

365 STRONG WORLD POWERLIFTING FEDERATION
FEMALE OVERALL WORLD RECORD BEST OF THE BEST

April 26, 2022

Female Raw All

<u>44kg/97 lb</u>	Nation	SQT	BP	DL	TOTAL
Kambree Williamson	USA			110	
<u>48kg/105.75</u>					
Carmen Trivette	USA	121		143	347
Stephanie Washington	USA		110		
<u>52kg/114.5lb</u>					
Amber Malchow	USA			303	
Missy Taylor	USA	259	182		694
<u>56kg/123.5lb</u>					
Becca Dison	USA			320	755
Isabella Sarkis	USA	281		320	
Missy Taylor	USA		176		
<u>60kg/132.25lb</u>					
Dawn Bogart	USA			350	855
Courtney Norris	USA		242		
Kristin Kitlica	USA	319			
<u>67.5kg/148.75lb</u>					
Morgan Long	USA	369	242	410	1022
<u>75kg/165.25lb</u>					
Candace Locklear	USA	336			
Reyhan Roybal	USA		240		
Kendra Danzer	USA			424	
Hilary Clark	USA				904
<u>82.5kg/181.75lb</u>					
Lay Kaahu	USA			435	
Elizabeth Pinnix	USA	353			920
Shannon Nash	USA		380		
<u>90kg/198.25lb</u>					
Emely Barahona	USA	331			849
Shannon Nash	USA		380		
Chelse Zamorano	USA			358	
<u>100kg/220.25lb</u>					
Gina Woolard	USA	347		353	865
Jessica Hoxie	USA		237		
<u>110kg/242.5lb</u>					
Jessie Hunt	USA	314			849
Ylander Ross	USA		215		
Melissa Shade	USA			400	
<u>110.1+kg/242.6+lb</u>					
Hollie Sands	USA	386	270	518	1174

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Female Raw - Juniors (20-23) Division

<u>52kg/114.5lb</u>	Nation	SQT	BP	DL	TOTAL
Elena Lopez	USA	250		240	575
Racquel Wilson	USA		94		
<u>56kg/123.5lb</u>					
Isabella Sarkis	USA	281	132	320	705
Emily Gaiser	USA		132		
<u>60kg/132.25lb</u>					
Kristen McPherson	USA			237	
Alexis Rutledge	USA	275	138		639
<u>67.5kg/148.75lb</u>					
Hanna Young	USA	331		364	865
Anya Kalnins	USA		178		
<u>75kg/165.25lb</u>					
Candace Locklear	USA	336		402	876
Alisha Martin	USA		171		
<u>82.5kg/181.75lb</u>					
Katie Roseman	USA	259			
Kailee Heller	USA	259	154	303	716
<u>90kg/198.25lb</u>					
Emely Barahona	USA	331	187	331	849
<u>90.01+kg/198.26+lb</u>					
Shauntre Lilley	USA	331	193		843
Lashonda Zander	USA			325	

Female Raw Classic All

<u>48kg/105.75</u>					
Stephanie Washington	USA	193	110	226	529
<u>52kg/114.5lb</u>					
Missy Taylor	USA	264	182	292	738
<u>56kg/123.5lb</u>					
Adrien Coder	USA	303		353	821
Dawn Bogart	USA		175		
<u>60kg/132.25lb</u>					
Courtney Norris	USA	441	242	408	1069
<u>67.5kg/148.75lb</u>					
Brittany Shackelford	USA	402		375	1003
Morgan Long	USA		242		
<u>75kg/165.25lb</u>					
Reyhan Roybal	USA	402	240	430	1056

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<u>82.5kg/181.75lb</u>	Nation	SQT	BP	DL	TOTAL
Emily Merritt	USA	386			
Barbara Haiden	USA	386			
Helen Romero	USA			435	
Shannon Nash	USA		380	435	1152
<u>90kg/198.25lb</u>					
Alexis Eliopoulos	USA/Greece	463		468	1229
Shannon Nash	USA		380		
<u>100kg/220.25lb</u>					
Jessica Hoxie	USA	463	237	424	1102
<u>110kg/242.5lb</u>					
Katy Silvers	USA	386			
Ylander Ross	USA		215	400	955
<u>110.1+kg/242.6+lb</u>					
Katy Silvers	USA	380		380	920
Hollie Sands			270		

