

5-Jun-21 Mountain Island Power Invasion, Charlotte, NC

Full Power - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
Shelly Moore-N	57	F-NF-RC-T	177.3	181	0.9125	75	-85	85	85	42.5	55	-57.5	55	140	92.5	100	107.5	107.5	247.5
Aiysha Hayes-N	46	F-NF-RC-T	137	148	1.0858	-82.5	-82.5	-82.5	0	42.5	55	-60	55	0	102.5	110	115	115	0
Emely Barahona	22	F-NF-R-T	184.1	198	0.8944	132.5	140	150	150	70	75	85	85	235	125	137.5	150	150	385
Naimah Abdullah	37	F-NF-R-T	236.5	SHW	0.8175	85	87.5	102.5	102.5	65	70	-77.5	70	172.5	87.5	102.5	115	115	287.5
Shelly Moore-M4	57	F-M4F-RC-T	177.3	181	0.9125	75	-85	85	85	42.5	55	-57.5	55	140	92.5	100	107.5	107.5	247.5
Brandon Arthur-FP	26	M-OF-RC-T	197.3	198	0.6402	265	282.5	300	300	182.5	192.5	200	200	500	237.5	252.5	260	260	760
Zachary Leonardo	32	M-OF-RC-T	273.8	275	0.5706	257.5	280	302.5	302.5	147.5	165	172.5	172.5	475	257.5	280	290	290	765
Daniel Merck	25	M-OF-RC-T	215.7	220	0.6142	260	-272.5	-277.5	260	165	175	-182.5	175	435	247.5	260	-265	260	695
Kris Lewis	30	M-OF-RC-T	273.3	275	0.5708	227.5	-245	247.5	247.5	130	137.5	-142.5	137.5	385	222.5	240	245	245	630
Gary Gilbert	23	M-OF-R-U	169.8	181	0.6999	120	130	155	155	110	122.5	-130	122.5	277.5	160	182.5	200	200	477.5
Mike Evers	29	M-OF-R-T	177.4	181	0.68	135	145	155	155	97.5	102.5	110	110	265	147.5	160	170	170	435
Yovany Romero-Gomez	23	M-NF-R-T	161.5	165	0.7242	175	185	192.5	192.5	-102.5	102.5	105	105	297.5	182.5	192.5	205	205	502.5
Will Snider	21	M-NF-R-T	180	181	0.6744	137.5	145	155	155	97.5	107.5	115	115	270	175	190	200	200	470
Jack Bendure	20	M-NF-R-T	189.7	198	0.654	145	165	-177.5	165	112.5	122.5	-137.5	122.5	287.5	165	182.5	190	190	477.5
Raul Fornoni	24	M-NF-R-T	165	165	0.7139	135	137.5	145	145	75	80	-82.5	80	225	170	182.5	192.5	192.5	417.5
Karl Tillman	57	M-M4F-SP-L	269	275	0.5728	357.5	382.5		382.5	217.5	230	240	240	622.5	292.5	320		320	942.5
Noah Anderson	18	M-T3F-R-T	203.9	220		-150	-150	-150											DQ

Full Power - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
Karl Tillman	57	M-M4F-SP-L	269	275	0.5728	788.1445	843.2595	0	843.2595	479.5005	507.058	529.104	529.104	1372.364	644.8455	705.472	0	705.472	2077.8355
Brandon Arthur-FP	26	M-OF-RC-T	197.3	198	0.6402	584.219	622.7995	661.38	661.38	402.3395	424.3855	440.92	440.92	1102.3	523.5925	556.6615	573.196	573.196	1675.496
Zachary Leonardo	32	M-OF-RC-T	273.8	275	0.5706	567.6845	617.288	666.8915	666.8915	325.1785	363.759	380.2935	380.2935	1047.185	567.6845	617.288	639.334	639.334	1686.519
Daniel Merck	25	M-OF-RC-T	215.7	220	0.6142	573.196	-600.7535	-611.7765	573.196	363.759	385.805	-402.3395	385.805	959.001	545.6385	573.196	-584.219	573.196	1532.197
Yovany Romero-Gomez	23	M-NF-R-T	161.5	165	0.7242	385.805	407.851	424.3855	424.3855	-225.9715	225.9715	231.483	231.483	655.8685	402.3395	424.3855	451.943	451.943	1107.8115
Kris Lewis	30	M-OF-RC-T	273.3	275	0.5708	501.5465	-540.127	545.6385	545.6385	286.598	303.1325	-314.1555	303.1325	848.771	490.5235	529.104	540.127	540.127	1388.898
Emely Barahona	22	F-NF-R-T	184.1	198	0.8944	292.1095	308.644	330.69	330.69	154.322	165.345	187.391	187.391	518.081	275.575	303.1325	330.69	330.69	848.771
Gary Gilbert	23	M-OF-R-U	169.8	181	0.6999	264.552	286.598	341.713	341.713	242.506	270.0635	-286.598	270.0635	611.7765	352.736	402.3395	440.92	440.92	1052.6965
Will Snider	21	M-NF-R-T	180	181	0.6744	303.1325	319.667	341.713	341.713	214.9485	236.9945	253.529	253.529	595.242	385.805	418.874	440.92	440.92	1036.162
Jack Bendure	20	M-NF-R-T	189.7	198	0.654	319.667	363.759	-391.3165	363.759	248.0175	270.0635	-303.1325	270.0635	633.8225	363.759	402.3395	418.874	418.874	1052.6965
Raul Fornoni	24	M-NF-R-T	165	165	0.7139	297.621	303.1325	319.667	319.667	165.345	176.368	-181.8795	176.368	496.035	374.782	402.3395	424.3855	424.3855	920.4205
Mike Evers	29	M-OF-R-T	177.4	181	0.68	297.621	319.667	341.713	341.713	214.9485	225.9715	242.506	242.506	584.219	325.1785	352.736	374.782	374.782	959.001
Naimah Abdullah	37	F-NF-R-T	236.5	SHW	0.8175	187.391	192.9025	225.9715	225.9715	143.299	154.322	-170.8565	154.322	380.2935	192.9025	225.9715	253.529	253.529	633.8225
Shelly Moore-N	57	F-NF-RC-T	177.3	181	0.9125	165.345	-187.391	187.391	187.391	93.6955	121.253	-126.7645	121.253	308.644	203.9255	220.46	236.9945	236.9945	545.6385
Shelly Moore-M4	57	F-M4F-RC-T	177.3	181	0.9125	165.345	-187.391	187.391	187.391	93.6955	121.253	-126.7645	121.253	308.644	203.9255	220.46	236.9945	236.9945	545.6385
Aiysha Hayes-N	46	F-NF-RC-T	137	148	1.0858	-181.8795	-181.8795	-181.8795	0	93.6955	121.253	-132.276	121.253	0	225.9715	242.506	253.529	253.529	0
Noah Anderson	18	M-T3F-R-T	203.9	220		-330.5	-330.5	-330.5	0										DQ

