/198.3lb	TOTAL	JOSH STEELE	1097	7/15/2017
South Carolina	Teen-3	RAW	Male	100kg/220.4lb	Squat	TYLER JACOBS	465	10/30/2016
South Carolina	Teen-3	RAW	Male	100kg/220.4lb	Bench	TYLER JACOBS	325	10/30/2016
South Carolina	Teen-3	RAW	Male	100kg/220.4lb	Deadlift	DAMIEN CROSS	551	5/22/2021
South Carolina	Teen-3	RAW	Male	100kg/220.4lb	TOTAL	DAMIEN CROSS	1268	5/22/2021
South Carolina	Teen-2	RAW	Male	110kg/242.5lb	Squat	TRISTON NORRIS	463	10/18/2020
South Carolina	Teen-2	RAW	Male	110kg/242.5lb	Bench	TRISTON NORRIS	353	10/18/2020
South Carolina	Teen-2	RAW	Male	110kg/242.5lb	Deadlift	TRISTON NORRIS	557	10/18/2020
South Carolina	Teen-2	RAW	Male	110kg/242.5lb	TOTAL	TRISTON NORRIS	1372	10/18/2020

South Carolina State Records**Raw Strict Curl Males (all divisions)**

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M4	RAW	Male	110kg/242.5lb	Curl	RAY LINDUSKI	125	9/16/2023