Female Raw Classic – Juniors (20-23) Division

<u>56kg/123.5lb</u>	Nation	SQT	BP	DL	TOTAL
Emily Gaiser	USA		132		
Isabella Sarks	USA		132		
<u>60kg/132.25lb</u>					
Alexis Rutledge	USA		138		
<u>67.5kg/148.75lb</u>					
Anya Kalnins	USA	298	178	320	772
<u>75kg/165.25lb</u>					
Emily Tighe	USA			342	727
Dani Moore	USA	242			
Alisha Martin	USA		171		
<u>82.5kg/181.75lb</u>					
Hailee Heller	USA		154		
<u>90kg/198.25lb</u>					
Emely Barahona	USA		187		

Female Single-Ply & Multi-Ply All

<u>52kg/114.5lb</u>					
Lindsay Seamans	USA	319	138	319	777
<u>56kg/123.5lb</u>					
Dawn Bogart (SP)	USA	265	175	295	735
Josefina Bueno (MP)	USA	248	127	297	672
<u>60kg/132.25lb</u>					
Dawn Bogart (SP)	USA		226	402	959
Priscilla Pardue (SP)	USA	331			

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<u>67.5kg/148.75lb</u>	Nation	SQT	BP	DL	TOTAL
Madeleine Giess (MP)	USA			425	1075
Melissa Smith (MP)	USA	518	275		1146
Priscilla Pardue (SP)	USA	303	176	281	755

<u>75kg/165.25lb</u>					
Candice Maness (SP)	USA	364		281	909
Christina McDowell (SP)	USA		276		

<u>82.5kg/181.75lb</u>					
Jasmine Jenkins (MP)	USA	505		465	1325
Gi Gi Eller (MP)	USA		441		
Helen Romero (SP)	USA	415	265	470	1120

<u>90kg/198.25lb</u>					
Shelley Yates (MP)	USA	634	342	413	1372
Anika Harper (SP)	USA		237	336	

<u>100kg/220.25lb</u>					
Shelley Yates (MP)	USA	650	375	452	1449
Anika Harper (SP)	USA		248	402	

110kg/242.5lb
None Listed

110.1+kg/242.6+lb
None Listed

Female Single-Ply & Multi-Ply – Juniors (20-23) Division

<u>56kg/123.5lb</u>					
Josefina Bueno (MP)	USA	248	127	297	672

<u>67.5kg/148.75lb</u>					
Madeleine Giess (MP)	USA	405	245	425	1075

Female Sub-Masters (35-39) - Raw

<u>56kg/123.5lb</u>					
Sally Lloyd	USA	176	99	248	524

<u>67.5kg/148.75lb</u>					
Amy Daugherty	USA	264			705
Andrea Fox	USA			319	
Kelian Hagerty	USA		154		

<u>75kg/165.25lb</u>					
Reyhan Roybal	USA	275	237		821
LaDetra Cole	USA			380	

<u>82.5kg/181.75lb</u>					
Lay Kaahu	USA	303	182	419	904

<u>90.01+kg/198.26+lb</u>					
Katy Silvers	USA		160		

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Naimah Abdullah	USA	226		253	634
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Female Sub-Masters (35-39) – Raw Classic

52kg/114.5lb

Tiffany Bellamy	USA	204	99	248	551
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56kg/123.5lb

Sally Lloyd	USA		99		
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67.5kg/148.75lb

Krista Causey	USA	231		264	645
Kelian Hagerty	USA		154		

75kg/165.25lb

Reyhan Roybal	USA	358	237	408	1003
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82.5kg/181.75lb

Kelley Spohrer	USA	369		419	942
Lay Kaahu	USA		182		

90.01+kg/198.26+lb

Katy Silvers	USA	309	160	347	816
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Female Masters

