

**365 STRONG WORLD POWERLIFTING FEDERATION**  
**FEMALE OVERALL WORLD RECORD BEST OF THE BEST**

September 19, 2023

**Female Raw All**

<b><u>44kg/97 lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Kambree Williamson	USA			132	
Bella-Grace Meadows	USA		83		
<b><u>48kg/105.75</u></b>					
Carmen Trivette	USA	121			
Nina Kiuru	Finland		132	237	369
<b><u>52kg/114.5lb</u></b>					
Amber Malchow	USA			303	
Missy Taylor	USA	259	182		694
<b><u>56kg/123.5lb</u></b>					
Missy Taylor	USA	314	209	331	854
<b><u>60kg/132.25lb</u></b>					
Dawn Bogart	USA			350	855
Courtney Norris	USA		242		
Kristin Kitlica	USA	319			
<b><u>67.5kg/148.75lb</u></b>					
Morgan Long	USA	386	242	435	1064
<b><u>75kg/165.25lb</u></b>					
Candace Locklear	USA	336			
Reyhan Roybal	USA		240		
Kendra Danzer	USA			424	
Hilary Clark	USA				904
<b><u>82.5kg/181.75lb</u></b>					
Lay Kaahu	USA			435	
Elizabeth Pinnix	USA	353			920
Shannon Nash	USA		380		
<b><u>90kg/198.25lb</u></b>					
Isabella Heffner	USA	358			920
Shannon Nash	USA		380		
Priyanka Santiago	USA			400	
<b><u>100kg/220.25lb</u></b>					
Gina Woolard	USA	347			865
Amy Portillo	USA			369	
Jessica Hoxie	USA		237		
<b><u>110kg/242.5lb</u></b>					
Maddy Webster	USA	419	231	457	1102

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**110.1+kg/242.6+lb**

Hollie Sands	USA	386	270	518	1174
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**Female Raw - Juniors (20-23) Division**

**52kg/114.5lb**      **Nation**      **SQT**      **BP**      **DL**      **TOTAL**

Elena Lopez	USA	250		240	575
Racquel Wilson	USA		94		

**56kg/123.5lb**

Isabella Sarkis	USA	281	132	320	705
Emily Gaiser	USA		132		

**60kg/132.25lb**

Emily Gaiser	USA		143	325	727
Alexis Rutledge	USA	275			

**67.5kg/148.75lb**

Hanna Young	USA	331		364	865
Anya Kalnins	USA		178		

**75kg/165.25lb**

Candace Locklear	USA	336		402	876
Alisha Martin	USA		171		

**82.5kg/181.75lb**

Christina Walton	USA	275			
Kailee Heller	USA		154	303	716

**90kg/198.25lb**

Isabella Heffner	USA	358		391	920
Emely Barahona	USA		187		

**100kg/220.4lb**

None

**110kg/242.5lb**

Maddy Webster	USA	402	220	441	1064
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**Female Raw Classic All**

**44kg/97 lb**      **Nation**      **SQT**      **BP**      **DL**      **TOTAL**

Bella-Grace Meadows	USA		77		
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**48kg/105.75**

Stephanie Washington	USA	193	110	226	529
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**52kg/114.5lb**

Missy Taylor	USA	264	182	292	738
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**56kg/123.5lb**

Adrien Coder	USA	303		353	821
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Missy Taylor	USA		209			
<b><u>60kg/132.25lb</u></b>						
Courtney Norris	USA	441	242	408		1069
<b><u>67.5kg/148.75lb</u></b>						
Brittany Shackelford	USA	402		375		1003
Morgan Long	USA		242			
<b><u>75kg/165.25lb</u></b>						
Reyhan Roybal	USA	402	240	430		1056
<b><u>82.5kg/181.75lb</u></b>						
Julia Blackman	USA	441		452		
Shannon Nash	USA		380			1152
<b><u>90kg/198.25lb</u></b>						
Alexis Eliopoulos	USA/Greece	463		468		1229
Shannon Nash	USA		380			
<b><u>100kg/220.25lb</u></b>						
Jessica Hoxie	USA	463	237	424		1102
<b><u>110kg/242.5lb</u></b>						
Katy Silvers	USA	408				987
Ylander Ross	USA			400		
Maddy Webster	USA		220			
<b><u>110.1+kg/242.6+lb</u></b>						
Alex Wilson-McKenzie	USA	485		452		1185
Hollie Sands			270			

