

366 Strong World Powerlifting Federation

South Carolina State Overall Division Leaders - by Weight Class

Last Update: 11/30/22

Open Raw Classic Females

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Open	RawCl	Female	52kg/114.5lb	Squat	TIFFANY BELLAMY	204	4/22/2017
South Carolina	Open	RawCl	Female	52kg/114.5lb	Bench	AMBER MALCHOW	132	10/28/2017
South Carolina	Open	RawCl	Female	52kg/114.5lb	Deadlift	TIFFANY BELLAMY	248	4/22/2017
South Carolina	Open	RawCl	Female	52kg/114.5lb	TOTAL	TIFFANY BELLAMY	551	4/22/2017
South Carolina	Open	RawCl	Female	56kg/123.5lb		NONE		
South Carolina	Open	RawCl	Female	60kg/132.2lb	Squat	COURTNEY NORRIS	441	8/12/2017
South Carolina	Open	RawCl	Female	60kg/132.2lb	Bench	COURTNEY NORRIS	242	8/12/2017
South Carolina	Open	RawCl	Female	60kg/132.2lb	Deadlift	COURTNEY NORRIS	408	8/12/2017
South Carolina	Open	RawCl	Female	60kg/132.2lb	TOTAL	COURTNEY NORRIS	1069	8/12/2017
South Carolina	Open	RawCl	Female	67.5kg/148.7lb	Squat	COURTNEY NORRIS	375	10/29/2016
South Carolina	Open	RawCl	Female	67.5kg/148.7lb	Bench	MAUREEN CLARY	226	4/22/2017
South Carolina	Open	RawCl	Female	67.5kg/148.7lb	Deadlift	TAYLOR JACKSON	353	5/11/2019
South Carolina	Open	RawCl	Female	67.5kg/148.7lb	TOTAL	COURTNEY NORRIS	910	10/29/2016
South Carolina	Open	RawCl	Female	75kg/165.2lb	Squat	REYHAN ROYBAL	402	10/17/2020
South Carolina	Open	RawCl	Female	75kg/165.2lb	Bench	REYHAN ROYBAL	240	10/17/2020
South Carolina	Open	RawCl	Female	75kg/165.2lb	Deadlift	REYHAN ROYBAL	430	10/17/2020
South Carolina	Open	RawCl	Female	75kg/165.2lb	TOTAL	REYHAN ROYBAL	1056	10/17/2020
South Carolina	Open	RawCl	Female	82.5kg/181.7lb	Squat	BARBARA HAIDEN	386	12/4/2021
South Carolina	Open	RawCl	Female	82.5kg/181.7lb	Bench	SHANNON NASH	380	4/22/2017
South Carolina	Open	RawCl	Female	82.5kg/181.7lb	Deadlift	HELEN ROMERO	435	4/20/2018
South Carolina	Open	RawCl	Female	82.5kg/181.7lb	TOTAL	SHANNON NASH	1152	4/20/2018
South Carolina	Open	RawCl	Female	90kg/198.2lb	Squat	ALEXIS ELIOPOULOS	463	10/28/2017
South Carolina	Open	RawCl	Female	90kg/198.2lb	Bench	SHANNON NASH	380	10/28/2017
South Carolina	Open	RawCl	Female	90kg/198.2lb	Deadlift	ALEXIS ELIOPOULOS	463	10/28/2017
South Carolina	Open	RawCl	Female	90kg/198.2lb	TOTAL	ALEXIS ELIOPOULOS	1229	10/28/2017
South Carolina	Open	RawCl	Female	100kg/220lb	Squat	PAULA BOWERS	165	10/29/2016
South Carolina	Open	RawCl	Female	100kg/220lb	Bench	PAULA BOWERS	105	10/29/2016
South Carolina	Open	RawCl	Female	100kg/220lb	Deadlift	PAULA BOWERS	205	10/29/2016
South Carolina	Open	RawCl	Female	100kg/220lb	TOTAL	PAULA BOWERS	475	10/29/2016

South Carolina	Open	RawCl	Female	110kg/242lb		NONE		
South Carolina	Open	RawCl	Female	125kg/275lb		NONE		
South Carolina	Open	RawCl	Female	140kg/308.6lb		NONE		
South Carolina	Open	RawCl	Female	140+kg/SHW	Bench	LASHONDA ZANDER	175	6/2/2018

South Carolina State Records

Juniors Raw Classic Females

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Juniors	RawCl	Female	48kg/105.7lb		NONE		
South Carolina	Juniors	RawCl	Female	52kg/114.5lb		NONE		
South Carolina	Juniors	RawCl	Female	56kg/123.5lb		NONE		
South Carolina	Juniors	RawCl	Female	60kg/132.2lb	Bench	ALEXIS RUTLEDGE	138	4/23/2022
South Carolina	Juniors	RawCl	Female	67.5kg/148.7lb		NONE		
South Carolina	Juniors	RawCl	Female	67.5kg/148.7lb		NONE		
South Carolina	Juniors	RawCl	Female	75kg/165.2lb	Bench	IVANNA GUZMAN	110	4/22/2017
South Carolina	Juniors	RawCl	Female	82.5kg/181.7lb	Bench	MICHELLE WOOD	132	10/28/2017
South Carolina	Juniors	RawCl	Female	90kg/198.2lb	Bench	KELLY BENSON	170	10/29/2016
South Carolina	Juniors	RawCl	Female	100kg/220lb		NONE		
South Carolina	Juniors	RawCl	Female	110kg/242lb		NONE		
South Carolina	Juniors	RawCl	Female	125kg/275lb		NONE		
South Carolina	Juniors	RawCl	Female	140kg/308.5lb		NONE		
South Carolina	Juniors	RawCl	Female	140+kg/SHW	Bench	LASHONDA ZANDER	175	6/2/2018