M1-40-44, M2-45-49, M3-50-54, M4-55-59, M5-60-64, M6-65-69, M7-70-74, M8-75-79

52kg/114.5lb

		Nation	SQT	BP (Raw)	DL	TOTAL
M2	Missy Taylor (R)	USA	259		275	694
M2	Missy Taylor (RC)	USA	264	182	292	738
M4	Sue Ann Hurlbert (R)	USA	116	89	204	408
M5	Sue Ann Hurlbert (R)	USA	121	89	212	422
M7	Linda Costello (R)	USA	154	83	220	457

Div. 56kg/123.5lb

M1	Dawn Bogart (SP)	USA	265	175	295	735
M2	Kathy Wilson (RC)	USA	180		187	435
M2	Missy Taylor (R)	USA	265	176	292	722
M3	Lisa Baker (R)	USA	182	94	237	512
M4	Dawn Williams (R)	USA	176	116	226	518

60kg/132.25lb

M1	Dawn Bogart (SP)	USA	331	226	402	959
M1	Dawn Bogart (R)	USA	300	205	350	855
M3	Priscilla Pardue (SP)	USA	331	165	265	761
M3	Priscilla Pardue (RC)	USA	308	143	259	711
M2	Bela Ghosh (R)	INDIA		180	315	
M2	Angie Terry (RC)	USA	105			

67.5kg/148.75lb

M6	Maureen Clary (R)	USA	270	211	320	801
M5	Maureen Clary (R)	USA	298	226	360	876
M4	Priscilla Pardue (SP)	USA	303	176	281	755
M3	Priscilla Pardue (RC)	USA	265			645

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M3	Yvette Bushard (R)	USA	270	160	281	711
M2	Melissa Smith (MP)	USA	518	275	358	1146
M2	Aiysha Hayes (RC)	USA		121	253	
M1	Nicole DeCarlo Qualls (R)	USA	303	160	303	766
<u>75kg/165.25lb</u>		Nation	SQT	BP	DL	TOTAL
M4	Candice Maness (SP)	USA	364	270	281	909
M4	Candice Maness (RC)	USA	308	193	298	799
M4	Paige Hitt (R)	USA	259			689
M4	Dawn O'Donnell (R)	USA			314	
M6	Barbara Haiden (RC)	USA	275		298	782
M6	Maureen Clary (R)	USA		231		
M1	Hilary Clark (R)	USA	325		402	904
M1	Reyhan Roybal (RC)	USA	402	240	430	1056
M3	Candice Maness (RC)	USA	243		254	678
M2	Christina McDowell (SP)	USA		276		
M5	Maureen Clary (SP)	USA		204		
M3	Tammy Crowley-DeLoatch (R)	USA		187		
M2	Bonnie Mosley (R)	USA	314	171	331	816
<u>82.5kg/181.75lb</u>						
M1	Christina Lauffer (SP)	USA		253	309	
M2	Shannon Nash (RC)	USA	380	380	435	1152
M2	Shannon Nash (R)	USA		380		832
M2	Janelle Campbell (R)	USA	275			
M2	Amy Kivett (R)	USA			292	
M3	Sujata Bhakat (R)	INDIA	265	143	292	700
M3	Gi Gi Eller (MP)	USA		441		
M4	Cindy Meeker (RC)	USA	303	143	336	766
M4	Carolyn Beck (R)	USA	209		248	606
M7	Barbara Haiden (RC)	USA	386	287	386	1058
<u>90kg/198.25lb</u>						
M1	Anika Harper	USA		237	336	
M1	Shannon Nash (R)	USA		365		
M1	Carla Akers (R)	USA	320		336	838
M2	Shelley Yates (MP)	USA	634	342	413	1372
M2	Shannon Nash (RC)	USA		380	364	992
M2	Tricia Emrich (RC)	USA	260			
M4	Cathy Cranford (R)	USA	190	99	248	500
<u>100kg/220.25lb</u>						
M1	Anika Harper (SP)	USA		248	402	
M1	Christy Owens (R)	USA		149		
M2	Carla Akers (R)	USA	330	204	330	865
M2	Shelley Yates (MP)	USA	650	375	452	1449
<u>110kg/242.5lb</u>						
M1	Katy Silvers (RC)	USA	385	154	369	909
M3	Ylander Ross (RC)	USA	340	215	400	955