**Female Raw Classic - Juniors (20-23) Division**

<b><u>56kg/123.5lb</u></b>						
Emily Gaiser	USA			132		
Isabella Sarks	USA			132		
<b><u>60kg/132.25lb</u></b>						
Emily Gaiser	USA			143		
<b><u>67.5kg/148.75lb</u></b>						
Anya Kalnins	USA	298	178	320		772
<b><u>75kg/165.25lb</u></b>						
Emily Tighe	USA			342		727
Dani Moore	USA	242				
Alisha Martin	USA			171		
<b><u>82.5kg/181.75lb</u></b>						
Hailee Heller	USA			154		

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**90kg/198.25lb**

Emely Barahona                      USA                      187

**100kg/220.4lb**

None

**110kg/242.5lb**

Maddy Webster                      USA                      220

**Female Single-Ply & Multi-Ply All**

**52kg/114.5lb**

	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Lindsay Seamans	USA	319	138	319	777

**56kg/123.5lb**

Dawn Bogart (SP)	USA	265	175	295	735
Josefina Bueno (MP)	USA	248	127	297	672

**60kg/132.25lb**

Dawn Bogart (SP)	USA		226	402	959
Priscilla Pardue (SP)	USA	331			

**67.5kg/148.75lb**

Madeleine Giess (MP)	USA			425	
Melissa Smith (MP)	USA	545	331		1240
Priscilla Pardue (SP)	USA	303	176	281	755

**75kg/165.25lb**

Candice Maness (SP)	USA	364		281	909
Christina McDowell (SP)	USA		276		

**82.5kg/181.75lb**

Jasmine Jenkins (MP)	USA	505		465	1325
Gi Gi Eller (MP)	USA		441		
Helen Romero (SP)	USA	415	265	470	1120

**90kg/198.25lb**

Shelley Yates (MP)	USA	672	452	457	1538
Anika Harper (SP)	USA		253	336	

**100kg/220.25lb**

Shelley Yates (MP)	USA	650	419	452	1449
Haley Shields (SP)	USA	254			783
Anika Harper (SP)	USA		270	402	

**110kg/242.5lb**

None Listed

**110.1+kg/242.6+lb**

None Listed

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**Female Single-Ply & Multi-Ply – Juniors (20-23) Division**

<b><u>56kg/123.5lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Josefina Bueno (MP)	USA	248	127	297	672

<b><u>67.5kg/148.75lb</u></b>					
Madeleine Giess (MP)	USA	405	245	425	1075

**Female Sub-Masters (35-39) - Raw**

<b><u>56kg/123.5lb</u></b>					
Sally Lloyd	USA	176	99	248	524

<b><u>67.5kg/148.75lb</u></b>					
Tosha Baughman	USA	325	193	358	876

<b><u>75kg/165.25lb</u></b>					
Reyhan Roybal	USA		237		
Lauren White	USA	264			788
LaDetra Cole	USA			380	

<b><u>82.5kg/181.75lb</u></b>					
Lay Kaahu	USA	303	182	419	904

<b><u>90kg/198.25lb</u></b>					
Linsey Eudy	USA		242		
Naimah Abdullah	USA	226			634
Valerie Ryan	USA			292	

<b><u>100kg/220.25lb</u></b>					
Crystal Prather	USA	303		364	805
Brett Sexton	USA		154		

**Female Sub-Masters (35-39) – Raw Classic**

<b><u>52kg/114.5lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Tiffany Bellamy	USA	204	99	248	551