South Carolina State Records

Submasters Raw Classic Females

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	SubM	RawCl	Female	52kg/114.5lb	Squat	TIFFANY BELLAMY	204	4/22/2017
South Carolina	SubM	RawCl	Female	52kg/114.5lb	Bench	TIFFANY BELLAMY	99	4/22/2017
South Carolina	SubM	RawCl	Female	52kg/114.5lb	Deadlift	TIFFANY BELLAMY	248	4/22/2017
South Carolina	SubM	RawCl	Female	52kg/114.5lb	TOTAL	TIFFANY BELLAMY	551	4/22/2017
South Carolina	SubM	RawCl	Female	56kg/123.5lb		NONE		
South Carolina	SubM	RawCl	Female	67.5kg/148.7lb	Bench	KELIAN HAGERTY	154	4/22/2017
South Carolina	SubM	RawCl	Female	75kg/165.2lb	Bench	REYHAN ROYBAL	204	7/15/2017
South Carolina	SubM	RawCl	Female	82.5kg/181.7lb		NONE		
South Carolina	SubM	RawCl	Female	90kg/198.2lb	Bench	ALLYSON ABBS	171	4/20/2018

South Carolina	SubM	RawCl	Female	100kg/220lb	NONE
South Carolina	SubM	RawCl	Female	110kg/242lb	NONE
South Carolina	SubM	RawCl	Female	125kg/275lb	NONE
South Carolina	SubM	RawCl	Female	140kg/308.5lb	NONE
South Carolina	SubM	RawCl	Female	140+kg/SHW	NONE

South Carolina State Records Masters Raw Classic Females

Masters Divisions: M1/40-44, M2/45-49, M3/50-54, M4/55-59, M5/60-64, M6/65-69, M7/70-74, M8/75-79, M9/80-84, ETC.

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Masters	RawCl	Female	48kg/105.7lb		NONE		
South Carolina	M4	RawCl	Female	52kg/114.5lb	Bench	SUE ANN HURLBERT	89	10/17/2020
South Carolina	M5	RawCl	Female	52kg/114.5lb	Bench	SUE ANN HURLBERT	97	10/22/2022
South Carolina	M1	RawCl	Female	56kg/123.5lb	Bench	DAWN BOGART	175	10/29/2016
South Carolina	M2	RawCl	Female	60kg/132.2lb	Squat	ANGIE TERRY	105	10/29/2016
South Carolina	M2	RawCl	Female	60kg/132.2lb	Bench	ANGIE TERRY	45	10/29/2016
South Carolina	M2	RawCl	Female	60kg/132.2lb	Deadlift	ANGIE TERRY	155	10/29/2016
South Carolina	M2	RawCl	Female	60kg/132.2lb	TOTAL	ANGIE TERRY	305	10/29/2016
South Carolina	M3	RawCl	Female	60kg/132.2lb	Squat	PRISCILLA PARDUE	308	10/28/2017
South Carolina	M3	RawCl	Female	60kg/132.2lb	Bench	PRISCILLA PARDUE	143	10/28/2017
South Carolina	M3	RawCl	Female	60kg/132.2lb	Deadlift	PRISCILLA PARDUE	259	10/28/2017
South Carolina	M3	RawCl	Female	60kg/132.2lb	TOTAL	PRISCILLA PARDUE	711	10/28/2017
South Carolina	M3	RawCl	Female	67.5kg/148.7lb	Squat	PRISCILLA PARDUE	259	4/22/2017
South Carolina	M3	RawCl	Female	67.5kg/148.7lb	Bench	PRISCILLA PARDUE	132	4/22/2017
South Carolina	M3	RawCl	Female	67.5kg/148.7lb	Deadlift	PRISCILLA PARDUE	253	4/22/2017
South Carolina	M3	RawCl	Female	67.5kg/148.7lb	TOTAL	PRISCILLA PARDUE	645	4/22/2017
South Carolina	M5	RawCl	Female	67.5kg/148.7lb	Bench	MAUREEN CLARY	226	4/22/2017
South Carolina	M1	RawCl	Female	75kg/165.2lb	Squat	REYHAN ROYBAL	402	10/17/2020
South Carolina	M1	RawCl	Female	75kg/165.2lb	Bench	REYHAN ROYBAL	240	10/17/2020
South Carolina	M1	RawCl	Female	75kg/165.2lb	Deadlift	REYHAN ROYBAL	430	10/17/2020
South Carolina	M1	RawCl	Female	75kg/165.2lb	TOTAL	REYHAN ROYBAL	1056	10/17/2020
South Carolina	M3	RawCl	Female	75kg/165.2lb	Squat	CANDICE MANESS	225	10/29/2016
South Carolina	M3	RawCl	Female	75kg/165.2lb	Bench	CANDICE MANESS	165	10/29/2016
South Carolina	M3	RawCl	Female	75kg/165.2lb	Deadlift	CANDICE MANESS	235	10/29/2016
South Carolina	M3	RawCl	Female	75kg/165.2lb	TOTAL	CANDICE MANESS	678	10/29/2016