Push Pull - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total
Aiysha Hayes-N	46	F-NF-RC-T	137	148	1.0858	42.5	55	-60	55	102.5	110	115	115	170

Push Pull - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total
Aiysha Hayes-N	46	F-NF-RC-T	137	148	1.0858	93.5	121.25	-132.25	121.25	225.75	242.5	253.5	253.5	374.75

Bench Press - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench
Maureen Clary	65	F-M6B-R-X	162.7	165	0.9604	95.5	100	105	-111	105
Brandon Arthur-BP	26	M-OB-R-T	197.3	198	0.6402	182.5	192.5	200		200
Lakendrick Powers	34	M-OB-R-T	164.7	165	0.7146	167.5	-172.5	-172.5		167.5
Stephen Lane-MP	33	M-OB-MP-U	278	308	0.5688	-330	-340	-342.5		0
Lucas Pribble	25	M-OB-MP-T	204.7	220	0.6285	290	317.5			317.5
Bill Gillespie-O	61	M-OB-MP-T	306.5	308	0.5594	-505	-505	-505		0
Stephen Lane-SP	33	M-OB-SP-U	278	308	0.5688	285				285
Louis Batchelor-BP	35	M-MPFB-MP	198	198	0.6391	165	-175	175		175
Todd Campo-MP	68	M-M6B-MP	206.8	220	0.6257	205	-227.5	-227.5		205
Todd Campo - SP	68	M-M6B-SP-T	206.8	220	0.6257	200	207.5	217.5		217.5
Bill Gillespie-M5	61	M-M5B-MP	306.5	308	0.5594	-505	-505	-505		0

Bench Press - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench
Todd Campo - SP	68	M-M6B-SP-T	206.8	220	0.6257	440.92	457.4545	479.5005	0	479.5005
Todd Campo-MP	68	M-M6B-MP	206.8	220	0.6257	451.943	-501.5465	-501.5465	0	451.943
Lucas Pribble	25	M-OB-MP-T	204.7	220	0.6285	639.334	699.9605	0	0	699.9605
Stephen Lane-SP	33	M-OB-SP-U	278	308	0.5688	628.311	0	0	0	628.311
Maureen Clary	65	F-M6B-R-X	162.7	165	0.9604	210.5393	220.46	231.483	-244.7106	231.483
Brandon Arthur-BP	26	M-OB-R-T	197.3	198	0.6402	402.3395	424.3855	440.92	0	440.92
Lakendrick Powers	34	M-OB-R-T	164.7	165	0.7146	369.2705	-380.2935	-380.2935	0	369.2705
Louis Batchelor-BP	35	M-MPFB-MP	198	198	0.6391	363.759	-385.805	385.805	0	385.805
Stephen Lane-MP	33	M-OB-MP-L	278	308	0.5688	-727.518	-749.564	-755.0755	0	0
Bill Gillespie-O	61	M-OB-MP-T	306.5	308	0.5594	-1113.323	-1113.323	-1113.323	0	0
Bill Gillespie-M5	61	M-M5B-MP	306.5	308	0.5594	-1113.323	-1113.323	-1113.323	0	0

Deadlift - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift
Lauren Davis	24	F-OD-R-T	198	198	0.8649	130	147.5	160	0	160
Matt Borquez	33	M-OD-R-T	198	198	0.6391	257.5	265	-272.5	0	265
Louis Batchelor-DL	35	M-MPFD-MP	198	198	0.6391	142.5	170	180	0	180

Deadlift - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift
Lauren Davis	24	F-OD-R-T	198	198	0.8649	286.598	325.1785	352.736	0	352.736
Matt Borquez	33	M-OD-R-T	198	198	0.6391	567.6845	584.219	-600.7535	0	584.219
Louis Batchelor-DL	35	M-MPFD-MP	198	198	0.6391	314.1555	374.782	396.828	0	396.828

Team Champion: Pride Conditioning