<b><u>56kg/123.5lb</u></b>					
Sally Lloyd	USA		99		

<b><u>67.5kg/148.75lb</u></b>					
Krista Causey	USA	231		264	645
Vanessa Westbrook	USA		159		

<b><u>75kg/165.25lb</u></b>					
Reyhan Roybal	USA	358	237	408	1003

<b><u>82.5kg/181.75lb</u></b>					
Kelley Spohrer	USA	369		419	942
Lay Kaahu	USA		182		

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**90kg/198.25lb**

Katy Silvers	USA	309		347	816
Linsey Eudy	USA		242		

**100kg/220.25lb**

Crystal Prather	USA	303		375	799
Brett Sexton	USA		154		

**Female Masters**

**M1-40-44, M2-45-49, M3-50-54, M4-55-59, M5-60-64, M6-65-69, M7-70-74, M8-75-79**

**48kg/105.8lb**

	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
M4 Nina Kiuru (R)	Finland		132	237	369

**52kg/114.5lb**

M2 Missy Taylor (R)	USA	259		275	694
M2 Missy Taylor (RC)	USA	264	182	292	738
M4 Sue Ann Hurlbert (R)	USA	133	102	220	446
M5 Sue Ann Hurlbert (R)	USA	135	105	224	464
M7 Linda Costello (R)	USA	154	83	220	457

**Div. 56kg/123.5lb**

	<b>Nation</b>	<b>SQT</b>	<b>BP (Raw)</b>	<b>DL</b>	<b>TOTAL</b>
M1 Dawn Bogart (SP)	USA	265	175	295	735
M2 Kathy Wilson (RC)	USA	180		187	435
M2 Missy Taylor (R)	USA	314	209	331	854
M3 Lisa Baker (R)	USA	182	94	237	512
M4 Dawn Williams (R)	USA	176	116	226	518

**60kg/132.25lb**

M1 Dawn Bogart (SP)	USA	331	226	402	959
M1 Dawn Bogart (R)	USA	300	205	350	855
M2 Bela Ghosh (R)	India		180	315	495
M2 Angie Terry (RC)	USA	105			
M3 Priscilla Pardue (SP)	USA	331	165	265	761
M3 Priscilla Pardue (RC)	USA	308	143	259	711
M4 Jami Bozzuto (R)	USA		185	325	510
M5 Nina Snipes (R)	USA		72		

**67.5kg/148.75lb**

M6 Maureen Clary (R)	USA	270	211	320	801
M5 Maureen Clary (R)	USA	298	226	360	876
M4 Priscilla Pardue (SP)	USA	303	176	281	755
M4 Yvette Bushard (R)	USA	253	143	292	689
M3 Priscilla Pardue (RC)	USA	265			645
M3 Yvette Bushard (R)	USA	270	160	281	711
M2 Melissa Smith (MP)	USA	545	331	364	1240
M2 Aiysha Hayes (R)	USA		165		
M2 Sharon Crook (R)	USA	248			

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M2	Gina Casper (R)	USA			303	689
M1	Alexandra Gray (RC)	USA	281		309	744
M1	Emily Lilly (R)	USA	359	231	369	955

**75kg/165.25lb**

M4	Candice Maness (SP)	USA	364	270	281	909
M4	Candice Maness (RC)	USA	308	193	298	799
M4	Paige Hitt (R)	USA	259			689
M4	Dawn O'Donnell (R)	USA			314	
M6	Barbara Haiden (RC)	USA	275		298	782
M6	Maureen Clary (R)	USA		231		
M1	Hilary Clark (R)	USA	325		402	904
M1	Reyhan Roybal (RC)	USA	402	240	430	1056
M3	Candice Maness (RC)	USA	243		254	678
M2	Christina McDowell (SP)	USA		276		
M5	Cindy Meeker (SP)	USA		209	284	
M5	Crystal Rhoades (SP)	USA	127			369
M5	Cindy Meeker (R)	USA				
M3	Tammy Crowley-DeLoatch (R)	USA		187		
M3	Kelly Padget (R)	USA	242		292	672
M2	Bonnie Mosley (R)	USA	314	171	331	816