South Carolina	M4	RawCl	Female	75kg/165.2lb	Squat	CANDICE MANESS	308	10/28/2017
South Carolina	M4	RawCl	Female	75kg/165.2lb	Bench	CANDICE MANESS	193	10/28/2017
South Carolina	M4	RawCl	Female	75kg/165.2lb	Deadlift	CANDICE MANESS	298	10/28/2017
South Carolina	M4	RawCl	Female	75kg/165.2lb	TOTAL	CANDICE MANESS	799	10/28/2017
South Carolina	M6	RawCl	Female	75kg/165.2lb	Squat	BARBARA HAIDEN	275	4/22/2017
South Carolina	M6	RawCl	Female	75kg/165.2lb	Bench	MAUREEN CLARY	231	6/5/2021
South Carolina	M6	RawCl	Female	75kg/165.2lb	Deadlift	BARBARA HAIDEN	298	4/22/2017
South Carolina	M6	RawCl	Female	75kg/165.2lb	TOTAL	BARBARA HAIDEN	782	4/22/2017
South Carolina	M2	RawCl	Female	82.5kg/181.7lb	Squat	SHANNON NASH	380	4/20/2018
South Carolina	M2	RawCl	Female	82.5kg/181.7lb	Bench	SHANNON NASH	380	4/22/2017
South Carolina	M2	RawCl	Female	82.5kg/181.7lb	Deadlift	SHANNON NASH	435	4/20/2018
South Carolina	M2	RawCl	Female	82.5kg/181.7lb	TOTAL	SHANNON NASH	1152	4/20/2018
South Carolina	M7	RawCl	Female	82.5kg/181.7lb	Squat	BARBARA HAIDEN	386	12/4/2021
South Carolina	M7	RawCl	Female	82.5kg/181.7lb	Bench	BARBARA HAIDEN	287	12/4/2021
South Carolina	M7	RawCl	Female	82.5kg/181.7lb	Deadlift	BARBARA HAIDEN	386	12/4/2021
South Carolina	M7	RawCl	Female	82.5kg/181.7lb	TOTAL	BARBARA HAIDEN	1058	12/4/2021
South Carolina	M1	RawCl	Female	90kg/198.2lb	Squat	TRICIA EMRICH	260	7/9/2016
South Carolina	M1	RawCl	Female	90kg/198.2lb	Bench	SHANNON NASH	365	10/29/2016
South Carolina	M1	RawCl	Female	90kg/198.2lb	Deadlift	TRICIA EMRICH	285	7/9/2016
South Carolina	M1	RawCl	Female	90kg/198.2lb	TOTAL	TRICIA EMRICH	695	7/9/2016
South Carolina	M2	RawCl	Female	90kg/198.2lb	Squat	SHANNON NASH	248	10/28/2017
South Carolina	M2	RawCl	Female	90kg/198.2lb	Bench	SHANNON NASH	380	10/28/2017
South Carolina	M2	RawCl	Female	90kg/198.2lb	Deadlift	SHANNON NASH	364	10/28/2017
South Carolina	M2	RawCl	Female	90kg/198.2lb	TOTAL	SHANNON NASH	992	10/28/2017
South Carolina	Masters	RawCl	Female	100kg/220.4lb		NONE		
South Carolina	Masters	RawCl	Female	110kg/242.5lb		NONE		
South Carolina	Masters	RawCl	Female	125kg/275.5lb		NONE		
South Carolina	Masters	RawCl	Female	140kg/308.6lb		NONE		
South Carolina	Masters	RawCl	Female	140+kg/308.7+lb		NONE		

South Carolina State Records

M/P/F Raw Classic Females

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M/P/F	RawCl	Female	All Classes		NONE		

South Carolina State Records

KC, Youth & Teenage Raw Classic Females

Kids Club (10 & Under), Youth (10-12), Teen-1 (13-15), Teen-2 (16-17), Teen-3 (18-19)

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	Teen-1	RawCl	Female	60kg/132.2lb	Bench	MACY LANTZ	88	8/12/2017
South Carolina	Teen-1	RawCl	Female	67.5kg/148.8lb	Bench	MACY LANTZ	99	8/12/2017
South Carolina	Yth, Tn	RawCl	Female	Other Classes		NONE		

South Carolina State Records

Raw Strict Curl Females (all divisions)

State	Division	Class	Gender	Wgt. Class	Lift	Athlete	LB's	Record Date
South Carolina	M6	RAW	Female	75kg/165.2lb	Curl	MAUREEN CLARY	88	9/18/2020