

13-Mar-21		Legendary Bench Bash - Legendary Strength Gym, Lynchburg, VA										
Bench Press - Kg Results												
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench		
Makayla Van Meter	13	F-T1F-R-	114.2	114	1.2504	42.5	45	47.5	-50	47.5		
Caleb Martin	22	M-YB-R-	269	275	0.5728	202.5	-215	215		215		
Camden Good	17	M-T2B-R-	226	242	0.6028	170	175	-182.5		175		
Lakendrick Powers	34	M-OB-R-	167.5	181	0.7061	167.5	175	-177.5		175		
Sam Cooley	28	M-OB-R-	238.2	242	0.5919	165	175	182.5		182.5		
Jacob French	22	M-OB-SP-	219.6	220	0.6096	227.5	252.5	255		255		
Bill Gillespie	61	M5B-MP	307.3	308	0.5592	477.5	-490	-490		477.5		
Rick Cash	57	M-M4B-R-	213.6	220	0.6166	152.5	162.5	167.5	-172.5	167.5		
David Crater	47	M2B-MP	276.5	308	0.5695	325	-342.5	-342.5		325		
Chad Clark	48	M-M2B-R-	293.5	308	0.5633	157.5	177.5	-182.5		177.5		
Josh Richardson	42	M1B-MP	240.7	242	0.5898	-327.5	-337.5	-340		0		
Bench Press - Lb Results												
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Wilks	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench		
Bill Gillespie	61	M5B-MP	307.3	308	0.5592	1052.7	-1080.3	-1080.3	0	1052.6965		
David Crater	47	M2B-MP	276.5	308	0.5695	716.5	-755.08	-755.08	0	716.495		
Jacob French	22	M-OB-SP-	219.6	220	0.6096	501.55	556.66	562.17	0	562.173		
Lakendrick Powers	34	M-OB-R-	167.5	181	0.7061	369.27	385.81	-391.32	0	385.805		
Caleb Martin	22	M-YB-R-	269	275	0.5728	446.43	-473.99	473.99	0	473.989		
Sam Cooley	28	M-OB-R-	238.2	242	0.5919	363.76	385.81	402.34	0	402.3395		
Camden Good	17	M-T2B-R-	226	242	0.6028	374.78	385.81	-402.34	0	385.805		
Rick Cash	57	M-M4B-R-	213.6	220	0.6166	336.2	358.25	369.27	-380.29	369.2705		
Chad Clark	48	M-M2B-R-	293.5	308	0.5633	347.22	391.32	-402.34	0	391.3165		
Makayla Van Meter	13	F-T1F-R-	114.2	114	1.2504	93.696	99.207	104.72	-110.23	104.7185		
Josh Richardson	42	M1B-MP	240.7	242	0.5898	-722.01	-744.05	-749.56	0	0		