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110.1+kg/242.6+lb

M1	Hollie Sands (R)	USA	386	270	518	1174
M1	Katy Silvers (RC)	USA	380		380	920
M3	Janet Martin (R)	USA			364	

Female Teenage, Youth & Kids Club

KC-10 & Under, Y-10-12, T1-13-15, T2-16-17, T3-18-19

44kg/97.0lb

		Nation	SQT	BP	DL	TOTAL
KC	Kambree Williamson	USA			110	

48kg/105.75lb

Y	Carmen Trivette	USA	121	83	143	347
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52kg/114.5lb

T2	Leighann Allen	USA		88	215	
T2	McKenna Wright	USA	121			391
T1	Makayla Van Meter	USA	116	105	220	435

Div. 56kg/123.5lb

T3	Becca Dison	USA	276	160	320	755
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60kg/132.25lb

T3	Claire Rosser	USA	242	138	303	683
T2	Mara Hall	USA	198	110	259	568
T1	Macy Lantz	USA	143	88	193	391

67.5kg/148.75lb

T3	Hanna Young (R)	USA	314	165	303	816
T1	Haleigh Batchelor (RC)	USA	193	138	226	557
T1	Macy Lantz (R)	USA	231		243	573

75kg/165.25lb

T3	Katarina Giancroce (R)	USA	270		292	689
T3	Sarah Oesch (RC)	USA	270	143	331	744
T2	Sarah Oesch (RC)	USA	253	151	333	737
T1	Tyler Glover (R)	USA	237	132		683
T1	Olivia Dubrow (R)	USA			320	

82.5kg/181.75lb

T3	Victoria Renfroe (R)	USA		150		
T3	Shelby Sprinkle (R)	USA	281		402	827
T2	Sarah Oesch (RC)	USA	237	149	326	712
T2	Kayla McCubbins (R)	USA	105		149	325
T1	Kayla McCubbins (R)	USA	94	61	160	314
Y	Neveah McIntosh (R)	USA	138	94	200	432

90kg/198.25lb

T2	Alyssa Beadles (R)	USA	204	121	286	612
T1	Karson Tolle (R)	USA	226	116	292	634
Y	Neveah McIntosh (R)	USA	292	116	231	639

90.01+kg/198.26+lb

Y	Neveah McIntosh (RC)	USA	281	132	242	656
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T1	Kennedy Green (R)	USA	286			
T1	Alex Jefferson (R)	USA		143	303	694
T3	Meredith Arnold (RC)	USA	242	149	309	700

Female M/P/F

<u>48kg/105.75</u>	Nation	SQT	BP	DL	TOTAL
Stephanie Washington	USA	193	110	226	529

56kg/123.5lb

RC	Amanda Isley	USA	242	132	303	675
R	Tiffany Faulkner	USA		155	305	

60kg/132.25lb

R	Bela Ghosh	INDIA		180	315	
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67.5kg/148.75lb

None

75kg/165.25lb

R	Mikhayla Dunn	USA	275		320	749
R	Heather Ingalls	USA		187		

82.5kg/181.75lb

R	Gabrielle Robbins	USA	314	204	397	914
RC	Emily Merritt	USA	386		391	937

90kg/198.25lb

None

90.01+kg/198.26+lb

RC	Tarra Farnham	USA	308	138	336	782
SP	Anika Harper	USA		248	402	

Female Standing Curl

<u>Lifter</u>	<u>Age</u>	<u>BW</u>	<u>Wgt Cl</u>	<u>Best Curl</u>
Janet Martin	51	255	SHW	80
Maureen Clary	62	156.9	165	88
Aiysha Hayes	46	137	148	50
Haleigh Batchelor	13	143.7	148	65
Julie Johnson	n/a	132	132	80
Miranda	29	122	123	60
Pamela Buskirk	39	178.1	181	66
Nelda Newton	59	170.2	181	60