**82.5kg/181.75lb**

M1	Christina Lauffer (SP)	USA		253	309	
M2	Shannon Nash (RC)	USA	380	380	435	1152
M2	Shannon Nash (R)	USA		380		832
M2	Crystal McCullough (R)	USA	308		353	834
M2	Jennifer Wagner (MP)	USA		165	303	
M3	Sujata Bhakat (R)	India	265	143	292	700
M3	Gi Gi Eller (MP)	USA		441		
M4	Cindy Meeker (RC)	USA	303	143	336	766
M4	Dawn O'Donnell (R)	USA	231		331	694
M5	Gloria Knight-McNeil (R)	USA		198		
M5	Cindy Meeker (SP)	USA		215		
M7	Barbara Haiden (RC)	USA	386	287	386	1058

**90kg/198.25lb**

M1	Anika Harper (SP)	USA		253	336	
M1	Shannon Nash (R)	USA		365		
M1	Heather Streible (RC)	USA	292		292	738
M1	Carla Akers (R)	USA	320		336	838
M2	Shelley Yates (MP)	USA	672	452	457	1538
M2	Joheliah Wilson (R)	USA	259		314	750
M2	Shannon Nash (RC)	USA		380	364	992
M2	Heather Streible (RC)	USA	292			
M4	Cathy Cranford (R)	USA	190	99	248	500

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<b><u>100kg/220.25lb</u></b>		<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
M1	Anika Harper (SP)	USA		270	402	
M1	Christy Owens (R)	USA	220	149	237	590
M2	Carla Akers (R)	USA	330	204	330	865
M2	Renee Turner (RC)	USA	259		286	689
M2	Shelley Yates (MP)	USA	650	419	452	1449

**110kg/242.5lb**

M1	Katy Silvers (RC)	USA	408	182	397	987
M3	Ylander Ross (RC)	USA	340	215	400	955
M3	Janet Martin (R)	USA		154	353	

**125kg/275.5lb**

M1	Hollie Sands (R)	USA	386	270	518	1174
M1	Katy Silvers (RC)	USA	380		391	920
M3	Janet Martin (R)	USA		171	370	541

**140kg/308.5lb**

Not Listed

**Female Teenage, Youth & Kids Club**

**KC-10 & Under, Y-10-12, T1-13-15, T2-16-17, T3-18-19**

<b><u>44kg/97.0lb</u></b>		<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
KC	Kambree Williamson (R)	USA			132	
T1	Bella-Grace Meadows (R)	USA		83		

**48kg/105.75lb**

Y	Carmen Trivette (R)	USA	121	83	143	347
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**52kg/114.5lb**

T3	McKenna Wright (R)	USA	165	83	237	485
T2	Leighann Allen (R)	USA		88	215	
T2	McKenna Wright (R)	USA	121			391
T1	Makayla Van Meter (R)	USA		105		
T1	Carmen Trivette (R)	USA	154		231	468

**Div. 56kg/123.5lb**

T3	Becca Dison (R)	USA	276	160	320	755
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**60kg/132.25lb**

T3	Claire Rosser (R)	USA	242	138	303	683
T2	Mara Hall (R)	USA	198	110	259	568
T1	Beverly Lemay (RC)	USA	237	94	220	551
T1	Macy Lantz (R)	USA	143		193	391
KC	Scarlett Samaha (R)	USA			100	

**67.5kg/148.75lb**

T3	Hanna Young (R)	USA	314	165	303	816
T2	Sara Hampton (R)	USA	220	127	231	579



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T1	Haleigh Batchelor (RC)	USA	264	143		651
T1	Beverly Lemay (RC)	USA			253	
T1	Macy Lantz (R)	USA	231		243	573

**75kg/165.25lb**

T3	Katarina Giancroce (R)	USA	270		292	689
T3	Sarah Oesch (RC)	USA	275	176	334	772
T2	Sarah Oesch (RC)	USA	253	151	333	737
T1	Tyler Glover (R)	USA	237	132		683
T1	Olivia Dubrow (R)	USA			320	

**82.5kg/181.75lb**

T3	Victoria Renfroe (R)	USA		150		
T3	Shelby Sprinkle (R)	USA	281		402	827
T3	Sarah Oesch (RC)	USA	286	182	353	821
T2	Sarah Oesch (RC)	USA	237	149	326	712
T2	Chesney Samaha (R)	USA	154		182	419
T1	Kayla McCubbins (R)	USA	94	61	160	314
Y	Neveah McIntosh (R)	USA	138	94	200	432

**90kg/198.25lb**

T2	Alyssa Beadles (R)	USA	204	121	286	612
T1	Karson Tolle (R)	USA	242	121	308	671
Y	Neveah McIntosh (R)	USA	292	116	231	639

**100kg/220.4lb**

Y	Neveah McIntosh (RC)	USA	325	204	275	805
T1	Karson Tolle (R)	USA	237	105	275	617

**110kg/242.5lb**

T1	Abrie Meadows (R)	USA	325	154	309	771
T3	Meredith Arnold (RC)	USA	242	149	309	700

**Female M/P/F**

<b><u>48kg/105.75</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Stephanie Washington	USA	193	110	226	529

**56kg/123.5lb**

RC	Amanda Isley	USA	242	132	303	675
R	Tiffany Faulkner	USA		155	305	

**60kg/132.25lb**

R	Bela Ghosh	India		180	315	
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**67.5kg/148.75lb**

R	LaDetra Cole	USA	215	116	336	656
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**75kg/165.25lb**

R	LaDetra Cole	USA			380	771
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R	Mikhayla Dunn	USA	275			
R	Heather Ingalls	USA		187		

**82.5kg/181.75lb**

R	Gabrielle Robbins	USA	314	204	397	914
RC	Emily Merritt	USA	386		391	937

**90kg/198.25lb**

None

**90.01+kg/198.26+lb**

RC	Tarra Farnham	USA	308	138	336	782
SP	Anika Harper	USA		264	402	

**Paralifter**

<b><u>44kg/97 lb</u></b>	<b>Nation</b>	<b>SQT</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
Bella-Grace Meadows	USA		83		

**Female Standing Curl**

<b><u>Lifter</u></b>	<b><u>Division</u></b>	<b><u>Age</u></b>	<b><u>BW</u></b>	<b><u>Wgt Cl</u></b>	<b><u>Best Curl</u></b>
Elena Sannicandro	Teen-1	14	118.6	123	37.5
Miranda	Open	29	122	123	60
Nina Snipes	Masters-5	61	120.2	123	27.5
Antia Sannicandro	Teen-2	17	126.2	132	37.5
Nina Snipes	Masters-5	61	125	132	32.5
JoJo Brasseur	Masters-4	59	127.2	132	60
Julie Johnson	Open	n/a	142	148	80
Aiysha Hayes	Masters-2	46	137	148	50
Haleigh Batchelor	Teen-1	13	147.6	148	71.5
Maureen Clary	Masters-5	62	156.9	165	88
Ashley Stacharowski	Open	32	162.5	165	77
Heather Streible	Masters-2	45	173.8	181	91.5
Pamela Buskirk	Submasters	39	178.1	181	66
Nelda Newton	Masters-4	59	170.2	181	60
Gloria Knight-McNeil	Masters-5	63	179.5	181	95
Shelly Moore	Masters-4	58	191.8	198	65
Mona Espinosa	Masters-1	40	187.2	198	85
Janet Martin	Masters-3	53	250.9	275	104.5
Alex Wilson-McKenzie	Open	29	294.8	308	115.7